WHITEHALL-COPLAY SCHOOL DISTRICT
ZEPHYR BREAKFAST MENU

December 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 House Made Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	2 Apple Pie Smoothie Bowl Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	3 WG French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	4 WG Fruit Loop Waffle Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
7 Scrambled Eggs, Bacon and a Hash Brown Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	8 House Made Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	9 Sausage, Egg and Cheese Waffle Sandwich Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	10 WG Pancakes with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	11 WG Mini Chocolate Chip French Toast Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
14 Scrambled Eggs, Sausage Links and Tater Tots Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	15 House Made Breakfast Pizza Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	16 Bacon, Egg and Cheese on a Biscuit Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	17 WG Belgian Waffle Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	18 WG Cinnamon Toast Crunch French Toast Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
21 	22 	23 	24 	25 
28 	29 	30 	31 	

MAKE IT A MEAL!

Choose at least 3 of 4 food items for the school breakfast price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$0.00
Adult	$3.50

Available Daily

Assorted WG Muffins, Assorted WG Donuts, Bagel with Cream Cheese and Yogurt, Assorted cereal bars,

Fruit Selection

Assorted Fresh Fruit and Juice
Students may choose two ½ cup servings

Milk Selection

Fat Free Milk, 1% Milk, Fat Free Chocolate Milk

Your Dining Services Team

Cathy Muto
General Manager
(610) 782-1820
mutoc@whitehallcoplay.org

Derek Kolumber
Chef Manager
(610) 782-0961
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (WG) Whole Grain

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES