FRASER HIGH SCHOOL
December 2026

RALLY CAFE

NOTES

The fresh fruit & vegetable bar is available daily and is included with all entrée options!
Breakfast & lunch include flavored or unflavored lowfat or fat-free milk.
One complete breakfast and lunch is FREE for all students each day!
All salads are served with a dinner roll.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **BKFST:** Egg & Cheese Croissant & Strawberry Yogurt Parfait **Test Kitchen:** Pasta Bar **Deli:** Veggie & Provolone Mediterranean Wrap **Pizza:** Meatball Pizza **Vegetable:** Roasted Baby Carrots	2 **BKFST:** Country Chicken Biscuit & Peach Yogurt Parfait **Test Kitchen:** Pasta Bar **Deli:** Ranch Chicken Salad **Pizza:** Buffalo Blue Chicken Pizza **Vegetable:** Steamed Zucchini Squash	3 **BKFST:** Maple Pancake Puffs & Blueberry Yogurt Parfait **Test Kitchen:** Pasta Bar **Deli:** Fruit & Cheese Plate **Pizza:** Hawaiian Pizza **Vegetable:** Rainbow Vegetable Blend	4 **BKFST:** Egg & Cheese Bagel & Strawberry Yogurt Parfait **Test Kitchen:** Pasta Bar **Deli:** Popcorn Chicken Salad **Pizza:** Veggie Pizza **Vegetable:** Kickin' Pinto Beans
7 **BKFST:** Ham & Cheese Breakfast Flatbread & Blueberry Yogurt Parfait **Test Kitchen:** BBQ Platter **Deli:** Tuna Salad Platter **Pizza:** White Pizza w/ Sausage **Vegetable:** Tater Tots **Chocolate Chip Cookie!** National Cookie Day!	8 **BKFST:** Sausage Breakfast Pizza & Strawberry Yogurt Parfait **Test Kitchen:** BBQ Platter **Deli:** Asian Chicken Wrap **Pizza:** Sweet & Spicy Ham Pizza **Vegetable:** Steamed Broccoli	9 **BKFST:** Glazed Cinnamon Roll & Peach Yogurt Parfait **Test Kitchen:** Cheeseburger Soup & Cheddar Biscuits **Deli:** Buffalo Chicken Salad **Pizza:** Cheeseburger Pizza **Vegetable:** Peas & Carrots Blend Limited Time Menu Option!	10 **BKFST:** Chicken & Cheese Biscuit & Blueberry Yogurt Parfait **Test Kitchen:** BBQ Platter **Deli:** Fruit & Cheese Plate **Pizza:** BBQ Chicken Pizza w/ Sriracha Glazed Crust **Vegetable:** Sweet Golden Corn	11 **BKFST:** Mixed Berry Scone & Strawberry Yogurt Parfait **Test Kitchen:** BBQ Platter **Deli:** Make Your Pepperoni Pizza Bagel **Pizza:** Mexican Pizza **Vegetable:** Roasted Baby Carrots
14 **BKFST:** Mini Strawberry Cream Cheese Bagels & Blueberry Yogurt Parfait **Test Kitchen:** Asian Noodle Bowl **Deli:** Fruit & Cheese Plate **Pizza:** Veggie Pesto Pizza **Vegetable:** Steamed Broccoli	15 **BKFST:** Chicken Snack Wrap & Strawberry Yogurt Parfait **Test Kitchen:** Asian Noodle Bowl **Deli:** Turkey BaBoom Sub **Pizza:** Spicy Sausage Pizza **Vegetable:** Roasted Cauliflower	16 **BKFST:** Cheesy Breakfast Taco & Peach Yogurt Parfait **Test Kitchen:** Roast Turkey w/ Gravy & Dinner Roll **Deli:** Make Your Own Pepperoni Pizza Bagel **Pizza:** Meat Lover's Pizza **Vegetable:** Mashed Potatoes Holiday Meal!	17 **BKFST:** Turkey Pancake Wrap & Blueberry Yogurt Parfait **Half Day – No Lunch**	18 **BKFST:** Mini Maple Pancakes & Strawberry Yogurt Parfait **Half Day – No Lunch**
21 **No School** **Winter Break**	22 **No School** **Winter Break**	23 **No School** **Winter Break**	24 **No School** **Winter Break**	25 **No School** **Winter Break**
28 **No School** **Winter Break**	29 **No School** **Winter Break**	30 **No School** **Winter Break**	31 **No School** **Winter Break**	