EDDINGTON SCHOOL NEWS

CALENDAR

ANNOUNCEMENTS

LUNCH MENU



CONTACT US

BIRTHDAYS



PRINCIPAL`S CORNER

Newsletter Incentive

November 13, 2026

We have another exciting week of updates to share with our Eddington Elementary School community! As we approach Thanksgiving break, our teachers and students continue to work hard, prepare for upcoming events, and create meaningful learning experiences throughout our school.

🎶 Winter Concert – December 10th!

We are excited to announce that our Winter Concert has been officially scheduled! Our students and staff are looking forward to sharing their hard work and musical talents with our families.

- Date: Thursday, December 10, 2026
- Time: 2:00 PM
- Location: Eddington Elementary School Gymnasium

Important Attendance Information:

To ensure the safety of our students, families, and staff while following gymnasium occupancy limits, **each student will be permitted to invite up to three family members.**

Tickets will be provided to families and **must be presented upon entry** to the concert. We appreciate everyone's understanding and cooperation as we work to provide a safe and enjoyable experience for our entire school community. **Please do not park on the main road as this creates an unsafe traffic situation.**

We look forward to celebrating the season with you!

📚 Supporting Teacher Growth and Professional Development

Our teachers continue to engage in professional growth and development throughout the school year. As part of this process, teachers are completing their formal classroom observations and receiving constructive, meaningful feedback from their administrator.

These observations provide opportunities to celebrate effective teaching practices, reflect on classroom instruction, and identify strategies to further support student learning.

Our approach is supportive, collaborative, and focused on continuous improvement. We appreciate our teachers' dedication to strengthening their instructional practices and creating engaging learning environments for all students!

📅 Parent-Teacher Conferences – November 23rd & 24th

Our teachers are busy preparing for the upcoming Parent-Teacher Conferences! These meetings are a wonderful opportunity for families and teachers to connect, celebrate student growth, discuss academic progress, and work together to support continued success.

Conference Dates and Times:
- Monday, November 23rd: 1:00–6:00 PM
- Tuesday, November 24th: 1:00–6:00 PM

If you have not already scheduled your conference, please reach out to your child's teacher to reserve a time. We value our partnership with families and look forward to these important conversations!

🌟 Expanding Enrichment and Guest Speaker Opportunities

We are excited to share that Eddington Elementary is exploring additional opportunities to bring guest speakers and engaging enrichment activities into our classrooms!

We have started conversations with our teachers about ways to expand hands-on learning experiences, connect classroom instruction to real-world opportunities, and introduce students to new ideas, interests, and experiences.

Our goal is to continue making learning fun, meaningful, and engaging while strengthening connections between our school and the greater community. Stay tuned for more exciting updates as these opportunities develop!

🦅 **Eagle Stickers**

A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a weekly prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it! The winner of this weeks' drawing is: Everly Wyman.

💙 Thank You, Eddington Families!

As we move closer to Thanksgiving, I want to thank our families, teachers, and staff for their continued support and commitment to our school. It is through our strong partnerships that we continue to build a positive, welcoming, and engaging learning environment for all our Little Eagles.

Thank you for being part of our Eddington Elementary community, and we look forward to seeing you at our upcoming conferences and Winter Concert!

Go Eagles! 🦅💙

Matthew Zavala
Principal
Eddington & Holden Elementary Schools

Newsletter word of the week: Veteran

Curriculum Corner



School Tips for Success!

Dear Families,

As we start another new school year together, we are so excited to have everyone back, and to welcome our new students and families. The classrooms are busy, and the students are engaged and interacting with the teachers and one another. To help our students and families have the most successful year possible; we have provided a few useful tips here:

Set Goals Together:
Encourage your child to set personal and academic goals. Maybe establish a small reward plan, like a sticker a day, and a week's worth of stickers earns a little treat. This can foster a sense of ownership over the course of their learning journey.

Create a Home Study Space:
Designate a quiet, well-lit area for homework and studying. This can be a fun space to decorate together. A dedicated home learning space can enhance focus and productivity and help build student confidence for completing tasks in a timely manner.

Establish a Routine:
Create a consistent daily schedule that includes time for homework, independent reading, and play time with friends and siblings. Routine helps students feel organized and helps them keep tasks manageable.

Stay Engaged:
As parents/guardians, ask your student(s) about their day, attend school events, participate in parent-teacher meetings, and communicate regularly with your child(ren)'s teacher to stay informed and hear all the great things happening during the school day.

Together let's make it a great year!

Sheila Caldwell
Superintendent of Schools
Director of Curriculum and Instruction



Dodie's Corner

Hello RSU #63 Families!

During Eagle Time this week in Pre-K and K, we continued our new Social Explorers Curriculum by reading the fifth book, Listening with Brain and Body, written by R. Hendrix, K. Zweber Palmer, N. Tarshis, and M. Garcia Winner. Evan, Ellie, Jesse, and Molly go to the zoo to learn about animals. They learn that listening involves more than just their ears. In K, we played a listening game and colored a zoo picture.

In 1st grade, we continued with our You Are a Social Detective Curriculum, written by Michelle Garcia Winner and Pamela Crooke. In Lesson 4, we learned about our Smart Guess Tool Box. We use our eyes, ears, brain, and heart to read what is happening around us and make a smart guess about what will happen next. Each child created their own Smart Guess Tool Box with a paper bag, crayons/markers, and printed pictures.

In all grades, we finished our time together with The Animal Dance Game, Danny GO movement break, and a Zoo Animal Meditation for kids. I have attached a family letter to help you practice listening with your brain and body at home. I have also attached the movement and meditation activities.

I love this November weather. I hope you can all get outside and enjoy some fresh air!

Sincerely,

Ms. Dodie, LCSW



Lesson 5 family letter.pdf
"The Animal Dance Game!" 🐙🐊🐒 Would You Rather Brain Break I Danny Go! Songs for Kids
Guided Meditation with Animals 🐘 I Zoo Animal Mindfulness for Kids



School Nurse News



💙 Going Blue for Diabetes Awareness!

November 14 is World Diabetes Day!

This November, our school community will come together to recognize World Diabetes Day and show our support for the many individuals and families whose lives are touched by diabetes.

Since November 14th falls on a Saturday this year, we will celebrate and show our support together on **Friday, November 13th**! We invite all students and staff to wear BLUE to help raise awareness and show support. 💙

Diabetes affects people in many different ways, and we know that members of our own school family, including students, staff members, and loved ones of those in our school community, live with or are impacted by this condition every day. We want to take this opportunity to recognize them, celebrate their strength, and remind them that they are surrounded by a community that cares.

Blue is the color of diabetes awareness, and by wearing it, we can stand together, raise awareness, and show our support for those living with diabetes and the families who walk alongside them.

This is about more than wearing a color. It is about building awareness, encouraging understanding, showing kindness, and reminding those in our school community that they are not alone. We want every student, staff member, and family to feel seen, supported, and celebrated.

Let's fill our school with **BLUE on Friday, November 13th**, and show that when it comes to supporting one another, we are stronger together!

💙 Wear Blue. Show Support. Spread Awareness.

Together, we can make a difference!

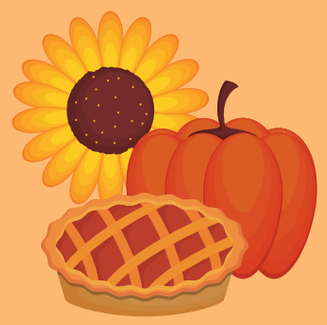
Julianna Page, RN
School Nurse



NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	 3 PTG ELECTION DAY BAKE SALE AT TOWN OFFICES	4	5	6	7
8	9	10	 11 Holiday No School	12	13	14
15	16	17	18 PTG Mtg at Holden School at 7:00 pm	19 BOOK FAIR NOV. 19 – 24	Community Service Day 20	21
 22	23 BOOK FAIR NOV. 19 – 24 EARLY DISMISSAL AT 12:00 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	24 EARLY DISMISSAL AT 12:00 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	25 NO SCHOOL	 26 	27	28
29	30					



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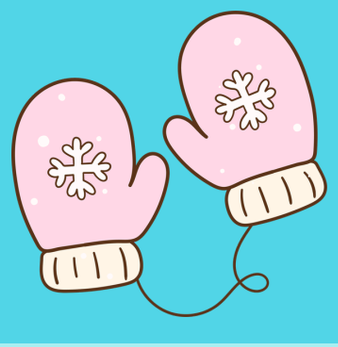
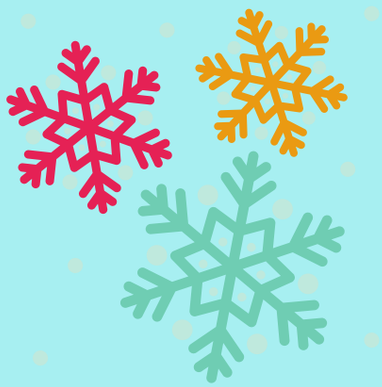


DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2  School Picture Re-Take Day	3	4 Progress Reports sent home 	5
6	7	8	9	10  Winter Concert at 2:00 pm	11	12
13	14	15	16	17	18	19
20	21	22	23 HOLIDAY BREAK - NO SCHOOL	24	25	26
27	28 HOLIDAY BREAK - NO SCHOOL DEC. 23- JAN. 1	29	30	31		



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LUNCH

EDDINGTON ELEMENTARY SCHOOL
NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Pancakes Bacon Vege. Baked Beans Fruit Milk	**3** Soft Shell Beef Tacos Cheese and Salsa Spinach Fruit Milk	**4** Grilled Cheese Tomato Soup Goldfish Fruit Milk	**5** Cheese Pizza Carrot Sticks Fruit Milk	**6** Fish Sticks Potato Stars Fruit Milk
9 Emoji Waffles Sausage Patty Vege. Baked Beans Fruit Milk	**10** WG Pasta w/Meat Sauce Breadstick Corn Fruit Milk	**11** **HOLIDAY** **NO SCHOOL**	**12** Cheese Pizza Spinach & Cucumber Salad Fruit Milk	**13** BBQ Chicken and Cheese Wraps Carrot Sticks Fruit Milk
16 WG Pancakes Sausage Links Vege. Baked Beans Fruit Milk	**17** Chicken, Bacon & Ranch Wraps Green Beans Fruit Milk	**18** Cheeseburger Potato Wedges Fruit Milk	**19** Cheese Pizza Carrot Sticks Fruit Milk	**20** Chicken Corn Dog Potato Stars Fruit Milk
23 French Toast Sticks Sausage Patty Vege. Baked Beans Fruit Milk **Early Release Day at 12:00**	**24** Turkey & Cheese Sandwich Chips Fruit Milk **Early Release Day at 12:00**	**25** THANKSGIVING BREAK - NO SCHOOL	**26**	**27**
30 Emoji Waffles Bacon Vege. Baked Beans Fruit Milk				

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
Snack Milk or Milk for cold lunch is .50 cents/each.
WG = Whole Grain
Menu is subject to change without notification.

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

EDDINGTON ELEMENTARY
WEEKLY BREAKFAST MENU 2025-2026

MONDAY
MUFFIN OR CEREAL
FRUIT
MILK

TUESDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

WEDNESDAY
BREAKFAST BAR
OR CEREAL
FRUIT
MILK

THURSDAY
YOGURT OR CEREAL
FRUIT
MILK

FRIDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

myschoolbucks.com
View Current Balances
Receive low balance email alerts
Add money to your student accounts
Set It & Forget It... automatic payments
Register for your FREE account today!
A service of Heartland Payment Systems, Inc. A service fee is charged only when a payment is made.

HAPPY BIRTHDAY

November

John Hand	Nov. 3	Kindergarten
Aiden Congdon	Nov. 5	Kindergarten
Kevin Seirup	Nov. 6	PreK
Michaela Congdon	Nov. 8	First Grade
Theodore Myerowitz	Nov. 16	Kindergarten
Olivia Gadoury	Nov. 24	First Grade
Ella Smith	Nov. 26	PreK
Christian Cyr	Nov. 27	First Grade

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NEWSLETTER INCENTIVE

Last weeks' incentive winner drawing is Ellie Lalime-Daigle from Mrs. Davis' class.

DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.

Announcements & Events

Dismissal:

Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

Parents:

It is imperative that you send a change of clothing in your child's backpack. Children get wet or need to change clothes for a variety of reasons and we currently don't have many extra clothes in the office. Thank you.

Parent Volunteer Application

Parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day must fill out the volunteer form every school year. Please click on the link below to access the application. Please note a background check will be completed and you must be approved before volunteering. Return completed forms to Kelly in the office.

CLICK HERE

School Visitors

For safety purposes, any visitor must report to the office immediately upon entry into the building. They will need to sign the visitor log binder, and they will receive a visitor tag. The visitor tag must be worn and visible at all times while they are in the building. When they leave, the visitor must return the visitor tag to the secretary and sign out in the binder. Thank you for helping keep our school safe!

Morning Arrival

If kindergarten or first grade students are dropped off before 8:15 am, they need to be walked down to the outside playground. They may be dropped off at the front door ONLY if they are getting a school breakfast.

Parent/Student Handbook

The handbook can be found on our District website or by using the following link:

2026-2027 Handbook



Week #2 of the Food Drive was another huge success!

Below is a picture of the donations we received. Thank you so very much.



The Scholastic Book Fair is coming to Eddington Elementary School! The Scholastic Book Fair helps get kids excited about reading and earns funds for our school. Your child is cordially invited to attend our Book Fair on November 18th-24th! The Book Fair will be open from 1pm-6pm on both Monday and Tuesday during Parent Teacher Conferences. During the Parent Teacher Conference, the Book Fair will house purchasing options for grades Pre-K through 5th grade so parents can make a one stop shop for all their students in both Eddington Elementary and Holden Elementary. You can click the Book Fair EWallet link (to the right) to connect to our Book Fair webpage to access our Book Fair's website. Please reach out to Mrs. Kavin with any questions! nkavin@rsu63.org









Arrival / Dismissal Procedures 2026-2027

Arrival

For Kindergarten and 1st Grade students arriving between 8:00-8:15 am

- Drop off in the morning will be at 8:00 am. When students arrive at school they are to go directly to the playground behind the school unless there's inclement weather. Please dress your child appropriately for the existing weather conditions. If there is inside recess there will be a sign outside by the front door indicating inside recess and therefore students may be dropped off through the front door.

For Prek students arriving between 8:00-8:30 am

- Drop off your student at the front door where Ms. Leland and Mrs. Davis will greet them.

Any student arriving after the stated times above should enter through the front door and check in with Mrs. Smith.

Dismissal

Pick up by vehicle (or parents walking)

- Park your vehicle in our parking lot in front of the School. Walk up to the front door and your child will be brought out to you. Students will be released at 2:30 pm. Please be extremely careful when driving out of the parking lot as many children and parents will be walking to their cars.

School Bus Safety Reminder for Parents & Students

Please remember that the **school bus danger zone** is the area **within 12 feet of the bus**, where drivers may not always be able to see children clearly.

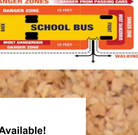
Parents, please review these important safety rules with your children:

- ✓ Stay at least **5 giant steps** away from the bus
- ✓ **Make eye contact** with the driver before crossing
- ✓ **Wait for the driver's signal** before crossing the road **You always need thumbs up!**
- ✓ **Never play on snowbanks or near the roadway**
- ✓ **Never pick up dropped items** — tell the driver instead

Important Reminder for Families of Students in Grade 3 and Below:
While parent or guardian presence is required for bus drop-off, we strongly encourage parents to also be present at bus pick-up whenever possible. Younger students are especially vulnerable to hazards such as snowbanks, icy footing, and traffic visibility issues.

Staying alert, following bus safety rules, and working together helps keep every child safe.

Safety starts with awareness and teamwork — thank you for helping us keep our students safe!





CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM`S FAMILY WEBPAGE!

PRE-K KINDERGARTEN 1ST GRADE

Seesaw Seesaw ClassDojo

STAFF EMAILS

Front Office
Principal Zavala: mzavala@rsu63.org
Mrs. Smith: kjsmith@rsu63.org
Nurse Page: jpage@rsu63.org

Classroom Teachers
Pre-K:
Ms. Leland: aleland@rsu63.org
Mrs. Davis: kdavis@rsu63.org

Kindergarten:
Mrs. Alley: jalley@rsu63.org
Mrs. DeRoche: bderoche@rsu63.org

First Grade:
Mrs. Saucier: hsaucier@rsu63.org
Mr. Seip: jseip@rsu63.org

Additional Services
Special Services: dfarrell@rsu63.0rg
Speech Therapy: kkaram@rsu63.org
Occupational Therapy: rhiggins@rsu63.org
Literacy Intervention: gmalm@rsu63.org

Specialists
Art: mireland@rsu63.org
PE: msagehorn@rsu63.org
Music Enrichment: nkavin@rsu63.org
Library: nkavin@rsu63.org
School Counselor: dsmith@rsu63.org

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