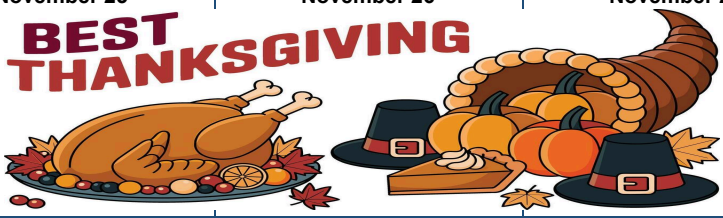


Hoke County Schools Breakfast Menus for November 2026

PRE-K

Monday	Tuesday	Wednesday	Thursday	Friday
November 2 Maple Pancake Minis Assorted Cereals Applesauce Cup Lowfat or Fat Free Milk	**November 3** 	**November 4** Chocolate Chip Muffin Assorted Cereals Mandarin Oranges Lowfat or Fat Free Milk	**November 5** Chicken Biscuit Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	**November 6** Breakfast Pizza Assorted Cereals Diced Pears Lowfat or Fat Free Milk
November 9 Breakfast Bites Assorted Cereals Applesauce Cup Lowfat or Fat Free Milk	**November 10** Mini Waffles Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	**November 11** 	**November 12** Pancake on the Stick Assorted Cereal Assorted Juice Low-fat or Fat Free Milk	**November 13** Apple Cinnamon Muffin Assorted Cereal Diced Pear Cup Assorted Juice Low-fat or Fat Free Milk
November 16 Cinnamon French Toast Minis Assorted Cereals Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	**November 17** Breakfast Pizza Assorted Cereal Assorted Juice Low-fat or Fat Free Milk	**November 18** Chocolate Chip Muffin Assorted Cereal Mandarin Orange Cup Assorted Juice Low-fat or Fat Free Milk	**November 19** Sausage Biscuit Assorted Cereal Assorted Juice Low-fat or Fat Free Milk	**November 20** Pancake on the Stick Assorted Cereal Diced Pears Assorted Juice Low-fat or Fat Free Milk
November 23 Maple Pancake Minis Assorted Cereals Applesauce Cup Low-fat or Fat Free Milk	**November 24** French Toast Sticks Assorted Cereal Assorted Juice Low-fat or Fat Free Milk	**November 25** 	**November 26**	**November 27**
November 30 Breakfast Bites Assorted Cereals Applesauce Cup Lowfat or Fat Free Milk				

Nutrition Byte

Celebrate #NCFarmers from the Mountains to the Sea!

In 2023, the North Carolina General Assembly established the second Thursday in November as N.C. Farmer Appreciation Day as an opportunity to thank all our farmers and farm families. The inaugural event is November 6, 2025.

North Carolina is rich in agriculture from the mountains to the sea. The farmers that produce food, fiber, and fuel in our state do so with heart and pride. Learn more and find resources to celebrate our farmers and all they produce at https://www.ncfarmerappreciation.com. Recognize and thank #NCFarmers on social media using #NCFarmersAppreciationDay and #MountainstoSea. Tag @NCFarmersAppreciationDay.

Did you know?

- Agriculture is North Carolina's #1 industry with an economic impact of over $100 billion dollars annually.
- There are 74,062 farmers and 46,000 farms in the state. 1,827 are centennial farms and 27 are bicentennial.
- N.C. ranks 3rd for agriculture diversity and is a top producer of sweetpotatoes, cucumbers, eggs, poultry, pork, and more.
- Most North Carolina schools participate in farm to school activities and serve locally grown foods in school meals.

North Carolina Department of PUBLIC INSTRUCTION

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https://www.dpi.nc.gov/districts-schools/district-operations/school-nutrition

Nutrilink: Learn more at https://www.ncfb.org/ag-in-the-classroom, https://gottobenc.com, and https://ncfarmtoschool.com.



Hoke County Schools Lunch Menus for November 2026

PRE-K

Monday	Tuesday	Wednesday	Thursday	Friday
November 2 Chick Fillet On Bun Steamed Broccoli Apple Sauce Cup Low Fat or Fat-Free Milk	**November 3** 	**November 4** Cheeseburger on Bun Seasoned Spiral French Fries Mixed Fruit Low-fat or Fat-Free Milk	**November 5** General Tso Chicken Vegetable Fried Rice Candied Yams Diced Pears Breadstick Low-fat or Fat-Free Milk	**November 6** Vegetable Beef Soup ½ Grilled Cheese Sandwich Garden Salad w/ Dressings Diced Peaches Low Fat or Fat-Free Milk
November 9 Chicken Tenders Mashed Potatoes Apple Sauce Cup Dinner Roll Low-fat or Fat-Free Milk	**November 10** Chicken Fajita in Soft Shell Black Beans ***NC Fresh Bagged Apples** Low-fat or Fat-Free Milk	**November 11** 	**November 12** Oven Roasted Chicken ***NC Fresh Baked Sweet Potato** Spiced Apples Dinner Roll Low-fat or Fat Free Milk	**November 13** Chicken Noodle Soup Strawberry Uncrustable ***NC Fresh Broccoli** and Baby Carrot Cup w/ Ranch Dressing ***Fresh NC Apple Wedges** Low-fat or Fat Free Milk
November 16 Chicken Nuggets Steamed Broccoli Pineapple Tidbits Low Fat or Fat-Free Milk	**November 17** Soft Shell Beef Taco Buttered Corn ***Fresh NC Bagged Apples** Low-fat or Fat-Free Milk	**November 18** 6' Round Pepperoni Pizza Seasoned Sweet Potato Fries ***NC Mixed Berry Medley** Low-fat or Fat-Free Milk	**November 19** Oven Roasted Turkey ***Fresh NC Baked Sweet Potato** Spiced Peaches with Crumb Topping Garlic Knot Low-fat or Fat-Free Milk	**November 20** Chilli Con Carne ½ Grilled Cheese Sandwich Seasoned Hash Rounds ***Fresh NC Apple Wedges** Low Fat or Fat-Free Milk
November 23 Popcorn Chicken Steamed Broccoli Sliced Peaches Dinner Roll Low-fat or Fat Free Milk	**November 24** Spaghetti ***NC Ground Beef Meatsauce** Candied Yams Mixed Fruit Wild Mike's Cheesy Bites Low-fat or Fat Free Milk	**November 25** 	**November 26**	**November 27**
November 30 Chick Fillet On Bun Steamed Broccoli Pineapple Tidbits Low Fat or Fat-Free Mil				

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