Parma School Dist. #137

 HIGH SCHOOL/ EW MIDDLE SCHOOL Oct 22, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 CHEESEBURGER POTATO PEAS PEACHES, SLCD, EX LT, CINNAMON APPLESAUC KETCHUP MUSTARD PICKLES BOXED CALZONE CARROTS FRUIT & VEGGIE BOX MILK	Nov - 3 SOFT TACO CHEESE LETTUCE, SHREDDED REFRIED BEANS CORN APPLE CHOC.CHIP COOKIE PULLED PORK COLESLAW BBQ SAUCE: TANGY FRUIT & VEGGIE BOX MILK	Nov - 4 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI STRAWBERRIES PORTI PEARS WHOLE GRAIN ROLL CHICKEN DRUMSTICK COLESLAW BBQ SAUCE: TANGY FRUIT & VEGGIE BOX MILK	Nov - 5 HAM & CHEESE YUM YU CELERY STICKS CARROTS FRUIT POPS MIXED FRUIT CHICKEN PATTY KETCHUP FRUIT & VEGGIE BOX MILK	Nov - 6
Nov - 9 MINI CORN DOGS POTATO PORK & BEANS APPLE KETCHUP MUSTARD SPICY CHICKEN SANDWI CARROTS FRUIT & VEGGIE BOX MILK	Nov - 10 PIZZA SALAD PEPPERCORN RANCH PEACHES PINEAPPLE OLIVES MEATBALL SUB JICAMA, RAW PEAS FRUIT & VEGGIE BOX MILK	Nov - 11 CHICKEN RICE BOWL EGG ROLL STIR FRY BLEND MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE BOXED HAM & CHEESE CELERY STICKS CORN FRUIT & VEGGIE BOX MILK	Nov - 12 SPAGHETTI & MEATBAL SALAD PEPPERCORN RANCH FRUIT POPS MIXED FRUIT BREAD STICK BOXED HOT DOG ON A CHEESE STICK CARROTS MIXED VEGETABLE KETCHUP MUSTARD FRUIT & VEGGIE BOX MILK	Nov - 13
Nov - 16 CHICKEN PATTY SANDW PORK & BEANS PEAS BLUEBERRIES PEACHES KETCHUP BOXED PB&J CARROTS FRUIT & VEGGIE BOX MILK	Nov - 17 NACHOS BEEF CORN CARROTS APPLE BOXED CHICKEN WRAP COLESLAW FRUIT & VEGGIE BOX MILK	Nov - 18 ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY WHOLE GRAIN ROLL BROCCOLI STRAWBERRIES PORTI APPLESAUCE PUMPKIN CAKE, PARMA MILK	Nov - 19 HAMBURGER POTATO PEAS PEACHES, SLCD, EX LT, CINNAMON APPLESAUC KETCHUP MUSTARD PICKLES RIB-B-Q CARROTS FRUIT & VEGGIE BOX MILK	Nov - 20
Nov - 23	Nov - 24	Nov - 25	Nov - 26	Nov - 27
Nov - 30 SPICY CHICKEN PATTY PEAS CARROTS APPLE KETCHUP QUESADILLA REFRIED BEANS CHIPS SALSA FRUIT & VEGGIE BOX MILK				

This institute is an equal opportunity provider

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
**** - denotes combined nutrient totals with either missing or incomplete nutrient data.***

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.