COLLEGE PARK HIGH SCHOOL

WELCOME

Class of

2028 & 2029!

Presentation Housekeeping



Microphone

Please keep yourself on **mute** until the end.



Questions & Chat

Please add any questions in the chat and counselors will respond throughout the presentation.

What will we be covering tonight?

01

Graduation requirements

02

A-G requirements

03

Importance of Sophomore/Junior year

04

4-year Universities & Community College options

05

Alternate Career Options (Trade School, Military, etc.)

CPHS Counseling Department

Students
A - Er
Ms. Gillette
School Counselor

Students
Es - Gom &
Students w/ IEP
Ms. Chacon
School Counselor

Students
Gon - Lac &
English Learners (EL)
Ms. Ramirez
School Counselor

Students
Laf - Pra
Ms. Mercado
School Counselor

Students
Pri - Z
Ms. Prosise
School Counselor

Specialist
College & Career Advisor
Mr. Walters

What Your Students Have Learned!

OCTOBER • 10TH GRADE

4-Year Academic Planner

In October, counselors met with all sophomores to complete their 4 year planner in Aeries and in CCGI.

- ✓ Aeries 4-Year Plan Completed
- ✓ CCGI Course Planning Updated

LAST WEEK • 11TH GRADE

Post-High School Options

Last week, counselors met with all juniors to review college and career options available to them after high school.

We reviewed college entrance requirements, trade schools, SAT/ACT requirements, etc.

- ✓ College Entrance Requirements
- ✓ Trade Schools & Alternate Options

How Do Students Contact Their Counselor?

Walk-In Appointments

No appointment needed during:

- ✓ Before school
- ✓ Brunch
- ✓ Lunch
- ✓ After school

Email

Preferred Method

Best for non-urgent questions, schedule inquiries, and/or setting up an appointment time.

Mr. Walters

College & Career Advisor

Stop by for specialized college planning, career exploration, and vocational resources.

Visit our **website** for more information!

CPHS Graduation Requirements

- **English** - 4 years (40 credits)
- **Math** - 3 years (30 credits)
  - * Must pass Algebra 1
- **Science** - 2 years (20 credits)
  - 10 credits Life Science
  - 10 credits Physical Science
- **Social Studies** - 3 years (30 credits)
- **VAPA / World Lang / CTE** - 20 credits
  - Complete 2 of the 3 areas
- **Physical Education** - 2 years (20 credits)
- **Electives** - 60 credits

220 Total Credits

D's or better!

UC/CSU A-G Requirements

College Eligibility

A - History - 2 years (World & US History)

B - English - 4 years

C - Math - 3 yrs required
- **4th year is recommended**
- Algebra 1, Geometry, Algebra II (minimum)

D - Lab Science - 2 years
- 1 Life Science & 1 Physical Science
- **3rd year is recommended**

E - LOTE (Language Other than English) - Level 2
- **Level 3 or higher is recommended**

F - VAPA - 1 year (Visual & Performing Art)

G - College Prep Elective - 1 year
- Any class taken beyond the minimum requirements
- Excludes: PE, TA, Work Experience

C's or better!

Why are Sophomore & Junior Years So Important?

GPA Eligibility

Colleges review 10th and 11th grade GPA to determine acceptance.

Transcript lookup:
(W) 10-12 GPA

UC Requirement
3.0 GPA or higher

CSU Requirement
2.5 GPA or higher

**Some private universities require higher GPAs and factor freshman grades into review.*

Course Rigor

UCs and CSUs review the difficulty and rigor of the classes you choose during 10th and 11th grade.

✓ Are you taking any AP or Honors courses?

✓ Are you taking the highest level possible of a course sequence?

Example:
Enrolling in the highest level of Spanish available



Focus on Your Grades!

10th & 11th grade coursework forms the core GPA used for college admissions review.
Make every assignment count!

4 Year Planning

Navigating high school courses for future success

Fall Semester Milestone

When Is It Completed?

All 9th and 10th grade students completed 4 years plans with counselors in their English and World History classes.

These 4 year planner then become their course requests for the 27/28 school year.

Purpose & Value

Why Create a 4-Year Plan?

Making a 4 year plan will help you navigate what future classes to take in order to prepare you for graduation and future college/career plans.

Prepares you for Graduation & Post-HS Goals

Post High School Options

Common Post High School Options

Work or Job Training

Go directly into the workforce or get job training

Trade/Vocational School

Learn hands on training in a specific field and earn a certificate

Apprenticeship

Learn a trade through hands on experience

Military

The military has 6 branches: Air Force, Army, Coast Guard, Marine Corps, Navy, & Space Force

Adult Education

AE offers career training programs that lead directly to employment opportunities

Community College

Earn an Associate's degree, transfer to a university or earn a certificate in a trade

Preparing For Employment (Work or Job Training)

Resume

High school resume template & writing guide

Interview Tips

Preparation strategies for your first job interview

Work Readiness

Look out for work readiness workshops hosted by Work Based Learning Coordinators at your high school.

Job Search Engines

Top recommended job search websites for students

Job Search Tips

Actionable advice for high school job hunters

Get Experience By Volunteering!

Build practical skills and enhance your resume through community volunteer opportunities.

TeenVolunteer.org

Social Media Etiquette

Maintain a professional online presence

Job Training Programs

Explore local training: **Click HERE**

Benefits of Trade & Vocational Schools

Lower Cost
Avoid $20,000+/year university tuition over 4–5 years.

Faster Graduation Timeline
Shorter focused programs typically finished in 2 years.

Fewer Admission Requirements
Streamlined entry prerequisites focusing on English & Math.

Small Class Sizes
Enjoy direct 1-on-1 instruction and hands-on guidance.

Real-World Experience
Complete hands-on training *(while getting paid)* through externships or clinical internships.







Adult Education Programs

MDUSD Adult Education

Programs: Allied Health (Medical & Dental Assisting, CNA, EMT), Office and Computer Programs, and more.

Martinez Adult Education

Programs: Business Training, Optical Assistant, CAD + Multimedia, Pharmacy Tech, and more.

Pittsburg Adult Education

Programs: Allied Health, Administrative Assistant, Medical Assistant, CNA, Medical Billing & Coding, EMT, CPR, Pre-Apprenticeship Math Test Prep, and more.

Benefits

- Flexibility with scheduling
- Short-term certificates
- Workforce training

Adult Ed vs. Community College

Choosing an adult education program instead of a community college usually comes down to **cost**, **speed**, **foundational needs**, and **flexibility**.

Branches of the Military

- Army
- Marine Corps
- Navy
- Air Force
- Space Force
- Coast Guard

Career Fields within the Military

The military offers a broad range of Career Technical Education (CTE) and career training opportunities, many of which are not combat-related.

- Construction
- Electrical Repair
- Healthcare
- Computer / Tech
- Transportation & Vehicle
- Air Traffic Control

Benefits of Joining the Military

Immediate Income & Bonuses

Steady paycheck from day one plus enlistment bonuses up to $50,000 (first-year up to $67,000).

Debt-Free College Tuition

The Post-9/11 GI Bill covers up to 100% of tuition & fees for 36 months plus housing allowance.

Covered Living Expenses

Free housing and food allowances eliminate major living costs for service members.

Trade & Certification Funding

Funds apply to trade schools & technical certs (welding, plumbing, electrical, etc.).

Comprehensive Healthcare

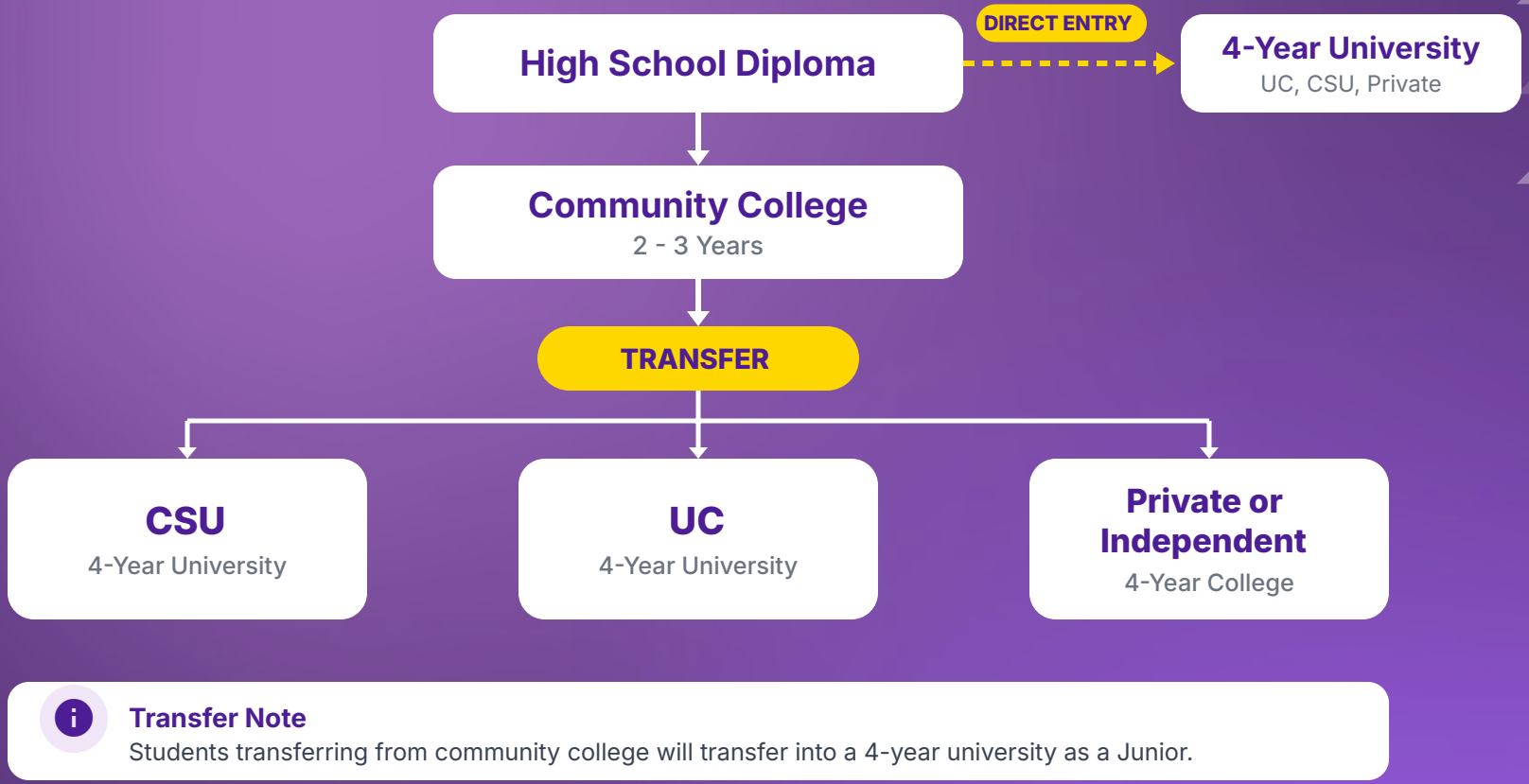
Active-duty receives no-cost medical and dental coverage through TRICARE.

Tuition Assistance While Serving

Active-duty can take off-duty college courses using Military Tuition Assistance.

Tiered Pathway to College

What are my options?



Transfer Note

Students transferring from community college will transfer into a 4-year university as a Junior.

What are my options for college?

In California: **Over 280 Higher Education Options**

116

Community Colleges

2-year associate degrees, certificates & transfer pathways

23

California State Universities

CSU system focused on practical 4-year bachelor's degrees

9

University of California

UC campuses offering research-based 4-year programs

134

Private Universities

Independent colleges & specialized institutions



Nationwide Perspective

There are over 4,200 degree-granting post-secondary institutions in the US!

What's the difference between colleges?



Community Colleges

2-Year Pathways & Certificates

- **Associate Degrees:** Earn an A.A. or A.S. degree, career certificate, or licensure
- **Flexible Pathway:** 2-year structure focused on job skills and foundational academics
- **University Transfer:** Option to transfer as a junior to 4-year universities



4-Year Institutions

(UC/CSU's, Out-of-state, Private, etc.)

- **Undergraduate Degrees:** Earn a B.A. or B.S. (Bachelor's degree)
- **Graduate Degrees:** Advanced study for M.A. or M.S. (Master's degree)
- **Doctoral & Professional:** PhD., M.D., or J.D. degrees

California Community College System

116 Colleges

System Overview

- 116 Community Colleges across California
- Earn Associate Degrees (A.A. / A.S.)
- Transfer pathway to 4-year universities
- Earn career certificates & licenses

Registration

Students do no apply, they register. All students are accepted!

- Students do **not apply**... students **register** for community colleges
- **No SAT or ACT** test scores are required for registration
- Open-door access to all qualified prospective students

Free Tuition

DVC Program Details

Receive free tuition for up to **two academic years** at CCC, DVC, and LMC!

Student Requirements:

1. Complete FAFSA or Dream Act
2. Enroll in a minimum of 12 units per semester (full time student)



9 UC Campuses Throughout California

Application Filing Period: October 1 – November 30 of senior year
Applications are currently open to begin/edit for seniors

Requirements

- **Minimum 3.0 GPA** *(10th & 11th grade only)*
- **UC Application** (same application for all campuses)
- **4 Personal Insight Questions** (pick 4 out of 8)
- **$80 Fee** per campus

UC's Consider Other Factors Like:

- Challenging yourself with rigorous classes
- Volunteer hours & community service
- Sports participation
- Work & job experience
- Awards and certificates outside of CP

✕ NO SAT or ACT Subject Tests Required
✕ NO Letters of Recommendation



NOW is the time to work on these things!
Explore campus info at: www.universityofcalifornia.edu/infocenter

22 CSU Campuses Throughout California

Application Filing Period: October 1 – November 30
Applications are currently open to begin/edit for seniors

Requirements

- **Minimum 2.5 GPA** *(10th–11th grade only)*
- **Single Application** used for all CSU campuses
- **$70 Application Fee** per campus

CSUs Consider Other Factors Like:

- Number of courses exceeding minimum "A-G" requirements
- GPA in Math and/or Science courses
- Household income
- Extracurricular and leadership involvement

✕ NO SAT or ACT Subject Tests Required
✕ NO Letters of Recommendation



Explore campuses and apply at: **www.calstate.edu**

New Guidance for CSU Applications for 27/28 Applicants

2 years of a foreign language course is still required, but students now have the option to complete either:

OPTION 1

Up to level II of the same language

i.e. French I and French II

OR

OPTION 2

2 first level language courses

i.e. 1 year of French I and
1 year of Spanish I

This only applies to CSU universities

New Guidance for CSU Applications for 27/28 Applicants

1 year of a Visual & Performing Arts course is still required, but students can now complete either:

OPTION 1

1 year long course

i.e. Ceramics I

OR

OPTION 2

2 different semester courses

i.e. one semester of Art I and one semester of Ceramics I

This only applies to CSU universities

Private Colleges & Universities

GPA and course requirements vary greatly.

Check each college website!

Application filing periods vary!

All schools require:

- **Common application** (apply to multiple schools at same time) or college specific application
- Send official test scores**
- Pay application fee
- Personal statement or essay
- Letters of recommendation (0-3 max)



Explore independent California colleges at: www.aiccu.edu

Out of State Colleges

OUT OF STATE REQUIREMENTS & PRICES

- **Higher Tuition:** Public universities charge out-of-state students at **double or triple** the in-state rate.
- **Admissions Criteria:** Non-residents often have additional requirements (e.g., 4th year of **required** math).

WUE: WESTERN UNDERGRADUATE EXCHANGE

- **Discounted Rate:** Students pay 1.5 x the in-state rate instead of full out-of-state tuition.
- **Program Access:** Pursue specific majors that may be limited or unavailable in home state.
- **New Experience:** Gain experience living and studying in a different state or region.
- **Some Participating Schools:** Boise State University, University of Nevada, Reno (UNR), University of Hawai'i, Montana State University (more than 170 colleges and universities to choose from)



Learn more about Western Undergraduate Exchange at: www.wiche.edu/wue

Plan Campus Visits

BEFORE YOU GO

- Visit when school is in session
- Sign up for online campus tours
- Attend college rep visits that happen at CP
- Explore fly-in programs for students to explore college campuses

ON CAMPUS EXPERIENCE

- Students should stay overnight, if it's offered
- Eat in the dining commons
- Go to a sporting event
- Attend a class
- Take pictures



NEXT STEPS

Reflect on the experience and evaluate the campus to determine if it's the right fit for your academic and personal goals.

SAT/ACT Testing

TEST WEBSITES

SAT Exam
www.collegeboard.edu

ACT Exam
www.actstudent.org

- Students register for these tests on their own.
- The tests are not provided by College Park.

RECOMMENDED TIMELINE

Spring of 11th Grade

- Recommend taking these tests in the Spring of their Junior year
- This allows enough time for retakes in early 12th grade if needed

COLLEGE POLICIES

- **UC/CSU Schools:** Do not require these tests!
- **Test Policy Variations:** Some schools are Test Blind or Test Optional
- Test results can still be submitted after acceptance to help with class placement.

Make sure you check to see if you need to take the test or not!

What Should You Be Doing Right Now?

KEY FOCUS: Your Sophomore & Junior years are the critical years to raise your GPA!

ACADEMIC PREPARATION & ADVISING

- Challenge yourself by considering an AP/Honors course
- Consider taking the PSAT your Junior year
- Make an appointment with College Advisor **(Mr. Walters)** to discuss options
- Research financial aid & scholarship options early
- Build your college lists
- Research financial aid options

CAREER & EXTRA-CURRICULAR EXPLORATION

- Get involved with extracurricular activities, volunteer, or find internships
- Attend local college & career fairs *(our district offers both!)*
- Tour college campuses in-person or virtually
- Shadow professionals in careers that interest you

Questions?