Michigan Department of Education
Office of Nutrition Services
School Nutrition Programs

Local Wellness Policy:
Triennial Assessment Template Plan

Background – Why do sponsors have to do this?

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. The wellness committee must review the policy every year to ensure progress is being made on the district's wellness policy and procedures. Every three an assessment of the local wellness policy called the "triennial assessment" must be completed.

Purpose – What is the purpose of this document?

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment:

(1) compliance with the wellness policy;

(2) how the wellness policy compares to model wellness policies; and

(3) progress made in attaining the goals of the wellness policy.

Results – What do sponsors do with the assessment when it is completed?

□ A copy of the assessment must be made available to the public.

The LEA decides how the assessment is made available. Many LEAs choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

□ Keep a copy of the most recent triennial assessment, along with supporting documentation on file. *This will be requested when you have a School Nutrition Program administrative review.*

Resources

USDA Local School Wellness Policy website: https://www.fns.usda.gov/tn/wellness-policy

MDE Local School Wellness Policy website: https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Coloma Community Schools

Month and year of current assessment: 09/2026

Date of last Local Wellness Policy revision: 07/14/2025

Website address for the wellness policy and/or information on how the public can access a copy:

https://go.neola.com/colo-mi/policy/policy-manual/po8510?q=wellness

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Annually

School Wellness Leader:

Name	Job Title	Email Address
Dave Ehlers	Superintendent	dehlers@ccs.coloma.org

School Wellness Committee Members:

Name	Job Title	Email Address
Amy Pullins	Food Service Worker	apullins@ccs.coloma.org
Terry Lampros	Transportation	tlampros@ccs.coloma.org
Sara Ashley	Parent/Business Manager	sashley@ccs.coloma.org
April Gilson	Parent	aprilgilson@gmail.com
Shelley Mazigian	DDS	smazigian@ccs.coloma.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

X Michigan State Board of Education Model Local School Wellness Policy
☐ Alliance for a Healthier Generation: Model Policy
☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

We use the Michigan State Board Policy

Section 4. Compliance with the Wellness Policy and progress towards goals

At a **minimum**, local wellness policies are required to include:

- One (1) specific goal for each area:
  - Nutrition promotion
  - Nutrition education
  - Physical activity
  - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snack standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snack standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve. Include detailed and well-defined language.
- **Measurable:** Define numbers and quantities of the progress.
- **Attainable or Achievable:** Determine what is feasible.
- **Realistic or Relevant:** Consider resources, personnel, cost and time, and determine what can reasonably be accomplished.
- **Timely**: Identify deadlines or timeframe to complete the goal.

Michigan Department of Education
Local Wellness Policy Assessment

School Name: Coloma Community Date: 09/25/2026

Nutrition Promotion Goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Assess the current policy	Determine compliance of the current policy.	9/2026	Summary report from each school building.	Superintendent	Admin	Ongoing

Nutrition Education Goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Get more kids to try vegetables	Taste testing	9/2026	Talking to kids	Kyle Keller	All staff	On going

Physical Activity Goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Gym and Recess	Students participating	8/2026	Class schedule	Gym Teacher	Principals, teachers, aides and students	On going

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
More students aware of healthy eating	Lessons in classroom	01/2027	Teachers	Teachers	Teachers/School Board and students	ongoing

Evaluation of other areas:

Policy Area	**Not Met** (Name of Schools)	**Partial Compliance** (Name of Schools)	**Full Compliance** (Name of Schools)
Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and Smart Snacks)			Coloma High Coloma Junior Coloma CI
Guidelines for other foods and beverages available on the school campus, but not sold	N/A	N/A	N/A

Marketing and advertising of only foods and beverages that meet Smart Snacks			Coloma High Coloma Junior Coloma CI