Saint Mary's College High School

Enrichment Week 2027

Course Catalog

Faith – Service – Community

March 8 - 12



Original Seal of the Institute of the Christian Brothers -18th Century.



Educate Them and Love Them

This emblem was the first official seal of the Brothers of the Christian Schools, before they adopted the Signum Fidei seen in the Saint Mary's Seal. It shows Saint Joseph, holding the lily, with the young Jesus. Saint John Baptist de La Salle often pointed the Brothers to Joseph, to whom God entrusted Jesus so that Joseph might educate him and love him, guiding him by his own example of integrity and justice.

That calling remains at the heart of Lasallian education. The Brothers and their Lasallian partners see the young people in their care as entrusted to them by God, to educate and to love as they grow toward their place in building the Kingdom of God.

Why does Saint Mary's set aside a full week of the school year for Enrichment Week? Because Lasallian education has always been relational at its core. That happens in classrooms, but it also happens on a trail, at a service site, and especially around a shared table, where students and teachers cook and eat together at the end of the day. Some of the most lasting relationships of the week begin there.

The Purpose of Enrichment Week

Lasallian educators are not so much schoolmasters pounding truths into students' heads as older brothers and sisters who help them discern the call of the Spirit, recognize their abilities, and discover their place in the world.
Adapted from "The Declaration"

Saint Mary's educates the whole person: intellectually, spiritually, physically, and socially. Enrichment Week extends that mission beyond the regular schedule. For one week, students learn alongside classmates from other grades, with teachers they may not have in class, and with community partners beyond our campus. The faculty-designed curriculum spans academic, cultural, career exploration, service, travel, and recreational experiences. These shared experiences build new friendships, new mentors, and a deeper sense of belonging to the Saint Mary's community.

We ask families to protect this week on their calendars as they would any other part of the school year. It is often where students discover who they are and who they are becoming.

What Families Should Know

- **Participation is required.** Enrichment Week is part of the school year, and attendance is taken each day just as on any regular school day.
- **Students choose their experience.** Each student, with their family, selects 3 courses from this catalog.
    - Please look carefully at the course offerings and make the choices appropriate for your child, particularly paying attention to the WHEN and WHERE each course meets each day.
- **Courses carry fees.** Courses vary widely in materials, equipment, and transportation, so each carries its own fee. *Please look carefully at the fee associated with the courses your child is choosing BEFORE you sign their Enrichment Week form.*

Policies & Procedures

Enrichment Week Courses
All Enrichment Week courses are grounded in the principles of our Lasallian Educational Outcomes (LEOs). Each course is developed and/or coordinated by a Saint Mary's faculty member and aligns with one or more of the following categories – many courses encompass all three:

- Cultural, Educational and/or Career Exploration
- Recreation and/or Physical Wellness
- Service and/or Spirituality

All Enrichment Week courses, including travel, may include a day of service to build relationships with one another and serve our community or the communities we are visiting. In addition, some of the courses in the catalog are service oriented for the week and provide documented hours of service for Confirmation, National Honor Society (NHS), Scouts and other outside organizations. There will be a designation of Community Service next to the course titles.

Priority Numbers
Each student receives a randomly generated priority number in their freshman year, which determines the order in which students are placed into courses. Students with lower numbers (1–100) are more likely to receive their first or second choice, while students with higher numbers (101–200) may not. Almost every student is placed in one of their three choices.

- Numbers alternate each year, so every student has a lower number twice during their four years at Saint Mary's.

Course Registration

- **Register online:** Wednesday, December 2 – Monday, December 7, through the Enrichment Week portal in your PowerSchool account (left sidebar).
- **Print and sign:** Print your registration form and have a parent/guardian sign it.
- **Turn it in:** Return the signed form to your 2nd period teacher by Friday, December 11.
    - Students who do not return a signed form by the deadline lose their priority number. They will be placed after all other students and may not receive any of their three course choices.

Students who have already enrolled in a travel course DO NOT need to register in December. These students have been pre-enrolled in the portal.

The Enrichment Week Registration Form is not only used to register the student in a course, but also serves as *the permission slip* for the student to participate.

No Repeated Courses
We encourage students to explore a variety of course categories over their four years at Saint Mary's. Each category offers a different way to grow, connect, and discover new interests.

Transportation
Many courses include off-campus travel, usually by public transportation (BART or bus). Students are responsible for their own local transit costs (a Clipper card is recommended) unless the course itinerary states otherwise. For courses outside the Bay Area, the school arranges transportation and includes it in the course fee.

Course Itineraries
Each teacher provides the school and every registered student with a day-by-day itinerary that includes meeting and departure times, activities, locations, and transportation details. Itineraries are available to students and families in late February.

International Trips: Saint Mary's partners with TSA Tours for our international Enrichment Week trips.

Required Meetings for Overnight Trips and Immersions
Some travel courses and all Immersions also hold ongoing student meetings throughout the year; students will be notified of these directly.

Students in overnight, travel, and Immersion courses, along with a parent/guardian, must attend the Enrichment Week Student & Parent Meeting in February – date and time TBD. At this meeting, families meet the teacher, complete required permission forms, and submit insurance and health information.

Important: Each student must attend with at least one parent or guardian.
Students who do not attend with a parent or guardian may not be able to participate in their trip.
Families who cannot attend must contact the teacher(s) before the meeting.

Paying for Enrichment Week Courses
Course fees are billed through each family's Blackbaud Tuition Account:

- **Courses under $400:** billed in full in January.
- **Courses at or over $400:** billed in two installments, due in February and March.

Families whose tuition account is not current need to receive clearance from the Finance Office before registering for any course over $3,000.

Questions about billing or clearance: Ms. Terah Studges-Owens, Director of Finance, tstudgesowens@smpanthers.org

Financial Assistance
Limited financial assistance is available for Immersion Programs ONLY. However, there is need-based financial assistance available for the following Enrichment Week courses:

Art on the Cheap
The Bay Area Rocks
Canvas to Page: Finding Inspiration in Bay Area Art
Culinary School: Kitchen on Fire!
Fact or Fiction: The Bay Area Science Lab
Giddy Up! Horses, Hearts & Helping Hands
Immersion East Bay
Lifeguard Training
STEM Unlocked: Inside the Bay Area's Labs & Tech firms
Walking with Wonder: Hiking in the Bay

The application is due to Ms. Molinelli by **Monday, December 7.** All applications will be reviewed and approved by the Business Office. Please see Ms. Molinelli for more information.

No Refunds
Course fees are not refunded for missed days or partial attendance, whether the absence is excused or unexcused. Most courses require advance payment for materials, supplies, outside instructors, and transportation.

Fee Changes and Course Cancellations
Teachers set each course budget well in advance, and costs such as admission, transportation, or food may rise before the course runs. Families will be notified in advance of any fee increase. If a course is cancelled because of low enrollment or unforeseen circumstances, students will be offered a place in another course with openings and the course fees adjusted accordingly.

Transcripts
Enrichment Week courses appear on each student's transcript.

School Policies During Enrichment Week

All policies in the Student/Parent Handbook apply during Enrichment Week, on campus, off campus, and on overnight and travel courses. The Enrichment Week Coordinator oversees all attendance and behavior matters, in consultation with the administrative team. Please refer to the handbook for details.

Attendance and Tardies

School attendance policies apply. All attendance and tardy policies are in effect.

- **Absences:** If a student is ill, a parent/guardian must call the Attendance Hotline at (510) 559-6211.
    - Missing more than a half day's session counts as a full-day absence.
- **Unexcused absences and tardies** are considered truancy and carry the consequences described in the handbook.

Behavior

Inappropriate behavior will result in consequences during the course as well as disciplinary action when students return to Saint Mary's.

- **On-campus courses:** A student sent out of class reports to the Main Office. The Enrichment Week Coordinator will determine next steps.
- **Off-campus day courses:** If a student is asked to leave, the instructor will contact the Enrichment Week Coordinator to decide whether a parent picks the student up at the course site or the student is sent home.
- **Overnight and travel courses:** At the required parent meeting, the teacher will review the procedure for sending a student home for behavioral reasons. Families are responsible for all costs of a student's early return home.



Immersion: Thailand





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All Access: Inside the Bay Area Sports World	7425	$300	8
Art on the Cheap *	7310	$300	8
Ashland, Oregon (Travel)	7430	$1,900	8
The Bay Area Rocks! *	7145	$300	9
Bay Battles: Ready, Aim, Play!	7300	$500	9
California Adventures: The Central Coast (Travel)	7190	$1,100	9
Canvas to Page: Finding Inspiration in Bay Area Art *	7475	$300	10
Cast Off: Fishing the Bay Area	7295	$400	10
Catalina Island- Marine Biology (Travel)	7460	$1,800	11
Culinary School: Kitchen on Fire! *	7180	$620	11
Driver's Education & Training	7277	$625	12
Drop In: Skate the Bay	7135	$300	12
Explore the Latinx Roots of the Bay: Las Raices de la Bahia	7115	$400	12
Fact or Fiction: The Bay Area Science Lab *	7385	$300	13
Get Moving: Fun & Fitness for Life	7161	$300	13
Giddy Up! Horses, Hearts & Helping Hands *	7386	$300	13
The Great Outdoors, In Color	7162	$150	14
Historical Haunting II: More Ghosts of the Bay	7141	$450	14
Immersion: De La Salle Blackfeet School in Browning, Montana (Travel)	7219	$2,200	14
Immersion: El Otro Lado in Tucson, Arizona (Travel)	7171	$2,200	15
Immersion: Venaver East Bay (Community Service) *	7400	$150	15
Lifeguard Training *	7210	$280	16
Making Sense of the World	7275	$400	16
New Orleans (Travel)	7185	$2,600	17
Outdoor Education: Cabin Leader at Walden West (Community Service)	7450	$150	17
Scream Week! Evolution of the Horror Film	7375	$150	18
SoCal: Culture, Colleges and Care for Others (Travel)	7200	$1,900	18
Speaker Building 101: Build Your Own High-End Bluetooth Speaker	7345	$300	19
Spirit Quest 2027: Redwood Escapes (Travel)	7290	$1,100	19

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Sports Science: Applying Science and Technology to Athletic Performance	7390	$300	19
STEM Unlocked: Inside the Bay Area's Labs & Tech Firms *	7279	$150	20
Think Like a Hacker: Cybersecurity in Action	7192	$150	20
Walking with Wonder: Hiking in the Bay *	7410	$200	21
Washington, D.C. & New York (Travel)	7380	$2,600	21
Wellness Through Creativity: A Writing & Cooking Retreat (Travel)	7170	$800	22
Individual Internship Program (IIP)	7332	$20	22

TRAVEL COURSES (Registration for travel closed as of October, 2026)	Project Number	Cost	Page
Argentina - Ibera Wetlands	7150	$5,300	23
Denmark & Sweden	7278	$5,800	23
Ireland	7423	$5,300	23
Japan	7340	$6,500	23
Immersion: La Salle Bamboo School - Sangkhlaburi, Thailand	7243	$3,600	24
New Zealand	7273	$5,500	24
Portugal	7235	$5,500	24
Immersion: St. LaSalle School - Keelamudiman, India	7172	$3,900	24

Immersion: India





Enrichment Week Courses

All Access: Inside the Bay Area Sports World **Project Number: 7425**

Mr. Shea & Mr. Mohun **Cost: $300**

Ever wondered what it takes to run a sports franchise, or just want a week to test your own athletic limits? This course gives you both. Go behind the scenes of the Bay Area sports industry with visits to the front offices of college and professional teams, local stadiums and ballparks, and media outlets. You'll see how sales, marketing, HR, and game-day operations come together to build a winning organization. Then trade the press box for the field with team-based challenges that may include ziplining or a ropes course, indoor skydiving, go-kart racing, virtual reality games, parkour, and possibly some golf. Schedule permitting, we may even catch a Sharks or Warriors game. Whether you're dreaming of a career in sports or just want to try something new with friends, this is your week to get in the game.

Min/Max Enrollment: 8/16
Where and When: Meet Monday – Friday 9:30 am – 2:00 p.m.
Meal(s): Most meals provided.
Transportation: Provided by school; students provide own BART/bus tickets as needed.

Art on the Cheap * **Project Number: 7310**

Ms. Mahoney **Cost: $300 (financial assistance available)**

Are you a starving artist? If you want to create art and learn new techniques without emptying your wallet, this course is for you. We will recycle, reuse, and even look at the ground under our feet and the sky overhead to get inspiration and materials. Some activities may include: creating a "junk journal," pasta machine printmaking, environmental art, solar prints and more. We'll also visit a few museums, taking advantage of free admission opportunities, and watch a few art videos. Course fees include a basic supply starter kit.

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday, 9:30 am – 2:00 p.m.
Meals: Snacks provided; students bring own lunch each day.
Supplies/Materials: Participants will get a list of possible free supplies they can bring from home to build an inspiration kit.
Transportation: Provided by school; students provide own BART/bus tickets when needed.

Ashland, Oregon (Domestic Travel) **Project Number: 7430**

Ms. Davey **Cost: $1,900**

Explore the joys of live theater and the natural beauty of Ashland, Oregon, on a five-day, four-night trip to the Oregon Shakespeare Festival! Students will attend innovative productions making these plays feel modern, relevant, and exciting while also practicing community bonding, mindfulness, and spiritual exploration. We will take a backstage tour and talk with the actors first-hand. In addition, we will refresh and restore with yoga, hiking, and great food! Students will enjoy downtown Ashland's shops, Southern Oregon University and many activities like escape rooms, archery, and Lithia Park.

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment: 8/18
Where & When: Meet at Oakland Airport Tuesday March 9– return Saturday March 14 – Times TBD. *Flying into Medford and then driving to Ashland.*
Meal(s): Some meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Included in course fees.

The Bay Area Rocks! * **Project Number: 7145**

Mr. Herrera **Cost: $300 (financial assistance available)**

The Bay Area sits on one of the most dramatic geological landscapes on Earth, and most of us drive past it every day without noticing. We'll be walking the faults that produce earthquakes and shake the bay on a daily basis, standing on rocks that were once the Jurassic seafloor in the Marin Headlands, crossing from one tectonic plate to another at Point Reyes, hunting for marine fossils on the slopes of Mt. Diablo, and exploring a petrified forest in Calistoga. You'll be working like true earth scientists keeping a field notebook, reading geological maps and measuring fault displacements on-site. ***If you're considering a career in geology, geophysics, environmental science or civil engineering, this experience is for you!***

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment:	8/16
Where and When:	Meet Monday – Friday from 9:30 am – 2:00 pm.; some days may meet earlier and/or arrive home later.
Meal(s):	Some meals provided.
Supplies:	Provided by instructor.
Transportation:	Provided by school; students provide own BART/bus tickets when needed.

Bay Battles: Ready, Aim, Play! **Project Number: 7300**

Ms. McManus & Ms. Policar **Cost: $500**

Get ready for an unforgettable adventure exploring some of the Bay Area's most exciting activities! This action-packed course is designed to challenge students, build teamwork, and spark friendly competition. Students will team up for thrilling Laser Tag battles, test their focus and precision with Skeet Shooting and Archery, and put their problem-solving skills to the test through immersive challenges. They'll also step into exciting virtual worlds with Virtual Reality (VR), exploring interactive experiences and adventures, and head to Topgolf to test their swing, aim for targets, and enjoy friendly golf competitions. Along the way, your math teachers will point out the angles, odds, and strategy behind each game, and you may be surprised by how much math can improve your aim AND boost your chance of winning!

Each experience encourages strategy, coordination, confidence, and collaboration while keeping the energy high and the excitement going. Throughout the week, students will have opportunities to earn prizes, making every challenge even more rewarding. Step away from the ordinary, unplug, and dive into an unforgettable week filled with adventure, competition, and entertainment!

Min/Max Enrollment:	16/24
Where and When:	Meet Monday – Friday from 9:30 a.m. – 2:00 p.m.
Meal(s):	Students provide own lunch.
Supplies/Materials:	Basic supplies provided by instructor.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.

California Adventures: The Central Coast (Domestic Travel) **Project Number: 7190**

Ms. LeClaire **Cost: $1,100**

Come on an adventure and explore the beautiful coast of our home state while we stay in rustic Paso Robles. Depending on weather or restrictions in place, some possible excursions include kayaking in Monterey Bay and visiting the Monterey Bay Aquarium, exploring Carmel-By-The-Sea, taking a cooking class in Pismo Beach, playing at the beach in Cambria, and visiting all that Cal Poly San Luis Obispo has to offer! We will take in many unforgettable scenic views as we explore the beauty and serenity of California together. An open and respectful attitude with the love of exploring is necessary to not only take this course, but to enjoy and make lasting memories with fellow Saint Mary's students. Let's hit the road together as a new adventure awaits!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment:	8/18
Where and When:	Leave Saint Mary's Sunday, March 7 and return to campus Thursday, March 11.
Meal(s):	Most meals provided.
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Provided by school – included in course fees.

California Adventures:
The Central Coast



Canvas to Page: Finding Inspiration in Bay Area Art * **Project Number: 7475**

Ms. Garcia **Cost: $300 (financial assistance available)**

Engaging with art can allow us to better understand the experiences of others. In this moment of communion with the artist, we can learn about history, relationships, struggle, joy, and defiance. Spend a week getting to know some of the most famous collections around the Bay Area. We will use the inspiration gained from these artists to fuel our own creative expression - primarily through creative writing but as well as other mediums familiar to you. You do not need to be an artist or writer to engage with and learn from this week's activities. We will visit the Oakland Museum of California, the de Young Museum, take a tour of the Mission District murals, Palace of Fine Arts and the Disney Family Museum, and more. Each day will include a lunch stop in the area and guided activities to engage with the day's artistic expressions.

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday – Friday from 9:30 a.m. – 2:00 p.m.
Meal(s):	Some meals provided.
Supplies:	Supplies provided by instructor; included in course fees.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.

Cast Off: Fishing the Bay Area **Project Number: 7295**

Mr. LemMon **Cost: $400**

Cast off with us for a week on the water! Aboard a local captain's boat, we'll fish the San Francisco Bay for striped bass and catch-and-release sturgeon, with the Golden Gate, Alcatraz, and the city skyline as our backdrop. We'll also spend a day fishing at local lakes. You'll learn to rig tackle, read tides and weather, and handle fish with care. No experience is needed, just patience and a willingness to learn.

Fishing teaches patience, quiet, and attentiveness, and we'll take time to reflect on what those habits can bring to the rest of our lives. In the spirit of caring for creation, we'll learn from local fishermen and fisheries how the Bay's ecosystem works, why conservation rules protect certain species, and how we can be good stewards of the waters we share. Long hours on a boat also build real Lasallian community, as students of every grade learn from one another, cheer each other's catches, and share the stories that come with them. If all goes right, you'll be able to bring an open mind, a respectful attitude, and a love of the outdoors.

Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday – Friday from 9:30 a.m. – 2:00 p.m. *Times may vary depending on fishing location and weather conditions.*
Meal(s):	Some meals provided.
Supplies/Materials:	Instructor will provide supply list.
Transportation:	Provided by school; students provide own BART/bus tickets when needed.

Catalina Island- Marine Biology (Domestic Travel) **Project Number: 7460**

Dr. Theodosopoulos **Cost: $1,800**

Ahoy, there! Looking for a marine science adventure for E-Week? Well, look no further. Join a 5-day adventure on Catalina Island at the amazing Catalina Island Marine Institute (CIMI). The CIMI offers loads of exciting activities, including snorkeling, kayaking, rock climbing, hiking, and marine lab programs including shark, ray, and invertebrate touch tanks, plus algae, plankton and fish. The daily programs are conducted either in their state of the art laboratories, aquariums and classrooms, or outdoors in the natural beauty of Catalina Island. The fun continues into the evening with activities like night snorkeling and astronomy hikes. Accommodations include comfortable dormitory facilities and indoor/outdoor dining. We will fly to LA, and ferry to the island from Long Beach. Don't be a landlubber! Join our trip!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment:	8/16
Where and When:	Meet at Oakland International Airport (OAK) on Sunday, March 7 and return Friday, March 12 – Times TBD
Meal(s):	Most meals provided.
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Provided by school – included in course fees.

Culinary School: Kitchen on Fire! * **Project Number: 7180**

Kitchen on Fire Chefs – Ms. Molinelli **Cost: $620 (financial assistance available)**

Travel the globe through the comfort of the kitchen, in our one-of-a-kind, hands-on cooking class series, How to Cook Like a Chef. Over the five days, we'll learn from the French chefs in North Berkeley's Kitchen on Fire cooking School the techniques, tricks, and tips that will teach you how to cook beyond the recipe and create your own delicious dishes from scratch. We'll explore cuisines from around the world, create meals from breakfast to dessert, and learn about a wide array of ingredients, while cooking up a storm and eating all we cook!

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment:	16/24
Where and When:	Meet at Kitchen on Fire Monday – Friday from 10:00 a.m. – 2:00 p.m.
Meal(s):	Meals provided – students eat what they make each day!
Transportation:	Students provide own transportation to *Kitchen on Fire,* 1509 Shattuck Avenue Berkeley (next to Chez Panisse).



Kitchen on Fire!



Driver's Education & Training **Project Number: 7277**

Mr. Simril & Ms. Molinelli **Cost: $625**

Your permit and your first driving session, all in one week? It's definitely possible! Earn your Driver's Education and required Driver's Training hours in one course. The fee includes all three required driving sessions with Go-Green Driving School. ***Students must be 15½ years old by March 12.*** We encourage students to begin the online Driver's Education course before Enrichment Week and finish early in the week. Go-Green representatives will then be on campus to distribute completion certificates, which students must bring to the DMV for their permit test. To make the most of the week, make a DMV appointment as early as Wednesday that week. Students who pass the permit test can schedule their first driving session with Go-Green and may be able to complete it before the end of the week!

Min/Max Enrollment: 8/18
Where and When: Days and times may vary for each student.
Supervision will be provided for those students who want to complete the course on campus from 9:30 a.m. – 2:00 p.m. each day. *Students are welcome to complete the online course from home with parent permission.*
Supplies/Materials: Provided by Instructor.



Driver's Education and Training

Drop In: Skate the Bay **Project Number: 7135**

Mr. Turner **Cost: $300**

Grab your board and join us as we roll through some of the Bay Area's best skate parks and check out some of the coolest colleges this area has to offer. Whether you're landing kickflips or still finding your balance, this course meets you where you are. Along the way, we'll build connection, learn some new tricks, eat some delicious food, and share some laughs together. Envision touring a campus in the morning, skating in the early afternoon, and getting your belly full before we head home. All skill levels welcome. Boards, helmets and pads required!

Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday from 9:30 a.m. – 2:00 p.m.
Meal(s): Some meals provided.
Supplies/Materials: Students supply own skateboard, pads and helmet.
Transportation: Provided by school; students provide own BART/bus tickets when needed.

Explore the Latinx Roots of the Bay: Las Raices de la Bahia **Project Number: 7115**

Dr. Lopez & Ms. Figueroa **Cost: $400**

Is your heart Latino? Have you ever eaten a carne asada taco in the Mission and thought to yourself, this is awesome, and I'd like to learn more about Latinx roots right here in the Bay Area? If so, this Enrichment week experience is for you. Come immerse yourself in Bay Area Latinx art, food, film, dance, music, and social movements throughout the East Bay and San Francisco. The Bay Area is a melting pot of Latin American culture and thought. This experience will provide a diverse view into the Bay's Latinx roots including a Venezuelan salsa and merengue dance class, Mexican and Mexican American art walks and museum visits, learning about Latinx political movements, and lots and lots of food from different Latin American countries.

Min/Max Enrollment: 16/24
Where and When: Meet on campus Monday – Friday from 9:30 a.m. – 2:00 p.m.
Meal(s): Most meals provided.
Transportation: Provided by school; students provide own BART/bus tickets as needed.

Fact or Fiction: The Bay Area Science Lab * **Project Number: 7385**

Mr. Luu **Cost: $300 (financial assistance available)**

Get ready to put myths, legends, and viral videos to the test! This hands-on course challenges you to separate fact from fiction through experiments, creativity, and a little bit of science magic. Does buttered toast always land butter-side down? Can you really walk across a pool of cornstarch and water? Does the five-second rule hold up under a microscope? Can lemons power a light bulb, or a single sheet of paper be folded more than seven times? You'll tackle these questions and more using physics, chemistry, and engineering, from egg-drop showdowns to duct-tape bridges that have to hold real weight.

After some testing and tinkering on campus, we'll take our investigations on the road: The Tech Interactive in San Jose, The Exploratorium (& Tactile Dome!), and other Bay Area spots such as the Lawrence Hall of Science, Chabot Space & Science Center, and the Bay Model in Sausalito, a warehouse-sized working model of the entire San Francisco Bay. Expect surprises, teamwork, and plenty of "Whoa, that actually worked!" moments, along with a few fun failed experiments.

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment: 8/16
Where/When: Meet on campus Monday - Friday 9:30 a.m. – 2:00 p.m.
Meal(s): Some meals provided.
Transportation: Provided by school; students provide own BART/bus tickets as needed.

Get Moving: Fun & Fitness for Life **Project Number: 7161**

Mr. Petersen & Senior Leader: Kaylum Franklin **Cost: $300**

Some of the best skills you'll carry into college and beyond aren't on any transcript. This is a week of trying new things, getting moving, and having fun together. Activities may include yoga and meditation, hiking, kayaking, climbing or a ropes course, ice skating, and an American Ninja Warrior–style challenge or two. We'll also hold friendly competitions in foosball, ping-pong, ultimate frisbee, dodgeball, and kickball, and mix in a few social surprises like magic tricks, karaoke, and tai chi. Along the way, we'll talk about nutrition and fueling your body well, and we'll share lunch together at local restaurants. Bring an open mind, a flexible attitude, and a willingness to try something new.

Min/Max Enrollment: 8/16
Where and When: Meet Monday – Friday 9:30 am – 2:00 pm.
Meal(s): Most meals provided.
Transportation: Provided by school; students provide own BART/bus tickets as needed.

Giddy Up! Horses, Hearts & Helping Hands* **Project Number: 7386**

Ms. Handler & Ms. Panlilio **Cost: $300 (financial assistance available)**

If you love horses and have an open heart, then giddy up! This week, you'll serve alongside children with physical and developmental disabilities, and you may find that they teach you as much as you teach them. You'll work at two local therapeutic horse-riding centers and the Center for Early Intervention on Deafness, tour Guide Dogs for the Blind, and share some playtime with students who learn differently at a local elementary school. Along the way, you'll interact with therapy horses and dogs, go horseback riding, and enjoy a few ice cream treats for good measure. Come ready to build relationships, touch hearts, and live out our Lasallian call to serve.

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment: 8/16
Where/When: Meet on campus most days 9:30 a.m. – 2:00 p.m.
Meal(s): Some meals provided.
Supplies/Materials: Wear comfortable clothes and sensible shoes because you will get dirty.
Transportation: Provided by school; included in course fee.

The Great Outdoors, in Color **Project Number: 7162**

Ms. Steele & Ms. D'Esposito **Cost: $150**

We're so lucky to live in the Bay Area, surrounded by inspiring landscapes, from rolling hills and foggy bay views to vibrant urban scenes. Let's get outside and paint them! In this course, you'll explore the rich tradition of California landscape painting with a visit to the Oakland Museum of California, where you'll discover how artists have captured the beauty and character of our region. Inspired by these artists and the world around you, you'll head outdoors to draw and paint directly from life, experimenting with color, light, composition, and brushwork. You'll develop your observation skills, learn techniques for creating depth and atmosphere, and discover how to translate the places you see into expressive works of art. By the end of the week, you'll have your own collection of landscape paintings and a fresh perspective on the world just outside your door!

Min/Max Enrollment:	8/16
Where and When:	Meet on campus most days 9:30 a.m. – 2:00 p.m.
Meal(s):	Some meals provided.
Materials:	Fabric and other supplies are included in the price.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.

Historical Haunting II: More Ghosts of the Bay **Project Number: 7141**

Mr. George **Cost: $450**

Think you've seen the Bay Area's most haunted places? Think again. In this sequel to Historical Haunting, you'll explore Civil War forts beneath the Golden Gate, ferry to Angel Island, where poems carved into the barrack walls still speak for those once detained there, and wander the historic naval shipyard and cemetery at Mare Island. You'll hike to a hilltop cemetery above a vanished coal-mining town, stand at a Cold War missile site on the Marin coast, and close the week over lunch with the Moss Beach Distillery's legendary "Blue Lady." Behind every ghost story is a real person and a real piece of history, and this week you'll uncover both. No Part 1 required, just curiosity and maybe a flashlight!

Min/Max Enrollment:	8/24
Where and When:	Meet on campus Monday – Friday from 9:30 a.m. – 2:00 p.m.; there may be night-time excursion(s) from 5 -11 p.m. - date(s) TBD.
Meals:	Some meals provided.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.

Immersion: De La Salle Blackfeet School in Browning, Montana (Domestic Travel) **Project Number: 7219**

Mr. Graham **Cost: $2,200**

Students in grades 10–12 will travel to Browning, Montana, for a service and cultural immersion on the Blackfeet Indian Reservation. Working alongside students at De La Salle Blackfeet School, a fellow Lasallian school, participants will plan and lead lessons for school-age groups in areas such as science, art, P.E., and history, and will learn from the elders of the community. The immersion is grounded in four areas of personal growth: faith, social justice, service, and reflection. Before departure, students will study Blackfeet culture through readings, videos, and discussion. After returning, they will gather for follow-up meetings and share their experience with the Saint Mary's community.

Min/Max Enrollment:	6/10
Where and When:	Meet at the Oakland International Airport (OAK) on Saturday March 6 and return Saturday March 13- times TBD
Meal(s):	Most meals provided.
Supplies/Materials:	Packing list provided by instructor prior to departure.
Transportation:	Provided by school- included in course fees

Immersion: El Otro Lado in Tucson, Arizona (Domestic Travel) **Project Number: 7171**

Ms. Guevara **Cost: $2,200**

El Otro Lado is an immersion trip for students who seek to understand immigration from multiple perspectives, including humanitarians, Native Americans, and the U.S. federal government. This program is guided by the outcomes of faith, community, service and social justice. In community with our host group from San Miguel High School, our immersion group will learn about how our current government policies affect families at the border and the inner workings of humanitarian aid there. An important aspect of our immersion is to reflect about our experiences in the desert and share our perspectives on the responsibility to serve and act justly.

Min/Max Enrollment:	6/10
Where and When:	Meet at the Oakland International Airport (OAK) on Sunday March 7 and return Friday March 12- times TBD
Meal(s):	Most meals provided.
Supplies/Materials:	Packing list provided by instructor prior to departure.
Transportation:	Provided by school- included in course fees

Immersion: Venaver East Bay (Community Service) * **Project Number: 7400**

Dr. Wesley with Senior Leaders: Paula Devine & Talia Skloot **Cost: $150 (financial assistance available)**

Lasallian schools are places where service to others is a key element. This immersion course challenges students to do just that: learn and serve! Spend your Enrichment Week serving food, helping the elderly and children right here in the East Bay. We will work together building our own community while helping others, as well as giving a donation to one or more of the agencies we service!

Note: *Provides at least 20-25 hours of service for Confirmation, NHS, Scouts, etc.*

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment:	8/16
Where and When:	Meet Monday – Friday 9:00 am – 3:00 pm.
Meal(s):	Some meals provided.
Supplies/Materials:	Comfortable work shoes and clothes.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.



Immersion: Venaver East Bay



Lifeguard Training * **Project Number: 7210**

Mr. Rau & Ms. Molinelli **Cost: $280 (financial assistance available)**

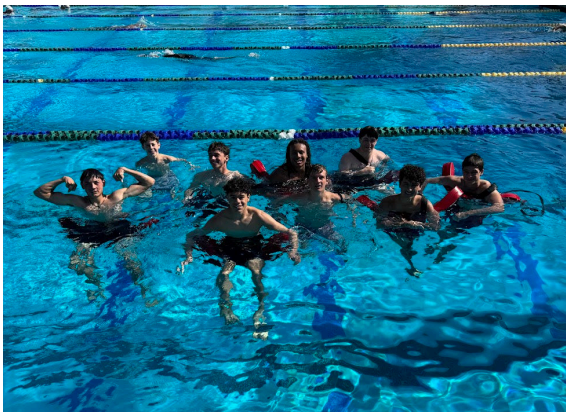
Interested in becoming a firefighter? EMT? Paramedic? Nurse? It all begins with LIFEGUARD TRAINING! Take lifeguard training and learn to prevent, recognize, and respond to emergencies AND how to provide care for injuries and sudden illnesses. This class culminates in American Red Cross professional certifications: Lifeguarding, Emergency First-Aid, and CPR/AED for Lifeguards. Work as a lifeguard this summer at public swimming pools, private swim clubs, and aquatic parks! Gain essential experience required for a future career in the emergency medical services.

Participants must meet the following pre-requisite skills:

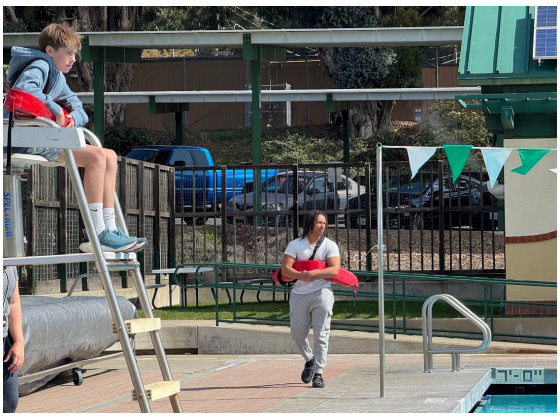
- Must be 15 by the last day of the class
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing
-
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds
- Starting in the water, swim 20 yards
- Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object
- Surface and swim 20 yards on back with both hands holding object
- Exit the water without using a ladder or steps

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment:	8/12
Where and When:	Meet at King Pool Monday – Friday from 9:00 a.m. – 3:30 p.m.
Meal(s):	Students provide own lunch.
Supplies/Materials:	Information provided; Casual clothing, swimwear and a towel.
Transportation:	Students provide own transportation to King Pool: 1700 Hopkins St., Berkeley.



Lifeguard Training



Making Sense of the World **Project Number: 7275**

Mrs. Grosswirth **Cost: $400**

Your body does some amazing things, so why not put it to the test? Our five senses–sight, hearing, touch, taste and smell–seem to operate independently but if you take a closer "look" you'll "see" and "feel" your senses operate together. Spend the week exploring these through various activities which may include cooking classes, the Exploratorium & Tactile Dome, Discovery Kingdom, a trampoline park, escape rooms and more. Come join us for a week filled with fun and adventure.

Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday – Friday 9:00 a.m. – 2:00 p.m.
Meal(s):	Some meals provided.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.

New Orleans (Domestic Travel) **Project Number: 7185**

Mr. Ellis **Cost: $2,600**

New Orleans. One of the greatest mixtures of culture in the world. See how it all comes together in the city known as the Big Easy. Spend five days in one of the most visited cities in the world. We will tour the world-famous French Quarter and the Garden District, ride through alligator infested swamps and bayous, learn about the famous ghosts of New Orleans, eat Cajun and Creole food, cruise the great Mississippi, tour the uptown universities of Tulane and Loyola while strolling down St. Charles Avenue, the most fabulous street in New Orleans. Come see and experience one of America's oldest and most fascinating cities to the backdrop of the greatest American Art form, jazz. Visiting the City that Care Forgot will be an experience that you will not.

Min/Max Enrollment:	8/16
Where and When:	Meet at the Oakland International Airport (OAK) on Sunday March 7 and return Friday March 12- times TBD
Meal(s):	Most meals provided.
Supplies/Materials:	Packing list provided by instructor prior to departure.
Transportation:	Provided by school- included in course fees.

Outdoor Education: Cabin Leader at Walden West (Community Service) **Project Number: 7450**

Mr. Giangregorio & Ms. Molinelli **Cost: $150**

The Walden West science program is an outdoor school program designed for fifth and sixth graders. Each session spans a week during which students, accompanied by classroom teachers, live and learn in an outdoor environment. The program is operated on the premise that students learn best through hands-on activities. Lessons in the natural sciences are brought to life with the hope that through education, students will develop an understanding and sense of appreciation for the environment. The Walden West science program emphasizes learning by doing. Students are immersed in activities that stimulate their interest in science and the outdoors. As a volunteer, you will be responsible for being cabin counselors to elementary-age students and an assistant to a teacher/naturalist during the daytime hikes. In addition, you will develop leadership skills. This is a fun way to get to know others, help elementary-age students, and enjoy nature. Visit the Walden West website here to learn more.

Note: *Provides service hours for Confirmation, NHS, Scouts, etc.*

Min/Max Enrollment:	6/7 (Open to sophomores, juniors and seniors only).
Where and When:	Meet at Saint Mary's Sunday March 7 at 2:00 p.m. & return Friday by 3:00 p.m.
Meal(s):	Most meals provided.
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Provided by school – included in course fees.



Hiking the Bay Area



Scream Week! Evolution of the Horror Film **Project Number: 7375**

Ms. Libby **Cost: $150**

Enter at your own risk! If you're wondering why we're in an abandoned classroom with dead bodies strewn about, please look on your E-week schedule and make sure you're in the right place. Welcome to The Evolution of Horror Films, where we'll take an introductory look at a particularly peculiar genre of films. This class will explore the origins of the genre and trace its changes throughout the decades. From classic horror to modern-day "slasher films," students will investigate the inner workings of these films to understand the fascination and art of the horror genre. In addition to viewing traditional horror films, we will also have some horrific fun with an evil laugh contest, a horror movie makeup photo shoot, and more scary surprises.

Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday – Friday 9:30 am – 2:00 pm (possibility of spooky nighttime movie).
Meal(s):	Some meals provided.
Transportation:	Provided by school; students provide own BART/bus tickets when needed.

SoCal: Culture, Colleges, and Care for Others (Domestic Travel) **Project Number: 7200**

Ms. Chua **Cost: $1,900**

When you think of Southern California, you probably envision movie stars and beautiful beaches, but there's so much more the City of Stars has to offer! On this trip, we will explore the vibrant culture of Los Angeles and the surrounding area. An afternoon will be spent exploring the City of Angels by visiting museums, eating delicious food, and spending an evening at the beach with a bonfire. We'll get to know the college scenes at LMU and USC, experience some magic at the Happiest Place on Earth, and share in community with our Lasallian brothers and sisters at Cathedral High School. Our trip will culminate with a day of service working alongside God's Pantry and include a visit to Homeboy Industries. This unforgettable journey will combine fun, faith, and fellowship as we experience the heart and spirit of Southern California together.

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment:	8/18
Where and When:	Meet at Oakland International Airport (OAK) on Sunday, March 7 and return Thursday, March 11 – Times TBD
Meal(s)	Most meals provided.
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Provided by school – included in course fees.



Speaker Building



Speaker Building 101: *Build Your Own High-End Bluetooth Speaker* **Project Number: 7345**

Mr. Sutphin **Cost: $300**

If you want to build a handsome, hand-crafted, Bluetooth-enabled speaker that will crack the plaster off your bedroom walls, then this Enrichment Week class is for you. Learn the basics of power tools, including table saws, worm saws, drills, routers, compressor-driven nail guns, and much more. You'll also get an introduction to the science of sound, soldering, and wiring. **You'll leave this class with some real knowledge, as well as your own wooden speaker that retails for more than $500!**

Min/Max Enrollment: 8/18
Where and When: Meet on campus Monday – Friday, 9:30 am – 2:00 pm.
Meal(s): Students provide own lunch most days.
Supplies/Material: Supplied by instructor.

Spirit Quest 2027: Redwood Escapes (Domestic Travel) **Project Number: 7290**

Mr. Lannan **Cost: $1,100**

Outdoor activities? Building community? Community service? Art? Time to reflect? Self-care? What nurtures your spirit? Explore practices long associated with spiritual growth. This trip, set in the magnificent coastal redwoods near the Russian River, includes some outdoor adventures (hiking in the redwoods, kayaking, and a ropes course) combined with building community, enjoying time in nature, participating in a service project, opportunities to create art, and making time for self-care. Each day we'll also learn to prepare and cook memorable meals! The ideal student participant should be ready to learn new things about themselves, try new experiences, explore their surroundings, and value time away from routine.

Min/Max Enrollment: 8/16
Where and When: Leave Saint Mary's Sunday, March 7 and return to campus Thursday, March 11.
Meal(s): Most meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Provided by school – included in course fees.

Sports Science: Applying Science & Technology to Athletic Performance **Project Number: 7390**

Mr. Leach **Cost: $300**

Interested in pursuing a career in sports science? We will visit athletic performance programs/facilities within the Bay Area sports landscape, at the private, college and professional levels, to learn more about how athletic performance professionals are leveraging science, technology and data to drive health, wellness and human performance initiatives to optimize sustainable outcomes. We will gain insight into the daily application of integrated and collaborative efforts by athletic performance teams (which include sports medicine, sports nutrition, mental performance and strength and conditioning) as they develop best practices for year-round high-performance strategies. Schedules permitting, we hope to attend NorCal/Bay Area Professional/Collegiate sporting events as part of the enrichment experience.

Min/Max Enrollment: 8/16
Where and When: Monday - Friday 9:30 a.m. – 2:00 p.m.
We may attend an evening game – date and time TBD.
Meal(s): Most meals provided.
Transportation: Provided by school; students provide own BART/bus tickets when needed.



Historical Haunting



STEM Unlocked: Inside the Bay Area's Labs & Tech Firms * **Project Number: 7279**

Dr. Troyani with Senior Leader Asim Yildrez **Cost: $150 (financial assistance available)**

What does a career in STEM actually look like? This week, you'll find out firsthand, right in one of the world's great hubs of science and innovation. Planned with the help of a Saint Mary's senior who is interested in STEM, this course is built around the questions students like you are asking. Guided by Saint Mary's parents and alums working in the field, you'll go behind the scenes at university labs and classrooms, with potential visits to UC Berkeley, Stanford, and NASA Ames Research Center at Moffett Field, and at local companies that may include tech and AI firms. Along the way, you'll hear how these professionals found their paths, what their days really look like, and what they wish they'd known in high school. Whether you're set on a STEM career or just curious, you'll leave with a clearer sense of what's possible and connections to the Saint Mary's community members who can help you get there.

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment:	8/16
Where/When:	Meet on campus Monday - Friday 9:30 a.m. – 2:00 p.m.
Meal(s):	Some meals provided.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.

Think Like a Hacker: Cybersecurity in Action **Project Number: 7192**

Mr. Molnar **Cost: $150**

Ever clicked a sketchy link, had an account hacked, or wondered how strangers got your number? What could someone find out about you just by searching online? Step into the world of cybersecurity to find out how scams work and how to stay one step ahead. Investigate phishing messages, crack sample passwords, explore your digital footprint, and tackle hands-on cybersecurity puzzles in a safe practice environment. Learn to think like a hacker so you can protect yourself and help others do the same.

Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday – Friday from 9:00 am – 2:00 pm.
Meal(s):	Most meals provided.
Supplies/Materials:	Provided by course instructor.

Walking with Wonder: Hiking in the Bay * **Project Number: 7410**

Mr. Riccardi & Mr. Marks **Cost: $200 (financial assistance available)**

Find your path and see the Bay Area in a whole new way! Each day we'll lace up our boots and explore the people and places that make our home extraordinary: exploring Redwood forests on Mt. Tamalpais, walking to the beach in the Marin Headlands, and climbing to sweeping views at Point Reyes. We'll also get to know local communities that embrace the outdoors as part of their mission, like Green Gulch Farm, a Zen Buddhist center in Marin with a beautiful trail to the beach. On the trail and around the table, we'll ask big questions together: How do we come to know a place? What can the earth teach us about who we are? What do we learn from people whose lives and beliefs differ from ours? Come for the views, stay for the conversation.

**** Scholarship available; application is due by Monday, December 7 and available outside Ms. Molinelli's Office.***

Min/Max Enrollment:	12/18
Where and When:	Meet on campus Monday-Friday, 9:30 a.m. – 2:00 p.m. (times may vary).
Meal(s):	Students bring their own lunches, snacks, and water each day.
Supplies/Materials:	Wear comfortable clothing and footwear appropriate for hiking.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.



Washington, D.C. & New York

Washington, D.C. & New York (Domestic Travel) **Project Number: 7380**

Mr. Rogers **Cost: $2,600**

Want to explore the center of the United States? Maybe the world? Are you thinking Washington D.C.? New York City? How about both! Come explore the amazing attractions, schools, monuments, museums and memorials of Washington, D.C., as well as the sights, sounds and vibrancy of New York City. From the White House to Wall Street, Georgetown to Columbia to NYU, the Lincoln Memorial to Rockefeller Center, the Smithsonian Museums to the Statue of Liberty, the U.S. Capitol to Times Square, Ford's Theater to the Apollo Theater, let's see America's two most revered cities together!
This week-long trip spends 3 days in Washington D.C. and 3 days in NYC, walking, talking, watching, exploring, recording, researching, learning and most of all, enjoying these two captivating destinations. Want fun? No problem! This trip is designed for the young person who wants to travel, learn and laugh all at once.

Min/Max Enrollment:	8/18
Where and When:	Meet at SFO International Airport on Monday, March 8 and return Saturday, March 13 – Times TBD
Meal(s)	Some meals provided.
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Provided by school – included in course fees.

Wellness Through Creativity: A Writing and Cooking Retreat (Domestic Travel) **Project Number: 7170**

Ms. Gallien **Cost: $800**

Join Ms. Gallien at a beautiful Santa Cruz beach house for four days of writing and cooking together. Our days will be filled with writing together in community and enjoying the beauty of Pleasure Point. I will provide cooking lessons each evening -- come learn how to make pasta and pizza from scratch! If you want to spend four relaxing days at the coast, nurturing your body, mind, and spirit, this is the course for you!

Min/Max Enrollment:	8/9
Where and When:	Sunday, March 7 - Thursday, March 11 (times TBD).
Meal(s):	All meals provided.
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Parents will be asked to help carpool students to and from Santa Cruz.

Wellness Retreat-
Santa Cruz



Individual Internship Program (IIP)

Individual Internship Program (IIP) **Project Number: 7332**

Ms. Molinelli, Mr. Turner & Ms. Tansey **Cost: $20**

Enrichment Week exists to bring the Saint Mary's community together in new ways — to meet students you don't yet know, build relationships across grade levels, and strengthen the bonds that make our community what it is. The Individual Internship Program allows upper-division students to design their own path toward that same goal, built around one of three focus areas:

- **College Visits** (Juniors only): Explore college campuses with your family during the week.
- **Career Exploration** (Seniors only): Pursue an internship connected to a career interest.
- **Service and/or Spirituality** (Seniors only): Spend the week in service to others.

Juniors may use the IIP for college visits. This is a time to travel with your own family, not with other students or groups, because finding the right college is an individual journey.

Seniors may pursue career exploration, a week of service and/or spirituality, or a combination of the two, which often makes for an especially unique project. ***A week of service must take place across all five days at the same location***, so you have time to build relationships and make a meaningful contribution.

Please note: Only one IIP per student. Each student may complete an IIP only once. A junior who completes a college-visit IIP is not eligible for a second IIP as a senior.

Projects must involve a minimum of 25 hours of work, activity, etc., and a written reflection will be due after Enrichment Week concludes. Details will be provided at our mandatory meetings.

Travel Courses

(Registration closed for these trips in October 2026)

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Argentina - Ibera Wetlands **Project Number: 7150**

Ms. Croll **Cost: $5,300**

Join us for an unforgettable adventure in Argentina as we explore the vibrant city of Buenos Aires and journey by overnight chartered bus to the breathtaking Iberá Wetlands! Experience the wonders of this incredible ecosystem through hiking, kayaking, and boating tours, while discovering the iconic capybaras and learning from local biologists and community leaders. Immerse yourself in the village of Colonia Carlos Pellegrini through meaningful connections with the local community and school. Join us for wildlife exploration, cultural exchange, and community enrichment into a once in a lifetime trip!

Denmark & Sweden **Project Number: 7278**

Mr. Mosby & Ms. McConnell **Cost: $5,800**

From the canals of Copenhagen to the Viking ships of Roskilde, students will discover how Scandinavia honors its past while reimagining its future. Along the way, they'll tour Scandinavia's largest urban farm, go sledding on CopenHill (an urban mountain built atop a waste-to-energy plant), and step into the role of designers during a hands-on workshop at the IKEA Museum in Sweden. Stops in Göteborg, Aarhus, and Odense add world-class art, ancient history, and the fairy-tale legacy of Hans Christian Andersen. Students will return with fresh perspectives on sustainability, community, and our shared responsibility to care for the world around us.

Ireland **Project Number: 7423**

Ms. Tansey & Dr. Tierney **Cost: $5,300**

From the lively streets of Dublin to the windswept beauty of the Ring of Kerry, join us on a journey through the heart of Ireland. Wander cobbled lanes and visit historic sites in the capital, then set out along the coast to see dramatic cliffs, glittering lakes, and mountain views that stop you in your tracks. Explore the medieval charm of Limerick, stand in the shadow of the Rock of Cashel in Tipperary, meet some sheep, kiss the Blarney Stone and settle in for traditional music and the warmth of the Irish spirit. We look forward to traveling with you to the Emerald Isle!

Japan **Project Number: 7340**

Ms. Nunley & Mr. Filson **Cost: $6,500**

From the neon glow of Osaka's Dotonbori to the thousands of vermilion gates at Kyoto's Fushimi Inari Shrine, students will experience a country where centuries-old traditions thrive alongside modern city life. They'll roll their own sushi in a hands-on class, explore bustling food markets, ride the bullet train, and cruise Lake Ashi in the Mt. Fuji and Hakone region. Stops at the Great Buddha of Kamakura and Tokyo's Senso-ji Temple offer a closer look at Japan's rich spiritual heritage, while meals ranging from sumo hot pot to traditional kaiseki make every day a cultural discovery. Students will return with a deeper appreciation for Japanese culture and for the respect and hospitality at its heart.

Immersion: La Salle Bamboo School in Sangkhlaburi, Thailand **Project Number: 7243**

Ms. Fernandez & Mr. Alvarez **Cost: $3,600**

Journey with us to Thailand as we live out our Lasallian Mission at the Bamboo School and La Salle Sangkhlaburi. Our primary focus will be serving "stateless" children at the Bamboo School in western Thailand. "Stateless" children are not recognized by either the Myanmar or Thailand governments, therefore they have limited rights and opportunities and are at danger of becoming victims of human trafficking. Once at the Bamboo School, we will work on a service project, teach conversational English, spend time in the classrooms teaching art projects, and serve others where there is need. We will stay at La Salle Sangkhlaburi and eat our meals with girls who live at the Blue Sky Home, either because they are orphans or their parents do not have the financial resources to care for them. In addition, we'll visit Bangkok, where we will see one of the famous Bangkok night markets and other local highlights. Together, we'll learn, do good work and live out the mission of our school!

New Zealand **Project Number: 7273**

Mr. Thomas & Ms. Miller **Cost: $5,500**

Kia Ora! Spend ten days exploring New Zealand's North Island through its spectacular landscapes, wildlife, history, and Māori culture. Traveling from Auckland to Rotorua, Taupō, and Waitomo, you will visit the Auckland War Memorial Museum, Kelly Tarlton's Sea Life Aquarium, the Hobbiton Movie Set, and the magical Waitomo Glowworm Caves. Along the way, you'll discover geothermal wonders, learn about kiwi conservation, participate in Māori cultural experiences, and enjoy exciting adventures including whitewater rafting, jet boating, a gondola ride, and the Skyline luge. This immersive journey combines outdoor exploration, cultural learning, and shared adventure, offering you a memorable opportunity to experience the natural beauty and rich cultural heritage of Aotearoa New Zealand

Portugal **Project Number: 7235**

Ms. Panlilio & Mr. Lawson **Cost: $5,500**

From the monuments of Lisbon's Belém district to the historic streets of Porto, students will trace Portugal's Age of Exploration and consider its lasting impact on the world. They'll wander the winding neighborhoods of Alfama and Mouraria, tour Sintra Palace, stand at Cabo da Roca on Europe's westernmost edge, and visit Coimbra's magnificent Joanina Library. A highlight of the week is a day at Colégio La Salle near Porto, where students will connect with their Lasallian peers and experience firsthand how our shared mission lives on across languages and borders. With a Tagus River cruise, a cable car ride over Vila Nova de Gaia, and a final evening of traditional fado, students will return home with a deeper understanding of Portugal's past and of their place in the global Lasallian family.

Immersion: St. LaSalle School in Keelamudiman, India **Project Number: 7172**

Mr. Kelly & Ms. Khan **Cost: $3,900**

God's light shines brightly in the people of India, especially acknowledged by the frequent Tamil greeting "Vanakkam", an acknowledgement of God's presence in the other person.

Journey with us as we live out our Lasallian Mission serving children in southern India. In this immersion experience, students from Saint Mary's will live and work with the Brothers and students at St. LaSalle School in Keelamudiman. As part of the immersion program, students will focus on four areas of personal development: faith, social justice, service, and reflection. We'll work with children, build and repair school facilities, as well as serve others where there is need. In addition, we'll visit Chennai and see incredible temples in Madurai and Keelamudiman. Together, we'll learn, do good work and live out the mission of our school!

ENRICHMENT WEEK
IMPORTANT DATES

October	Parent & Student Information Evening for Overnight Trips
December	Catalog distributed to students via email & PS portal
December 2	Enrichment Week Fair during lunch Online Registration Opens
December 7	Last date to complete the Online Registration – closes at the end of A-Block
December 7	Request for Financial Aid Application Due
December 11	Signed Registration form due to 2nd Period Teachers
Mid-January	Enrichment Week Rosters posted
January 21	Mandatory E-Week Course Meeting #1 during Independent Study
February 17	Mandatory E-Week Course Meeting #2 during Independent Study
February – time/date TBD	Immersions & Overnight Trips Meeting for Parents & Students
March 8 - 12	Enrichment Week

Student Course Selection Planner & Worksheet

All Enrichment Week courses are grounded in the principles of our Lasallian Educational Outcomes (LEOs). Each course is developed and/or coordinated by a Saint Mary's faculty member and aligns with one or more of the following categories – many courses encompass all three:

- Cultural, Educational and/or Career Exploration
- Recreation and/or Physical Wellness
- Service and/or Spirituality

All Enrichment Week courses, including travel, may include a day of service to build relationships with one another and serve our community or the communities we are visiting. In addition, some of the courses in the catalog are service oriented for the week and provide documented hours of service for Confirmation, National Honor Society (NHS), Scouts and other outside organizations. There will be a designation of Community Service next to the course titles.

Sophomores, Juniors and Seniors, fill out the following information from previous years. It will help you to determine which category you may need to explore and/or investigate during Enrichment Week this year. It is also an opportunity for you to create a plan for your future Enrichment Weeks.

Freshmen, please use this planner to project what you would like to sign up for ***this year*** and plan **your** *future years* for Enrichment Week.

Freshman: _____
Category Number Course Name

Sophomore: _____
Category Number Course Name

Junior: _____
Category Number Course Name

Senior: _____
Category Number Course Name

My choices for this year:

1st choice: _____

2nd choice: _____

3rd choice: _____

Notes:



Mission Statement

As a Christ-centered community striving to live the mission of Saint John Baptist de La Salle, Saint Mary's College High School is a Catholic school where diversity and inclusion are essential and quality education is our active ministry.
With community support and faith grounded in love, Saint Mary's students pursue a life of virtue and scholarship that extends beyond the completion of a college preparatory curriculum to assuming societal roles of responsibility and service.

Lasallian Educational Outcomes (LEOs)

A Saint Mary's College High School graduate…

Spiritual: engages life consciously and acquires a Catholic and Lasallian worldview inspired by the Gospel, the teachings of the Catholic Church, and the mission of Saint John Baptist de La Salle.
Physical: demonstrates respect for truth and goodness of God's universe
Emphasis*: • Acquiring scientific knowledge and method • Concern for the environment, health and fitness • Participation in athletics and dance • Relating to the materials of artistic expression*
Emotional: responds positively to the creative potential of emotion
Emphasis**:** *• Skillful, authentic expression in the arts • Coping with adversity and prosperity • Developing empathy • Setting goals, realizing hope*
Intellectual: is academically prepared for college; is curious about the world; and demonstrates disciplined, imaginative thinking
*Emphasis**:** • Critical thinking and problem solving • Effective oral and written communication • Accessing and analyzing information • Transferring skills and knowledge to new situations • Service learning*
Communal: actively contributes to communities, ranging from local to global, based on the recognition that we are responsible for each other
Emphasis: • Concern for the poor • Social justice • Building community amid diversity • Community service
Integral: seeks to become an independent, responsible, and reflective person, supported by the Saint Mary's community
Emphasis: • Developing discernment and sound moral judgment • Developing resiliency

Lasallian Core Principles

