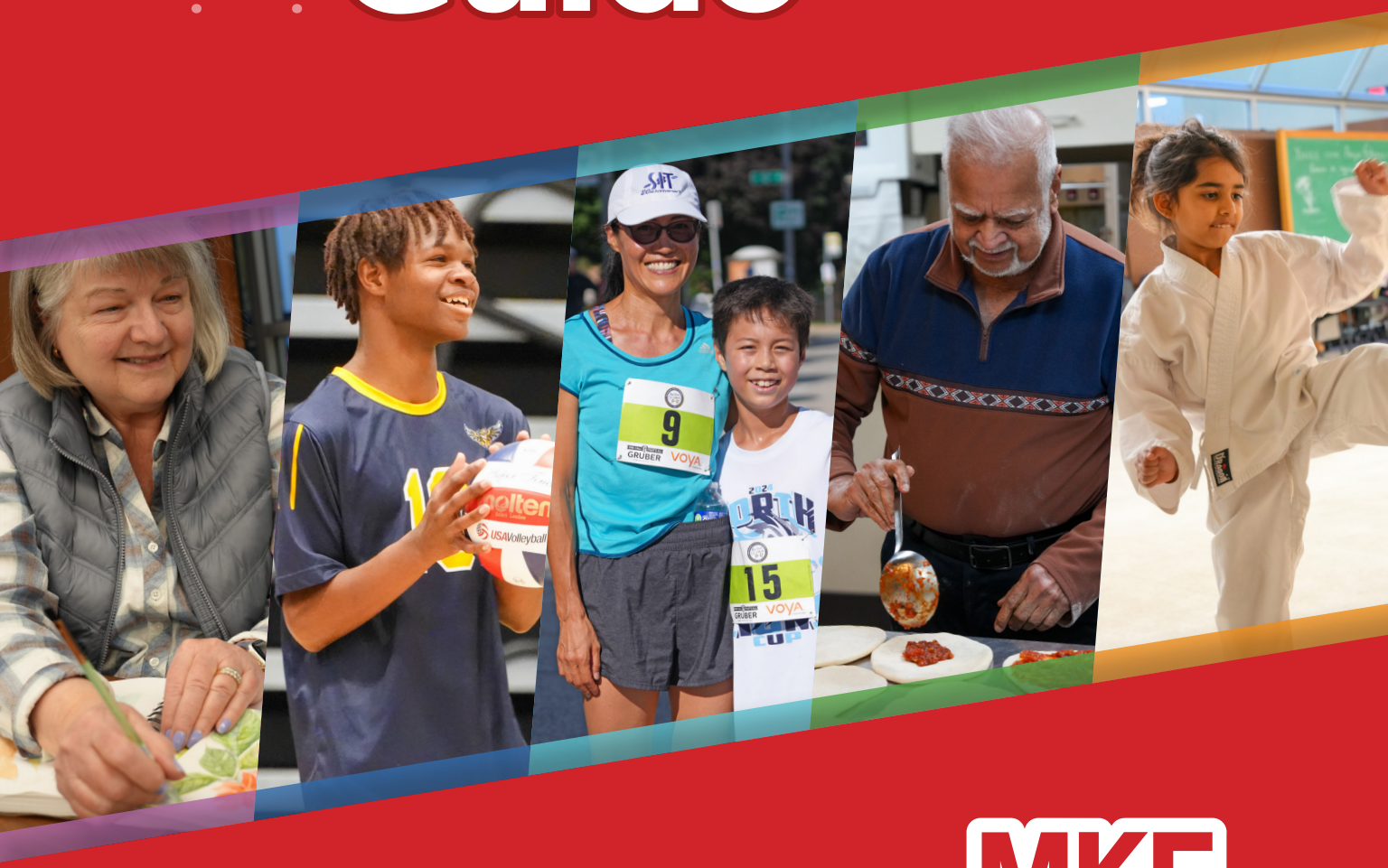
Registration begins **July 30,** 2026 | Para ayuda en español: **414.475.8180**

FALL

Recreation Guide



Activities for the entire community

YOUTH | TEENS | ADULTS | SENIORS

mkerec.net

MKE REC

A department of **MPS**

Fall fun starts with Milwaukee Recreation!



MILWAUKEE PUBLIC SCHOOLS

As autumn arrives in Milwaukee, it brings new opportunities to learn, stay active, connect with others, and enjoy everything our community has to offer. Inside this Fall 2026 Recreation Guide, you will find hundreds of affordable and engaging activities designed for youth, teens, adults, seniors, and families throughout the city.

Whether you are interested in trying something new or returning to a favorite pastime, our dedicated staff are proud to offer programs that help residents build skills, improve wellness, and create lasting connections. From arts and crafts, to fitness classes, sports leagues, swim lessons, music classes, outdoor education programs, and much more, there is truly something for everyone.

Additionally, this fall we are excited to welcome participants back to the 22nd annual MPS Run Back to School, featuring a 5K run and 1.5-mile walk. This community tradition is a great way to come together and kick off another exciting school year.

Families can also enjoy the return of Halloween Glen, Milwaukee Recreation's annual Halloween hike through Hawthorn Glen. This year's theme is Tricksters!

Later this fall, we look forward to Mother & Son Superhero Night, the Kick or Treat kickball tournament, and many other activities for the whole family.

Milwaukee Recreation is proud to help community members learn, play, grow, and connect. We invite you to explore this guide, discover new opportunities, and join us for a season filled with recreation, enrichment, and new experiences. We look forward to seeing you this fall!

Warmly,

Brenda Cassellius, EdD
Superintendent of Schools



Looking for a meaningful career? Attend our districtwide

CAREER FAIR

We offer competitive pay, great benefits, and career advancement opportunities.

WEDNESDAY, AUGUST 5, 2026 · 5 – 7PM

Apply and interview onsite at **MPS Central Services, 5225 W. Vliet St., Milwaukee.**

Start your professional journey with MPS! #*SucceedAtMPS*

Available positions vary by event date.

Learn which roles will be offered at this career fair by calling (414) 475-8224 or emailing ***mpscoordinators@milwaukee.k12.wi.us.***

Scan to take an interest survey

Milwaukee residency is not required.

***Apply:* mpsmke.com/careers**

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MILWAUKEE PUBLIC SCHOOLS

This recreation guide is a quarterly publication of Milwaukee Recreation, a department of MPS.

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Milwaukee Recreation

Milwaukee Board of School Directors

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Para ayuda en español: 475-8180

Important Dates — See page 2 for details.

July 30 Priority registration for city of Milwaukee residents begins at 10AM
August 6 Non-city of Milwaukee residents' registration begins at 10AM

A NOTE REGARDING FALL 2026 REGISTRATION:
Registration will be available online and in-person for the fall 2026 season. See page 2 for more details.

OUR MISSION:
To enrich and strengthen the community through memorable recreational and educational experiences for people of all ages and abilities.

OUR VISION:
To be the leading provider of high quality and affordable recreation and community services in Milwaukee.

WAYS TO REGISTER

Driver Education registration begins: Tuesday, July 28.
Priority registration (city of Milwaukee residents) begins: Thursday, July 30.
Non-city of Milwaukee resident registration begins: Thursday, August 6.
Registration opens at 10:00AM on the dates listed above.

PLEASE NOTE: Milwaukee Recreation's administrative offices have moved. While we remain at the MPS Central Services building (5225 W. Vliet St.), you can now find us in Room 1 & Room 56 for class registration, paperwork, hiring needs, permitting, and more.

1. ONLINE REGISTRATION

DEADLINE: ONE WEEK BEFORE YOUR CLASS BEGINS.

Visit **mkerec.net** for the easiest way to sign up. If you're having trouble logging into your account, please do not create a new account. Instead, please call 414.475.8180 for assistance.

Save your username and password here:

_____

2. IN-PERSON REGISTRATION

DEADLINE: ONE WEEK BEFORE YOUR CLASS BEGINS.

You can now register in-person, as late as one week before your class begins. To guarantee a space, please register early. You may register in person at one of these offices:

1. Milwaukee Recreation Central Office: 5225 W Vliet St., Room 56
   Hours: Mon - Fri, 8:15AM - 4:30PM
2. Citywide Programs Office: 2414 W Mitchell St.
   Hours: Mon- Fri, 8:15AM - 4:30PM

3. MAIL-IN REGISTRATION

REGISTRATION MUST BE RECEIVED BY FRIDAY, AUGUST 28, 2026.

1. Checks and credit card information will be accepted.
   NO CASH via mail-in registration.
2. Make check payable to: Milwaukee Recreation. Please **DO NOT** send cash via mail. Mail to: Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181.
3. Active Older Adults: Mail to 2414 W. Mitchell St., 53204

Nondiscrimination Notice: It is the policy of the Milwaukee Public Schools, as required by section 118.13, Wisconsin Statutes, that no person will be denied admission to any public school or be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability. This policy also prohibits discrimination under related federal statutes, including Title VI of the Civil Rights Act of 1964 (race, color, and national origin), Title IX of the Education Amendments of 1972 (sex), and Section 504 of the Rehabilitation Act of 1973 (disability), and the Americans with Disabilities Act of 1990 (disability). The following individuals have been designated to handle inquiries regarding the non-discrimination policies: For section 118.13, Wisconsin Statutes, federal Title IX: Matthew Boswell, Director, Department of Student Services, Room 133, Milwaukee Public Schools, 5225 W. Vliet St., P.O. Box 2181, Milwaukee, Wisconsin, 53201-2181 (414) 475-8027. For section 504 of the Rehabilitation Act of 1973 (Section 504), federal Title II: J. Andy Woyte, Interim Section 504/ADA Coordinator, Department of Specialized Services, 6620 W. Capitol Dr., Milwaukee, WI, 53216, (414) 438-3677. ASL: (414) 438-3458

Important Registration Information

FOR YOUR SAFETY. Milwaukee Recreation facilities may require individuals to be scanned upon entry. All bags, coats and personal items entering the facility are also subject to search.

ENROLLMENT. Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. We reserve the right to cancel classes because of low enrollment after a class has started and to close further enrollment when a class is filled. All participants must register and pay for classes prior to attending the first session.

DEADLINES. Registrations must be received before registration deadlines. No exceptions. Milwaukee Recreation is not responsible for delayed mail delivery, or unreadable or improperly transmitted faxes. No telephone registrations accepted.

CONFIRMATION. Activity confirmations will be mailed to the address listed on the registration form. If you register online, your confirmation will not be mailed; instead, you will be able to print your confirmation immediately.

REFUND POLICY. Information regarding our refund policy can be found online at **www.mkerec.net/refund.** Or, contact us at 414.475.8180 to receive a copy by mail.

INSURANCE. Milwaukee Recreation does not provide accident or hospital insurance for class participants. Participants should review their insurance policies for coverage.

FEES. Resident and non-resident fees are as listed under course offerings. Registration forms without the proper fee will be returned.

REDUCED ACTIVITY FEE (17 YEARS & UNDER). City of Milwaukee youth whose family is enrolled in FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and/or Foster Care may be eligible for reduced fees. Children's classes over $10 are eligible for a $5 discount. Children's classes $30 and over are eligible for a $10 discount. **Classes, field trips, special events, and admission fees that are not eligible for reduced fees are noted in the class description. MPS Students: The MPS student database is used to verify eligibility. Registrant must provide documentation with registration if eligibility cannot be confirmed. Non-MPS Students: Must provide eligibility documentation with registration. Our full policy including acceptable documentation can be found online at www.mkerec.net/reduced.

PAYMENT METHODS. Includes check, money order, credit/debit card (VISA/ MasterCard only), and cash (in-person registration only). Denied Credit/Debit Cards: Individuals whose credit/debit card has been denied will not be registered until an alternate form of payment is received. Returned Checks: Individuals whose checks are returned will no longer be registered for that class. Individuals must register again by paying with cash or money order and will be included in the class if space is still available. A $20 returned check charge will be added to your class fees. Out-of-state checks will not be accepted.

A.H.E.R.A. REGULATION: Official Notice to Inform All MPS Parents and Employees about Asbestos Containing Materials Inside School Buildings is Hereby Given: According to the United States E.P.A., the A.H.E.R.A. Regulation requires annual notification to all employees and parents/guardians regarding asbestos containing materials inside school buildings. Management Plans specifying locations, condition, and past response actions of these materials are located in the respective engineer's office for each site and are available for review during normal school hours as required by A.H.E.R.A. In the ongoing program to safely maintain asbestos-containing materials, MPS conducts surveillances, and 3-year reinspections, and implements appropriate response actions. If interested parties have specific questions relating to the Milwaukee Public School District policy or the scheduling of asbestos related activities planned or in progress, please contact the MPS Environmental Services Department at 414.283.4626.

MILWAUKEE RECREATION CLASS/ACTIVITY REGISTRATION FORM FALL 2026

MAIN CONTACT _____
LAST NAME FIRST NAME MIDDLE INITIAL DATE OF BIRTH Month/Day/Year

RECEIPT # (OFFICE USE ONLY)

ADDRESS _____ APT. #_____ CITY_____ ZIP CODE_____
(NO PO BOX #s, PLEASE)

PHONE (_____)_____ E-MAIL _____ CHECK BOX IF ADDRESS IS NEW ☐

PERMISSION: I hereby grant permission for my child/myself to participate in the above-named Milwaukee Recreation event. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff (including volunteers) to attend to my son/daughter or myself including seeking medical attention.

WAIVER: I/we recognize that unanticipated situations and problems can arise during Recreation activities that are not reasonably within the control of the recreation staff (including volunteers). I/we therefore agree to release and hold harmless the Milwaukee Board of School Directors, its agents, officer, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to myself or my child and the costs of medical services.

PHOTO PERMISSION/RELEASE:
I understand that there are times when the local news media, national news media and/or nonprofit organizations partnering with Milwaukee Public Schools (MPS) request the opportunity to videotape, take photographs and/ or interview participants within Milwaukee Recreation and MPS. By signing this, I understand that and give permission for MPS to allow this with respect to my child and/or myself. I also understand that by signing this release I give permission to MPS to make or use pictures, slides, digital images, or other reproductions of me, of my minor child or of materials owned by me or my child, and to put the finished pictures, slides, or images to use without compensation in broadcast productions, publications, on the Web, or other printed or electronic materials related to the role and function of the MPS. I understand that by signing this, I am, on behalf of myself and/or my child, releasing MPS and its directors, officers, employees and agents, from any future claims as well as from any liability arising from the use of any photograph or other images. This form shall be valid for the duration of the current Milwaukee Recreation program season.

I hereby certify that I have read and do understand the above information:

X _____
Signature required for all registrations

_____
Date

☐ ***CASH*** ☐ ***MONEY ORDER***
☐ ***CHECK (# _____)***
CHECKS PAYABLE TO MILWAUKEE RECREATION

☐ ***CREDIT CARD #_____ EXP. DATE___/____***
CARDHOLDER NAME_____ SECURITY CODE:_____
PHONE NUMBER (_____)_____ SIGNATURE: _____

DEMOGRAPHIC INFORMATION (MAIN CONTACT)

1. Which race or ethnicity best describes you?
Hispanic/Latino (1)____
American Indian or Alaska Native (2)____
Asian (3)____
Black or African American (4)____
Native Hawaiian or other Pacific Islander (5)____
White (6)____
Two or more races (7)____
Prefer not to answer (8)____

2. Which of the following most accurately describes you?
Male (M)____
Female (F)____
Transgender (T)____
Non-binary (N)____
Prefer not to answer (P)____

For each participant please record the corresponding letter and number in the "Demographic Information" column in the table below.

Activity Code	Section Code	Activity Name	Day	Time	Fee	First/Last Name	Demographic Information	DOB (Month/Day/ Year)

TOTAL FEES $

REDUCED ACTIVITY FEE — $

SCHOOL NAME: _____

Please check this box if you wish to donate $1 to the Youth Program Fund. ☐ *$1 DONATION?*

TOTAL PAYMENT DUE $

Please sign this form at left, enclose total payment, and mail to ***Milwaukee Recreation PO Box 2181 Milwaukee, WI, 53201*** before the advertised registration deadlines.

REDUCED ACTIVITY FEE (17 YEARS & UNDER)

Families meeting financial guidelines may qualify for an activity discount. Children's classes over $10 are eligible for a $5 discount. Children's classes $30 and over are eligible for a $10 discount. Most field trips, special events, and admission fees are not eligible and are so noted in the class description. School-age youth whose family qualifies for one or more of the following program subsidies are eligible for the youth discount (where applicable): FoodShare/SNAP (Supplemental Nutrition Assistance Program), Wisconsin Shares Childcare Subsidies, and Foster Care. The MPS student database will be used to verify participant eligibility. Non-MPS students must provide eligibility documentation with registration. Our full policy can be found online at www.mkerec.net/reduced.

☐ ***CHECK THIS BOX IF YOU ARE REQUESTING THE REDUCED ACTIVITY FEE FOR YOUR CHILD***

MILWAUKEE RECREATION INCLUSION SERVICES POLICY

Milwaukee Recreation is committed to creating and promoting inclusion within all facilities and programs. Through the Inclusion Services Policy and supporting practices, we aim to ensure that everyone has access to the benefits of quality parks and recreation.

Milwaukee Recreation defines inclusion as the process of including all persons, regardless of their socioeconomic level, abilities, language, ethnic origin, sexual orientation or gender identification.

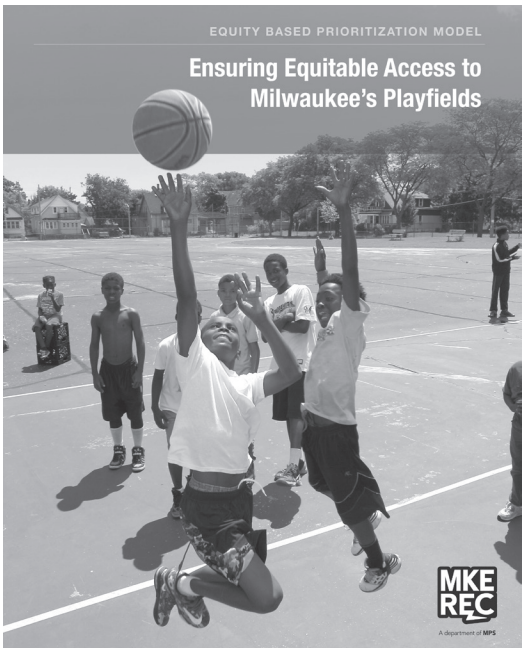
POLICY GOALS: The Inclusion Services Policy outlines Milwaukee Recreation's approach to ensuring inclusive environments and equitable opportunities for all community members in local parks and recreation.

THIS POLICY ENSURES THAT:

- Community members utilizing our facilities, programs and services have equitable and ability-appropriate access to programs and services regardless of ability, race, age, language, religion, country of origin, sexual orientation, or gender identity.
- Site staff, community partners and stakeholders engage in the support of all community members and promote inclusive behaviors both in park and recreation facilities and throughout the community in public spaces.
- Milwaukee Recreation establishes and maintains an organizational infrastructure for the management of the policy and its established goals and objectives.
- Milwaukee Recreation will continuously measure and improve inclusive practices.

We invite you to visit mkerec.net/inclusion to learn more about Milwaukee Recreation's efforts to support inclusive practices across all program areas including the Equity Based Prioritization Model for playfield improvements, professional development opportunities for staff, Everyone Plays! Scholarship Program, and the new process for requesting accommodations for recreation classes.

Need accommodations? Submit an ADA Accommodation Request electronically by visiting mkerec.net/inclusion and a member of the recreation team will contact you for further details.

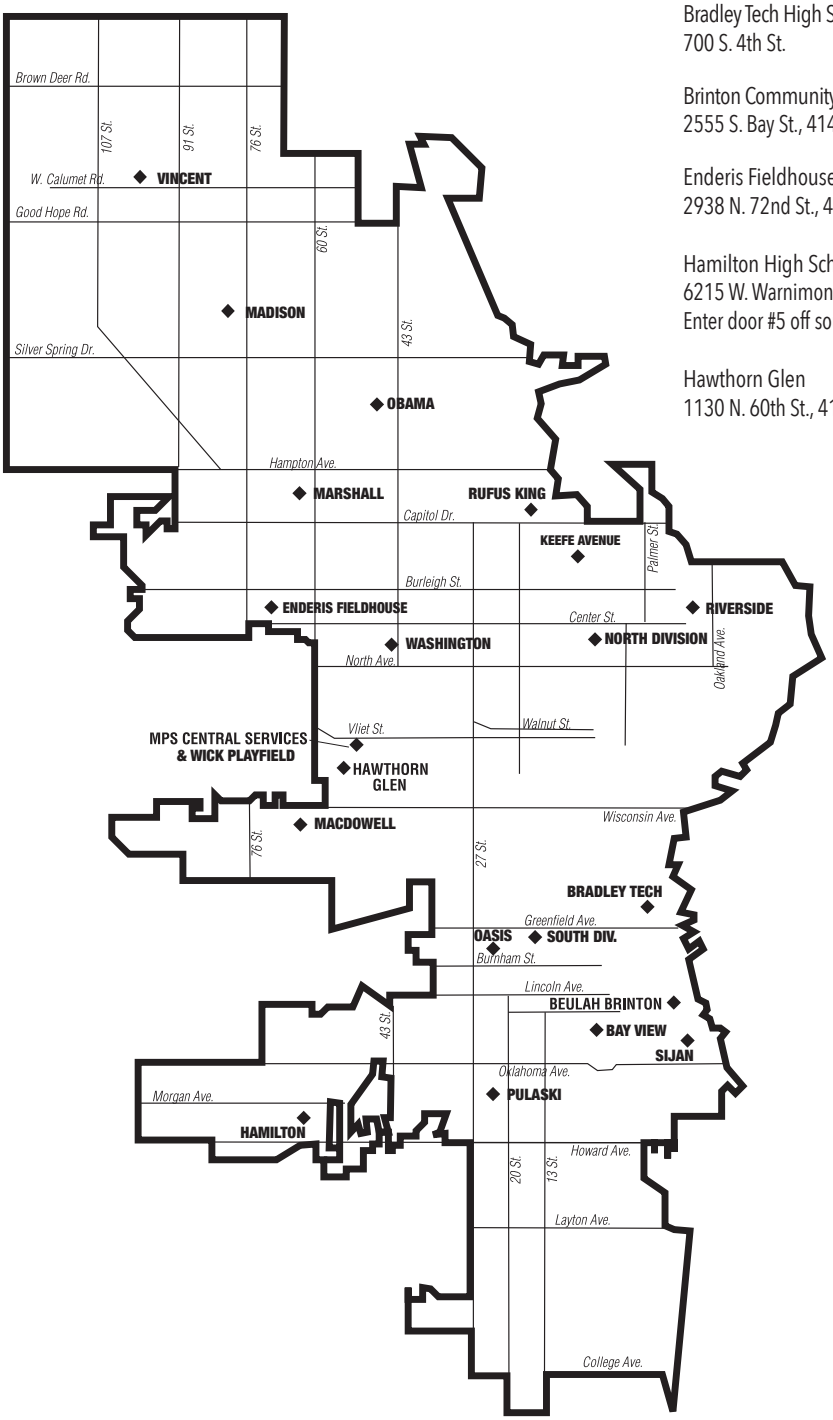


EVERYONE PLAYS!

If you live in the city of Milwaukee and receive any state or federal assistance like WI Shares or SNAP, your children are eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation Guide. This includes arts and crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming, and more!

Every activity is carefully supervised and designed to allow youth to learn and grow in a safe, respectful environment. Everyone is welcome to participate, and accommodations will be made for all individuals. More information at mkerec.net/plays.

Please use the phone numbers listed only during recreation program hours at that location.



Bay View High School
2751 S. Lenox St., 414-294-2449
Enter door #4 off Montana St.

Bradley Tech High School
700 S. 4th St.

Brinton Community Center
2555 S. Bay St., 414-481-2494

Enderis Fieldhouse
2938 N. 72nd St., 414-453-6026

Hamilton High School
6215 W. Warnimont Ave., 414-327-9402
Enter door #5 off south parking lot

Hawthorn Glen
1130 N. 60th St., 414-777-7888

Keefe Avenue, 414-267-4800
1618 W. Keefe Ave.

MacDowell Montessori
6415 W. Mt. Vernon Ave., 414-393-6100
Enter door #7 - N. 65th St.

Madison High School
8135 W. Florist Ave., 414-393-6154
Enter door #7 off south parking lot

Milwaukee Marshall High School
4141 N. 64th St., 414-393-2391
Enter door #10 from rear parking lot

MPS Central Services
5225 W. Vliet St., 414-475-8180
Enter southwest door off rear parking lot

North Division High School
1011 W. Center St., 414-267-5077
Enter west side of the building

OASIS
2414 W. Mitchell St., 414-647-6067

Obama High School
5075 N. Sherman Blvd., 414-647-6041

Pulaski High School
2500 W. Oklahoma Ave., 414-393-4900

Riverside University High School
1615 E. Locust St., 414-906-4900

Rufus King High School
1801 W. Olive St.

Sijan Playfield
2821 S. Kinnickinnic Ave.

South Division High School
1515 W. Lapham Blvd., 414-902-8300

Vincent High School
7501 N. Granville Rd.

Washington High School
2525 N. Sherman Blvd., 414-875-6025
Enter main gym door on Sherman Blvd, on the south end of the school.

Wick Playfield
4929 W. Vliet St.

BACK TO SCHOOL

Mark your calendars! School starts **Tuesday, September 1, 2026.**

mpsmke.com

Visit our website! It is your one-stop shop for enrollment information, important district and school updates, activities, school supplies lists, and more.

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MOTHER & SON SUPERHERO NIGHT

SATURDAY, NOVEMBER 7, 2026

HAMILTON, 6215 WEST WARNIMONT AVE. | 5:30 - 7:30PM | AGES 1-8

MOTHERS - HA01
$20/RESIDENTS, $30/NON-RESIDENTS

SONS - HA02
$5/RESIDENTS, $8/NON-RESIDENTS

It's a bird! It's a plane! It's Mother Son Superhero Night! Come dressed as your favorite hero and join us for an evening of games, crafts, and snacks. Moms and sons will participate in superhero training and have the opportunity to take pictures at our prop stations. **Fly, swing, or smash your way in for this event, it'll be one you won't want to miss.**

REGISTER ONLINE AT MKEREC.NET
ACTIVITY CODE: 2RCE3322

MKE REC
A department of MPS

To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

ARTS & CRAFTS

Korean Mask (Tal) Making

To make unique Halloween costumes, students can make Korean traditional masks Tal that were used for musical performance Talchum. They have a chance to learn about Korean Talchum and traditional culture. On the premade paper masks, students can paint and decorate. Come to try it out! A $10 supply fee is due to instuctor on first day of class.

Activity Code: 2RCE0914
(Section codes listed below)

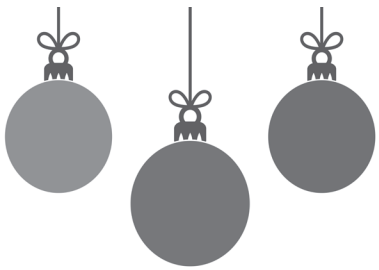
Hamilton (Ages 5-12)..... HA01
Tue, Oct 6-Oct 13, 5:30PM- 6:30PM
$6 Residents/$9 Non-Residents

Holiday Cards and Ornaments Making for Children

With various papers, learners can make Holiday cards and mobiles for decorating houses or Christmas trees. Learners can improve fine motor skills and concentration as well as prevent aging and losing memory skills through hands-on activities of paper folding directions. A $15 supply fee is due on first day of class to the instructor.

Activity Code: 2RCE0920
(Section codes listed below)

Hamilton (Ages 5-9)..... HA01
Tue, Oct 20-Nov 10, 5:30PM- 6:30PM
$13 Residents/$20 Non-Residents



Lego Open Build

Join us open build! This is a great opportunity for family and friends to come together to enjoy some quality Lego time! Bring your Legos and HAVE FUN! Local Lego legend Nealita Nelson will be on hand to assist if necessary or simply enjoy the time with you.

Activity Code: 2RCE0962
(Section codes listed below)

MacDowell (Ages 3-99)..... JU01
Mon, Sep 14-Nov 2, 5:30PM- 7:00PM
$36 Residents/$54 Non-Residents

Lego Adventures

Join us for a Lego adventure! Local Lego legend Nealita Nelson will be your guide to everything Lego: the history, the basics and of course building through themed creations. Most importantly, this may be the most fun class you've ever taken! There is an additional $35 materials fee due to instructor the first night of class.

Activity Code: 2RCE0963
(Section codes listed below)

MacDowell (Ages 7-12)..... JU01
Thu, Sep 17-Nov 5, 5:30PM- 7:00PM
$27 Residents/$41 Non-Residents



BAKING

Signature Red Velvet Cookies

Your Little Bakers will have a blast as they prepare the BEST red velvet cookies ever. Our recipe produces a very soft and chewy cookie loaded with white chocolate chips! Students will be introduced to baking vocabulary, techniques, cooking tools, and kitchen safety. Class is taught by Geneva Byrd from Little Bakers Association. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 2RCE2507
(Section codes listed below)

Hamilton (Ages 4-12)..... HA01
Sat, Oct 24, 1:00PM- 2:00PM
$24 Residents/$36 Non-Residents

Milwaukee Marshall (Ages 4-12)... MR01
Sat, Dec 12, 1:00PM- 2:00PM
$24 Residents/$36 Non-Residents

Apple Crisp

Join Little Bakers in creating a delectable apple crisp masterpiece! Learn baking vocabulary, techniques, and kitchen safety while indulging in the delightful process. Class fee, covering food cost, is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE2509
(Section codes listed below)

Hamilton (Ages 4-12)..... HA01
Sat, Nov 14, 1:00PM- 2:00PM
$24 Residents/$36 Non-Residents



Classic Chocolate Chip Cookies

Embark on a delicious journey with Little Bakers! Create the most amazing chocolate chip cookies while learning baking vocabulary, techniques, and kitchen safety. Class fee, covering food cost, is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE2517
(Section codes listed below)

Milwaukee Marshall (Ages 4-12)... MR01
Sat, Oct 3, 1:00PM- 2:00PM
$24 Residents/$36 Non-Residents

BATON

Baton

Twirl your way to fun! Learn basic baton skills, figure 8s, spins, pinwheels, tosses, and coordinate twirling with marching, jumps, leaps, and dance steps. Get ready to perform. Purchase a required baton from the instructor. Class taught by Marcy Blaufuss!

Activity Code: 2RCE7901
(Section codes listed below)

Beulah Brinton (Ages 5-17)..... BN01
Sat, Sep 26-Nov 14, 10:30AM-11:30AM
$19 Residents/$29 Non-Residents

Beulah Brinton (Ages 5-17)..... BN04
Sat, Dec 5-Jan 16, 10:30AM-11:30AM
$13 Residents/$20 Non-Residents

COOKING

Cooking with Kids - Holiday Desserts

Kids can learn how to make a variety of Holiday Desserts and treats. Parent/Guardian must register, pay and attend with child. Fee is per person. Fee includes food cost, is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE1607
(Section codes listed below)

Riverside (Ages 4 & up)..... RS01
Sat, Dec 5, 10:00AM-12:00PM
$6 Residents/$9 Non-Residents

CYCLING AND BIKE MAINTENANCE

Mountain Biking 201

Mountain Biking 201 will be a continuous progression from Mountain Biking 101, covering more advanced skills for navigating courses and trails as well as some basic bicycle maintenance. This course is designed for those interested in riding and racing in the Wisconsin High School Cycling League, part of the National Interscholastic Cycling Association (NICA). Participation in Mountain Biking 101 is recommended as a prerequisite. Participants are encouraged to bring their own bikes; however, bikes are available upon request in a limited capacity. Class fee is non-refundable.

Activity Code: 2RCE2804
(Section codes listed below)

Burbank Playfield (Ages 11-18) JU01
Tue/Thu, Aug 13-Oct 22, 4:30PM- 6:00PM
$25 Residents/$25 Non-Residents

DANCE

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome.

Activity Code: 2RCE2901
(Section codes listed below)

Riverside (Ages 6-17)..... RS01
Sat, Sep 12-Oct 31, 12:00PM- 1:00PM
$21 Residents/$32 Non-Residents

Riverside (Ages 6-17)..... RS02
Sat, Nov 14-Dec 19, 12:00PM- 1:00PM
$13 Residents/$20 Non-Residents

Hip Hop

Break out of the boring routine and into freestyle dance! Learn hip hop grooves you've always wanted to, but never thought you could.

Activity Code: 2RCE2908
(Section codes listed below)

MacDowell (Ages 7-14)..... JU01
Mon, Oct 12-Nov 30, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

FITNESS

Yoga for Kids

Kids, unwind and have fun after school! Join this class combining yoga poses, breathing techniques, and games to build physical and emotional skills. No experience necessary. Focus on confidence, appreciation, and connection. Class is for kids only.

Activity Code: 2RCE3512
(Section codes listed below)

Beulah Brinton (Ages 7-11)..... BN01
Mon, Sep 21-Nov 9, 4:45PM- 5:45PM
$19 Residents/$29 Non-Residents

Beulah Brinton (Ages 7-11)..... BN02
Mon, Nov 30-Jan 11, 4:45PM- 5:45PM
$19 Residents/$29 Non-Residents

LANGUAGE SKILLS

Korean Culture Class

Are you interested in Korean movies, K-Pop, and dramas? Do you want to learn more about Korean history and culture? This course will cover everything from basic Korean alphabets, music, Hangeul, Hanbok clothing, art, food, and architecture.

Activity Code: 2RCE4405
(Section codes listed below)

Hamilton (Ages 8-15)..... HA01
Sat, Oct 3-Nov 7, 10:00AM-11:30AM
$27 Residents/$41 Non-Residents

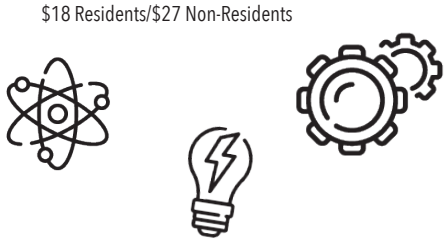
MAD SCIENCE

Mad Science: Slime Time

Dive into a gooey hour of sliming fun! Create slime with the Mad Science recipe, enter the Slime Olympics, and take home your Mad Science Slime creation. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7615
(Section codes listed below)

Hamilton (Ages 5-12)..... HA02
Sat, Oct 17, 9:30AM-10:30AM
$18 Residents/$27 Non-Residents



Mad Science: Super Structures and Fun-damental Forces

Act like junior architects and engineers! Test out shapes for strength. See which shapes are super strong! Construct a structure from scratch with the Bridge Basics kit and learn about forces. We'll feel the pull of precession with the bike wheel gyroscope and strike the perfect balance with the Gravity Game in this Saturday morning of fun! Class is not eligible for reduced fees and is non-refundable.

Activity Code: 2RCE7642
(Section codes listed below)

Riverside (Ages 5-12)..... RS01
Sat, Nov 14, 9:30AM-11:30AM
$27 Residents/$32 Non-Residents

Mad Science: Carnivals

With Lego bricks and big ideas, kids explore real engineering fields, spin into mechanical engineering! Kids build and improve wild amusement park rides using gears and forces. This program is taught by an instructor from Mad Science of Milwaukee. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7647
(Section codes listed below)

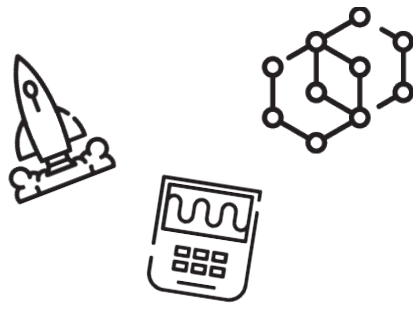
Riverside (Ages 5-12)..... RS01
Sat, Dec 12, 9:30AM-10:30AM
$18 Residents/$27 Non-Residents

Mad Science: Science of Toys

From spinning tops to balancing birds, kids discover the physics behind play. This program is taught by an instructor from Mad Science of Milwaukee. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RCE7648
(Section codes listed below)

Hamilton (Ages 5-12)..... HA01
Sat, Sep 26, 9:30AM-10:30AM
$18 Residents/$27 Non-Residents



MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Adult and Youth Classes are combined. Class is taught by Mr. D.

Activity Code: 2RCE4602
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
Fri, Sep 25-Nov 13, 7:15PM- 8:15PM
$19 Residents/$29 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02
Fri, Dec 4-Jan 15, 7:15PM- 8:15PM
$13 Residents/$20 Non-Residents



Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Adult and Youth Classes are combined.

Activity Code: 2RCE4603
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
Fri, Sep 25-Nov 13, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02
Fri, Dec 4-Jan 15, 6:00PM- 7:00PM
$13 Residents/$20 Non-Residents



Guitar

Explore guitar fundamentals in this class covering basic chords, note reading, strumming techniques, and maintenance. Beginners focus on music and chord theory, while the advanced course builds repertoire and techniques for those with prior experience. Taught by Mr. D. Combined youth and adult classes. Bring your own guitar.

Activity Code: 2RCE4604
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
Sat, Sep 26-Nov 14, 2:00PM- 3:30PM
$27 Residents/$41 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02
Sat, Dec 5-Jan 16, 2:00PM- 3:30PM
$18 Residents/$27 Non-Residents

Hamilton (Ages 12-17)..... HA01
Thu, Sep 17-Nov 5, 6:00PM- 7:30PM
$27 Residents/$41 Non-Residents

Riverside (Ages 12-17)..... RS01
(Beg. - Semi-Private)
Mon, Sep 14-Oct 26, 6:00PM- 7:30PM
$54 Residents/$81 Non-Residents

Riverside (Ages 12-17)..... RS02
(Adv. - Semi-Private)
Mon, Sep 14-Oct 26, 7:45PM- 8:45PM
$41 Residents/$62 Non-Residents

Piano

Beginner - Intro to keyboard, note reading, rhythm, and techniques. Intermediate - Elevate skills with keys, scales, chords, and melodies. Prior experience is required. Taught by Mr. D. No need to bring your own keyboard; youth and adult classes are combined.

Activity Code: 2RCE4606
(Section codes listed below)

Beulah Brinton (Ages 12-17)..... BN01
(Beg.)
Sat, Sep 26-Nov 14, 10:30AM-12:00PM
$27 Residents/$41 Non-Residents

Beulah Brinton (Ages 12-17)..... BN02
(Int.)
Sat, Sep 26-Nov 14, 12:15PM- 1:45PM
$27 Residents/$41 Non-Residents

Beulah Brinton (Ages 12-17)..... BN03
(Beg.)
Sat, Dec 5-Jan 16, 10:30AM-12:00PM
$18 Residents/$27 Non-Residents

Beulah Brinton (Ages 12-17)..... BN04
(Int.)
Sat, Dec 5-Jan 16, 12:15PM- 1:45PM
$18 Residents/$27 Non-Residents

Hamilton (Ages 12-17)..... HA01
(Beg./Int.)
Wed, Sep 16-Nov 4, 6:00PM- 7:30PM
$27 Residents/$41 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Adult and Youth Classes are combined.

Activity Code: 2RCE4609
(Section codes listed below)

Hamilton (Ages 12-17)..... HA01
Thu, Sep 17-Nov 5, 7:45PM- 8:45PM
$19 Residents/$29 Non-Residents

MUSIC IN MPS

Milwaukee Recreation and the MPS Music Department are partnering together to offer the following youth music programs. Please see sizing information for guitar at registration if rental instrument is needed. If no size is indicated, we will not have an instrument at the first lesson. Register for classes using the following guidelines: Beginner – No experience, Intermediate – 1-2 years of experience, and Advanced: 3+ years of experience. All teachers reserve the right to place students at the appropriate level. Please do not register for based on time classes are offered as students without appropriate levels of experience will be moved from intermediate and advanced levels.

Beginning Guitar

This course provides students the opportunity to learn and develop their skills on guitar in a small group setting. Emphasis will be basic note reading and chord playing skills. An appropriately sized nylon-stringed acoustic guitar is required. Please indicate on your registration form if you need an instrument and which size. Rental available at rate of $10 for MPS students and $50 for non-MPS students ($40 deposit will be refunded when the instrument is returned). This is a beginners level class, no experience required to register. Books are required and will be available at the first session for $10. Cash only.

Activity Code: 2RCE3201
(Section codes listed below)

Hamilton (Ages 7-17)..... HA01
Sat, Sep 19-Dec 5, 10:00AM-10:30AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)..... HA02
Sat, Sep 19-Dec 5, 10:45AM-11:15AM
$24 Residents/$36 Non-Residents



Drumline

This course provides an introduction to the world of drumline. Learn to play snare drum, tenors/quads, bass drum and cymbals with a drum line pro. No experience required, but students must be in grades 6-12 and be capable of carrying up to 25lbs while moving around for drum line drill.

Activity Code: 2RCE3206
(Section codes listed below)

Hamilton (Ages 7-17)..... HA02
Sat, Sep 19-Dec 5, 11:30AM-12:00PM
$24 Residents/$36 Non-Residents

Piano/Keyboard

This course provides students the opportunity to learn and develop their skills on piano in a small group setting. Students will develop piano technique while learning to read music notation. Lessons will take place in the keyboard lab in the school. Please register for thePiano classes using the following guidelines: Beginner 1 - No experience required. Beginner 2 - must have completed Beginner 1. Intermediate - must have completed Beginner 2. Advanced - must have completed Intermediate Piano. Books are required for each level and will be available at the first session for $10. Cash only.

Activity Code: 2RCE3207
(Section codes listed below)

Hamilton (Ages 7-17)..... HA01
(Beginning Piano 1)
Sat, Sep 19-Dec 5, 9:00AM- 9:30AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)..... HA02
(Intermediate Piano)
Sat, Sep 19-Dec 5, 9:45AM-10:30AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)..... HA03
(Advanced Piano)
Sat, Sep 19-Dec 5, 10:30AM-11:15AM
$24 Residents/$36 Non-Residents

Hamilton (Ages 7-17)..... HA05
(Beginning Piano 2)
Sat, Sep 19-Dec 5, 11:30AM-12:00PM
$24 Residents/$36 Non-Residents

Beginning Percussion

This course provides students the opportunity to learn and develop their skills in drums and percussion in a small group setting. Please indicate on your registration form if you need a percussion kit. Rental available at rate of $10 for MPS students and $50 for non-MPS students ($40 deposit will be refunded when the instrument is returned). Books are required and will be available at the first session for $10. (Cash Only)

Activity Code: 2RCE3230
(Section codes listed below)

Hamilton (Ages 7-17)..... HA01
(Beginning 1 - No experience required)
Sat, Sep 19-Dec 5, 10:30AM-11:00AM
$24 Residents/$36 Non-Residents

MacDowell (Ages 7-17)..... JU01
(Beginning 1 - No experience required)
Thu, Sep 24-Dec 10, 5:30PM- 6:00PM
$24 Residents/$36 Non-Residents

MacDowell (Ages 7-17)..... JU02
(Beginning 2 - Completed Beginning 1)
Thu, Sep 24-Dec 10, 5:30PM- 6:00PM
$24 Residents/$36 Non-Residents

Beginning Drum Set

Learn how to sit behind a drumkit and play to all your favorite tracks ranging from hip hop, rock, jazz, and even funk. Mr. C, a drummer for the Green Bay Packers and Milwaukee Bucks, will teach you how to read drumkit notation and learn very popular drum grooves known worldwide to kickstart your drumkit journey.

Activity Code: 2RCE3233
(Section codes listed below)

MacDowell (Ages 7-17)..... JU01
(No experience required)
Thu, Sep 24-Dec 10, 7:00PM- 7:30PM
$24 Residents/$36 Non-Residents



Indoor Percussion

Join Milwaukee's first indoor percussion! Learn what it takes to perform in a Corps and Winter Guard style production. Open to students with at least one year of experience on battery, auxiliary, mallet percussion, drum set, timpani, or electric keyboard.

Activity Code: 2RCE3234
(Section codes listed below)

MacDowell (Ages 10-17)..... JU01
Sat, Sep 19-Dec 5, 1:00PM- 3:00PM
$36 Residents/$54 Non-Residents

NATURE IN YOUR NEIGHBORHOOD

Pumpkins

Pumpkins are much more than the harbingers of Halloween. Discover what pumpkins are really all about! We'll explore a pumpkin together and create an autumn craft. Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P124725
(Section codes listed below)

Hamilton (Ages 3 & up)..... HA01
Tue, Oct 27, 1:00PM- 2:00PM
$4 Residents/$6 Non-Residents

Riverside (Ages 3 & up)..... RS01
Wed, Oct 21, 6:00PM- 7:15PM
$4 Residents/$6 Non-Residents



PLAY GROUPS

Tot Time With Aimee

Story time, circle time, dance and movement, games, art, and more! Let's see what Ms. Aimee has in store!

Activity Code: 2RCE5509
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01
Mon, Sep 21-Nov 9, 9:00AM- 9:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Tue, Sep 22-Nov 10, 11:00AM-11:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1-4)..... BN03
Wed, Sep 23-Nov 11, 10:00AM-10:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN04
Thu, Sep 24-Nov 12, 11:00AM-11:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN05
Fri, Sep 25-Nov 13, 10:00AM-10:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN06
(not eligible for reduced fees or refund)
Mon, Nov 30-Dec 14, 9:00AM- 9:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN07
(not eligible for reduced fees or refund)
Tue, Dec 1-Dec 15, 11:00AM-11:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1-4)..... BN08
(not eligible for reduced fees or refund)
Wed, Dec 2-Dec 16, 10:00AM-10:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN09
(not eligible for reduced fees or refund)
Thu, Dec 3-Dec 17, 11:00AM-11:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN10
(not eligible for reduced fees or refund)
Fri, Dec 4-Dec 18, 10:00AM-10:45AM
$8 Residents/$12 Non-Residents



Thomas and Friends

Choo Choo all aboard! Ms. Aimee will start with a story that will lead to cooperative train play, which includes building tracks, decorating props, and more!

Activity Code: 2RCE5510
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01
Mon, Sep 21-Nov 9, 11:00AM-11:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Fri, Sep 25-Nov 13, 9:00AM- 9:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN03
(not eligible for reduced fees or refund)
Mon, Nov 30-Dec 14, 11:00AM-11:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN04
(not eligible for reduced fees or refund)
Fri, Dec 4-Dec 18, 9:00AM- 9:45AM
$8 Residents/$12 Non-Residents

Fidgity Foodies

We will explore and taste test different ingredients while preparing simple treats. Class fee includes food cost, is non-refundable, and not eligible for reduced fees.

Activity Code: 2RCE5511
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01
Mon, Sep 21-Nov 9, 10:00AM-10:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Fri, Sep 25-Nov 13, 11:00AM-11:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1-4)..... BN03
(not eligible for reduced fees or refund)
Mon, Nov 30-Dec 14, 10:00AM-10:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN04
(not eligible for reduced fees or refund)
Fri, Dec 4-Dec 18, 11:00AM-11:45AM
$8 Residents/$12 Non-Residents

Sporty Sprouts

Children will explore a new sport each week. Sports include soccer, basketball, kickball, bowling, and more!

Activity Code: 2RCE5512
(Section codes listed below)

Beulah Brinton (Ages 1-4)..... BN01
Tue, Sep 22-Nov 10, 10:00AM-10:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Wed, Sep 23-Nov 11, 11:00AM-11:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN03
Thu, Sep 24-Nov 12, 10:00AM-10:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1-4)..... BN04
(not eligible for reduced fees or refund)
Tue, Dec 1-Dec 15, 10:00AM-10:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN05
(not eligible for reduced fees or refund)
Wed, Dec 2-Dec 16, 11:00AM-11:45AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN06
(not eligible for reduced fees or refund)
Thu, Dec 3-Dec 17, 10:00AM-10:45AM
$8 Residents/$12 Non-Residents

SANTA!!! I KNOW HIM!

NEW

Join Ms. Aimee for hot cocoa and ornament making fun! One adult must attend with child. Not eligible for reduced fees or refund.

Activity Code: 2RCE5515
(Section codes listed below)

Beulah Brinton (Ages 2-4)..... BN01
Wed, Dec 16, 12:00PM-12:45PM
$4 Residents/$6 Non-Residents

Beulah Brinton (Ages 2-4)..... BN02
Wed, Dec 16, 1:00PM- 1:45PM
$4 Residents/$6 Non-Residents

Pumpkin Painting Play Date

NEW

Join Ms. Aimee for pumpkin painting fun while sipping warm apple cider and making new friends. No mess and no fuss. All supplies are provided. Not eligible for reduced fees or refund.

Activity Code: 2RCE5516
(Section codes listed below)

Beulah Brinton (Ages 2-4)..... BN01
Wed, Oct 28, 12:00PM-12:45PM
$4 Residents/$6 Non-Residents

Beulah Brinton (Ages 2-4)..... BN02
Wed, Oct 28, 1:00PM- 1:45PM
$4 Residents/$6 Non-Residents



Regulation Station

Join the energy buster train! First stop: Regulation Station! Engage in fun and healthy activities to release stored-up energy after a long day. Sports, obstacle courses, and physical challenges aid sensory regulation. Wear sneakers, and comfortable clothing, and bring water for an active transition.

Activity Code: 2RCE5518
(Section codes listed below)

Beulah Brinton (Ages 1.5-4)..... BN01
Tue, Sep 22-Nov 10, 12:00PM-12:45PM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN02
Thu, Sep 24-Nov 12, 4:00PM- 4:45PM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN03
(not eligible for reduced fees or refund)
Tue, Dec 1-Dec 15, 12:00PM-12:45PM
$6 Residents/$9 Non-Residents

Beulah Brinton (Ages 1.5-4)..... BN04
(not eligible for reduced fees or refund)
Thu, Dec 3-Dec 17, 4:00PM- 4:45PM
$6 Residents/$9 Non-Residents

Heavy Work Like Hulk

Kids will get a huge dose of heavy input like carrying weights, pushing and pulling heavy things, etc. There will be challenges to complete each week while getting the input they need. A parent/guardian must stay.

Activity Code: 2RCE5519
(Section codes listed below)

Beulah Brinton (Ages 4-7)..... BN01
Tue, Sep 22-Nov 10, 5:00PM- 5:45PM
$15 Residents/$23 Non-Residents

Mini Mixed Media Marvels

Children will have tons of fun creating collages using a wide variety of art supplies. Dress for mess!

Activity Code: 2RCE5530
(Section codes listed below)

Beulah Brinton (Ages 2-4)..... BN01
Mon, Sep 21-Nov 9, 12:00PM-12:45PM
$14 Residents/$21 Non-Residents

Beulah Brinton (Ages 2-4)..... BN02
Thu, Sep 24-Nov 12, 12:00PM-12:45PM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 2-4)..... BN03
(Not eligible for reduced fees or refund)
Mon, Nov 30-Dec 14, 12:00PM-12:45PM
$6 Residents/$9 Non-Residents

Beulah Brinton (Ages 2-4)..... BN04
(Not eligible for reduced fees or refund)
Thu, Dec 3-Dec 17, 12:00PM-12:45PM
$6 Residents/$9 Non-Residents

RED CROSS BABYSITTING CERTIFICATION

Babysitting Workshop

Receive American Red Cross certification for babysitting. Learn basic First Aid, reacting to stressful situations, creative play techniques, proper nutrition and more. Not eligible for reduced fees. Refund request must be received one week prior to the start of class.

Activity Code: 2RCE5601
(Section codes listed below)

Hamilton (Ages 11-17)..... HA01
Sat, Dec 12, 9:00AM- 2:00PM
$80 Residents/$100 Non-Residents

MacDowell (Ages 11-17)..... JU01
Sat, Oct 10, 9:00AM- 2:00PM
$80 Residents/$100 Non-Residents

Milwaukee Marshall (Ages 11-17). MR01
Sat, Nov 14, 9:00AM- 2:00PM
$80 Residents/$100 Non-Residents

Riverside (Ages 11-17)..... RS01
Sat, Sep 12, 9:00AM- 2:00PM
$80 Residents/$100 Non-Residents

SCIENCE

Let's Build It!

Engineering-marshmallow catapult, popsicle airplane, & Let's make a bridge & test out how strong it is with traffic on it-toy cars. Not eligible for reduced fees.

Activity Code: 2RCE0948
(Section codes listed below)

Milwaukee Marshall (Ages 7-11)... MR01
Sat, Oct 17, 12:30PM- 2:00PM
$5 Residents/$8 Non-Residents

Space Class

Join us making marshmallow constellations, creating craters, Oreo moons, & solar system-play-dough planets. Not eligible for reduced fees.

Activity Code: 2RCE0949
(Section codes listed below)

Milwaukee Marshall (Ages 7-11)... MR01
Sat, Nov 21, 12:30PM- 2:00PM
$5 Residents/$8 Non-Residents



LEGO Robotics: Mission to Mars

Join Club SciKidz for an intro to robotics! Build and code your own Mars Rover using LEGO Robotics and Scratch! We'll design a rover built for exploration while learning about Mars and real NASA missions. Perfect for beginners and experienced builders alike.

Activity Code: 2RCE5815
(Section codes listed below)

Riverside (Ages 6-12)..... RS01
Sat, Oct 24, 12:30PM- 2:00PM
$27 Residents/$40 Non-Residents

LEGO Robotics: Race Car Engineers

Join Club SciKidz for an intro to robotics! Start your engines! Build and program a LEGO Robotics race car using Scratch. We'll experiment with motors, gear trains, and design strategies to maximize speed in exciting racing challenges. Open to both new and experienced builders.

Activity Code: 2RCE5816
(Section codes listed below)

Hamilton (Ages 6-12)..... HA01
Sat, Nov 14, 12:30PM- 2:00PM
$27 Residents/$40 Non-Residents

LEGO Robotics: Robot Dance Challenge

Join Club SciKidz for a robotics adventure! Can you teach a robot to dance? We build and program a LEGO robotic dancer that moves, spins, flashes lights, and performs synchronized routines while learning the fundamentals of engineering, robotics, and coding. Open to both new and experienced builders.

Activity Code: 2RCE5817
(Section codes listed below)

Riverside (Ages 6-12)..... RS01
Sat, Nov 7, 12:30PM- 2:00PM
$27 Residents/$40 Non-Residents

VEX Robotics Lab: Art Machines

Art meets robotics! Join Club SciKidz to design and code a motorized VEX spirograph machine that creates intricate patterns and designs. Along the way we'll explore motors, gears, and engineering design while combining creativity with robotics. Open to both new and experienced builders

Activity Code: 2RCE5818
(Section codes listed below)

Riverside (Ages 6-12)..... RS01
Sat, Oct 24, 2:30PM- 4:00PM
$27 Residents/$40 Non-Residents

VEX Robotics Lab: Mars Landing Challenge

Join Club SciKidz for a robotic adventure! Can you help a rover safely land on Mars? We build and program a VEX robot to detect hazards, avoid obstacles, and complete mission challenges while exploring the robotics and engineering behind real Mars exploration. Open to both new and experienced builders.

Activity Code: 2RCE5819
(Section codes listed below)

Hamilton (Ages 6-12)..... HA01
Sat, Nov 14, 2:30PM- 4:00PM
$27 Residents/$40 Non-Residents

BASKETBALL

Mighty Mite Basketball

Not your typical intro to basketball! Your child will enjoy learning skills like dribbling, passing, lateral foot movement, and shooting on a 4-foot hoop. A fun introduction to the great game of basketball in a lively environment.

Activity Code: 2RCE1101
(Section codes listed below)

MacDowell (Ages 3-4)..... JU01
(Not eligible for reduced fees)
Sat, Sep 26-Nov 14, 9:00AM- 9:30AM
$10 Residents/$15 Non-Residents

MacDowell (Ages 3-4)..... JU02
(Not eligible for reduced fees)
Sat, Nov 21-Dec 19, 9:00AM- 9:30AM
$11 Residents/$17 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR01
(Not eligible for reduced fees)
Sat, Sep 19-Oct 24, 10:15AM-10:45AM
$8 Residents/$12 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR02
(Not eligible for reduced fees)
Sat, Nov 7-Dec 19, 10:15AM-10:45AM
$8 Residents/$12 Non-Residents

Riverside (Ages 3-4)..... RS01
Sat, Sep 12-Oct 31, 12:15PM-12:45PM
$12 Residents/$18 Non-Residents

B.I.G. Basketball

In this program, participants will learn the fundamentals of basketball, including dribbling, passing, shooting, rebounding, rules, and how the game is played. Combine all of these components with team play for a fun and exciting experience.

Activity Code: 2RCE1102
(Section codes listed below)

Hamilton (Ages 7-9)..... HA01
Sat, Sep 19-Nov 7, 9:30AM-10:30AM
$15 Residents/$23 Non-Residents

Hamilton (Ages 7-9)..... HA02
Sat, Nov 14-Dec 19, 9:30AM-10:30AM
$13 Residents/$20 Non-Residents

MacDowell (Ages 7-9)..... JU01
Sat, Sep 26-Nov 14, 10:30AM-11:30AM
$19 Residents/$29 Non-Residents

MacDowell (Ages 7-9)..... JU02
Sat, Nov 21-Dec 19, 10:30AM-11:30AM
$10 Residents/$15 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR01
Sat, Sep 19-Oct 24, 11:00AM-11:45AM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR02
Sat, Nov 7-Dec 19, 11:00AM-11:45AM
$12 Residents/$18 Non-Residents

Riverside (Ages 7-11)..... RS01
Sat, Sep 12-Oct 31, 2:00PM- 2:55PM
$19 Residents/$29 Non-Residents



Bitty Basketball

Experience big fun in Bitty Basketball! Learn basketball rules and fundamentals like shooting, dribbling, and passing. Hands-on practice with mini basketballs and lower hoops (6 & 8 feet).

Activity Code: 2RCE1103
(Section codes listed below)

Beulah Brinton (Ages 5-6)..... BN01
Tue, Sep 22-Nov 10, 4:00PM- 4:45PM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 5-6)..... BN02
Fri, Sep 25-Nov 13, 4:00PM- 4:45PM
$15 Residents/$23 Non-Residents

Hamilton (Ages 5-6)..... HA01
Sat, Sep 19-Nov 7, 8:30AM- 9:15AM
$15 Residents/$23 Non-Residents

Hamilton (Ages 5-6)..... HA02
Sat, Nov 14-Dec 19, 8:30AM- 9:15AM
$13 Residents/$20 Non-Residents

MacDowell (Ages 5-6)..... JU01
Sat, Sep 26-Nov 14, 9:30AM-10:15AM
$15 Residents/$23 Non-Residents

MacDowell (Ages 5-6)..... JU02
Sat, Nov 21-Dec 19, 9:30AM-10:15AM
$10 Residents/$15 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR01
Sat, Sep 19-Oct 24, 12:00PM-12:45PM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR02
Sat, Nov 7-Dec 19, 12:00PM-12:45PM
$15 Residents/$23 Non-Residents

Riverside (Ages 5-6)..... RS01
Sat, Sep 12-Oct 31, 1:00PM- 1:45PM
$16 Residents/$24 Non-Residents

All-American Basketball

This advanced class is designed for children who have a solid foundation in basketball and wish to improve to the next level.

Activity Code: 2RCE1106
(Section codes listed below)

Hamilton (Ages 10-12)..... HA01
Sat, Sep 19-Nov 7, 10:45AM-11:45AM
$15 Residents/$23 Non-Residents

Hamilton (Ages 10-12)..... HA02
Sat, Nov 14-Dec 19, 10:45AM-11:45AM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 10-12). MR01
Sat, Sep 19-Oct 24, 1:00PM- 2:00PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 10-12). MR02
Sat, Nov 7-Dec 19, 1:00PM- 2:00PM
$15 Residents/$23 Non-Residents

Riverside (Ages 10-12)..... RS01
Sat, Sep 12-Oct 31, 3:00PM- 3:55PM
$19 Residents/$29 Non-Residents

FOOTBALL

Pigskin Pals (Coed Football)

Learn the basics of throwing, catching, kicking, punting, hand-offs, positioning stances, offense, defense, special teams, and more. Help your little one get a 'hut' up on the competition.

Activity Code: 2RCE3702
(Section codes listed below)

Beulah Brinton (Ages 4-6)..... BN01
(not eligible for reduced fees or refund)
Sat, Sep 26-Oct 24, 8:30AM- 9:15AM
$10 Residents/$15 Non-Residents

Elementary Coed Flag Football League

Emphasis will be placed on league play. The organizational meeting is scheduled for the first day of the activity at 9:00 a.m. (1-3 Grade) and 10:00 a.m. (4-5 Grade). Two (2) Volunteer parent coaches needed. Contact the Youth Sports Office at 414.475.8410 or Youthsports@mkerec.net with questions.

Activity Code: 2RYS3701
(Section codes listed below)

Brinton Playfield (Ages 6-9)..... BN01
(GRADES 1ST - 3RD ONLY)
Sat, Sep 12-Nov 7, 9:00AM-11:00AM
$27 Residents/$41 Non-Residents

Brinton Playfield (Ages 9-11)..... BN02
(GRADES 4TH - 5TH ONLY)
Sat, Sep 12-Nov 7, 11:00AM- 2:00PM
$27 Residents/$41 Non-Residents

GOLF

Get in the Swing - Golf Camp

Get in the Swing is a camp for beginners and avid youth golfers alike. Participants will learn fundamentals from general rules and etiquette to proper stance and how to hold a club. This camp is a great way to build a solid foundation in the sport. Golfers need to bring their own clubs.

Activity Code: 2RCE3801
(Section codes listed below)

Milwaukee Marshall (Ages 8-17)... MR01
Sat, Sep 19-Nov 7, 2:30PM- 3:30PM
$19 Residents/$29 Non-Residents



GYMNASTICS

Gymnastics

If springing over a vault, balancing on a beam, standing on your hands, and doing backward walkovers sound like fun, sign up for gymnastics. This is a developmental program, taught with a progression of gymnastic skills, which assist youth in the development of coordination.

Activity Code: 2RCE3901
(Section codes listed below)

MacDowell (Ages 7-99)..... JU01
Thu, Oct 8-Nov 19, 6:00PM- 7:00PM
$16 Residents/$24 Non-Residents

Riverside (Ages 4-5)..... RS07
Sat, Nov 14-Dec 19, 9:50AM-10:45AM
$17 Residents/$26 Non-Residents

Riverside (Ages 6-8)..... RS08
Sat, Nov 14-Dec 19, 10:50AM-11:45AM
$17 Residents/$26 Non-Residents

Riverside (Ages 9-11)..... RS09
Sat, Nov 14-Dec 19, 11:50AM-12:45PM
$17 Residents/$26 Non-Residents

Riverside (Ages 4-6)..... RS12
Thu, Nov 19-Dec 17, 6:15PM- 7:10PM
$15 Residents/$23 Non-Residents

Riverside (Ages 7-9)..... RS13
Thu, Nov 19-Dec 17, 7:15PM- 8:10PM
$20 Residents/$30 Non-Residents



Tumbling Teddy Bears

Somersault for fun. This pre-gymnastics program will assist children in the development of eye/hand coordination and balance through basic tumbling activities. Parent(s)/Guardian(s) are required to attend this class with their child at no extra charge.

Activity Code: 2RCE3902
(Section codes listed below)

Riverside (Ages 2.5-3)..... RS02
Sat, Nov 14-Dec 19, 9:00AM- 9:45AM
$19 Residents/$29 Non-Residents

MARTIAL ARTS

Judo

Explore Judo, the 'gentle way,' emphasizing technique and tradition. Personalized instruction under USJA and USMA affiliation. Wear clothes without buttons or metal. Adult and Youth Classes are combined.

Activity Code: 2RCE4503
(Section codes listed below)

Milwaukee Marshall (Ages 7-17)... MR01
(Beg.)
Mon/Wed, Sep 21-Oct 28, 6:00PM- 7:00PM
$27 Residents/$41 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR02
(Adv.)
Mon/Wed, Sep 21-Oct 28, 7:00PM- 8:00PM
$28 Residents/$42 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR03
(Beg.)
Mon/Wed, Nov 2-Dec 9, 6:00PM- 7:00PM
$27 Residents/$41 Non-Residents

Milwaukee Marshall (Ages 7-17)... MR04
(Adv.)
Mon/Wed, Nov 2-Dec 9, 7:00PM- 8:00PM
$28 Residents/$42 Non-Residents

Tae Kwon Do

Tae Kwon Do is a Korean art of hand and foot fighting. Learn self-discipline, kicking and punching techniques, correct body positioning, and self-defense.

Activity Code: 2RCE4506
(Section codes listed below)

Beulah Brinton (Ages 6-17)..... BN01
(Beg. - White - Yellow Belts)
Mon/Wed/Fri, Sep 21-Nov 13, 4:00PM- 4:45PM
$39 Residents/$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN02
(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Sep 21-Nov 13, 4:45PM- 5:30PM
$39 Residents/$59 Non-Residents

Beulah Brinton (Ages 6-17)..... BN03
(Adv. - Red/Black & Black Belts)
Mon/Wed/Fri, Sep 21-Nov 13, 5:30PM- 6:15PM
$39 Residents/$59 Non-Residents

Beulah Brinton (Ages 3-5)..... BN04
(Not eligible for reduced fees or refund)
Sat, Sep 26-Nov 14, 8:00AM- 8:30AM
$10 Residents/$15 Non-Residents

Beulah Brinton (Ages 6-14)..... BN05
Sat, Sep 26-Nov 14, 8:30AM- 9:30AM
$19 Residents/$29 Non-Residents

Beulah Brinton (Ages 6-17)..... BN06
(Beg. White - Yellow Belts)
Mon/Wed/Fri, Nov 30-Jan 15, 4:00PM- 4:45PM
$25 Residents/$38 Non-Residents

Beulah Brinton (Ages 6-17)..... BN07
(Int./Adv. - Camo - Brown Belts)
Mon/Wed/Fri, Nov 30-Jan 15, 4:45PM- 5:30PM
$25 Residents/$38 Non-Residents

Beulah Brinton (Ages 6-17)..... BN08
(Adv. - Red/Black & Black Belts)
Mon/Wed/Fri, Nov 30-Jan 15, 5:30PM- 6:15PM
$25 Residents/$38 Non-Residents

Beulah Brinton (Ages 3-5)..... BN09
(Not eligible for reduced fees or refund)
Sat, Dec 5-Jan 16, 8:00AM- 8:30AM
$8 Residents/$12 Non-Residents

Beulah Brinton (Ages 6-14)..... BN10
Sat, Dec 5-Jan 16, 8:30AM- 9:30AM
$13 Residents/$20 Non-Residents

Hamilton (Ages 4-6)..... HA05
((all ranks))
Tue/Thu, Sep 15-Nov 5, 5:30PM- 6:00PM
$26 Residents/$39 Non-Residents

Hamilton (Ages 7 & up)..... HA02
((youth/adult combined) (beginner ranks white belt-yellow belt))
Tue/Thu, Sep 15-Nov 5, 6:05PM- 6:45PM
$19 Residents/$29 Non-Residents

Hamilton (Ages 7 & up)..... HA06
(Class is combined with adult class)
Tue/Thu, Sep 15-Nov 5, 6:50PM- 7:30PM
$19 Residents/$29 Non-Residents

Hamilton (Ages 7-17)..... HA01
(Blue belt and aboveClass is combined with adult class)
Mon/Wed, Sep 21-Nov 11, 6:00PM- 7:00PM
$35 Residents/$53 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR07
(Beg. - White, Orange, & Yellow Belt)
Sat, Sep 19-Dec 19, 9:00AM-10:00AM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR10
(Beg.-White, Orange, & Yellow Belt)
Sat, Sep 19-Dec 19, 9:00AM-10:00AM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR11
(Beg. - White, Orange, & Yellow Belt)
Sat, Sep 19-Dec 19, 10:15AM-11:15AM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR08
(Beg. - White, Orange, & Yellow Belt)
Sat, Sep 19-Dec 19, 10:15AM-11:15AM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR09
(Int./Adv., Camo-Red, Black Belts)
Sat, Sep 19-Dec 19, 11:30AM-12:30PM
$28 Residents/$42 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR01
(Beg. - White, Orange, & Yellow Belt)
Mon/Wed, Sep 21-Dec 16, 6:00PM- 7:00PM
$51 Residents/$77 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR03
(Beg. - White, Orange, & Yellow Belt)
Mon, Sep 21-Dec 14, 6:00PM- 7:00PM
$26 Residents/$39 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR02
(Int./Adv., Camo-Red, Black Belts)
Mon/Wed, Sep 21-Dec 16, 7:15PM- 8:15PM
$53 Residents/$80 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR14
(Beg. - White, Orange, & Yellow Belt)
Tue/Thu, Sep 22-Dec 17, 6:00PM- 7:00PM
$51 Residents/$77 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR16
(Beg. - White, Orange, & Yellow Belt)
Tue, Sep 22-Dec 15, 6:00PM- 7:00PM
$26 Residents/$39 Non-Residents

Milwaukee Marshall (Ages 6-17)... MR15
(Int./Adv., Camo-Red, Black Belts)
Tue/Thu, Sep 22-Dec 17, 7:15PM- 8:15PM
$53 Residents/$80 Non-Residents

Riverside (Ages 3-5)..... RS07
(Beg.)
Sat, Sep 12-Oct 31, 9:00AM- 9:30AM
$12 Residents/$18 Non-Residents

Riverside (Ages 3-5)..... RS08
(Int./Adv., Ara Belt & Higher)
Sat, Sep 12-Oct 31, 9:30AM-10:00AM
$18 Residents/$27 Non-Residents

Riverside (Ages 6-14)..... RS04
(Beg., White-Yellow Belt)
Sat, Sep 12-Oct 31, 10:15AM-11:00AM
$16 Residents/$24 Non-Residents

Riverside (Ages 6-14)..... RS05
(Camo-Black Belts)
Sat, Sep 12-Oct 31, 11:00AM-11:45AM
$16 Residents/$24 Non-Residents

Riverside (Ages 6-14)..... RS01
(Beg., White-Yellow Belt)
Mon/Wed, Sep 14-Oct 28, 6:15PM- 7:15PM
$30 Residents/$45 Non-Residents

Riverside (Ages 6-14)..... RS02
(Int/Adv. Camo-Black Belts)
Mon/Wed, Sep 14-Oct 28, 7:15PM- 8:15PM
$39 Residents/$59 Non-Residents

Riverside (Ages 3-5)..... RS21
(Beg.Not eligible for reduced fees)
Sat, Nov 14-Dec 19, 9:00AM- 9:30AM
$8 Residents/$12 Non-Residents

Riverside (Ages 3-5)..... RS16
(Int./Adv., Ara Belt & Higher)
Sat, Nov 14-Dec 19, 9:30AM-10:00AM
$8 Residents/$12 Non-Residents

Riverside (Ages 6-14)..... RS17
(Beg., White-Yellow Belt)
Sat, Nov 14-Dec 19, 10:15AM-11:00AM
$12 Residents/$18 Non-Residents

Riverside (Ages 6-14)..... RS18
(Int./Adv., Camo/Black Belt)
Sat, Nov 14-Dec 19, 11:00AM-11:45AM
$12 Residents/$18 Non-Residents

Riverside (Ages 6-14)..... RS10
(Beg., White-Yellow Belt)
Mon/Wed, Nov 16-Dec 16, 6:15PM- 7:15PM
$34 Residents/$51 Non-Residents

Riverside (Ages 6-14)..... RS13
(Int./Adv., Camo/Black Belts)
Mon/Wed, Nov 16-Dec 16, 7:15PM- 8:15PM
$26 Residents/$39 Non-Residents

SOCCER

Just for Kicks Soccer

Score the winning goal or make a diving save! Learn dribbling, trapping, and more through drills. Rules, strategy, and teamwork will be introduced.

Activity Code: 2RCE5901
(Section codes listed below)

Hamilton (Ages 5-6)..... HA01
Sat, Sep 19-Oct 31, 9:15AM-10:00AM
$14 Residents/$21 Non-Residents

Hamilton (Ages 5-6)..... HA02
Sat, Nov 14-Dec 19, 9:15AM-10:00AM
$19 Residents/$29 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR01
Sat, Sep 19-Oct 24, 11:00AM-11:45AM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR02
Sat, Sep 19-Oct 24, 1:00PM- 1:45PM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR03
Sat, Nov 7-Dec 19, 11:00AM-11:45AM
$12 Residents/$18 Non-Residents

Milwaukee Marshall (Ages 5-6)..... MR04
Sat, Nov 7-Dec 19, 1:00PM- 1:45PM
$12 Residents/$18 Non-Residents

Mighty Mite Soccer

Quit kicking your brother or sister and kick a soccer ball instead! Learn the basics of soccer and how to play as part of a team. This class will teach dribbling, passing, and kicking. Take this opportunity to use the motor skills your child already has and focus them on an organized sport. Not eligible for reduced fees

Activity Code: 2RCE5902
(Section codes listed below)

Beulah Brinton (Ages 3-4)..... BN01
(Not eligible for reduced fees or refund)
Tue, Sep 22-Nov 10, 4:15PM- 4:45PM
$10 Residents/$15 Non-Residents

Hamilton (Ages 3-4)..... HA02
Sat, Sep 12-Oct 31, 8:30AM- 9:15AM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR01
(Not eligible for reduced fees)
Sat, Sep 19-Oct 24, 10:15AM-10:45AM
$8 Residents/$12 Non-Residents

Milwaukee Marshall (Ages 3-4)..... MR02
(Not eligible for reduced fees)
Sat, Nov 7-Dec 19, 10:15AM-10:45AM
$8 Residents/$12 Non-Residents

B.I.G. Soccer

Soccer is great! Participants will continue to build on dribbling, heading, and trapping skills as well as develop some defense skills, all with an emphasis on FUN. Each skill will be taught thru drills that maximize repetition and learning.

Activity Code: 2RCE5903
(Section codes listed below)

Milwaukee Marshall (Ages 7-9)..... MR01
Sat, Sep 19-Oct 24, 12:00PM- 1:00PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR02
Sat, Sep 19-Oct 24, 2:00PM- 3:00PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR03
Sat, Nov 7-Dec 19, 12:00PM- 1:00PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 7-9)..... MR04
Sat, Nov 7-Dec 19, 2:00PM- 3:00PM
$15 Residents/$23 Non-Residents



SPORTS AND RECREATION

Dodgeball

Dodge, dip, duck, and dive! This is a great class to perfect your technique playing non-exclusive dodgeball variations.

Activity Code: 2RCE6202
(Section codes listed below)

Beulah Brinton (Ages 8-12)..... BN01
Tue, Sep 22-Nov 10, 5:00PM- 5:45PM
$15 Residents/$23 Non-Residents



Very Much Double Dutch

All ages are welcomed to join for some double dutch fun! Be prepared to learn an array of jumping and turning techniques with a single and double rope. Jumping rope is a great form of exercise. Let's build stamina while having some jump rope fun!

Activity Code: 2RCE6208
(Section codes listed below)

Milwaukee Marshall (Ages 7-99)... MR04
(Beg.)
Thu, Sep 24-Nov 12, 6:15PM- 7:15PM
$15 Residents/$23 Non-Residents

TENNIS

Tennis

Learn backhand/forehand grips, strokes, and fitness conditioning. Covers singles/doubles rules, prioritizing sportsmanship. Intermediate/advanced levels require a solid tennis foundation.

Activity Code: 2RCE6501
(Section codes listed below)

Milwaukee Marshall (Ages 4-8)..... MR01
(Beg.)
Sat, Sep 19-Oct 24, 11:00AM-12:00PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 6-12)... MR02
(Beg.)
Sat, Sep 19-Oct 24, 12:05PM- 1:05PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 10-17). MR03
(Int./Adv.)
Sat, Sep 19-Oct 24, 1:15PM- 2:15PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 4-8)..... MR04
(Beg.)
Sat, Nov 7-Dec 19, 11:00AM-12:00PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 6-12)... MR05
(Beg.)
Sat, Nov 7-Dec 19, 12:05PM- 1:05PM
$15 Residents/$23 Non-Residents

Milwaukee Marshall (Ages 10-17). MR06
(Int./Adv.)
Sat, Nov 7-Dec 19, 1:15PM- 2:15PM
$15 Residents/$23 Non-Residents

Tennis Lessons (Semi-Private)

Participants will learn and/or improve upon the fundamental skills of ground strokes, footwork, volleying, serving, backhand/forehand grips, and the lob. All sessions will consist of 1 to 3 participants. Contact the Youth Sports Office at 414.475.8410 or Youthsports@mkerec.net with questions. No class 7/3.

Activity Code: 2RYS6507
(Section codes listed below)

Enderis Playfield (Ages 9-11)..... EF01
Mon/Wed, Sep 2-Oct 5, 4:30PM- 5:20PM
$43 Residents/$65 Non-Residents

Enderis Playfield (Ages 9-11)..... EF02
Mon/Wed, Sep 2-Oct 5, 5:30PM- 6:20PM
$43 Residents/$65 Non-Residents

Enderis Playfield (Ages 12-14)..... EF03
Mon/Wed, Sep 2-Oct 5, 6:30PM- 7:20PM
$43 Residents/$65 Non-Residents

Sijan Playfield (Ages 9-11).....JS01
Sat, Sep 5-Oct 10, 1:30PM- 2:20PM
$23 Residents/$35 Non-Residents

Sijan Playfield (Ages 12-14).....JS02
Sat, Sep 5-Oct 10, 2:30PM- 3:20PM
$23 Residents/$35 Non-Residents

Family Tennis Lessons (Private)

All skill levels welcome! Registration formats will be limited to four (4) total family members of the same household per session. One (1) Adults is required to register, attend, and participate in each session. Contact the Youth Sports Office at 414.475.8410 or Youthsports@mkerec.net for rates. No class 7/5.

Activity Code: 2RYS6512
(Section codes listed below)

Sijan Playfield JS01
Sat, Sep 5-Oct 10, 9:30AM-10:20AM
$28 Residents/$38 Non-Residents

Sijan Playfield JS02
Sat, Sep 5-Oct 10, 9:30AM-10:20AM
$28 Residents/$38 Non-Residents

Sijan Playfield JS03
Sat, Sep 5-Oct 10, 10:30AM-11:20AM
$28 Residents/$38 Non-Residents

Sijan Playfield JS04
Sat, Sep 5-Oct 10, 10:30AM-11:20AM
$28 Residents/$38 Non-Residents

Sijan Playfield JS05
Sat, Sep 5-Oct 10, 11:30AM-12:20PM
$28 Residents/$38 Non-Residents

Sijan Playfield JS06
Sat, Sep 5-Oct 10, 11:30AM-12:20PM
$28 Residents/$38 Non-Residents

EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more!

Scholarship applications for *Everyone Plays!* **open on Monday, November 16**. Each eligible child can be awarded one scholarship per year. **A limited number of scholarships are available. Early applications are encouraged**.

Questions? Please call 414.475.8180 or visit mkerec.net/scholarship to learn more about this program.

VOLLEYBALL

Volleyball Academy

Learn the fundamentals necessary to play more than 'boom ball.' This includes passing, serving, individual defense, setting and hitting approaches. Develop correct footwork, body positioning, timing, ball tracking and coordinated teamwork. Basic strategy and rules of the sport will be taught.

Activity Code: 2RCE6801
(Section codes listed below)

Beulah Brinton (Ages 7-10)..... BN01
Wed, Sep 23-Nov 11, 4:00PM- 5:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton (Ages 11-16)..... BN02
Wed, Sep 23-Nov 11, 5:00PM- 6:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton (Ages 7-10)..... BN03
Wed, Dec 2-Jan 13, 4:00PM- 5:00PM
$13 Residents/$20 Non-Residents

Beulah Brinton (Ages 11-16)..... BN04
Wed, Dec 2-Jan 13, 5:00PM- 6:00PM
$13 Residents/$20 Non-Residents

MacDowell (Ages 7-10)..... JU01
Sat, Oct 3-Nov 21, 11:30AM-12:30PM
$19 Residents/$29 Non-Residents

Parkside (Ages 7-10)..... FR01
Mon, Sep 21-Nov 9, 4:15PM- 5:15PM
$19 Residents/$29 Non-Residents

Parkside (Ages 11-16)..... FR02
Mon, Sep 21-Nov 9, 5:15PM- 6:15PM
$19 Residents/$29 Non-Residents

Volleyball It Up

Youth open volleyball where teams will be formed each week. Skilled adults will be mixed in to help keep the ball in the air and provide more gameplay opportunities.

Activity Code: 2RCE6867
(Section codes listed below)

Beulah Brinton (Ages 8-12)..... BN01
Sun, Sep 13-Oct 18, 10:15AM-11:45AM
$15 Residents/$23 Non-Residents

Beulah Brinton (Ages 8-12)..... BN02
Sun, Nov 1-Dec 13, 10:15AM-11:45AM
$15 Residents/$23 Non-Residents





CONGRATULATIONS, ANDREW ROSSA!



Andrew Rossa has retired following 31 years of dedicated service to Milwaukee Public Schools and Milwaukee Recreation. After ten years of teaching physical education for MPS, Andrew joined Milwaukee Recreation in 2005 to supervise all youth sports programs. His role quickly expanded to oversee playgrounds and community centers before he became the department's assistant director / manager of operations.

Andrew is particularly proud of his work identifying gaps in community needs to launch innovative programs, including cross country, mountain biking, and esports. He also led the rapid 30-day development of Twilight Centers, Late Night League, and community wellness programming. Most recently, he helped to oversee the design and development of the new Milwaukee Recreation Community Center (MRCC), scheduled to open in the summer of 2027.

Beyond his local impact, Andrew expanded Milwaukee Recreation's role with the Wisconsin Park and Recreation Association, earning the distinguished Dr. George Wilson Service Award while ensuring that Milwaukee was recognized as a state leader in the field. A teacher at heart, he has always focused on mentoring staff and building a supportive culture. In retirement, Andrew plans to stay active as an avid cyclist and will continue playing in a staff golf league that he has already participated in for 20 years. While Andrew is moving on to his next chapter, his legacy of innovation will continue to enrich the lives of Milwaukee residents for years to come.

Congratulations and thank you, Andrew!



Driver Education | General Information

SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, JULY 28 AT 10AM!

Eligibility (Programs not eligible for reduced fees): students must be 15 by the first day of class and not older than 17.5 by the last day of class.

All programs include: classroom (in-person or online) and *Behind-the-Wheel* lessons.

MPS DRIVE	COMMUNITY-BASED DRIVER EDUCATION
• **Students must be currently enrolled in MPS.** • Course fee is $35.00.	• Open to any student meeting age requirements. • City of Milwaukee residents: course fee is $150.00 • Non-residents: course fee is $275.00

HOW TO REGISTER:

MPS DRIVE	COMMUNITY-BASED DRIVER EDUCATION
• Visit mkerec.net. • ***Milwaukee Recreation has created student accounts.*** • ***DO NOT CREATE A NEW ACCOUNT.*** • **User Name:** MPS Student ID (Only enter numbers) • **Password:** Student Last Name (the first letter is capitalized, ex: Smith)	• Visit mkerec.net. • Login to your family account to register for program.

Waitlist:

- If you join a waitlist for a class, your waitlist position is **only valid for that season**.
- Joining a waitlist does **NOT guarantee a spot in the class**.
- Do not attend class until Milwaukee Recreation has contacted you for payment.

Class Format:
Please pay close attention to schedules when choosing the class that fits your needs.

IN-PERSON	ONLINE
• See specific class dates for the days class will meet. • 30 hours in-person. • 2 hours per class, for 15 classes.	• 30 hours online. • Work at your own pace. • Maximum of 2 hours per day.

To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

MPS Drive | Activity Code: 2UDE3005

MPS Drive is a driver education program for age-eligible, currently enrolled, MPS high school students. A $35 fee is due at the time of registration to cover the cost of the temporary permit.

MPS DRIVE
UNIVERSAL DRIVER EDUCATION
Going places.

IN-PERSON CLASS OPTIONS

DATES: 9/14/26 - 10/15/26

LOCATION	TIMES	SECTION CODE
Hamilton	5:30 - 7:30 pm	HA01
Bradley Tech	4:30 - 6:30 pm	MT01
MHSA	5:30 - 7:30 pm	MH01
MSL	4:15 - 6:15 pm	ML01
Pulaski	4:15 - 6:15 pm	PK01
Riverside	4:15 - 6:15 pm	RS01

DATES: 11/2/26 - 12/10/26

LOCATION	TIMES	SECTION CODE
Hamilton	5:30 - 7:30 pm	HA02
Marshall	5:30 - 7:30 pm	MR02
Reagan	4:00 - 6:00 pm	TL02
Riverside	4:15 - 6:15 pm	RS02
South	5:30 - 7:30 pm	SD02
Vincent	4:30 - 6:30 pm	VN02

ONLINE CLASS OPTIONS

LOCATION	START DATE	SECTION CODE
Online	September 28, 2026	DE10
Online	November 16, 2026	DE11

Community-Based Driver Ed | Activity Code: 2DRD3005

Certified Classes for Teens | Classes Open to Residents & Non-Residents

IN-PERSON CLASS OPTIONS

DATES: 9/9/26 - 10/15/26

LOCATION	CLASS TIME	SECTION CODE
Marshall	5:30PM - 7:30PM	MR03

DATES: 10/28/26 - 12/10/26

LOCATION	CLASS TIME	SECTION CODE
Hamilton	5:30PM - 7:30PM	HA04

ONLINE OPTION

LOCATION	START DATE	SECTION CODE
Online	October 5, 2026	DE20



SAVE THE DATE - REGISTRATION FOR DRIVER EDUCATION BEGINS ON TUESDAY, JULY 28 AT 10AM!

Join us for the 33rd annual

Halloween Glen









Join us for our 33rd annual Halloween Glen on October 9th and 10th! Actors will present interactive and educational skits at eight decorated stations at Hawthorn Glen, Milwaukee Recreation's 23-acre nature center.

THIS YEAR'S THEME IS TRICKSTERS!

Decipher disguises, seek stunning stunts, be enticed by entrancing transformations... From swindles and shams to sneaky sleights of paw, find out how nature puts the trick in trick or treat. Following the hike, families are welcome to participate in a variety of fall-themed activities. Ages 3-12 with adult caregivers. Children ages 2 and under may attend for free. Adult must register, pay and attend with child and the number of children 2 and under must be indicated. Fee is per person and not eligible for reduced fees or refunds.

Severe weather could impact this outdoor event. Please call 414.475.8192 if the weather is questionable. For all other questions, please call 414.647.6050

AGES

Ages 3-12 and parent(s)/guardian(s). Children ages 2 and under may attend for free. Parent/guardian(s) must register, pay and attend with child and the number of children 2 and under must be indicated. Fee is per person and not eligible for reduced fees or refunds.

TYKE HIKE (4 STATIONS)

This shorter hike is perfect for little ones eager to join in on the adventure! Our energetic tour guides will lead tykes and their families on a hike visiting 4 of the 8 stations. Following the hike families are also welcome to watch Halloween toons, make craft projects and enjoy refreshments (concessions are cash only). We are offering this hike at a special price of $3 per person.

PICK-UP LOCATION

ALL PARTICIPANTS MUST check-in at the MPS Administration Building located at 5225 W. Vliet St.(rear parking lot). After check in, participants are required to load the shuttle bus that will transport you to the Halloween Glen Event. There will be no parking at Hawthorn Glen.

Halloween Glen will be held rain or shine.

COST

$6 per person for residents and non-residents (5:00-7:30PM sessions),
$3 per person for residents and non-residents (4:30PM Tyke Hike).
Fee is per person and not eligible for reduced fees or refunds.

Due to the popularity of this event it is advised for you to register well in advance; space is limited. If our maximum registration is obtained prior to the event, on-site registrations at MPS Central Services will not be accepted.

Online registration will close at 12:00PM on Friday and 10:00AM on Saturday.

Activity Code: 2P124001
(Section Codes listed below)

BUS DEPARTURE TIMES FROM MPS CENTRAL SERVICES

SCHEDULE

Friday, October 9th

5:45PM - HG01
6:15PM - HG02
7:00PM - HG03
7:30PM - HG04

Saturday, October 10th

4:30PM - HG06 (Tyke Hike)
5:00PM - HG07
5:30PM - HG08
6:00PM - HG09
6:45PM - HG10
7:15PM - HG11

To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

OUTDOOR EDUCATION

Autumnal Equinox Sunset Hike

Celebrate the autumn equinox at Hawthorn Glen! We'll enjoy the historic vista of the upper trail and natural springs at dusk, when wildlife is abundant. Fee is per person. Adult must register, pay, and attend with child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125000
(Section codes listed below)

Hawthorn Glen (Ages 8 & up) HG01
Sat, Sep 19, 6:30PM- 8:00PM
$5 Residents/$8 Non-Residents

Friday Night Tales for Tots

Join a naturalist each week for a story and a related activity to help your child connect to nature at Hawthorn Glen Outdoor Education Center. Adult must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125007
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01
Fri, Sep 11, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG02
Fri, Sep 18, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG03
Fri, Sep 25, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG04
Fri, Oct 16, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG05
Fri, Oct 23, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG06
Fri, Oct 30, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG07
Fri, Nov 6, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG08
Fri, Nov 13, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Hawthorn Glen (Ages 3 & up) HG09
Fri, Dec 18, 5:00PM- 6:30PM
$5 Residents/$8 Non-Residents

Campfire Cooking

Use local and seasonal ingredients to cook delicious meals over the fire. Leave with copies of recipes and the confidence to cook over an open flame! Parent/guardian must register, pay and attend with a child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125009
(Section codes listed below)

Hawthorn Glen HG01
Sat, Sep 26, 10:00AM-12:00PM
$6 Residents/$9 Non-Residents

EcoKids: Recycle Fright!

NEW

Recycling shouldn't be scary! Learn about the 3 R's and find out what items can be recycled through interactive activities, as well as a memorable craft. After the program, we will go on a 30 minute group litter cleanup (weather permitting). For children in 1st-4th grade. Children must be accompanied by an adult.

Activity Code: 2P125014
(Section codes listed below)

Hawthorn Glen (Ages 6-10.5) HG01
Sat, Oct 17, 9:00AM-10:30AM
FREE

EcoKids: Compost Creepy Crawlies

NEW

Calling all families for a hands-on compost exploration! Learn all about compost, why it's important, and discover the creepy crawlies that make compost possible. For children in 1st-4th grade. Children must be accompanied by an adult.

Activity Code: 2P125015
(Section codes listed below)

Hawthorn Glen (Ages 6-10.5) HG01
Sat, Oct 17, 11:00AM-12:00PM
FREE

Forest Friends

Share nature play and curiosity with your child each week at Hawthorn Glen. A weekly theme will shape our play, story time and activities together. Plan to be outside! Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125016
(Section codes listed below)

Hawthorn Glen HG04
Wed, Sep 16-Oct 7, 9:00AM-10:00AM
$4 Residents/$6 Non-Residents

Loose Parts Play in Nature

Share early numeracy with your child at Hawthorn Glen, using loose parts found outdoors! Curiosity and playfulness will guide our search for the patterns, shapes, and sizes in nature. Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125017
(Section codes listed below)

Hawthorn Glen HG02
Mon, Sep 14-Dec 14, 9:00AM-10:00AM
$4 Residents/$6 Non-Residents

Hawthorn Glen Readers

Blend your love of books with your love of nature. Gather with like minded readers for a monthly session of reading, hiking, talking- and deepening your connection with the natural world. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125018
(Section codes listed below)

Hawthorn Glen HG01
(Sessions are once monthly: 9/22, 10/20, 11/17, and 12/15. Our first book will be "The Overstory," by Richard Powers)
Tue, Sep 22-Dec 15, 7:00PM- 8:30PM
$13 Residents/$20 Non-Residents

Winter Solstice Hike

NEW

Celebrate the return of light on the year's shortest day by taking a hike at Hawthorn Glen. Learn about the scientific, cultural and natural significance of this event. Adult must register, pay and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125019
(Section codes listed below)

Hawthorn Glen (Ages 7-99) HG01
Sat, Dec 19, 6:00PM- 8:30PM
$5 Residents/$8 Non-Residents

Visit page 10 for Nature in Your Neighborhood and page 39 for 50+ outdoor education offerings!

Nature Club

Drop off your child for an intro to the world of messy, nature based exploratory play with Steph in Hawthorn Glen's outdoor classroom. We'll explore imaginative play, spark natural curiosity and get hands (a little) dirty! Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125028
(Section codes listed below)

Hawthorn Glen (Ages 4-6)..... HG01
Mon, Sep 14, 4:30PM- 5:30PM
$4 Residents/$6 Non-Residents

Hawthorn Glen (Ages 4-6)..... HG02
Mon, Oct 5, 4:30PM- 5:30PM
$4 Residents/$6 Non-Residents

Hawthorn Glen (Ages 4-6)..... HG03
Mon, Nov 9, 4:30PM- 5:30PM
$4 Residents/$6 Non-Residents

Howl-o-ween Pumpkin Carving

Carve animal themed pumpkins for Halloween. We'll harvest the seeds to roast a tasty treat, then light our pumpkins and act like our animals! Fee is per person. Adult must register, pay, and attend with child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125063
(Section codes listed below)

Hawthorn Glen (Ages 6 & up) HG01
Sat, Oct 24, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents



Autumn Leaves

Watch nature's winter transformation! Hike through the colorful forest, collecting leaves, then create your own autumn art project to take home. Adult must register, pay, and attend with child. Fee is per person. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125074
(Section codes listed below)

Hawthorn Glen (Ages 3 & up) HG01
Sat, Nov 7, 10:00AM-11:30AM
$5 Residents/$8 Non-Residents

Teddy Bear Hunt

We'll read "We're Going on a Bear Hunt" by Michael Rosen, then receive licenses to hunt for teddy bears. Register your found bear, then enjoy a peanut butter bear treat. Adult must register, pay and attend with a child. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2P125096
(Section codes listed below)

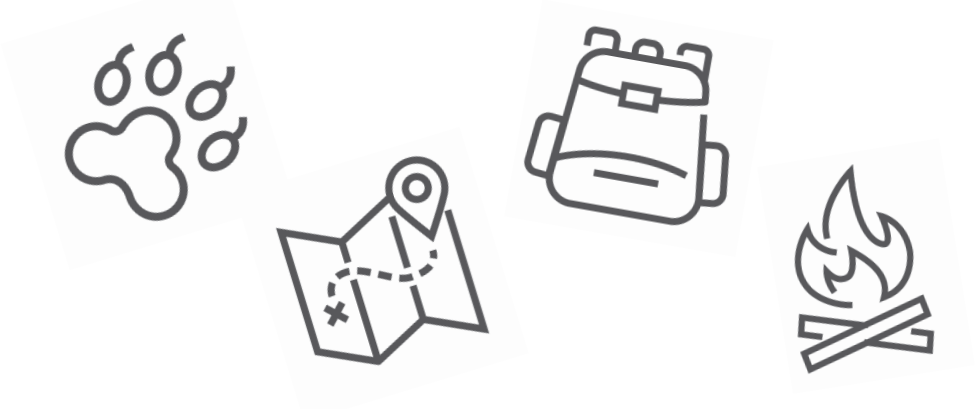
Hawthorn Glen (Ages 3 & up) HG01
Sat, Sep 12, 10:00AM-11:30AM
$6 Residents/$9 Non-Residents

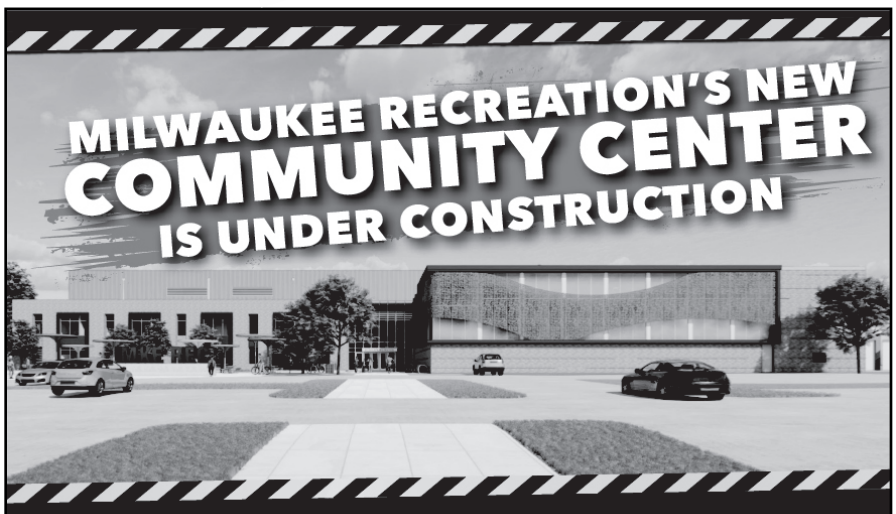
Campfire Tales

Share campfire tales of Wisconsin's infamous legends: Wendigo, Sasquatch, Hodag, Goatman, water monsters, and others. Roast marshmallows and tell your favorite local legend. Adult must register, pay, and attend with a child; the fee is per person, non-refundable, and not eligible for reduced rates.

Activity Code: 2P125099
(Section codes listed below)

Hawthorn Glen (Ages 8 & up) HG01
Sat, Oct 31, 6:30PM- 8:00PM
$5 Residents/$8 Non-Residents

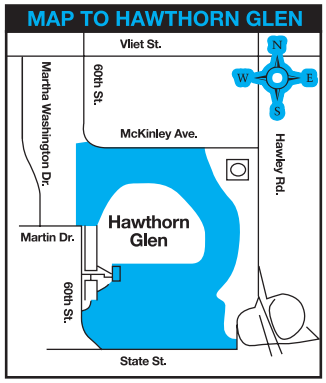




THE LITTLE NATURE MUSEUM AT HAWTHORN GLEN

LOCATED AT 1130 NORTH 60TH ST.
HOURS: Mon-Fri 4 PM-5 PM, Sat & Sun 11 AM-12 PM and 3 PM-4 PM

Attendance is **FREE**! Come visit our Little Nature Museum & see animals native to Wisconsin, including salamanders, bees, several species of turtles & snakes, and many birds, even a hawk.



HAWTHORN GLEN RENTALS



Hawthorn Glen is a perfect place to host a small gathering. Reserve your next birthday party, shower, family event or meeting space with us (reservations begin in March)!

- Redwood Picnic Area, maximum 115 people
- Deer Picnic Area, maximum 70 people
- Assembly Room (indoor), maximum 40 people

For more information, call the Outdoor Education Office at 414.647.6050.

Scan QR code to apply for a permit.



Registration begins on July 30 • mkerec.net

GENERAL SWIM INFORMATION

What to Bring — Swimsuit, towel, and swim cap. Swim caps are required for competitive swim, highly suggested for level lessons (to keep hair out of participant's face while they learn to swim), and optional for fitness and parent/child classes. If available, one (1) swim cap will be distributed per season. Additional caps may be purchased with activity code 5RAQSWIMCAP.

Height Requirements (Ages 6-14) — Students must meet the listed minimum height for each pool. Most pools have a 48" height requirement. For youth who are 42"-48" a six-inch booster step may be available. Children not able to comfortably stand in the shallow end of the pool (with or without a booster step) should be enrolled in an Infant, Lil' Squirts, Tiny-Tot or Advanced Tiny-Tot class where a parent/guardian must accompany the child in the water.

Locker Rooms — Participants may bring a padlock for lockers. All swim gear must be removed after each class. Children five years of age or under may accompany their parent/guardian in the locker room. Children ages six and up should use the locker rooms that correspond to their gender identity.

Showers — It is required for participants to rinse off before entering the pool. This is to assist in removing any oils, cosmetics, perspiration, etc. Doing so assists in supporting chlorine effectiveness, protects your hair and skin's exposure to chlorine, among other things.

Pre-Testing — A pre-test is given to swimmers in levels 2-6 on the first day of class to ensure that the swimmer is in the appropriate level. Instructors reserve the right to recommend alternate classes for those students unable to complete pre-tests.

Testing — Testing of swim skills learned generally occurs during the second to last lesson, and last lesson. Parents/caregivers will be given certificates on the last day indicating which level to enroll in next.

Infant and Tiny-Tot Requirements — Diapers: Regular disposable diapers are not permitted as they disintegrate in the pool. Either disposable "little swimmers" or reusable swim diapers are required.

Parent Attendance — Parents/caregivers must accompany their children in the water for all Tiny-Tot and Adv. Tiny-Tot, and is encouraged but not required for Lil. Lv 1, Lil. Lv 2, Level 1, and Level 2 classes.

Second Child in Class — If a parent/caregiver has more than one child enrolled in Tiny-Tot or Advanced Tiny-Tot classes, the second child must be accompanied by a responsible person 16 years of age or older.

Make-up Policy — Milwaukee Recreation works diligently to ensure that our pools stay in working operation to offer consistency in our programs. In the event that more than one class is cancelled due to circumstances we cannot control, we will work to make-up the missed class at a later date. When a make-up date is unavailable, credits for the missed class will be applied to your Milwaukee Recreation account.

PARENT/ADULT AQUATICS PARTICIPATION

When is Parent/Adult involvement REQUIRED?

- Parent child classes require an adult or responsible person for each child (16 year or older) to be in the water supporting the child. Required: Infant, Tiny-Tot, Lil' Squirts, Advanced Tot. Recommended: Little Level One.
- During OPEN SWIM, Children, age 7 and under are required to have an adult with them one-on-one, in the water, within arm's reach AT ALL TIMES.

Parent/Adult IN WATER:

- Benefits of being in the pool with your young swimmer:
  - » Increased encouragement and repetition of skill practice.
  - » Increased comfort and support, this is a great time to help your child grow their listening skills and practice their swimming skills.
  - » Time to bond and have focused time together.

Parent/Adult in POOL ROOM/ OBSERVATION AREA (Not in Water):

- Benefits of being in pool room / observation area:
  - » Watching from a distance allows some students to develop a trusting relationship with the instructor.
  - » Allowing students more independence while still having you in the room for support/confidence.

Parent NOT in Pool Area or in water:

- Some students might be distracted by their adult being in the pool area and, like school, dropping your child off and leaving the pool area might be what creates the best learning environment for your swimmer.

We want you and your young swimmer to feel comfortable and to get the most out of each class. You know your child best and are encouraged to make the decision of how to support them during their swim experience. If you have questions or concerns, do not hesitate to speak with the instructor to develop a plan or call the Aquatics Office at 414.647.6053.

To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

Infant Swim

Price: $33.00 Course #2RAQ7401

Ages 6 mos. to 18 mos. An adult must accompany the child in the water. Swim diapers required. The infant program introduces the child to water in a friendly environment. The program's focus is exploration and includes songs and games. Parents will gain tips in water safety for their infants.

Section	Start Time	End Time	Date	Location
#BV01	4:30PM	5:00PM	Tue. 9/15-11/3	Bay View
#GS01	4:30PM	5:00PM	Tue. 9/15-11/3	Gaenslen
#GS02	8:15AM	8:45AM	Sat. 9/19-11/7	Gaenslen

Lil' Squirts Swim

Price: $33.00 Course #2RAQ7402

Ages 18 mos. to 36 mos. An adult must accompany the child in the water. Swim diapers required. Lil' Squirt swim lessons acquaint the child with water through a combination of songs, games and basic water skills such as kicking and floating. Water safety practices will also be included.

Section	Start Time	End Time	Date	Location
#GS01	5:50PM	6:20PM	Tue. 9/15-11/3	Gaenslen
#HA02	12:30PM	1:00PM	Sat. 9/19-11/7	Hamilton

Tiny Tot Swim

Price: $33.00 Course #2RAQ7403

Ages 3-4 yrs. Previous pool experience NOT necessary. An adult must accompany the child in the water. Swim diapers recommended. Tiny-tots build elementary aquatic skills including independent floating, breath control and rudimentary paddling techniques. Safety skills include "breaking" the over-confident toddler to allow your child to realize what it takes to swim independently in water.

Section	Start Time	End Time	Date	Location
#BV01	4:30PM	5:00PM	Thu. 9/17-11/5	Bay View
#GS01	5:10PM	5:40PM	Tue. 9/15-11/3	Gaenslen
#GS02	8:55AM	9:25AM	Sat. 9/19-11/7	Gaenslen
#MR01	8:00AM	8:30AM	Sat. 9/19-11/7	Marshall

Advanced Tiny Tot Swim

Price: $37.00 Course #2RAQ7404

Ages 4-5 yrs. An adult must accompany the swimmer in the water. Participants are introduced to elementary swimming skills such as kicking in a variety of ways, floating, and breath control. This course serves as an appropriate transition to Level One. Swim instructors will elaborate on safety skills.

Section	Start Time	End Time	Date	Location
#HA01	8:00AM	8:45AM	Sat. 9/19-11/7	Hamilton
#MR01	5:50PM	6:35PM	Sat. 9/19-11/7	Marshall
#MR02	5:50PM	6:35PM	Mon. 9/14-11/2	Marshall
#SD01	10:40AM	11:25AM	Sat. 9/26-11/14	South
#GS01	10:30AM	11:15AM	Sat. 9/19-11/7	Gaenslen

Little Level 1 Swim

Price: $37.00 Course #2RAQ0511

Ages 4-6 yrs. Previous enrollment in Adv. Tiny tot encouraged. Elementary aquatic skills are taught, including breath control, floating, various kicks and arm strokes. Swimmers also start to develop positive attitudes and safe practices around the water. Adults are encouraged to be in the water. Instructors will advise promotion options based on age and skill.

Section	Start Time	End Time	Date	Location
#BV01	5:10PM	5:55PM	Thu. 9/17-11/5	Bay View
#GS01	5:35PM	6:20PM	Mon. 9/14-11/2	Gaenslen
#GS02	9:35AM	10:20AM	Sat. 9/19-11/7	Gaenslen
#HA01	8:55AM	9:40AM	Sat. 9/19-11/7	Hamilton
#MR01	5:50PM	6:35PM	Tue. 9/15-11/3	Marshall

Pool Height Requirements & Temperatures

Site	Height Requirement	Pool Temp.
Bay View	48"	82° - 88°
Hamilton	48"	79° - 82°
MacDowell	48"	79° - 82°
Madison	48"	80° - 85°
Marshall	48"	86° - 90°
North Division	48"	86° - 90°
Riverside	48"	79° - 82°
South Division	48"	79° - 82°

Level 1 Swim

Price: $37.00 Course #2RAQ0501

Ages 6-14 yrs. Please see the height requirements noted under each swim location. In Level 1, elementary aquatic skills are taught, which students will build on as they progress through the six Learn-to-Swim levels. In addition to breath control and floating, skills include various kicks and arm strokes. At this level, swimmers also start to develop positive attitudes and safe practices around the water.

Section	Start Time	End Time	Date	Location
#BV01	5:10PM	6:00PM	Tue. 9/15-11/3	Bay View
#GS01	6:30PM	7:20PM	Tue. 9/15-11/3	Gaenslen
#GS02	12:00PM	12:50PM	Sat. 9/19-11/7	Gaenslen
#GS03	3:00PM	3:50PM	Sat. 9/19-11/7	Gaenslen
#GS05	5:00PM	5:50PM	Mon./Wed. 11/16-12/14	Gaenslen
#HA01	5:30PM	6:20PM	Mon. 9/14-11/2	Hamilton
#HA02	10:50AM	11:40AM	Sat. 9/19-11/7	Hamilton
#HA03	2:10PM	3:00PM	Sat. 9/19-11/7	Hamilton
#HA04	5:30PM	6:20PM	Tue./Thur. 11/17-12/15	Hamilton
#MR01	6:45PM	7:35PM	Mon. 9/14-11/2	Marshall
#MR02	4:45PM	5:35PM	Wed. 9/16-11/4	Marshall
#MR03	10:40AM	11:30AM	Sat. 9/19-11/7	Marshall
#ND01	4:30PM	5:20PM	Tue. 9/15-11/3	North
#ND02	5:30PM	6:20PM	Thu. 9/17-11/5	North
#ND03	1:00PM	1:50PM	Sat. 9/19-11/7	North
#SD01	1:10PM	2:00PM	Sat. 9/26-11/14	South

Level 2 Swim

Price: $37.00 Course #2RAQ0502

Ages 6-14 yrs. Passed Level 1 or can demonstrate completion of all requirements in Level 1. The objective of Level 2 is to give students success with fundamental skills. Students learn: floating without support and recovering to a vertical position, exploring simultaneous and alternating arm and leg motion to lay the foundations for future strokes. An introduction to deep water is included in this course.

Section	Start Time	End Time	Date	Location
#BV01	6:10PM	7:00PM	Tue. 9/15-11/3	Bay View
#GS01	6:30PM	7:20PM	Mon. 9/14-11/2	Gaenslen
#GS02	1:00PM	1:50PM	Sat. 9/19-11/7	Gaenslen
#GS03	6:00PM	6:50PM	Mon./Wed. 11/16-12/14	Gaenslen
#HA01	6:30PM	7:20PM	Mon. 9/14-11/2	Hamilton
#HA02	9:50AM	10:40AM	Sat. 9/19-11/7	Hamilton
#HA03	6:30PM	7:20PM	Tue./Thu. 11/17-12/15	Hamilton
#MR01	6:45PM	7:35PM	Tue. 9/15-11/3	Marshall
#MR02	5:45PM	6:35PM	Wed. 9/16-11/4	Marshall
#MR03	9:40AM	10:30AM	Sat. 9/19-11/7	Marshall
#ND01	5:30PM	6:20PM	Tue. 9/15-11/3	North
#ND02	4:30PM	5:20PM	Thu. 9/17-11/5	North
#ND03	2:00PM	2:50PM	Sat. 9/19-11/7	North
#SD01	2:10PM	3:00PM	Sat. 9/26-11/14	South

Level 3 Swim

Price: $37.00 Course #2RAQ0503

Ages 6-14 yrs. Passed Level 2 or can demonstrate completion of all requirements in Level 2. Level 3 builds on the skills learned in Level 2 by providing additional guided practice. Students learn: coordinating the front crawl, elementary backstroke, fundamentals of treading water, rules for head first entries and additional safety skills. Most importantly, students who successfully complete this course will be able to comfortably swim in deep water.

Section	Start Time	End Time	Date	Location
#BV01	6:10PM	7:00PM	Thu. 9/17-11/5	Bay View
#GS01	6:40PM	7:30PM	Thu. 9/17-11/5	Gaenslen
#GS02	2:00PM	2:50PM	Sat. 9/19-11/7	Gaenslen
#GS03	7:00PM	7:50PM	Mon./Wed. 11/16-12/14	Gaenslen
#HA01	6:30PM	7:20PM	Wed. 9/16-11/4	Hamilton
#HA02	1:10PM	2:00PM	Sat. 9/19-11/7	Hamilton
#MR01	8:40AM	9:30AM	Sat. 9/19-11/7	Marshall
#ND01	6:30PM	7:20PM	Tue. 9/15-11/3	North
#ND02	3:00PM	3:50PM	Sat. 9/19-11/7	North
#SD01	3:10PM	4:00PM	Sat. 9/26-11/14	South
#RS01	6:30PM	7:50PM	Thu. 9/17-11/5	Riverside





Level 4 Swim

Price: $37.00 Course #2RAQ0504

Ages 6-15 yrs. Passed Level 3 or can demonstrate all Level 3 requirements. Students MUST be comfortable in deep water. The objective of Level 4 is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Swimmers learn to improve skills and endurance in the familiar strokes (front/back crawl), and are introduced to the elementary backstroke, breaststroke, sidestroke, and butterfly.

Section	Start Time	End Time	Date	Location
#GS01	7:30PM	8:20PM	Tue. 9/15-11/3	Gaenslen
#HA01	3:10PM	4:00PM	Sat. 9/19-11/7	Hamilton
#MR01	6:45PM	7:35PM	Wed. 9/16-11/4	Marshall
#ND01	6:30PM	7:20PM	Thu. 9/17-11/5	North
#SD01	12:10PM	1:00PM	Sat. 9/26-11/14	South
#RS01	6:30PM	7:50PM	Mon. 9/14-11/2	Riverside

Level 5 Swim

Price: $37.00 Course #2RAQ0505

Ages 6-15 yrs. Passed Level 4 or can demonstrate completion of all requirements in Level 4. The objective of Level 5 is to coordinate the strokes that were introduced in 4. Students will put together the mechanics for elementary backstroke, breaststroke, sidestroke and butterfly. Underwater swimming & surface dives will also be included.

Section	Start Time	End Time	Date	Location
#ND01	7:30PM	8:20PM	Thu. 9/17-11/5	North
#SD01	8:40AM	9:30AM	Sat. 9/26-11/14	South

Level 6 Swim

Price: $37.00 Course #2RAQ0506

Ages 6-16 yrs. Passed Level 5 or can demonstrate completion of all requirements in Level 5. Level 6 refines all 6 strokes. Students learn: advanced techniques in all strokes (front/back crawl, butterfly, breaststroke, elementary backstroke, sidestroke) and will increase their distance endurance. Flip turns at the wall and improved diving skills will provide the student with the essentials to pursue swimming as a sport.

Section	Start Time	End Time	Date	Location
#ND01	7:30PM	8:20PM	Thu. 9/17-11/5	North



ADULT SWIM

Adult Swim Lessons

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Intermediate swimmers will work on refining swimming strokes. Swimming caps are required.

Activity Code: 2RAQ0401
(Section codes listed below)

Riverside (Ages 17 & up)..... RS01
(Make up: 11/21, if needed.Skip: 10/10)
Sat, Sep 19-Nov 14, 10:30AM-11:30AM
$38 Residents/$54 Non-Residents

Aqua CONQUER

Ready to transform your relationship with water? Our compassionate, personalized Aqua Conquer course helps adults build water confidence in a small, supportive group. You'll learn at your own pace, gain new skills, and discover a new sense of freedom and control in the water.

Activity Code: 2RAQ0402
(Section codes listed below)

Milwaukee Marshall (Ages 17 & up).. MR01
(No Make up)
Tue, Sep 15-Oct 6, 7:45PM- 8:35PM
$30 Residents/$45 Non-Residents

Milwaukee Marshall (Ages 17 & up).... MR02
(Make Up: 11/10, if needed.)
Tue, Oct 13-Nov 3, 7:45PM- 8:35PM
$30 Residents/$45 Non-Residents

Beginner Adult Lesson

If you are a beginning swimmer, this class will orient you to swimming essentials so you will feel comfortable in and around water. You will learn basic swim strokes and water safety techniques. Swim caps are required.

Activity Code: 2RAQ0403
(Section codes listed below)

Bay View (Ages 17 & up).....BV01
(Make up on 11/10, if needed.)
Tue, Sep 15-Nov 3, 7:10PM- 8:00PM
$38 Residents/$54 Non-Residents

Gaenslen (Ages 17 & up).....GS01
(Make up: 11/9, if needed.)
Mon, Sep 14-Nov 2, 7:30PM- 8:20PM
$38 Residents/$54 Non-Residents

Hamilton (Ages 17 & up)..... HA01
(Make Up: 11/9, if needed.)
Mon, Sep 14-Nov 2, 7:30PM- 8:20PM
$38 Residents/$54 Non-Residents

Hamilton (Ages 17 & up)..... HA02
(No Swim: 11/26Make up: 12/17, if needed.)
Tue/Thu, Nov 17-Dec 15, 7:30PM- 8:20PM
$38 Residents/$54 Non-Residents

Milwaukee Marshall (Ages 17 & up)... MR01
(Make Up: 11/9, if needed.)
Mon, Sep 14-Nov 2, 7:45PM- 8:35PM
$38 Residents/$54 Non-Residents

North Division (Ages 17 & up)..... ND02
(Make Up: 11/10, if needed.)
Tue, Sep 15-Nov 3, 7:30PM- 8:20PM
$38 Residents/$54 Non-Residents

South Division (Ages 17 & up).....SD01
(Make up on 11/21, if needed.)
Sat, Sep 26-Nov 14, 9:40AM-10:30AM
$38 Residents/$54 Non-Residents

Intermediate Adult Lesson

Intermediate swimmers will work on refining swimming strokes. Swimming caps are required.

Activity Code: 2RAQ0404
(Section codes listed below)

Bay View (Ages 17 & up).....BV01
(Make up on 11/10, if needed.)
Thu, Sep 17-Nov 5, 7:10PM- 8:00PM
$36 Residents/$48 Non-Residents

Bay View (Ages 17 & up).....GS01
(Make up: 11/12, if needed.)
Thu, Sep 17-Nov 5, 7:40PM- 8:30PM
$36 Residents/$48 Non-Residents

Hamilton (Ages 17 & up)..... HA01
(Make up on 11/11, if needed.)
Wed, Sep 16-Nov 4, 7:30PM- 8:20PM
$36 Residents/$48 Non-Residents

Milwaukee Marshall (Ages 17 & up).. MR01
(Make Up: 11/11, if needed.)
Wed, Sep 16-Nov 4, 7:45PM- 8:35PM
$36 Residents/$48 Non-Residents

AQUA FITNESS

Aqua Boot Camp

Scorch calories long after your swimsuit dries! A powerful class to challenge the fitness enthusiast; bring hand-held weights (3-8 pounds) and a water bottle. Training tactics may not be appropriate for beginning exercisers, persons with special needs or those who wish not to get their hair wet.

Activity Code: 2RAQ0301
(Section codes listed below)

Riverside RS01
(Make up: 11/21, if needed.Skip: 10/10)
Sat, Sep 19-Nov 14, 9:10AM-10:20AM
$38 Residents/$45 Non-Residents

Aqua Zumba®

The hottest fitness craze hits the cool water in the pool. Plan to have so much fun in this latin-themed pool party that you'll never miss the calories you leave behind. Water shoes recommended. Please bring a water bottle.

Activity Code: 2RAQ0302
(Section codes listed below)

South Division SD01
(Make Up: 11/21, if needed.)
Sat, Sep 26-Nov 14, 8:40AM- 9:40AM
$38 Residents/$45 Non-Residents



WARM WATER WALK INFORMATION

Enjoy a therapy pool setting with minimum water temperatures of 86F. No formal instruction provided.

ACTIVITY CODE: 2RAQ1034

- North Division HS - Thursday, Sept 17 - Nov 3 from 5:30pm - 6:30pm

Warm water walk is a FREE program!

Cardio Splash

Convert fat into lean muscle as you work against powerful water resistance. Experts agree that fat loss is expedited through interval training; work sets of higher intensity with periods of active rest. Endurance and intensity build each week for maximum results. Bring water bottle to class.

Activity Code: 2RAQ0304
(Section codes listed below)

Gaenslen GS01
(Make up: 11/9, if needed.)
Mon, Sep 14-Nov 2, 4:30PM- 5:30PM
$38 Residents/$45 Non-Residents

Gaenslen GS02
(Make up: 11/12, if needed.)
Thu, Sep 17-Nov 5, 4:30PM- 5:30PM
$38 Residents/$45 Non-Residents

Hamilton HA01
(No Swim: 11/25Make up: 11/16, if needed.)
Mon/Wed, Nov 16-Dec 14, 7:10PM- 8:10PM
$38 Residents/$45 Non-Residents

Milwaukee Marshall MR01
(Make Up: 11/9, if needed.)
Mon, Sep 14-Nov 2, 4:45PM- 5:45PM
$38 Residents/$45 Non-Residents

Milwaukee Marshall MR02
(Make up: 11/12, if needed.)
Thu, Sep 17-Nov 5, 7:00PM- 8:00PM
$38 Residents/$45 Non-Residents

North Division ND01
(Make Up: 11/12, if needed.)
Thu, Sep 17-Nov 5, 7:25PM- 8:25PM
$38 Residents/$45 Non-Residents

North Division ND02
(Make Up: 11/14, if needed.)
Sat, Sep 19-Nov 7, 10:00AM-11:00AM
$38 Residents/$45 Non-Residents



Deep Water Aerobics

Changing the medium in which you workout challenges the body, building muscle in places you may not have felt before. In the gym trainers use Bosu platforms and exercise balls to destabilize the environment; in the water, we take the floor away! Floatation belts available.

Activity Code: 2RAQ0305
(Section codes listed below)

Gaenslen GS01
(Make up: 11/10, if needed.)
Tue, Sep 15-Nov 3, 4:30PM- 5:30PM
$38 Residents/$45 Non-Residents

Hamilton HA01
(Make up: 11/9, if needed.)
Mon, Sep 14-Nov 2, 7:00PM- 8:00PM
$38 Residents/$45 Non-Residents

North Division ND01
(Make Up: 11/10, if needed.)
Tue, Sep 15-Nov 3, 7:00PM- 8:00PM
$38 Residents/$45 Non-Residents

South Division SD01
(Make up: 11/10, if needed)
Tue, Sep 15-Nov 3, 6:15PM- 7:15PM
$38 Residents/$45 Non-Residents

Water Aerobics - Adult

Increase flexibility, muscle strength and endurance without joint discomfort of traditional land exercise. Sign up now to make your workout fun, not a bore or a chore.

Activity Code: 2RAQ0306
(Section codes listed below)

Gaenslen GS01
(Make up: 11/11, if needed.)
Wed, Sep 16-Nov 4, 4:30PM- 5:30PM
$38 Residents/$45 Non-Residents

Gaenslen GS02
(No Make up)
Fri, Sep 18-Nov 6, 4:30PM- 5:30PM
$38 Residents/$45 Non-Residents

Milwaukee Marshall MR01
(Make Up: 11/12, if needed.)
Thu, Sep 17-Nov 5, 4:45PM- 5:45PM
$38 Residents/$45 Non-Residents

Milwaukee Marshall MR02
(No Swim: 11/25Make Up: 12/16, if needed.)
Mon/Wed, Nov 16-Dec 14, 7:30PM- 8:30PM
$38 Residents/$45 Non-Residents



YoQUA Fusion

Specially designed water exercise to ease the mind and restore the body. Gentle movement to increase flexibility and renew your spirit will be interspersed with moderate cardiovascular exercise to maintain temperature. Floatation belts (provided) may be used for some portions of this class.

Activity Code: 2RAQ0307
(Section codes listed below)

Milwaukee Marshall MR01
(Make Up: 11/10, if needed.)
Tue, Sep 15-Nov 3, 4:45PM- 5:45PM
$38 Residents/$45 Non-Residents

Resolution Jump Start

This wet workout will keep a steady pace to maintain heartrates in the ideal zone for fat burn. The resistance of the water will tone your body and the 90 minute sessions will challenge your endurance. Only 4 weeks of work to feel your best for the New Year!

Activity Code: 2RAQ0308
(Section codes listed below)

Gaenslen GS01
(No Swim 11/26Make ups: 12/17)
Tue/Thu, Nov 17-Dec 15, 5:00PM- 6:30PM
$38 Residents/$45 Non-Residents

Hamilton HA01
(No Swim: 11/25Make up: 12/16, if needed.)
Tue/Thu, Nov 17-Dec 15, 5:30PM- 7:00PM
$38 Residents/$45 Non-Residents

Milwaukee Marshall MR01
(No Swim: 11/25Make up: 11/16, if needed.)
Mon/Wed, Nov 16-Dec 14, 5:00PM- 6:30PM
$38 Residents/$45 Non-Residents



H2flOw ™

Immerse yourself in H2flOw™ a transformative warm water therapy class that harmonizes body, mind, and spirit. Through slow, intentional movement, buoyancy-assisted floatation, breathing practices, and gentle stretching, this practice soothes pain, eases stress, and restores nervous system balance.

Activity Code: 2RAQ0311
(Section codes listed below)

Gaenslen GS01
(Make up: 11/11, if needed.)
Wed, Sep 16-Nov 4, 5:40PM- 6:40PM
$38 Residents/$45 Non-Residents

Milwaukee Marshall MR01
(Make up: 11/12, if needed.)
Thu, Sep 17-Nov 5, 5:50PM- 6:50PM
$38 Residents/$45 Non-Residents

Aqua Urban Line Dance

An aquatic cardio exercise class that involves choreographed dances to a variety of urban music genres, including R&B, hip hop, soul, gospel, and house. It's a fun activity that can be adjusted to different levels of comfort. No swimming required while you dance through the water.

Activity Code: 2RAQ0314
(Section codes listed below)

North Division ND01
(Make Up: 11/14, if needed.)
Sat, Sep 19-Nov 7, 11:10AM-12:10PM
$38 Residents/$45 Non-Residents

H2flOw™ Aquanatal

Flow into motherhood letting the water hold and support you as your body changes. Open hips, ease joints and soothe the back pain while supporting your body through both birth preparation and postpartum recovery, emerging replenished and renewed. Physician/ Midwife approval recommended.

Activity Code: 2RAQ0315
(Section codes listed below)

Gaenslen GS01
(Make up: 11/11, if needed.)
Wed, Sep 16-Nov 4, 6:45PM- 7:45PM
$38 Residents/$45 Non-Residents

AQUATICS TRAINING

WSI - Water Safety Instructor

Age 16 & Up. Red Cross Water Safety Instructor (WSI) course trains candidates to teach a variety of swim classes Prerequisites: 25 yards of proficient: Front Crawl, Back Crawl, Breaststroke, Sidestroke, Elementary Backstroke and Butterfly. Must attend Pre-course. Additional information: 414.647.6053

Activity Code: 2RAQ0604
(Section codes listed below)

North Division (Ages 16-80) ND01
(NO CLASS: 8/22, 9/5. Must attend pre-course session mandatory Pre-Test Sat, Aug 1, 9:00AM @ South Division. Bring suit and goggles. 7-hours of online content is required to be completed before the first day of the course. Materials will be issued after pre-course swim to successful candidates. Call 414.647.6053, if alternative pre test options are needed.)
Sat, Aug 15-Sep 12, 8:00AM- 4:30PM
$160 Residents/$240 Non-Residents

North Division (Ages 16-80) ND02
(NO CLASS: 11/28. Must attend pre-course session mandatory Pre-Test Sat, Nov. 7th , 9:00AM @ South Division. Bring suit and goggles. 7-hours of online content is required to be completed before the first day of the course. Materials will be issued after pre-course swim to successful candidates. Call 414.647.6053, if alternative pre test options are needed.)
Thu/Sat, Nov 21-Dec 12, 8:00AM- 4:30PM
$160 Residents/$240 Non-Residents

LG PREP

Interested in taking or already enrolled in a lifeguard course but need some time and support in the water to ensure you can pass the Lifeguard Pre-test? Sign up for this section to prepare to pass the pre-test with an instructor. Course is FREE, but registration is required. Please bring goggles to the class. If you have any questions call the Aquatics office, 414.647.6076 or email us at Swim@mkerec.net.

Activity Code: 2RAQ0611
(Section codes listed below)

North Division (Ages 14 & up).....ND02
Fri, Oct 2-Oct 23, 6:00PM- 7:00PM
FREE

COMMUNITY WELLNESS

Floga

A yoga class on the water with glide fit boards. Expect to be in the water to get onto your floating yoga board, stabilized by lane lines. This class is intended as a unique way to experience yoga while challenging your balance. Land options also available, first to arrive have priority on water.

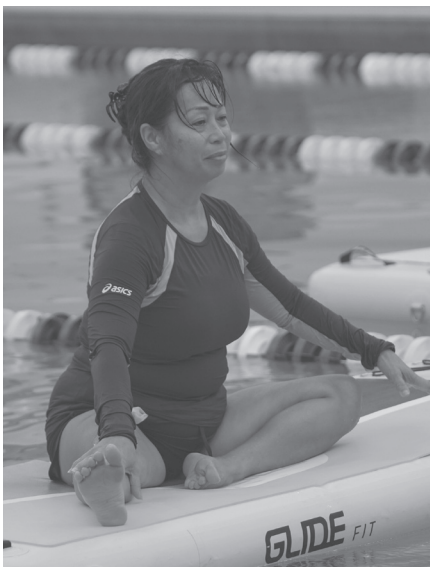
Activity Code: 2RAQ0312
(Section codes listed below)

North Division ND01
(Shallow water class)
Sat, Sep 19-Sep 26, 8:45AM- 9:45AM
FREE

North Division ND02
(Shallow water class)
Sat, Sep 19-Nov 7, 8:45AM- 9:45AM
FREE

North Division ND03
(Shallow water class)
Sat, Oct 17-Oct 24, 8:45AM- 9:45AM
FREE

North Division ND04
(Shallow water class)
Sat, Oct 31-Nov 7, 8:45AM- 9:45AM
FREE









ADULT COMP SWIM

Master's Swim - Weekdays

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 2RCS0701
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU01
Tue, Sep 8-Dec 15, 5:10AM- 6:10AM
$48 Residents/$60 Non-Residents

MacDowell (Ages 14 & up)..... JU11
Tue, Sep 8-Dec 15, 6:15AM- 7:15AM
$48 Residents/$60 Non-Residents

MacDowell (Ages 14 & up)..... JU02
(No Swim: 11/26)
Thu, Sep 10-Dec 17, 5:10AM- 6:10AM
$48 Residents/$60 Non-Residents

MacDowell (Ages 14 & up)..... JU12
(No Swim: 11/26)
Thu, Sep 10-Dec 17, 6:15AM- 7:15AM
$48 Residents/$60 Non-Residents

Riverside (Ages 14 & up)..... RS01
(Tuesday Evening Option)
Tue, Sep 8-Dec 15, 7:35PM- 8:35PM
$48 Residents/$60 Non-Residents

Riverside (Ages 14 & up)..... RS13
(SKIP: 11/25)
Wed, Sep 9-Dec 16, 5:10AM- 6:10AM
$48 Residents/$60 Non-Residents

Riverside (Ages 14 & up)..... RS23
(SKIP: 11/25)
Wed, Sep 9-Dec 16, 6:15AM- 7:15AM
$48 Residents/$60 Non-Residents

Riverside (Ages 14 & up)..... RS11
Mon, Sep 14-Dec 14, 5:10AM- 6:10AM
$48 Residents/$60 Non-Residents

Riverside (Ages 14 & up)..... RS21
Mon, Sep 14-Dec 14, 6:15AM- 7:15AM
$48 Residents/$60 Non-Residents

South Division (Ages 14 & up).....SD11
(No Swim: 11/27)
Fri, Sep 11-Dec 18, 5:10AM- 6:10AM
$48 Residents/$60 Non-Residents

South Division (Ages 14 & up).....SD21
(No Swim: 11/27)
Fri, Sep 11-Dec 18, 6:15AM- 7:15AM
$48 Residents/$60 Non-Residents

Master's Swim - Weekend

The Master's Swim Club is for the adult experienced swimmer. Course objectives vary among individuals. Some join to simply increase fitness levels while others use this program to train for triathlons. Your coach will work with you individually to reach your choice goals.

Activity Code: 2RCS0702
(Section codes listed below)

MacDowell (Ages 14 & up)..... JU01
(Early WeekendNo Swim: 11/28)
Sat, Sep 19-Dec 12, 7:25AM- 8:25AM
$48 Residents/$60 Non-Residents

Triathlon Cross Training

Tri specific swim, bike and run workout, technique tips. In/outdoor options. Minimum recommended fitness level include: 50 yards of nonstop swim ability, 10 minute of jogging stamina and comfortable on your own bike. Come prepared to swim, bike/spin and run, unless instructed otherwise.

Activity Code: 2RCS0704
(Section codes listed below)

Riverside (Ages 14 & up)..... RS01
Tue, Sep 8-Dec 15, 6:00PM- 7:30PM
$55 Residents/$70 Non-Residents

Water Polo

NEW

Dive into water polo! Join our co-ed program to build swimming endurance, learn ball-handling skills, team strategies and have fun. Perfect for all skill levels. Friendly matches included.

Activity Code: 2RCS0707
(Section codes listed below)

South Division (Ages 14 & up).....SD01
Thu, Sep 17, 6:30PM- 8:00PM
$8 Residents/$12 Non-Residents

South Division (Ages 14 & up).....SD02
Thu, Oct 15, 6:30PM- 8:00PM
$8 Residents/$12 Non-Residents

South Division (Ages 14 & up).....SD03
Thu, Nov 19, 6:30PM- 8:00PM
$8 Residents/$12 Non-Residents

South Division (Ages 14 & up).....SD04
Thu, Dec 17, 6:30PM- 8:00PM
$8 Residents/$12 Non-Residents

Master Swim DROP IN

The Masters Drop-in option is meant for those, individuals or groups, who want to stop in to swim with Milwaukee Recreation's Masters swim program, without the commitment of a seasonal membership. You MUST coordinate with the Aquatic Office to select a location(s), time(s), and the day(s) you would like to drop-in, to ensure there is adequate space.

Activity Code: 2RCS0711
(Section codes listed below)

Various (Ages 14 & up)..... 5501
Mon-Fri, Sep 14-Dec 17, 12:00AM- 1:00AM
$8 Residents/$8 Non-Residents

ARC TRAINING

CPR with AED

American Red Cross CPR/AED equips you to respond to emergencies, perform chest compressions, and use an AED. Vital for personal and professional contexts. Healthcare workers should ensure its suitability for their role. Refunds require one-week notice. Certificate valid for 2 years.

Activity Code: 2RAE0202
(Section codes listed below)

OASIS 5502
Tue, Sep 22, 5:15PM- 8:45PM
$54 Residents/$81 Non-Residents

OASIS 5501
Fri, Sep 25, 5:15PM- 8:45PM
$54 Residents/$81 Non-Residents



Please like us on Facebook!
fb.com/MilwaukeeRecreation

YOUTH COMP SWIM

Competitive Swim - Extra Practice

EXTRA PRACTICE is an opportunity for swim team members of Intermediate and Advanced competitive swim programs to swim an additional practice per week. Swimmer must first be enrolled in either Intermediate of Advanced Competitive Swim of any Milwaukee Recreation Competitive Swim Team to be eligible for this option. Not eligible for reduced fees. Family discount does not apply.

Activity Code: 2RCS0804
(Section codes listed below)

MacDowell (Ages 4-19)..... JU01
(Must be on an Int. or Adv. team this season to enrollNo Swim 11/28)
Sat, Sep 19-Dec 12, 8:30AM-10:00AM
$24 Residents/$36 Non-Residents

Piranhas Swim Team

Milwaukee Piranhas, Tidal Waves, and Krakens Age-Group Swim Club offers a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs.

Activity Code: 2RCS0808
(Section codes listed below)

MacDowell (Ages 4-19)..... JU02
(Intermediate GroupNo Swim: 11/25 and 11/26)
Mon-Thu, Sep 8-Dec 17, 5:30PM- 6:30PM
$65 Residents/$87 Non-Residents

MacDowell (Ages 4-19)..... JU13
(Beginner GroupNo Swim: 11/25 and 11/26)
Tue/Thu, Sep 8-Dec 17, 5:30PM- 6:15PM
$39 Residents/$50 Non-Residents

MacDowell (Ages 4-19)..... JU01
(Advanced GroupNo Swim: 11/25 and 11/26)
Mon-Thu, Sep 8-Dec 17, 6:30PM- 8:00PM
$80 Residents/$115 Non-Residents

MacDowell (Ages 4-19)..... JU03
(Beginner GroupNo Swim: 11/25 and 11/26)
Mon/Wed, Sep 9-Dec 16, 5:30PM- 6:15PM
$39 Residents/$50 Non-Residents



Tidal Waves Swim Team

The Tidal Waves Age-Group Swim Team offers a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs.

Activity Code: 2RCS0809
(Section codes listed below)

South Division (Ages 4-19) SD01
(Beginner GroupNo Swim 11/25)
Mon/Wed, Sep 7-Dec 16, 6:15PM- 7:00PM
$39 Residents/$58 Non-Residents

South Division (Ages 4-19) SD02
(Intermediate groupNo Swim 11/25 & 11/26)
Mon-Thu, Sep 8-Dec 17, 6:15PM- 7:15PM
$65 Residents/$87 Non-Residents

South Division (Ages 4-19) SD11
(Beginner GroupNo Swim: 11/26)
Tue/Thu, Sep 8-Dec 17, 6:15PM- 7:00PM
$39 Residents/$58 Non-Residents

South Division (Ages 4-19) SD03
(Advanced groupNo Swim 11/25 & 11/26)
Mon-Thu, Sep 8-Dec 17, 7:00PM- 8:15PM
$75 Residents/$100 Non-Residents

South Division (Ages 4-19) SD12
(Intermediate groupNo Swim 11/25 & 11/26)
Mon-Thu, Sep 8-Dec 17, 7:15PM- 8:15PM
$65 Residents/$87 Non-Residents

Krakens Swim Team

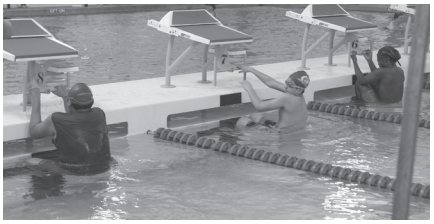
Milwaukee Krakens Age-Group Swim Club offers a friendly, learner-focused environment. Swimmers must be able to kick one full length (25 yards) of the pool on their back and stomach and be comfortable in deep water to join. Seasonal swim meets will be held with local age-group clubs.

Activity Code: 2RCS0810
(Section codes listed below)

Riverside (Ages 4-19)..... RS03
(Beginner groupNo Swim 11/25 - 11/26)
Mon/Wed/Thu, Sep 9-Dec 17, 6:30PM- 7:15PM
$39 Residents/$58 Non-Residents

Riverside (Ages 4-19)..... RS01
(Advanced group)
Mon/Wed/Thu, Sep 9-Dec 17, 7:00PM- 8:30PM
$66 Residents/$95 Non-Residents

Riverside (Ages 4-19)..... RS02
(Intermediate groupNo Swim 11/25 - 11/26)
Mon/Wed/Thu, Sep 9-Dec 17, 7:15PM- 8:15PM
$54 Residents/$81 Non-Residents



OPEN + LAP SWIM INFORMATION

First come, first served, only 40 people in the pool at one time. Children under the age of 7 must be accompanied in the water by an adult who will remain within arm's reach of the child. Two lap swim lanes will be available. Open / lap swim is a **FREE** program, and pre-registration is required.
ACTIVITY CODE: 2RAQ1032

- **MacDowell: Sat, Sept 19-Dec 12, 10:45AM-12:15PM**
- **Milwaukee Marshall: Sat, Sept 19-Nov 7, 12:15PM- 1:45PM**
- **South Division: Sat, Sept 26-Nov 14, 7:30AM- 8:30AM**

LAP SWIM INFORMATION

- **Riverside High School (lap only)**
  - » ACTIVITY CODE: 2RCS0705
  - » $3 per day, registration required.
  - » Saturdays, 9/19-11/7, 8:00AM - 9:00AM

Additional open and lap swim opportunities will be listed at mkerec.net/openswim.

AQUATICS IS NOW HIRING!

Interested in joining the Milwaukee Recreation aquatics team? See below for all employment opportunities. Visit mkerec.net/aquatics or call 414.647.6067 for more information.

LIFEGUARDS

Starting Pay: $18-19/hr
Age: 15+

Seasonal, year-round employment and flexible scheduling.

Two Year certification includes Red Cross First Aid, CPR, and AED.

Red Cross Lifeguarding is a National Certification Valid at Organizations around the US.

Become a Red Cross Certified Lifeguard
- » Register online at mkerec.net
- » Call 414.647.6076 for train-to-hire opportunities

Apply online at **mkerec.net/aquatics** or email swim@mkerec.net with questions or for more information.

SWIM INSTRUCTORS

Starting Pay: $20/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:
- Parent-Child Aquatics
- Levels 1-6 swim for youth
- Adult Learn-to-Swim

Become a certified Water Safety Instructor (WSI)
- » Register online at mkerec.net
- » WSI Training is FREE for current Milwaukee Recreation employees

Apply online at **mkerec.net/aquatics** or email swim@mkerec.net with questions or for more information.

FITNESS INSTRUCTORS

Starting Pay: $22/hr
Age: 16+

Seasonal, year-round employment and flexible scheduling.

Teach:
- Aqua Boot Camp
- Aqua Zumba
- Deep Water Aerobics
- Drum Vibes
- Glidefit
- Water Aerobics
- YoQUA Fusion

Apprenticeships available! Apply online at **mkerec.net/aquatics** or email swim@mkerec.net for more information.

COACHES

Starting Pay: $18/hr for assistant coaches, $20/hr for head coaches
Age: 15+

Coaching experience preferred but not required.

Seasonal, year-round employment and flexible scheduling.

Youth teams available:
- The Piranhas
- The Krakens
- The Tidal Waves

Adult programs available:
- Masters Swim and Tri Training

Apprenticeships available! Apply online at **mkerec.net/aquatics** or email swim@mkerec.net for more information.

COMMUNITY WELLNESS

Mil"WALK"ee

Join our walking club for a cardio workout while exploring Milwaukee! Each week, walk up to 4 miles in a group setting. Walk locations can be found at mkerec.net/wellness. Attendance at every walk is not required. Wednesday walks may include historical highlights or brief pauses along the route.

Activity Code: 2PL59003
(Section codes listed below)

Various WN02
(Wednesday Touring Walks)
Wed, Sep 23-Nov 11, 5:30PM- 7:00PM
FREE

Various WN03
Tue, Sep 22-Nov 10, 10:00AM-11:15AM
FREE

Various WN01
Thu, Sep 24-Nov 12, 10:00AM-11:15AM
FREE

Mil"WALK"ee - Indoor Edition

Join the Lindsay Heights neighborhood for an indoor walk in the basement at North Division! Work up a sweat walking while meeting new people. Each week walk up to one hour in the hallways in a group setting. Attendance at every walk is not required. Please wear appropriate shoes for an indoor walk.

Activity Code: 2PL59035
(Section codes listed below)

North Division ND01
Mon/Wed, Sep 21-Nov 11, 6:00PM- 7:00PM
FREE

Yoga

Release some stress in your life with the calming ritual of yoga. Poses and breathwork help to develop strength, flexibility, balance and body awareness. Wear comfortable clothing. Bring your own mat and water.

Activity Code: 2PL59004
(Section codes listed below)

North Division ND01
Mon/Wed, Sep 28-Nov 4, 6:30PM- 7:30PM
FREE

Tiefenthaler Park TF01
Tue, Nov 3-Dec 15, 10:00AM-11:00AM
FREE

Urban Ecology Center-Washington Park WN01
Tue, Nov 3-Dec 15, 5:15PM- 6:00PM
FREE

Flow With Zoe

Through movement, breathwork, mindfulness, and emotional resilience practices, we create supportive spaces where individuals can reconnect with their bodies, reduce stress, and cultivate a sense of safety and belonging. Ages (12+) Please bring your own mat or blanket.

Activity Code: 2PL59017
(Section codes listed below)

Urban Ecology - Riverside Park RV02
Tue, Sep 22-Oct 13, 5:15PM- 6:00PM
FREE

Urban Ecology - Riverside Park RV01
Sat, Sep 26-Oct 17, 9:15AM-10:00AM
FREE

Fitness in the Park Yoga

Practicing Yoga outdoors has many benefits including increasing body awareness, strength and flexibility while connecting you deeper with nature. Join us for an outdoor yoga class that will take you through a series of poses and breath work. Bring your own exercise mat and water.

Activity Code: 2PL59006
(Section codes listed below)

Hawthorn Glen HG01
Tue, Sep 22-Oct 27, 5:15PM- 6:00PM
FREE

Tiefenthaler Park TF01
Tue, Sep 22-Oct 27, 10:00AM-11:00AM
FREE

Friday Forest & Flow

Join Annie Wegner LeFort of EatMoveMKE for a 45-minute indoor yoga flow at the Urban Ecology Center, followed by a guided forest therapy walk. Warm up, awaken your senses, slow down, and connect with nature. Bring a mat, weather-ready clothes, and an open mind.

Activity Code: 2PL59008
(Section codes listed below)

Urban Ecology Center - Riverside Park UEC02
Fri, Oct 16, 4:00PM- 6:30PM
FREE

Urban Ecology Center - Washington Park UEC01
Fri, Oct 9, 4:00PM- 6:30PM
FREE

Lifting "FUN"ctionally

Join us in a new offering focused on muscle growth, strength, mobility, and a play-like atmosphere. We will help teach you how to lift weights on a scalable level. Class includes 1.dynamic warm up 2.a movement focused games 3. functional weightlifting section 4. a cool down stretch (ages 18+).

Activity Code: 2PL59010
(Section codes listed below)

Milwaukee Marshall MR01
Tue/Thu, Sep 22-Nov 12, 7:15PM- 8:15PM
FREE

Ronald Reagan RG01
Mon/Wed, Sep 21-Nov 11, 6:45PM- 8:00PM
FREE

South Division SD01
Wed, Sep 23-Nov 11, 5:30PM- 6:30PM
FREE

Community Bike Rides

Discover the joy of group bike rides on Milwaukee's best trails! Rides include a short introduction on bike safety followed by a 90 minute group ride led by our ride leaders. Rides will focus on bike trails with some street riding and are suitable for beginners. Must provide your own bike & helmet.

Activity Code: 2PL59016
(Section codes listed below)

Various Locations WN04
Sat, Sep 12-Oct 31, 10:00AM-11:30AM
FREE

CBC - Good Morning Hank

Enjoy a morning ride through a variety of environments including urban, river, prairie and wooded surroundings. Rides include a short introduction on bike safety followed by a group ride led by our ride leaders. Rides will focus on bike trails with some street riding and are suitable for beginners. Must provide your own bike & helmet.

Activity Code: 2PL59018
(Section codes listed below)

State Fair Park & Ride WN01
Tue, Sep 8-Oct 27, 9:30AM-11:30AM
FREE



To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

CBC - Social Slow Roll

Join us for a casual, fun & family friendly bike ride as we roll through different parts of Milwaukee! Ride may include stops along the route to share outdoor experiences or rest at a local coffee shop for a break. Participants must provide their own bike & helmet. Contact Zechariah@mkerec.net with questions.

Activity Code: 2PL59024
(Section codes listed below)

Various Locations WN03
Thu, Sep 10-Oct 1, 6:00PM- 7:30PM
FREE

CBC - Bike Touring

Learn the basics of bike touring as you build your endurance with long distance rides. Participants should be comfortable in the saddle for 2 hours with the expectation of increasing ride time as the season progresses. Participants must provide a bike & helmet.

Activity Code: 2PL59032
(Section codes listed below)

Various Locations WN04
Sun, Sep 13-Oct 25, 12:00PM- 3:00PM
FREE

Community Bike Ride - Coffee Shop 50 Ride

Join us as we tour part of the Oak Leaf Trail. This 50 mile ride is a slow to moderate ride with a few coffee shop/rest stops along the route. Riders can complete the entire route or any portion of the trip they choose. Exact route and stopping locations will be emailed out prior to the ride.

Activity Code: 2PL59036
(Section codes listed below)

Hart Park WN01
Sat, Nov 7, 8:00AM- 3:00PM
FREE

CBC - Polar Pedalers

Discover the joy of group bike rides this winter! Ride includes a 60-90 minute group ride. Rides are suitable for beginners with multiple stops for breaks, and pace will be adjusted so everyone can talk comfortably while riding. Please dress appropriately for winter weather.

Activity Code: 2PL59037
(Section codes listed below)

Estabrook Park - Milwaukee County Parks ..... Various
Sat, Nov 14-Dec 19, 10:00AM-11:30AM
FREE

Hart Park WN06
Wed, Nov 11-Dec 16, 10:00AM-11:30AM
FREE

CBC- South Side Cycle

Discover the joy of group bike rides on Milwaukee's best trails! Rides include a short introduction on bike safety followed by a group ride led by our ride leaders. Rides will focus on bike trails with some street riding and are suitable for beginners. Must provide your own bike & helmet.

Activity Code: 2PL59038
(Section codes listed below)

Various Locations (Ages 18-99) ... WN02
Wed, Sep 9-Oct 28, 9:30AM-11:30AM
FREE

Unwind & Release

Unwind and release your stress and tension in this mellow yoga class focused on mindful breathing and strengthening poses. Build balance, mobility, and emotional resilience in a calm, welcoming space for all levels

Activity Code: 2PL59039
(Section codes listed below)

Urban Ecology Center- Washington Park UEC01
Wed, Sep 23-Oct 14, 5:15PM- 6:00PM
FREE

Urban Ecology Center- Washington Park UEC02
Wed, Oct 21-Nov 11, 5:15PM- 6:00PM
FREE



Health is Wealth: Cancer Survivorship Program

This program teaches cancer survivors & caregivers healthy lifestyle with nutrition, cooking demos, and exercise. Class meets twice a week and consists of nutrition & healthy lifestyle education, healthy cooking demos, and physical activity. Led by Leonard Wilson, Divine Intervention Fitness.

Activity Code: 2PL59040
(Section codes listed below)

OASIS 5501
Mon/Wed, Sep 14-Oct 28, 6:00PM- 8:00PM
FREE

OASIS 5502
Mon/Wed, Nov 2-Dec 16, 6:00PM- 8:00PM
FREE

Sound Bath

Led by a skilled sound healer, you will be guided through a journey of sounds with melodic instruments. This class offers a transformative experience leaving you feeling refreshed, rejuvenated & radiant. Bring something to lie on as this experience combines the healing power of sound with the tranquil ambiance of nature.

Activity Code: 2PL59042
(Section codes listed below)

Hawthorn Glen WA01
Wed, Sep 23-Nov 18, 5:30PM- 6:00PM
FREE

Milwaukee Marshall MR01
Mon, Sep 21-Nov 16, 5:15PM- 5:45PM
FREE

Forest Breathing

Forest Breathing is a guided practice designed for those who long to connect more deeply with nature. This immersive experience gently leads you into a profound meditative state that supports nervous system regulation, clarity, and inner calm. Open to ages18+.

Activity Code: 2PL59046
(Section codes listed below)

Hawthorn Glen WN01
Mon, Sep 21-Oct 26, 12:00PM- 1:00PM
FREE

Nordic Walking Group

Nordic Walking uses special poles to enhance natural walking. Blending cross-country skiing and power walking, it's a full-body cardio workout for all ages and fitness levels. Led by a certified instructor; poles provided.

Activity Code: 2PL59021
(Section codes listed below)

South Shore Park WN02
Sun, Sep 27-Nov 15, 8:30AM- 9:30AM
FREE

Urban Ecology Center - Riverside Park WN01
Sat, Sep 26-Nov 14, 9:30AM-10:30AM
FREE

Nutrition Education for Chronic Diseases

Join our new education class focusing on Hypertension and Prediabetes. Learn new ways to adapt to healthier lifestyle changes to prevent or delay type 2 Diabetes and how to monitor/ manage Hypertension.

Activity Code: 2PL59023
(Section codes listed below)

Hamilton HM01
Tue, Oct 6-Oct 27, 6:00PM- 7:00PM
FREE

Milwaukee Marshall MR01
Wed, Oct 7-Oct 28, 6:00PM- 7:00PM
FREE

Fitness in the Park Zumba

Join us for a Zumba class in the park! Zumba is a fun and easy way to workout with routines that feature easy-to-follow dance steps synched to Latin music helping you tone and sculpt your body. Class is geared towards all fitness levels, ages, and suitable for beginners.

Activity Code: 2PL59027
(Section codes listed below)

Burnham Playfield WN01
Tue, Sep 22-Oct 13, 6:30PM- 7:15PM
FREE

Let's Make Kombucha

Join us and learn the art of crafting your own delicious, probiotic-rich beverage! This hands-on workshop covers everything from selecting ingredients to mastering the fermentation process. Perfect for beginners and enthusiasts alike. Walk away with your own brew and the skills to continue at home!

Activity Code: 2PL59049
(Section codes listed below)

Hamilton (Ages 16 & up) HA01
Tue, Sep 22, 5:30PM- 6:30PM
$16 Residents/$24 Non-Residents

Hamilton (Ages 16 & up) HA02
Tue, Oct 13, 5:30PM- 6:30PM
$16 Residents/$24 Non-Residents



Motown Moves

Motown Moves is a dynamic recreation program designed for Motown music lovers to activate their wellness through movement. Groove to classic Motown hits while improving fitness and having fun in a supportive, community-focused environment. All levels welcome!

Activity Code: 2PL59053
(Section codes listed below)

Washington WN01
Mon/Wed, Sep 21-Nov 9, 5:30PM- 6:30PM
FREE

The Art of Self-Rewilding in the Fall

The natural world can teach us many things that we can't learn anywhere else. This program explores the wisdom of the seasonal change from summer to winter through gentle exercises, mindful breathing, contemplative walking, stories, and selected arts practices. Please dress for an outdoor class.

Activity Code: 2PL59055
(Section codes listed below)

Urban Ecology Center - Riverside Park (Ages 16-99) WN01
Sat, Sep 26, 10:00AM-12:00PM
FREE

Urban Ecology Center - Riverside Park (Ages 16-99) WN02
Sat, Oct 17, 10:00AM-12:00PM
FREE

Urban Ecology Center - Riverside Park (Ages 16-99) WN03
Sat, Nov 14, 10:00AM-12:00PM
FREE

Women's Wellness Warriors

This Women's Self Defense Class offers a comprehensive course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. The instructor will help you prepare yourself, have a plan, and build confidence throughout this series!

Activity Code: 2PL59057
(Section codes listed below)

MacDowell (Ages 16-99)..... JU01
(Beginner Techniques)
Sat, Sep 26-Nov 14, 11:00AM-12:00PM
FREE

MacDowell (Ages 16-99)..... JU02
(Advanced Techniques)
Sat, Sep 26-Nov 14, 12:00PM- 1:00PM
FREE

Madison (Ages 16-99).....MD01
Wed, Sep 23-Nov 11, 6:00PM- 7:00PM
FREE



Men Moving Forward

Stronger after cancer starts here. This supportive program combines coach-led strength training, engaging cooking demonstrations, and proven habit-building strategies to help those newly diagnosed, in treatment, or living beyond cancer build confidence, eat better, and enhance their quality of life.

Activity Code: 2PL59065
(Section codes listed below)

Milwaukee Marshall MR01
Tue/Thu, Sep 19-Dec 19, 6:00PM- 7:00PM AND
Sat, 10:00AM - 12:00PM
FREE

Zumba®

Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.

Activity Code: 2PL509005
(Section codes listed below)

Milwaukee Marshall MR01
Mon, Sep 21-Nov 9, 5:30PM- 6:30PM
FREE

Reagan High School RG01
Mon, Sep 21-Nov 9, 5:30PM- 6:30PM
FREE

Reagan High School MR02
Mon, Sep 23-Nov 11, 5:30PM- 6:30PM
FREE

ACTIVE OLDER ADULTS

Sparkle and Shine

Join us in celebrating the holidays at this family event! Enjoy seasonal refreshments and light snacks as you view our creatively decorated trees and visit with others. Each participant will receive 5 raffle tickets to enter a drawing to win one of the decorated trees to take home and enjoy during the holiday season!

Activity Code: 2R550117
(Section codes listed below)

OASIS (Ages 0 & up) 5501
Sat, Nov 21, 1:00PM- 3:00PM
$4 Residents/$6 Non-Residents

OASIS (Ages 0 & up) 5502
Sat, Nov 21, 4:00PM- 6:00PM
$4 Residents/$6 Non-Residents

ARTS & CRAFTS

Drawing & Painting

Whether you are a beginner or a pro, join us for adventures in all types of drawing and painting. Work independently or follow weekly lessons and challenges to grow your artistic skills. Above all, have fun! Basic supplies will be provided.

Activity Code: 2R550902
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF01
Tue, Sep 15-Oct 27, 5:00PM- 7:00PM
$32 Residents/$48 Non-Residents

Enderis Playfield (Ages 50 & up)... EF02
Tue, Nov 10-Dec 15, 5:00PM- 7:00PM
$27 Residents/$41 Non-Residents



Craft Club

Crafting fun for everyone. No experience necessary. Explore all types of crafts in a friendly and nurturing atmosphere. Be amazed at your secret creative skills! A $20 (cash only) supply fee is due to the instructor at the first class.

Activity Code: 2R550903
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF01
Tue, Sep 15-Oct 27, 9:00AM-12:00PM
$21 Residents/$32 Non-Residents

Enderis Playfield (Ages 50 & up)... EF02
Tue, Nov 10-Dec 15, 9:00AM-12:00PM
$20 Residents/$30 Non-Residents

Acrylic and Oil Painting

Join our painting course for a fun journey through techniques like shape recognition, light sources, and mastering values. Suitable for all levels, with personalized progress. Guided by award-winning artist Laura Easey-Jones. A supply list will be included on your receipt. Please bring your supplies on the first day of class.

Activity Code: 2R550913
(Section codes listed below)

OASIS 5501
Mon, Sep 14-Oct 19, 9:30AM-11:30AM
$27 Residents/$41 Non-Residents

OASIS 5502
Thu, Sep 17-Oct 22, 12:30PM- 2:30PM
$27 Residents/$41 Non-Residents

OASIS 5503
Mon, Nov 2-Dec 14, 9:30AM-11:30AM
$27 Residents/$41 Non-Residents

OASIS 5504
Thu, Nov 5-Dec 17, 12:30PM- 2:30PM
$23 Residents/$35 Non-Residents

Explore Mixed Media

Create stunning collages using paper, torn magazine pages, texture paste, stamps, paint, and more. Each project is uniquely yours. Suitable for all skill levels, with opportunities to explore advanced techniques like paint pouring, Shibori dyeing, alcohol inks and much more. Supply fee is now included in the registration fee.

Activity Code: 2R550914
(Section codes listed below)

OASIS 5501
Mon, Sep 14-Oct 19, 12:30PM- 2:30PM
$27 Residents/$41 Non-Residents

OASIS 5502
Mon, Nov 2-Dec 14, 12:30PM- 2:30PM
$27 Residents/$41 Non-Residents

Corn Husk Art Series

Learn to create flowers and sculptural pieces using corn husks in this progressive class series. From simple flowers to more complex creations, you will build your skills step by step while exploring a traditional craft of many centuries. You will learn techniques for dyeing, shaping, and assembling, all in a creative and hands-on environment. No previous experience is required. A $10 (cash only) supply fee is due to the instructor at class. Fee is per class. Class 1: Corn Husk Dyeing Process, Class 2: Corn Husk Flowers, Class 3: Corn Husk Doll, Class 4: Corn Husk Home Decor Piece.

Activity Code: 2R550915
(Section codes listed below)

OASIS 5501
(Corn Husk Dyeing Process)
Fri, Sep 25, 9:30AM-11:30AM
$19 Residents/$29 Non-Residents

OASIS 5502
(Corn Husk Flowers)
Fri, Oct 2, 9:30AM-11:30AM
$19 Residents/$29 Non-Residents

OASIS 5503
(Corn Husk Doll)
Fri, Oct 9, 9:30AM-11:30AM
$19 Residents/$29 Non-Residents

OASIS 5504
(Corn Husk Home Decor Piece)
Fri, Oct 16, 9:30AM-11:30AM
$19 Residents/$29 Non-Residents

DID YOU KNOW?

Eighty percent of parents indicate their child(ren) (under the age of 18) participate in **activities provided by or held at their local park and recreation agency**.

via nrpa.org/parkpulse

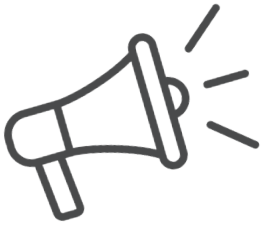
COMPUTERS

Intro to Fundamental Networking

This class will teach you the basics of computer networking. You will be able to identify key components that make a computer network and learn how to create a basic secure wireless network.

Activity Code: 2R551505
(Section codes listed below)

OASIS 5501
Tue, Oct 6-Oct 27, 11:00AM-12:00PM
$11 Residents/$17 Non-Residents



DANCE

Urban Line Dance

Are you tired of trying to learn the latest line dances or trying to learn them at social gatherings? Join us and you'll no longer have to worry about catching up; you'll already know all the latest dances. All skill levels welcome. Wear comfortable shoes and clothing.

Activity Code: 2R552901
(Section codes listed below)

OASIS 5501
Tue, Sep 15-Oct 27, 1:00PM- 2:30PM
$23 Residents/$35 Non-Residents

OASIS 5502
Tue, Nov 3-Dec 15, 1:00PM- 2:30PM
$21 Residents/$32 Non-Residents

FITNESS

Zumba Gold®

Zumba Gold® adapts Zumba for active older adults and beginners. Enjoy camaraderie, excitement, and fitness in a friendly, fun dance class tailored to your pace and needs.

Activity Code: 2R553503
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Mon, Sep 14-Oct 26, 10:15AM-11:15AM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5503
Thu, Sep 17-Oct 29, 10:15AM-11:15AM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5502
Mon, Nov 2-Dec 14, 10:15AM-11:15AM
$15 Residents/$23 Non-Residents

OASIS (Ages 50 & up) 5504
Thu, Nov 5-Dec 17, 10:15AM-11:15AM
$13 Residents/$20 Non-Residents

Gentle Yoga

Gentle Yoga is accessible to all levels and body types and is especially suited for beginners. Basic stretches, postures and breathwork help to develop strength, flexibility, balance, focus, and body awareness. Must be capable of independently getting up and down from the floor.

Activity Code: 2R553504
(Section codes listed below)

OASIS (Ages 50 & up) 5503
(led by Leah)
Wed, Sep 9-Oct 28, 12:45PM- 2:00PM
$25 Residents/$38 Non-Residents

OASIS (Ages 50 & up) 5501
(led by Annie)
Tue, Sep 15-Oct 27, 11:30AM-12:30PM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5502
(led by Annie)
Tue, Nov 3-Dec 15, 11:30AM-12:30PM
$15 Residents/$23 Non-Residents

OASIS (Ages 50 & up) 5504
(led by Leah)
Wed, Nov 4-Dec 16, 12:45PM- 2:00PM
$21 Residents/$32 Non-Residents

Chair Yoga

Discover improved health and well-being in our chair yoga plus strength class, suitable for all abilities. Enjoy seated or standing poses, promoting muscle strength, flexibility, posture, balance, and breathing. Class is led by Leah.

Activity Code: 2R553508
(Section codes listed below)

OASIS (Ages 50 & up) 5503
Fri, Sep 11-Oct 30, 9:00AM-10:00AM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5501
Mon, Sep 14-Oct 26, 9:00AM-10:00AM
$15 Residents/$23 Non-Residents

OASIS (Ages 50 & up) 5502
Mon, Nov 2-Dec 14, 9:00AM-10:00AM
$15 Residents/$23 Non-Residents

OASIS (Ages 50 & up) 5504
Fri, Nov 6-Dec 18, 9:00AM-10:00AM
$13 Residents/$20 Non-Residents

Fit Over 50

Experience 'You CAN Do This' Fitness Class, focusing on dynamic muscle toning with stretching, cardio, strength training, and abs. Improve muscle tone, functional strength, and cardiovascular health with various equipment like light weights and Resist-a-Balls.

Activity Code: 2R553511
(Section codes listed below)

Enderis Playfield (Ages 50 & up)... EF01
Thu, Sep 17-Oct 29, 11:30AM-12:30PM
$17 Residents/$26 Non-Residents

Enderis Playfield (Ages 50 & up)... EF02
Thu, Nov 5-Dec 17, 11:30AM-12:30PM
$13 Residents/$20 Non-Residents

OASIS (Ages 50 & up) 5501
Wed, Sep 16-Oct 28, 12:30PM- 1:30PM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5502
Wed, Nov 4-Dec 16, 12:30PM- 1:30PM
$17 Residents/$26 Non-Residents

T'ai Chi & Qigong

Experience the Chinese arts of T'ai Chi & Qigong for relaxation and energy balance. Wear comfortable clothing and flat-soled shoes or stocking feet. Suitable for all fitness levels, including older adults and those with health limitations, using modified movements.

Activity Code: 2R553519
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Tue, Sep 15-Oct 27, 9:45AM-10:45AM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5502
Tue, Nov 3-Dec 15, 9:45AM-10:45AM
$15 Residents/$23 Non-Residents

Interval Training

This highly energetic class involves alternating bursts of intense activity with recovery periods. This is an efficient training method that helps to increase your cardiovascular intensity without burning yourself out. Class is led by Leah.

Activity Code: 2R553521
(Section codes listed below)

OASIS 5501
Fri, Sep 11-Oct 30, 10:10AM-11:10AM
$17 Residents/$26 Non-Residents

OASIS 5502
Fri, Nov 6-Dec 18, 10:10AM-11:10AM
$13 Residents/$20 Non-Residents

TRX & Stretch

This revolutionary workout method uses your body weight and gravity as resistance to build strength, balance, coordination, flexibility, core, and joint stability. This class will take you through a multitude of TRX exercises for your entire body. Class is led by Leah.

Activity Code: 2R553522
(Section codes listed below)

OASIS 5501
Tue, Sep 8-Oct 27, 12:50PM- 1:35PM
$13 Residents/$20 Non-Residents

OASIS 5502
Thu, Sep 10-Oct 29, 10:10AM-10:55AM
$13 Residents/$20 Non-Residents

OASIS 5507
Thu, Sep 10-Oct 29, 12:15PM- 1:00PM
$13 Residents/$20 Non-Residents

OASIS 5503
Fri, Sep 11-Oct 30, 11:20AM-12:05PM
$13 Residents/$20 Non-Residents

OASIS 5504
Tue, Nov 3-Dec 15, 12:50PM- 1:35PM
$11 Residents/$17 Non-Residents

OASIS 5505
Thu, Nov 5-Dec 17, 10:10AM-10:55AM
$10 Residents/$15 Non-Residents

OASIS 5508
Thu, Nov 5-Dec 17, 12:15PM- 1:00PM
$10 Residents/$15 Non-Residents

OASIS 5506
Fri, Nov 6-Dec 18, 11:20AM-12:05PM
$10 Residents/$15 Non-Residents

Shake Hands with the Fitness Center

Too intimidated to go to the gym? Don't know what an elliptical or an incline press is? In this class Leonard will help you navigate the equipment in the fitness center and learn how to use it safely and effectively. By the end of the class you'll be confident in the gym setting!

Activity Code: 2R553523
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Wed, Sep 16-Oct 28, 1:45PM- 2:45PM
$10 Residents/$15 Non-Residents

Drums Alive® Golden Beats

Experience the joy of rhythmic drumming designed for older adults! Energize your mind and body, enhance cardiovascular health, strength, flexibility, and mental awareness. Enjoy socialization and overall well-being in a fun and inclusive atmosphere. No experience necessary.

Activity Code: 2R553524
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Mon, Sep 14-Oct 26, 11:30AM-12:30PM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5502
Mon, Nov 2-Dec 14, 11:30AM-12:30PM
$15 Residents/$23 Non-Residents

Chair Zumba Gold®

Chair Zumba Gold® provides a safe and enjoyable environment for older adults to experience the fun and benefits of Zumba. Stay active with Zumba beats and easy-to-follow moves, all done in a chair for extra support. Ideal for those with mobility or balance challenges.

Activity Code: 2R553525
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Wed, Sep 16-Oct 28, 2:15PM- 3:15PM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5502
Wed, Nov 4-Dec 16, 2:15PM- 3:15PM
$17 Residents/$26 Non-Residents

Fall Resiliency

Looking to build strength and mobility while enhancing stability and balance? This class is for you! Safely challenge your body, helping you move through life with confidence and maybe even add a little extra joy to your step. Class is led by Leah.

Activity Code: 2R553526
(Section codes listed below)

OASIS 5502
Thu, Sep 10-Oct 29, 9:00AM-10:00AM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5503
(50+ with Chair)
Thu, Sep 10-Oct 29, 11:05AM-12:05PM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5501
(50+ with Chair)
Tue, Sep 8-Oct 27, 11:40AM-12:40PM
$17 Residents/$26 Non-Residents

OASIS (Ages 50 & up) 5504
(50+ with Chair)
Tue, Nov 3-Dec 15, 11:40AM-12:40PM
$15 Residents/$23 Non-Residents

OASIS 5505
Thu, Nov 5-Dec 17, 9:00AM-10:00AM
$13 Residents/$20 Non-Residents

OASIS (Ages 50 & up) 5506
(50+ with Chair)
Thu, Nov 5-Dec 17, 11:05AM-12:05PM
$13 Residents/$20 Non-Residents

LANGUAGE SKILLS

English as a Second Language

Enhance English skills in listening, speaking, reading, and writing in our beginner ESL course. Activities emphasize vocabulary, pronunciation, and grammar for daily use. Spanish aids in clarifying differences.

Activity Code: 2R554402
(Section codes listed below)

OASIS 5501
Wed, Sep 16-Oct 28, 9:00AM-10:30AM
$25 Residents/$38 Non-Residents

OASIS 5503
Wed, Nov 4-Dec 16, 9:00AM-10:30AM
$21 Residents/$32 Non-Residents



¡Spanish Club!

Explore the Spanish language and culture through conversation, food, music, dance, traditions, and social connection. We will also take a field trip to a local Latin American restaurant to experience traditional cuisine and culture. No prior Spanish experience is required - just curiosity, enthusiasm, and a willingness to have fun while learning!

Activity Code: 2R554404
(Section codes listed below)

OASIS 5501
Wed, Sep 16-Oct 28, 11:45AM- 1:45PM
$27 Residents/$41 Non-Residents

OASIS (Ages 18-99) 5502
Wed, Nov 4-Dec 16, 11:45AM- 1:45PM
$23 Residents/$35 Non-Residents

OUTDOOR EDUCATION

Urban Gardening

Gardens can provide healthy food, exercise, and a sanctuary for people and our urban wildlife. Join us as we plant vegetables and flowers in the courtyard of the OASIS.

Activity Code: 2R555013
(Section codes listed below)

OASIS (Ages 50 & up) 5501
Wed, Sep 2-Nov 4, 10:30AM-12:30PM
FREE

Cooking with the Seasons

Learn to cook simple, nourishing and beautiful food with affordable ingredients to make again at home! During this series we will focus on using culinary techniques to take everyday ingredients to the next level of deliciousness. By building an understanding of flavor, texture and plating - participants will expand their culinary horizons. Each class will include a short lesson plan followed by a cooking demonstration and food to enjoy with other participants.

Activity Code: 2R555014
(Section codes listed below)

OASIS (Ages 50 & up) 5501
(Class held every other week 9/16, 9/30, 10/14)
Wed, Sep 16-Oct 28, 1:00PM- 2:30PM
$35 Residents/$53 Non-Residents

OASIS (Ages 50 & up) 5502
(Class is held every other week 11/11, 11/25, 12/9)
Wed, Nov 11-Dec 9, 1:00PM- 2:30PM
$26 Residents/$40 Non-Residents

SPORTS AND RECREATION

Pickleball

Experience the excitement of pickleball, America's fastest-growing sport. Join our welcoming group for open play, suitable for all skill levels. However, true beginners are encouraged to explore external resources and complete an introductory course beforehand. BYO paddle or borrow one of ours. Please note, drop-ins are not allowed.

Activity Code: 2R550101
(Section codes listed below)

Enderis Playfield EF01
(Open Play - sorry, no drop-ins)
Thu, Sep 10-Oct 22, 6:30PM- 9:00PM
$18 Residents/$27 Non-Residents

Juneau Playfield JU01
(Open Play - sorry, no drop-ins)
Wed, Sep 9-Oct 21, 9:00AM-12:00PM
$18 Residents/$27 Non-Residents

Juneau Playfield JU02
(Open Play - sorry, no drop-ins)
Sat, Sep 12-Oct 24, 9:00AM-12:00PM
$18 Residents/$27 Non-Residents

Morse MS01
(Open Play - sorry, no drop-ins)
Thu, Oct 29-Dec 10, 6:30PM- 9:00PM
$18 Residents/$27 Non-Residents

Pulaski PK02
(Open Play - sorry, no drop-ins)
Wed, Oct 28-Dec 9, 6:30PM- 9:00PM
$18 Residents/$27 Non-Residents

Pulaski PK01
(Open Play - sorry, no drop-ins)
Sat, Oct 31-Dec 12, 9:00AM-12:00PM
$18 Residents/$27 Non-Residents

50+ Volleyball

Come and join our 50+ Volleyball League! This league fun and competition to ensure that everyone has a great experience. Online registration is not available, please call 647.6046 for more information.

Activity Code: 2R556801
(Section codes listed below)

Beulah Brinton BN01
(Competitive Level Fall & Winter league.)
Tue/Thu, Sep 8-Dec 3, 9:15AM-12:15PM
$15 Residents/$30 Non-Residents

Beulah Brinton BN02
(Social Level Fall & Winter league.)
Tue/Thu, Sep 15-Dec 10, 9:15AM-11:15AM
$15 Residents/$30 Non-Residents

WEAVING AND FIBER ARTS



ABK Weaving Center
Gaenslen School
1250 E. Burleigh St.
414-267-5771
abkweavingcenter.com

Not Your Grandma's Knitting

Basic knitting skills (ability to cast-on, knit, purl, bind off) are needed to take this class. Participants will learn to make a project utilizing basic techniques. Cables in the fall, felting in the winter & color work in the spring. Knitters will be contacted via email prior to the start of the class and given the choice of 2 projects. A supply list for each project will be provided in the email.

Activity Code: 2RAE6903
(Section codes listed below)

Gaenslen GS01
(Instructor: Ann Junker)
Wed, Sep 16-Nov 4, 5:00PM- 7:00PM
$36 Residents/$36 Non-Residents

Weaving Basics and Beyond

Weavers continue the learning process by developing more advanced weaving skills. Weavers will choose their own projects with the guidance of an instructor. Supply fee is based on materials used. Weavers will supply their own scissors, measuring tapes, and other sewing notions. Participants must have completed at least one beginning weaving class at ABK and know how to warp a loom.

Activity Code: 2RAE6905
(Section codes listed below)

Gaenslen GS01
(Instructor: Naomi Holthaus)
Mon, Sep 14-Nov 2, 9:30AM-12:30PM
$60 Residents/$60 Non-Residents

Gaenslen GS07
(Instructor: Carly Neil)
Mon, Sep 14-Nov 2, 6:00PM- 8:30PM
$60 Residents/$60 Non-Residents

Gaenslen GS08
(Instructor: Jacquie Crema)
Tue, Sep 15-Nov 3, 3:00PM- 5:30PM
$60 Residents/$60 Non-Residents

Gaenslen GS02
(Jacquie Crema)
Tue, Sep 15-Nov 3, 6:00PM- 8:30PM
$60 Residents/$60 Non-Residents

Gaenslen GS04
(Instructor: Judy Larsen)
Wed, Sep 16-Oct 28, 12:00PM- 3:00PM
$54 Residents/$54 Non-Residents

Gaenslen GS06
(Instructor: Carly Neil)
Wed, Sep 16-Nov 4, 6:00PM- 8:30PM
$60 Residents/$60 Non-Residents

Gaenslen GS03
(Instructor: Lynn Sbonik)
Thu, Sep 24-Nov 12, 6:00PM- 8:30PM
$60 Residents/$60 Non-Residents

Tapestry Weaving

This class is open to those with no tapestry experience, those who know the basics but want to learn more, and advanced weavers wanting to gather with like-minded weavers to share tapestry experience. Bring a small tapestry loom to class or rent one from the ABK Weaving Center. A $5 (cash only) supply fee is due to the instructor at the first class.

Activity Code: 2RAE6919
(Section codes listed below)

Gaenslen GS01
Tue, Sep 15-Nov 3, 9:30AM-12:00PM
$60 Residents/$60 Non-Residents

Project Planning for Weavers - Breaking Away from the Recipe

Want to develop your own weaving project but overwhelmed with where to start? Join this three-session class to learn how to brainstorm, source patterns, choose colors and materials, and calculate project specifications for woven projects. Come with inspiration or start from scratch.

Activity Code: 2RAE6940
(Section codes listed below)

Gaenslen GS01
(Instructor: Carly Neil)
Mon, Nov 16-Nov 30, 6:00PM- 8:00PM
$19 Residents/$19 Non-Residents

Weaving Beginner Basics

Beginners will learn to warp the loom and weave a sampler of patterns. Participants will be introduced to pattern and draft weaving and project planning. Returning beginners will be able to hone their skills by making a scarf or table runner. Sampler supply fee $10 cash only is due to the instructor at the first class.

Activity Code: 2RAE6959
(Section codes listed below)

Gaenslen GS01
(Instructor: Kallia Walkowiak)
Mon, Sep 14-Nov 2, 6:00PM- 8:30PM
$44 Residents/$44 Non-Residents

Gaenslen GS02
(Instructor: Judy Larsen)
Wed, Sep 16-Oct 28, 9:30AM-12:30PM
$44 Residents/$44 Non-Residents

Gaenslen GS03
(Instructor: Kallia Walkowiak)
Thu, Sep 17-Nov 5, 6:00PM- 8:30PM
$44 Residents/$44 Non-Residents



Beginner Knitting

Learn the basics of knitting. Participants will learn how to cast yarn on and off their needles, various knit and purl combinations, and the necessary skills to continue with the art of knitting. Please bring size US 9 circular 16" needle and an inexpensive worsted weight yarn of a light color to class. Instructor: Ann Junker

Activity Code: 2RAE6972
(Section codes listed below)

Gaenslen GS01
(Instructor: Ann Junker)
Mon, Oct 5-Oct 19, 6:00PM- 8:00PM
$19 Residents/$43 Non-Residents

One Day Bobbin Lace

Bobbin lace is a form of weaving that dates back to the 16th Century. Students will learn basics of Bobbin Lace in this one day course. Instructor: Naomi Holthaus

Activity Code: 2RAE6979
(Section codes listed below)

Gaenslen GS01
(Instructor: Naomi Holthaus)
Thu, Oct 15, 6:00PM- 8:30PM
$14 Residents/$14 Non-Residents

ARTS & CRAFTS

Basic Jewelry Making

Create beautiful jewelry starting with earrings, then progressing to a bracelet and necklace. This beginner-friendly class covers crimping, using soft wires, clasps, rings, multi-strand designs, wrapped loops, and tool usage. A $10 cash supply fee is due to instructor at the first class.

Activity Code: 2RAE0902
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Sep 19-Oct 24, 10:00AM-11:30AM
$27 Residents/$41 Non-Residents

Milwaukee Marshall MR02
Sat, Nov 7-Dec 19, 10:00AM-11:30AM
$27 Residents/$41 Non-Residents

Landscape Painting

Explore landscape painting in a relaxing classroom setting. Utilize acrylics and work from photos, focusing on developing your unique interpretation. The class begins with a brief demonstration to kickstart your creativity. Transform your perspective and learn the art of painting.

Activity Code: 2RAE0907
(Section codes listed below)

Gaenslen GS01
Tue, Sep 8-Oct 27, 6:00PM- 8:00PM
$52 Residents/$78 Non-Residents

Riverside RS02
Tue, Nov 17-Dec 15, 6:00PM- 8:00PM
$30 Residents/$45 Non-Residents



Painting Portraits from Photos

Discover the art of seeing others through acrylic or oil painting. Uncover your unique approach in this class, starting with drawing and progressing to painting. Explore bone structure, muscles, and anatomy. Each session begins with a brief demonstration to guide your artistic journey.

Activity Code: 2RAE0910
(Section codes listed below)

Gaenslen RS01
Mon, Sep 7-Oct 26, 6:00PM- 8:00PM
$52 Residents/$78 Non-Residents

Clay Sculpting: Nature Press

Create a one-of-a-kind handmade dish keepsake in this Quick Dry Clay Sculpting class. Participants will press natural elements into clay to create beautiful textures and patterns, then shape their piece into a small trinket dish. Once formed, you'll finish your creation by painting it with colored media to highlight the details. This workshop will be held at Thryve, 1415 N 54th St. Fee includes supply costs and is non-refundable.

Activity Code: 2RAE0919
(Section codes listed below)

Thryve TH01
Sat, Oct 17, 9:00AM-11:00AM
$70 Residents/$90 Non-Residents

Thryve TH02
Tue, Jan 19, 6:00PM- 8:00PM
$70 Residents/$90 Non-Residents

Introduction to Plant Terrariums

Create your own miniature world in this hands-on terrarium making class. Learn how to layer soil, stone, and plants to build a beautiful, self-contained ecosystem in glass. We'll guide you through plant selection, design tips, and simple care so your terrarium can thrive at home. Perfect for beginners and plant lovers alike! This workshop will be held at Thryve, 1415 N 54 St. Fee includes supply costs and is non-refundable.

Activity Code: 2RAE0921
(Section codes listed below)

Thryve TH01
Fri, Sep 18, 1:00PM- 3:00PM
$75 Residents/$95 Non-Residents

Thryve TH02
Sat, Jan 16, 9:00AM-11:00AM
$75 Residents/$95 Non-Residents

Candle Making 101

Love the idea of making your own candle? In time for the holidays. This workshop, you will personalized your own scent, design, creating a relaxing to rejuvenating your very own soy- wax candle. A $10 (cash only) supply fee will be due the instructor at the class first class. Class fee is non- refundable.

Activity Code: 2RAE0945
(Section codes listed below)

North Division ND01
Mon, Nov 16, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Wire Jewelry Making

You will learn how to use simple techniques to take your ordinary jewelry to the next level as elegant, wearable pieces of art. This course teaches you how to make simple bead caps, bead cages, wire findings, wrapped rings and so much more! You will need to bring wire cutters, round nose pliers and flat nose pliers to every class. A $15 (cash only) supply fee is due to the instructor the first night of class. Class fee is non-refundable.

Activity Code: 2RAE0922
(Section codes listed below)

MacDowell JU01
(Level 1)
Mon, Nov 9-Dec 14, 6:00PM- 8:00PM
$36 Residents/$54 Non-Residents

Riverside RS01
(Level 1)
Mon, Sep 21-Oct 26, 6:00PM- 8:00PM
$36 Residents/$54 Non-Residents

Paper & Glass Mosaics

Mosaic art is thousands of years old and can be found in cultures across the globe. In this workshop you will learn how to make tiles using glass shapes, paper and glue and create your own mosaic work of art. Class fee includes supply costs and is non-refundable.

Activity Code: 2RAE0926
(Section codes listed below)

Hamilton HA01
Tue, Nov 17, 6:00PM- 8:00PM
$45 Residents/$68 Non-Residents

Glass Blowing

Melt away stress with Glass Blowing! Learn blocking, marvering, shaping, and color application. Create your masterpiece in one workshop at Square One Art Glass, 5322 W. Vliet Street. Bring water/snacks. Fee, inclusive of supplies, is non-refundable. Visit www.squareoneartglass.com.

Activity Code: 2RAE0928
(Section codes listed below)

Square One Art Class SG01
(Bowl)
Wed, Oct 7, 6:00PM- 8:00PM
$80 Residents/$95 Non-Residents

Square One Art Class SG02
(Ornament)
Sat, Oct 10, 9:00AM-11:00AM
$70 Residents/$85 Non-Residents

Square One Art Class SG03
(Pumpkin)
Wed, Oct 21, 6:00PM- 8:00PM
$130 Residents/$150 Non-Residents

Square One Art Class SG04
(Ornament)
Sat, Oct 24, 9:00AM-11:00AM
$70 Residents/$85 Non-Residents

Square One Art Class SG10
(Ornament)
Wed, Nov 11, 6:00PM- 8:00PM
$70 Residents/$85 Non-Residents

Square One Art Class SG05
(Ornament)
Sat, Nov 21, 9:00AM-11:00AM
$70 Residents/$85 Non-Residents

Square One Art Class SG06
(Bowl)
Wed, Dec 2, 6:00PM- 8:00PM
$80 Residents/$95 Non-Residents

Square One Art Class SG07
(Ornament)
Sat, Dec 19, 9:00AM-11:00AM
$70 Residents/$85 Non-Residents

Square One Art Class SG08
(Bowl)
Wed, Jan 6, 6:00PM- 8:00PM
$80 Residents/$95 Non-Residents

Square One Art Class SG09
(Ornament)
Sat, Jan 23, 9:00AM-11:00AM
$70 Residents/$85 Non-Residents

Runes and Rock Painting

Paint sigils, spirals, and ancient symbols on one of Nature's most steadfast canvases. Art created with intention give meaning to the symbols from the hand to the surface. Create ancient runes and Celtic designs and understand their meaning.

Activity Code: 2RAE0929
(Section codes listed below)

Hamilton (Ages 18-99)..... HA01
Tue, Oct 13, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Glass Micro-mosaic Jewelry Making

Discover the art of micro-mosaic jewelry! Using small pieces of colored glass, you'll create a one-of-a-kind pendant necklace while learning the fundamentals of mosaic design and composition. This workshop will be held at Thryve, 1415 N 54th St. Fee includes supplies and is non-refundable.

Activity Code: 2RAE0931
(Section codes listed below)

Thryve TH01
Tue, Oct 6, 6:00PM- 8:00PM
$80 Residents/$100 Non-Residents



Bracelet Bonanza

This beginner-friendly workshop mixes basic jewelry techniques with intro wire wrapping to help participants make two gorgeous, custom bracelets. You'll learn simple wire skills, how to choose and combine beads, and how to finish your pieces like a pro. A $15 (cash only) supply fee is due to the instructor the day of class.

Activity Code: 2RAE0934
(Section codes listed below)

Hamilton HA01
Sat, Oct 10, 12:30PM- 3:30PM
$11 Residents/$17 Non-Residents

Magic World Nightlight

Transform a glass globe into a magical nightlight using paper and an led light. In this workshop you'll learn tricks for working with paper on a curved surface, how to hide and reveal images to create a hidden world, and add a viewing window with a stylized frame. Class fee includes supply cost and is non-refundable.

Activity Code: 2RAE0935
(Section codes listed below)

Hamilton HA01
Tue, Oct 6, 6:00PM- 8:00PM
$45 Residents/$67 Non-Residents

Earring Extravaganza

Become an earring making diva by learning to create different styles of earrings, such as chandelier style, sassy drops, post earrings, and dazzling chain earrings. You will be amazed by how creative styles help bring out the artist in you. A $15 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

Activity Code: 2RAE0937
(Section codes listed below)

Hamilton HA01
Thu, Sep 24, 5:30PM- 8:30PM
$11 Residents/$17 Non-Residents

Milwaukee Marshall MR01
Thu, Nov 19, 5:30PM- 8:30PM
$11 Residents/$17 Non-Residents

Ceramic Tile Coasters

NEW

Learn how to transform ordinary ceramic tiles into beverage coasters or decorative tiles, using paper, glue, and varnish. Students will create a set of four beverage coasters with their own metal holder to give as a gift or use when entertaining guests. This technique can also be used to make wall mosaics or unique wall art when displayed in a box frame. Frame can be purchased in class. Class fee includes supply cost and is non-refundable.

Activity Code: 2RAE0938
(Section codes listed below)

Hamilton HA01
Tue, Dec 15, 6:00PM- 8:00PM
$9.50 Residents/$14.25 Non-Residents

The Boo-tique Jewelry Making Experience

NEW

Get ready for some frightfully fun in this Trick or Treat themed wire wrapped jewelry class! Students will design and create spooky-cute jewelry inspired by Halloween favorites and magical autumn vibes. Beginners and experienced makers should come get in the holiday spirit with a little Halloween sparkle! A $15 cash only supply fee due to instructor the day of class.

Activity Code: 2RAE0942
(Section codes listed below)

Hamilton HA01
Thu, Oct 15, 5:30PM- 8:30PM
$11 Residents/$17 Non-Residents

MacDowell JU01
(Beg.)
Sat, Oct 3, 12:30PM- 3:30PM
$11 Residents/$17 Non-Residents

Holiday cards and ornaments Making for adults

Using papers, students can make earrings, brooches, necklaces, and more. In addition, for room decoration, various kinds of ornaments will be made by paper folding techniques. Learners can improve fine motor skills and concentration as well as prevent aging and losing memory skills through hands-on activities of paper folding directions.A $15 supply fee is due to instuctor on first day of class.

Activity Code: 2RAE0943
(Section codes listed below)

Hamilton (Ages 14-99)..... HA01
Tue, Oct 20-Nov 10, 6:30PM- 8:30PM
$46 Residents/$69 Non-Residents



Candle Making

Craft your tranquility! Choose a scent, and design, and make your soy-wax candle in this workshop. Expert guidance, all supplies included. Offered by Blossom Candle Co. Fee, covering supplies is non-refundable. Create, relax, and take home your custom candle.

Activity Code: 2RAE0945
(Section codes listed below)

Hamilton HA01
Wed, Sep 23, 6:30PM- 8:00PM
$30 Residents/$45 Non-Residents

Hamilton HA02
Wed, Dec 9, 6:30PM- 8:00PM
$30 Residents/$45 Non-Residents

Riverside RS01
Mon, Oct 5, 6:30PM- 8:00PM
$30 Residents/$45 Non-Residents

Riverside RS02
Mon, Nov 9, 6:30PM- 8:00PM
$30 Residents/$45 Non-Residents

Cricut for Beginners

Designed for Cricut owners, this course helps you master your die-cutting machine. Explore various projects, discover free file resources, and get inspired to unleash your creativity. Bring your own machine and materials.

Activity Code: 2RAE0954
(Section codes listed below)

Hamilton HA01
Sat, Sep 19-Oct 31, 9:00AM-11:00AM
$36 Residents/$54 Non-Residents

Advanced Cricut

Have a project that you've wanted to work on? Bring your Cricut® and your idea to this class! We will work together to complete a Cricut® project of your choice.

Activity Code: 2RAE0955
(Section codes listed below)

Hamilton HA01
Sat, Sep 19-Oct 31, 11:30AM- 1:30PM
$36 Residents/$54 Non-Residents

Purrfect Homemade Cat Toys

For your furry friends who like to get into all your things, why not create cat toys. Come and have some fun making a needle felted catnip ball and a sewn material animal for your cat. A $6 (cash only) supply fee is due to instructor at the first class. Class fee is non-refundable.

Activity Code: 2RAE0957
(Section codes listed below)

Hamilton HA01
Wed, Oct 21, 6:00PM- 8:30PM
$11 Residents/$17 Non-Residents

Decoupage on Glass I & II

Explore the age-old art of decoupage with a modern twist. Students will learn how to build multiple images on a small glass bowl with paper, glue and varnish to create different inside and outside images. More challenging materials and techniques, such as alcohol inks, napkins, and tissue paper, will also be introduced. Class fee includes supply costs and is non-refundable.

Activity Code: 2RAE0964
(Section codes listed below)

Hamilton HA01
Tue, Sep 22, 6:00PM- 8:00PM
$45 Residents/$67 Non-Residents

Abstract Painting

Using canvas, paper, acrylics and watercolors, students will engage in hands-on art projects using color placements, shapes and lines to create delightful art expressions. A $10 (cash only) supply fee is due to the instructor at the start of class. Class fee is not eligible for reduced fees and is non-refundable.

Activity Code: 2RAE0969
(Section codes listed below)

Hamilton HA01
Thu, Oct 1-Nov 5, 6:00PM- 8:00PM
$17 Residents/$26 Non-Residents

Collage on Glass

Learn to optimize the transparent qualities of glass with a variety of materials such as paper, alcohol inks, ephemera and paint to create vivid, dimensional scenes on glass panels. Suitable for framing or tabletop display. Class fee includes supply costs and is non-refundable.

Activity Code: 2RAE0971
(Section codes listed below)

Hamilton HA01
Tue, Oct 27, 6:00PM- 8:00PM
$35 Residents/$53 Non-Residents

Merry & Bright Wire Wrapped Jewelry

NEW

Celebrate the sparkle of the season in this holiday lights themed wire wrapped jewelry class! Students will create dazzling handmade jewelry inspired by twinkling holiday lights, shimmering ornaments, icy winter colors and festive cheer. This class is perfect for beginner and experienced makers alike to design beautiful holiday-inspired pieces to wear, gift or treasure all season long. A $15 cash only supply fee is due to the instructor the day of class.

Activity Code: 2RAE0973
(Section codes listed below)

Riverside MR01
Thu, Dec 3, 5:30PM- 8:30PM
$11 Residents/$17 Non-Residents

Riverside RS01
Sat, Dec 12, 12:30PM- 3:30PM
$11 Residents/$17 Non-Residents

Expressive, Flowing Watercolor Portrayals

Explore the transparent dynamics of watercolor painting. Discover and expand your creative ideas through instructor-led demonstrations and hands-on guidance. Please bring your own art supplies. Call Brinton for a complete materials list: 414-481-2494.

Activity Code: 2RAE0979
(Section codes listed below)

Beulah Brinton BN01
Thu, Sep 10-Sep 24, 2:00PM- 4:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN02
Thu, Oct 8-Oct 22, 2:00PM- 4:00PM
$19 Residents/$29 Non-Residents

Sewing 101

Been a long time since you touched a sewing machine? Maybe never? This class will teach you the basics of sewing machines, sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy bag. Sewing machines are available or bring your own.

Activity Code: 2RAE0988
(Section codes listed below)

Hamilton HA01
Thu, Sep 17-Nov 5, 6:00PM- 8:00PM
$36 Residents/$54 Non-Residents

Milwaukee Marshall MR03
Sat, Sep 19-Nov 7, 8:45AM-10:45AM
$46 Residents/$69 Non-Residents

Milwaukee Marshall MR02
Sat, Sep 19-Nov 7, 11:00AM- 1:00PM
$46 Residents/$69 Non-Residents

Milwaukee Marshall MR01
Wed, Sep 23-Nov 11, 6:00PM- 8:00PM
$46 Residents/$69 Non-Residents

North Division ND01
(Been a long time since you touched a sewing machine? Maybe never? This class. will teach you the basics of sewing terminology and techniques, and working with patterns. Supply list provided at the first class to create an easy bag, or pillow cases, etc. . Sewing machines are available or you may bring your own. A $ 10 (cash only) supply fee will be due to instructor night of class. Class fee is non- refundable.)
Mon, Sep 14, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Explore Hamilton Painting Club

Class is unstructured to students to bring their ideas and desires on what they would like to learn to paint. Guidance provided as desired by student. This class is designed to be repeated, but prior completion of Elementary Painting and at least one Intermediate Painting course is required. A $5 cash fee due to instructor first night. Class fee is non-refundable.

Activity Code: 2RAE1218
(Section codes listed below)

Hamilton HA01
Tue, Sep 15-Dec 8, 6:00PM- 8:00PM
$72 Residents/$108 Non-Residents

Color Pouring: Marble Pour

This class will focus on marble pour technique. Paint is poured using a puddle pour technique and the marble effect is created by adding a marble on top of the canvas and letting it roll. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 2RAE2032
(Section codes listed below)

Hamilton HA01
Wed, Sep 23, 6:00PM- 8:00PM
$45 Residents/$68 Non-Residents

Milwaukee Marshall MR01
Wed, Dec 16, 6:00PM- 8:00PM
$45 Residents/$68 Non-Residents



Color Pouring: Dutch Color Pour

This class will focus on dutch pour technique. This acrylic pouring technique that uses air to manipulate the paints on a canvas. You can use a hair dryer, straw, your lungs, or anything that causes the flow of air to make a dutch pour. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 2RAE2033
(Section codes listed below)

Hamilton HA01
Sat, Nov 21, 1:30PM- 3:30PM
$45 Residents/$68 Non-Residents

Milwaukee Marshall MR01
Wed, Oct 14, 6:00PM- 8:00PM
$45 Residents/$68 Non-Residents

Color Pouring: Dirty Cup Pour

Dirty cup pour is a technique where all paint colors are added to a cup or container at the same time and then poured together to create an acrylic pouring effect with the paint. Also known as a flip cup. A cell activator can be added to this technique to create cells. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 2RAE2035
(Section codes listed below)

Hamilton HA01
Sat, Oct 24, 1:30PM- 3:30PM
$45 Residents/$68 Non-Residents

Milwaukee Marshall MR01
Wed, Dec 2, 6:00PM- 8:00PM
$45 Residents/$68 Non-Residents

Upcycling

Upcycling benefits our planet by transforming waste into worth. Create something new by repurposing thrifted clothing or unworn items from your closet. Use your sewing skills to work with your fellow students to create new clothing items for your wardrobe. Bring the items set for transformation along with fabric, thread, and any other items to the first class.

Activity Code: 2RAE2040
(Section codes listed below)

Milwaukee Marshall MR01
Thu, Sep 24-Nov 12, 6:00PM- 8:00PM
$46 Residents/$69 Non-Residents

Layered Mandala Paper Art Workshop - Traditional Design

Create a stunning layered mandala using pre-cut paper pieces and a color palette you choose ahead of time. No cutting or experience needed - just relax and assemble! Even non-crafty folks will be amazed at what they create and proud to display the final piece.

Activity Code: 2RAE2041
(Section codes listed below)

Hamilton (Ages 13-99)..... HA01
Sat, Nov 14, 1:00PM- 3:00PM
$45 Residents/$65 Non-Residents

Riverside (Ages 13-99)..... RS01
Sat, Oct 10, 1:00PM- 3:00PM
$45 Residents/$65 Non-Residents

Glass Frit Painting (Custom Plate)

Explore the art of glass in this creative, hands-on class. Participants will design and paint a custom glass plate using small pieces of colorful glass frit. Your design will be kiln-fired after class, permanently fusing the glass pieces into a smooth, finished plate. Keep your piece as a meaningful keepsake or give it as a truly unique gift. This workshop will be held at Thryve, 1415 N 54th St. Fee includes supply costs and is non-refundable.

Activity Code: 2RAE2042
(Section codes listed below)

Thryve TH01
Tue, Sep 29, 6:00PM- 8:00PM
$75 Residents/$95 Non-Residents

Thryve TH02
Thu, Oct 29, 6:00PM- 8:00PM
$75 Residents/$95 Non-Residents

Thryve TH03
Tue, Jan 5, 6:00PM- 8:00PM
$75 Residents/$95 Non-Residents

Junk Journaling

Junk journaling is a creative, sustainable, and eclectic form of journaling that involves repurposing junk mail, packaging, and thrifted items into personalized books. In this class, we will share ideas and supplies to create our journals. The class will cover basic techniques and terminology.

Activity Code: 2RAE2043
(Section codes listed below)

Milwaukee Marshall MR01
Tue, Sep 22-Oct 27, 6:00PM- 8:00PM
$36 Residents/$54 Non-Residents

Color Pouring: Jewelry Edition

NEW

This class will focus on dutch pour technique. This acrylic pouring technique that uses air to manipulate the paints on a canvas. You can use a hair dryer, straw, your lungs, or anything that causes the flow of air to make a dutch pour. Class is taught by Kincaid Creations. Class fee includes supply cost and is non-refundable.

Activity Code: 2RAE2047
(Section codes listed below)

Hamilton HA01
Sat, Dec 19, 1:30PM- 3:30PM
$45 Residents/$68 Non-Residents

Milwaukee Marshall MR01
Wed, Sep 30, 6:00PM- 8:00PM
$45 Residents/$68 Non-Residents

COOKING

Fall Harvest Soups

Prepare for brisk fall days with hearty, nutritious soups featuring fresh seasonal vegetables and a variety of spices. These easy-to-make soups will keep you healthy and warm. We will make: Chicken Tortilla Soup, Pumpkin Soup, Roasted Garlic & Squash Soup, Roasted Tomato & Peppers Soup and Roasted Sweet Potato Soup. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1598
(Section codes listed below)

Hamilton HA01
Mon, Nov 9, 6:00PM- 8:00PM
$24 Residents/$36 Non-Residents

It's All About The CRANBERRY!!

Cranberries are high in fiber and low in sugar. They are a great source of anti-oxidants and help boost your immune system. Come and explore several ways that we will be using cranberries. We will be making: Cranberry muffins, scones, cranberry spinach salad, garlic green beans & cranberries, cranberry chutney and candied cranberries. Fee includes foodcost and is non-refundable.

Activity Code: 2RAE1599
(Section codes listed below)

Hamilton HA01
Mon, Oct 12, 6:00PM- 8:00PM
$24 Residents/$36 Non-Residents

Taste of the World - Malta

Malta, a tiny island in the Central Mediterranean, features a cuisine blending North African, Sicilian, and Turkish influences. Fruits, vegetables, and pasta are staples. In this class, we will prepare traditional Maltese dishes such as lima bean and chickpea salad, eggplant appetizer, Widow's soup, Poor Man's soup, fried spaghetti, cabbage with bacon, baked pork chops with potatoes, chestnut and cocoa soup, and chestnut pie. Fee includes food cost and is non-refundable.

Activity Code: 2RAE16100
(Section codes listed below)

Riverside RS01
Sat, Nov 14, 10:30AM-12:30PM
$29 Residents/$44 Non-Residents





Taste of the World - Romania

Romania, a Southeastern European country known for Transylvania, lies between Hungary, Moldova, Serbia, and Ukraine. In this class, we will prepare traditional Romanian dishes: Zacusca de vinete (eggplant spread), Ardei Umpluti (stuffed peppers), Carofi cu carne de porc (pork and potato stew), Ciorba de fasole cuciolan (bean soup with hocks), Ciorba ardeleneascade porc (Transylvanian vegetable soup), Lahnie de fasole cu afumatura (bean paste with smoked meat), and Chec (cake).Fee includes food cost and is non-refundable.

Activity Code: 2RAE16101
(Section codes listed below)

Riverside RS01
Sat, Oct 31, 10:30AM-12:30PM
$29 Residents/$44 Non-Residents

Chicken Alfredo

Join us for a delicious and informative class where you'll learn the secrets to making creamy and flavorful Chicken Alfredo at home! In this hands-on session, you'll discover how to prepare each component of this popular dish, from perfectly cooked pasta to a rich and velvety Alfredo sauce, and tender, juicy chicken. Fee includes food cost and it's non-refundable.

Activity Code: 2RAE1624
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Sep 26, 10:00AM- 1:00PM
$29 Residents/$44 Non-Residents

Meatloaf Magic: Mastering the Basics

Join us to learn the art of crafting the perfect meatloaf. This class will guide you through simple techniques and delicious recipes to elevate your cooking skills. Class fee includes food cost and is non-refundable.

Activity Code: 2RAE1626
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Dec 5, 10:00AM- 1:00PM
$29 Residents/$44 Non-Residents

Cooking with the Seasons

Learn to cook simple, nourishing and beautiful food with affordable ingredients to make again at home! During this series we will focus on using culinary techniques to take everyday ingredients to the next level of deliciousness. By building an understanding of flavor, texture and plating - participants will expand their culinary horizons. Each class will include a short lesson plan followed by a cooking demonstration and food to enjoy with other participants.

Activity Code: 2RAE1654
(Section codes listed below)

Hamilton HA01
Mon, Sep 14, 6:00PM- 8:00PM
$24 Residents/$36 Non-Residents

Elderberry Syrup Workshop

In this class, we experience making a traditional elderberry syrup to support wellness and immune health through the seasons. We'll explore the benefits of each ingredient, hands-on preparation, and ways to personalize your syrup.

Activity Code: 2RAE1655
(Section codes listed below)

Hamilton HA01
Sat, Sep 12, 12:00PM- 2:00PM
$24 Residents/$36 Non-Residents

Veganize It!

If you're looking to go exclusively plant-based or just add some meatless meals to your repertoire, Veganize It will help you get started with recipes, tips and tricks. You won't miss out on your favorite meals by going vegan. You'll sample "tuna-less" tuna salad, meatless meatballs, a dynamite oat milk smoothie and more! Fee includes food cost and is non-refundable.

Activity Code: 2RAE1678
(Section codes listed below)

Hamilton HA02
Tue, Oct 6, 6:30PM- 8:00PM
$24 Residents/$36 Non-Residents

The Make-It-Last Kitchen: Fall Edition

NEW

This hands-on/demo cooking class will teach you how to get more meals, more flexibility, and more peace of mind from the groceries you already buy. As the weather cools down and soup season quietly takes over the world, this fall edition class teaches you how to make the most of your groceries with warm comforting meals. Participants will leave knowing how to stretch ingredients, reduce waste and feel proud of your kitchen working for you. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1688
(Section codes listed below)

Hamilton HA01
Sat, Oct 24, 12:30PM- 3:30PM
$29 Residents/$44 Non-Residents



It's Time for Chili!!!

Are you ready for CHILI now? This is the best time to make chili. Learn the basic foundations for a good chili to warm you on those cold days ahead. We will be making three kinds of chili: Vegetarian Chili, Chili with Meat and Spicy Hot Chili. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1696
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Oct 10, 10:00AM- 1:00PM
$29 Residents/$44 Non-Residents

Taste of the World - Guyana

GUYANA is a country on South America's north Atlantic coast. It is an English speaking country. The bordering countries of Guyana are Brazil, Suriname and Venezuela. The culture and food of Guyana is a diverse mixture of Amerindian, African, British, Chinese, Dutch, Indian, Nepalese, Portuguese and Spanish. We will be making: Curry dip, Cheese scones, Channa & potato curry, Fried tilapia in vinegar sauce, Pepperpot, Banana bread and baked custard. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1698
(Section codes listed below)

Riverside RS01
Sat, Oct 17, 10:30AM-12:30PM
$29 Residents/$44 Non-Residents

Spaghetti Delight

Join us to learn how to make perfect pasta. You'll create tasty sauces and cook pasta just right. Fee includes food cost and is non-refundable.

Activity Code: 2RAE1702
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Sep 19, 10:00AM- 1:00PM
$29 Residents/$44 Non-Residents

Spain and Tapas

TAPAS are extremely popular appetizers and snacks in Spain. They can be either cold or hot. Spain holds a "National Tapa Competition" every year. We will be making 15 traditional Tapas with the following ingredients: bacon, bread, assorted cheese, chicken, chorizo, dates, garlic, mushrooms, olives, olive oil, assorted peppers, potatoes, fruits, shrimp and vegetables. Fee includes food cost and is non-refundable.

Activity Code: 2RAE2278
(Section codes listed below)

Riverside RS01
Sat, Sep 19, 10:30AM-12:30PM
$29 Residents/$44 Non-Residents

Tasty Baked Chicken

Learn to bake chicken that's always juicy and flavorful. This class covers simple techniques for a perfect, easy-to-make meal. Fee includes food cost and is non-refundable.

Activity Code: 2RAE2303
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Nov 14, 10:00AM- 1:00PM
$29 Residents/$44 Non-Residents

Korean Cooking: Samgyeopsal Bokkeum (Spicy Korean Bacon)

Samgyeopsal is a pork belly like loin. With spicy sauce, it is marinated and grilled. It is a very popular dish in Korea for the younger generation. Without marinating with spicy sauce, Korean people like to cook and eat with lettuce and soy paste. Fee includes food cost and is non-refundable.

Activity Code: 2RAE2401
(Section codes listed below)

Hamilton (Ages 17-99)..... HA01
Wed, Oct 14, 6:30PM- 8:30PM
$24 Residents/$36 Non-Residents

Korean Cooking: Korean Fried Noodles

Japchae, sweet potato starch noodles stir fried with vegetables and meat, is one of Korea's best-loved dishes, and one of the most popular as well. These chewy, sweet, and slightly slippery noodles with colorful stir-fried vegetables and mushrooms, its irresistible sesame flavor, healthy amount of garlic, and light, refreshing taste. Fee includes food cost and is non-refundable.

Activity Code: 2RAE2404
(Section codes listed below)

Hamilton HA01
Wed, Oct 28, 6:30PM- 8:30PM
$24 Residents/$36 Non-Residents

Korean Cooking: Napa Cabbage Kimchi

Kimchi, characterized by its spicy taste and crispness, is the most well-known Korean dish. Depending on the fermentation process, ingredients, region and weather, the taste of kimchi changes, which is why there are over 200 types of kimchi. According to Health Magazine, kimchi is one of the world's healthiest foods. Health Magazine described it as "loaded with vitamins A, B, and C, but its biggest benefit may be in its healthy bacteria' called lactobacilli, found in fermented foods like kimchi and yogurt. This good bacteria helps with digestion, plus it seems to help stop and even prevent yeast infections, according to a recent study. And more good news: Some studies show fermented cabbage has compounds that may prevent the growth of cancer."

Activity Code: 2RAE2409
(Section codes listed below)

Hamilton HA01
Wed, Dec 9, 6:30PM- 9:00PM
$26 Residents/$39 Non-Residents

Korean Cooking: Bul-Dak-Bokk-Eum (Spicy Stir-fried Chicken)

Both chicken breasts and drums are marinated in a spicy sauce in this stir-fried dish. Class fee includes food costs and is non-refundable.

Activity Code: 2RAE2418
(Section codes listed below)

Hamilton HA01
Wed, Nov 18, 6:30PM- 8:30PM
$24 Residents/$36 Non-Residents

Hot Spicy Beef and Vegi Soup

Yukgaejang is a type of spicy soup made by boiling beef, bracken, bean sprout, and other vegetables. Seasons with red pepper powder add salt, sugar, sesame oil, and soy sauce as seasoning. one of Korea's representative home-cooked meals and health food.

Activity Code: 2RAE2465
(Section codes listed below)

Hamilton HA01
Wed, Nov 11, 6:00PM- 8:00PM
$24 Residents/$36 Non-Residents

COOKING BAKING FOREIGN FOODS

Korean Cooking: Fried Kimchi and Tofu with noodle (Tofu Kimchi Noodle

Using ripe cabbage Kimchi, learners can make fried Kimchi and side parts with steamed tofu and noodles. Depending on your favorite, add beef, pork, tuna, or other meats for frying Kimchi. To make soft noodles, boil water and drain it. Many Koreans take it for dinner or side with an alcoholic beverage.

Activity Code: 2RAE2433
(Section codes listed below)

Hamilton HA01
Wed, Oct 7, 6:30PM- 8:30PM
$24 Residents/$36 Non-Residents

DANCE

African Dance

Explore the art of African dance as you enhance your rhythmic and creative movement skills. Experience African culture, music, and dance. Please wear comfortable clothing. All levels are welcome. Class is combined with youth class.

Activity Code: 2RAE2902
(Section codes listed below)

Riverside RS01
Sat, Sep 12-Oct 31, 12:00PM- 1:00PM
$27 Residents/$41 Non-Residents

Riverside RS02
Sat, Nov 14-Dec 19, 12:00PM- 1:00PM
$18 Residents/$27 Non-Residents

Urban Line Dance

Are you tired of trying to learn the latest line dances or trying to learn them at social gatherings? Join us and you'll no longer have to worry about catching up; you'll already know all the latest dances. All skill levels welcome. Wear comfortable shoes and clothing.

Activity Code: 2RAE2912
(Section codes listed below)

Hamilton HA01
Thu, Sep 24-Nov 12, 6:30PM- 7:30PM
$25 Residents/$38 Non-Residents

Milwaukee Marshall MR01
Mon, Sep 21-Oct 26, 7:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Milwaukee Marshall MR02
Mon, Nov 9-Dec 14, 7:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Salsa & Bachata Dance

Learn the two most popular Latin club dances in the world! Learn the basics of "lead and follow", Latin body movement, musicality, and dance etiquette. No partner or experience required! Dancers rotate partners.

Activity Code: 2RAE2920
(Section codes listed below)

Gaenslen RS01
(Salsa & Bachata)
Mon, Sep 7-Nov 2, 7:00PM- 8:00PM
$25 Residents/$38 Non-Residents

Riverside RS02
(Salsa & Bachata)
Mon, Nov 16-Dec 14, 7:00PM- 8:00PM
$17 Residents/$26 Non-Residents



DRAWING PAINTING ARTS

Hand-painted Glass Ornament

NEW

Create a beautiful keepsake ornament in this fun and relaxing class for adults. Participants will paint and customize a handblown glass ornament using a variety of colors and techniques to make a piece uniquely their own. No experience necessary. This class offers a fun and welcoming space to unwind, get creative, and leave with a meaningful handmade piece to enjoy for years to come. This workshop will be at Thryve, 1415 N 54th St. Fee includes supplies and is non-refundable.

Activity Code: 2RAE2046
(Section codes listed below)

Thryve TH01
Fri, Nov 20, 6:00PM- 8:00PM
$75 Residents/$90 Non-Residents

Thryve TH02
Thu, Dec 17, 6:00PM- 8:00PM
$75 Residents/$90 Non-Residents

FIBER ARTS

Crocheting / Knitting

Develop the techniques needed to complete your beautiful projects. Learn or gather new ideas and visit with fellow crafters. Bring a skein of yarn and knitting needles.

Activity Code: 2RAE1202
(Section codes listed below)

Milwaukee Marshall MR01
Mon, Sep 21-Nov 23, 6:00PM- 8:00PM
$57 Residents/$86 Non-Residents

Crochet Club

Join us for socializing, conversation and some hardcore crocheting. Bring your projects to work on and share ideas and techniques in a friendly community atmosphere. Remember to show off your progress and finished projects with pride!

Activity Code: 2RAE1220
(Section codes listed below)

Hamilton HA01
Mon, Sep 14-Nov 2, 6:30PM- 8:30PM
$19 Residents/$29 Non-Residents

Beginners Crocheting

Are you interested in a relaxing and satisfying pastime? Join us in learning the basics of crocheting. You'll be delighted with what you can create! Please bring a small skein of light colored beginner's yarn (best choice) or acrylic #4 weight yarn (see yarn label). If you already have crochet hooks, please bring them to class. If not, you may want to wait before purchasing as we will discuss options. Hooks for practicing stitches will be provided for in class use during the first class.

Activity Code: 2RAE1221
(Section codes listed below)

Hamilton HA01
Tue, Sep 29-Nov 3, 6:30PM- 8:00PM
$27 Residents/$41 Non-Residents



Macrame Plant Hangers

Calling all plant lovers! Come learn the ancient art of Macrame. Learn how to tie knots and add beads to make a beautiful plant hanger to display your plant and enhance your home decor. Participants will need to stand while making their hanger. $15 cash supply fee due to instructor the night of class. Class fee is non-refundable.

Activity Code: 2RAE1222
(Section codes listed below)

Hamilton HA01
Tue, Sep 22, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Milwaukee Marshall MR02
Sat, Oct 24, 11:30AM- 1:30PM
$9 Residents/$14 Non-Residents

Milwaukee Marshall MR01
Tue, Nov 17, 5:30PM- 7:30PM
$9 Residents/$14 Non-Residents

Riverside RS01
Tue, Oct 13, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents



Beginner Coil Basket Making

If you love working with your hands and creating home decor then join this class to learn how to make a coil basket! Participants will design and color block to create three beautiful baskets to display throughout your home. Take pride in telling family and friends you made them yourself! A $60 cash only supply fee is due to the instructor the first night of class.

Activity Code: 2RAE1223
(Section codes listed below)

Hamilton HA01
Wed, Sep 23-Oct 28, 6:00PM- 8:00PM
$36 Residents/$54 Non-Residents

Advanced Coil Basket Making

NEW

If you love working with your hands and creating home decor then join this class to learn how to make a coil basket! Participants will design and color block to create three beautiful baskets to display throughout your home. Take pride in telling family and friends you made them yourself! Participants must have taken the Beginner Coil Basket Making class to register for this class. A $75 cash only supply fee is due to the instructor the first night of class.

Activity Code: 2RAE1225
(Section codes listed below)

Hamilton RS01
Thu, Sep 24, 6:00PM- 8:00PM
$36 Residents/$54 Non-Residents

Macrame Jewelry

NEW

Macrame is the ancient art of tying knots. Join us and learn to make macrame earrings and bracelets to wear or give as a gift. A $30 (cash only) supply fee is due to the instructor the first night of class.

Activity Code: 2RAE1226
(Section codes listed below)

Milwaukee Marshall MR01
Thu, Nov 5-Nov 19, 5:30PM- 8:00PM
$24 Residents/$36 Non-Residents

Crochet Hat

NEW

Are you ready to take the next stitch in your crochet journey? Join us as we take your basic stitches and turn them into a fun, beanie style hat. This course is designed for adventurous beginners. Please bring your hooks and a skein of your favorite #4 weight yarn(s). The pattern will be provided.

Activity Code: 2RAE1227
(Section codes listed below)

Beulah Brinton BN01
Thu, Oct 1-Oct 22, 4:30PM- 5:30PM
$13 Residents/$20 Non-Residents

Creative Crochet Techniques

Learn and practice basic and textured stitches in this class. Explore popcorns, shells, and post stitches. Convert swatches into various accessories. Bring a skein of light-colored yarn and a suitable hook (refer to yarn label for size)

Activity Code: 2RAE1228
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 10:30AM-11:30AM
$25 Residents/$38 Non-Residents

Beulah Brinton BN02
Mon, Nov 30-Jan 11, 10:30AM-11:30AM
$17 Residents/$26 Non-Residents

Machine Hat Knitting

NEW

Stay cozy while learning a fun new skill in our hand-cranked hat making class! Using a hand-powered knitting machine, participants will create their own soft and stylish winter hat from start to finish. Perfect for beginners and experienced makers alike, this class offers a relaxing and creative experience while learning the basics of circular knitting. Choose your favorite yarn colors and leave with a handmade hat in this one-day workshop at Thryve,1415 N 54th St. Class fee includes supplies and is non-refundable.

Activity Code: 2RAE1230
(Section codes listed below)

Thryve TH01
Tue, Sep 15, 6:00PM- 8:00PM
$65 Residents/$80 Non-Residents

Thryve TH02
Sat, Sep 26, 9:00AM-11:00AM
$65 Residents/$80 Non-Residents

Thryve TH03
Tue, Oct 20, 6:00PM- 8:00PM
$65 Residents/$80 Non-Residents

Thryve TH04
Tue, Nov 10, 6:00PM- 8:00PM
$65 Residents/$80 Non-Residents

Thryve TH05
Sat, Nov 14, 9:00AM-11:00AM
$65 Residents/$80 Non-Residents

Thryve TH06
Thu, Dec 17, 6:00PM- 8:00PM
$65 Residents/$80 Non-Residents

Thryve TH07
Tue, Dec 22, 6:00PM- 8:00PM
$65 Residents/$80 Non-Residents

Thryve TH08
Fri, Jan 22, 6:00PM- 8:00PM
$65 Residents/$80 Non-Residents

FINANCE

How Will Social Security Be There Through Your Life's Journey?

An informative presentation exploring how Social Security supports you at every stage of life. Whether you're just starting your career, planning for retirement, or caring for family members, this session will cover key benefits, eligibility, and important milestones. We will discuss retirement, spousal, survivor, and Medicare benefits. Learn how Social Security can help you achieve financial security and peace of mind throughout your life's journey.

Activity Code: 2R553402
(Section codes listed below)

OASIS 5501
Thu, Oct 22, 2:00PM- 3:00PM
FREE

OASIS 5502
(Spanish)
Thu, Oct 22, 3:30PM- 4:30PM
FREE

Fraud and Scam Awareness: Protect Yourself and Your Information

An essential presentation on recognizing and preventing fraud and scams. Learn how to identify common tactics used by scammers, safeguard your personal information, and respond effectively if you encounter suspicious activity. This session will offer practical tips and valuable resources to help you stay safe, empowering you to protect your financial well-being.

Activity Code: 2R553403
(Section codes listed below)

OASIS 5501
Tue, Oct 20, 10:30AM-11:30AM
FREE

Online Services: Access Social Security Anytime, Anywhere

Discover the convenience and security of Social Security's online services in this informative session. Learn how to create and manage your account, access important information, and complete transactions from the comfort of your home. We'll guide you through the features and benefits of online tools designed to make managing your Social Security needs easier and more efficient. Join us to get your questions answered and make the most of our digital resources!

Activity Code: 2R553404
(Section codes listed below)

OASIS 5501
Tue, Oct 20, 1:00PM- 2:00PM
FREE



Home Buying Workshop

Johnson Financial Group will provide valuable information on the homebuying process, including mortgage readiness, loan options, affordable lending programs, and down payment assistance opportunities. Whether you are a first-time homebuyer or planning to purchase a home in the future, this workshop will help you better understand the steps to homeownership and connect you with local lending experts who can answer your questions.Presented by Johnson Financial Group's Milwaukee Community Lending Team.

Activity Code: 2RAE3406
(Section codes listed below)

Hamilton HA01
Sat, Oct 10, 10:00AM-12:00PM
$9 Residents/$14 Non-Residents

MacDowell JU01
Sat, Oct 24, 10:00AM-12:00PM
$9 Residents/$14 Non-Residents

MacDowell JU02
Sat, Nov 7, 10:00AM-12:00PM
$9 Residents/$14 Non-Residents

Blueprint for First-Time Homebuyers

Navigating the real estate market for the first time can feel overwhelming, but you don't have to do it alone. This course breaks down everything from credit scores and mortgage pre-approvals to closing day so you can purchase your first home with confidence.

Activity Code: 2RAE3418
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Dec 12, 12:30PM- 2:30PM
$9 Residents/$14 Non-Residents

FITNESS

4 in 1 Training

This class is a combination of Spiced up Cardio, Boxing Aerobics, Body Sculpting and Step Aerobics. Burn off the calories and shape your body while having fun!

Activity Code: 2RAE3501
(Section codes listed below)

Beulah Brinton BN01
Tue, Sep 22-Nov 10, 7:15PM- 8:15PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Tue, Dec 1-Jan 12, 7:15PM- 8:15PM
$19 Residents/$29 Non-Residents

ABSoGLUTEly Fit

Want to look and feel better? In this class we will work on your upper and lower abdominals. In addition to improving your abs, students will focus on toning their gluteus and hamstrings. Bring your own exercise mat or purchase at site for $10.

Activity Code: 2RAE3502
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 6:10PM- 7:10PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Wed, Sep 23-Nov 11, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Mon, Nov 30-Jan 11, 6:10PM- 7:10PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN04
Wed, Dec 2-Jan 13, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Belly Dance Aerobics

Tighten and tone with Belly Dance Aerobics! Isometric movements target the waist, hips, and abs for flexibility and conditioning. Bring a hip scarf or buy one from the instructor for $10.

Activity Code: 2RAE3504
(Section codes listed below)

Hamilton HA03
Mon, Sep 14-Nov 2, 7:00PM- 8:00PM
$29 Residents/$44 Non-Residents



Body Sculpting

Use bands and weights to tone all areas of your body. Improve your mind, as well as your self-image. Bring your own weights and toning band. Bring your own exercise mat or purchase at site for $10.

Activity Code: 2RAE3505
(Section codes listed below)

Beulah Brinton BN01
Tue, Sep 22-Nov 10, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Thu, Sep 24-Nov 12, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Sat, Sep 26-Nov 14, 9:15AM-10:15AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
Tue, Dec 1-Jan 12, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN05
Thu, Dec 3-Jan 14, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN06
Sat, Dec 5-Jan 16, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

EDM Yoga

This invigorating and upbeat yoga class will be done to EDM (electronic dance music). Glow sticks will be provided to help set the mood. Bring your own exercise mat or purchase one for $10.

Activity Code: 2RAE3508
(Section codes listed below)

Beulah Brinton BN01
Wed, Nov 18, 6:00PM- 7:00PM
$6 Residents/$9 Non-Residents

Cardio Combo

Jumpstart your weekend activities with this invigorating workout. This class combines boxing aerobics, step aerobics and low-impact aerobics. Wear comfortable clothing and tennis shoes. Class taught by Angie Wothe.

Activity Code: 2RAE3509
(Section codes listed below)

Beulah Brinton BN01
Thu, Sep 24-Nov 12, 7:15PM- 8:15PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Sat, Sep 26-Nov 14, 8:00AM- 9:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Thu, Dec 3-Jan 14, 7:15PM- 8:15PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN04
Sat, Dec 5-Jan 16, 8:00AM- 9:00AM
$19 Residents/$29 Non-Residents



Cardio-Kickboxing

Join a popular and engaging workout that combines weight loss, toning, and fun with self-defense elements. Wear comfortable clothing and tennis shoes. Bring your exercise mat or purchase on-site for $10. Boost your health and enjoy the 'kicks'.

Activity Code: 2RAE3511
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 7:15PM- 8:15PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Wed, Sep 23-Nov 11, 7:15PM- 8:15PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Mon, Nov 30-Jan 11, 7:15PM- 8:15PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN04
Wed, Dec 2-Jan 13, 7:15PM- 8:15PM
$19 Residents/$29 Non-Residents

Yoga Sculpt

This class is a unique combination of power yoga and strength training, designed to create a full-body workout. You will leave feeling stronger, fresher, and uplifted.

Activity Code: 2RAE3513
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 3:30PM- 4:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Mon, Nov 30-Jan 11, 3:30PM- 4:30PM
$19 Residents/$29 Non-Residents

HIIT (High Intensity Interval Training)

Are you down to turn it up? In this class you will alternate your intensities between bursts of activity and fixed periods of less-intense activity. If the going gets tough, classmate camaraderie will get you through. Bring your own exercise mat or purchase at site for $10.

Activity Code: 2RAE3514
(Section codes listed below)

Milwaukee Marshall MR01
Tue, Sep 22-Oct 27, 6:30PM- 7:30PM
$21 Residents/$31.50 Non-Residents

Milwaukee Marshall MR02
Tue, Nov 10-Dec 15, 6:30PM- 7:30PM
$21 Residents/$31.50 Non-Residents

Hoop Dance Workout

Discover 'hoopdance,' an exciting dance form with body and mind benefits. Hooping is for everyone! Borrow or buy hoops at sites, costing $20-$35 each. Fun, fitness, and relaxation for all bodies.

Activity Code: 2RAE3518
(Section codes listed below)

Riverside RS01
Sat, Sep 12-Oct 31, 11:00AM-12:00PM
$29 Residents/$44 Non-Residents

Riverside RS04
Sat, Nov 14-Dec 19, 11:00AM-12:00PM
$16 Residents/$24 Non-Residents

Pilates

A non-impact class where you will improve your core strength and flexibility. This class focuses on lengthening, defining, and strengthening your muscles. Wear comfortable clothing. Individuals with medical conditions should be cleared by their physician prior to participation.

Activity Code: 2RAE3521
(Section codes listed below)

Beulah Brinton BN01
Wed, Sep 23-Nov 11, 7:35PM- 8:35PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Wed, Dec 2-Jan 13, 7:35PM- 8:35PM
$19 Residents/$29 Non-Residents

Cooper CP01
Thu, Sep 24-Nov 12, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Cooper CP02
Thu, Dec 3-Jan 14, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Hamilton HA01
Thu, Sep 17-Nov 5, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Hamilton HA02
Thu, Nov 12-Dec 10, 6:00PM- 7:00PM
$13 Residents/$20 Non-Residents

Step Aerobics & Sculpt

Step aerobics offers the cardiovascular benefits of aerobic dance in combination with toning for thighs, abdominals, buttocks, arms and legs. Step on it.

Activity Code: 2RAE3524
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 5:00PM- 6:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Mon, Nov 30-Jan 11, 5:00PM- 6:00PM
$19 Residents/$29 Non-Residents

Milwaukee Marshall MR01
Thu, Sep 24-Oct 29, 6:15PM- 7:15PM
$23 Residents/$35 Non-Residents

Milwaukee Marshall MR02
Thu, Nov 5-Dec 17, 5:00PM- 6:00PM
$23 Residents/$35 Non-Residents



T'ai Chi & Qigong

Experience the Chinese arts of T'ai Chi & Qigong for relaxation and energy balance. Wear comfortable clothing and flat-soled shoes or stocking feet. Suitable for all fitness levels, including older adults and those with health limitations, using modified movements.

Activity Code: 2RAE3526
(Section codes listed below)

Hamilton HA01
Wed, Sep 16-Nov 4, 6:30PM- 7:30PM
$29 Residents/$44 Non-Residents

Hamilton HA02
Wed, Nov 11-Dec 9, 6:30PM- 7:30PM
$13 Residents/$20 Non-Residents

T'ai Chi Ch'uan

This Chinese form of relaxation will teach you stress-relieving techniques designed to release tension, improve flexibility and relax your body and mind.

Activity Code: 2RAE3527
(Section codes listed below)

Beulah Brinton BN01
(Beg.)
Tue, Sep 22-Nov 10, 12:15PM- 1:15PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
(Int.)
Tue, Sep 22-Nov 10, 1:25PM- 2:25PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
(Beg.)
Tue, Dec 1-Jan 12, 12:15PM- 1:15PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN05
(Int.)
Tue, Dec 1-Jan 12, 1:25PM- 2:25PM
$19 Residents/$29 Non-Residents

Xtreme Hip Hop With Denise

Xtreme Hip Hop Step is a fun, energetic step aerobics and cardio fitness workout for all fitness levels, done while grooving to Hip Hop and R&B tunes that so many enjoy. Heart healthy, high calorie burn (400+) per 45-minute class.

Activity Code: 2RAE3528
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Sep 23-Oct 28, 6:00PM- 6:45PM
$23 Residents/$35 Non-Residents

Milwaukee Marshall MR02
Wed, Nov 4-Dec 16, 6:00PM- 6:45PM
$23 Residents/$35 Non-Residents

Annie's Yoga a la Carte

NEW

Take one or take all. Annie will expose you to a variety of yoga that will challenge you in different ways. Class fee is non-refundable.

Activity Code: 2RAE3529
(Section codes listed below)

Beulah Brinton BN01
(Core, Low Back, Glutes - Int.)
Tue, Sep 22-Sep 29, 3:45PM- 4:45PM
$10 Residents/$15 Non-Residents

Beulah Brinton BN02
(Gentle Yoga & Journaling - Beg.)
Tue, Oct 6-Oct 13, 3:45PM- 4:45PM
$10 Residents/$15 Non-Residents

Beulah Brinton BN03
(Balance & Core - Int.)
Tue, Oct 27-Nov 3, 3:45PM- 4:45PM
$10 Residents/$15 Non-Residents

Beulah Brinton BN04
(Arm Balances & Inversions - Int.)
Tue, Nov 10, 3:45PM- 4:45PM
$6 Residents/$9 Non-Residents

Beulah Brinton BN05
(Yoga for Winter Outdoors People - All Levels)
Tue, Dec 1-Dec 8, 3:45PM- 4:45PM
$10 Residents/$15 Non-Residents

Beulah Brinton BN06
(Deep Breaths & Slow Flow - All Levels)
Tue, Dec 15, 3:45PM- 4:45PM
$6 Residents/$9 Non-Residents



Women & Weights

Women & Weights is for all the ladies out there looking to get lean, toned and fit. You will use light to moderate weights with lots of repetition in order to give you a total body workout. You will leave feeling challenged, but ready for more! Bring your exercise mat or purchase at site for $10.

Activity Code: 2RAE3535
(Section codes listed below)

Milwaukee Marshall MR01
Mon, Sep 21-Oct 26, 6:15PM- 7:00PM
$19 Residents/$29 Non-Residents

Milwaukee Marshall MR02
Mon, Nov 9-Dec 14, 6:15PM- 7:00PM
$19 Residents/$29 Non-Residents

Yoga

Release some stress in your life with the calming ritual of yoga. Poses and breathwork help to develop strength, flexibility, balance and body awareness. Wear comfortable clothing. Bring your own mat and water.

Activity Code: 2RAE3536
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 8:00AM- 9:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Mon, Sep 21-Nov 9, 9:15AM-10:15AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Mon, Sep 21-Nov 9, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
Mon, Sep 21-Nov 9, 7:00PM- 8:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN05
Tue, Sep 22-Nov 10, 9:15AM-10:15AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN06
Tue, Sep 22-Nov 10, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN07
Wed, Sep 23-Nov 11, 5:30PM- 6:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN08
Wed, Sep 23-Nov 11, 6:30PM- 7:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN09
Thu, Sep 24-Nov 12, 9:15AM-10:15AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN10
Thu, Sep 24-Nov 12, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN11
Sat, Sep 26-Nov 14, 7:45AM- 8:45AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN12
Sun, Sep 27-Nov 15, 9:00AM-10:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN13
Mon, Nov 30-Jan 11, 8:00AM- 9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN14
Mon, Nov 30-Jan 11, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN15
Mon, Nov 30-Jan 11, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN16
Mon, Nov 30-Jan 11, 7:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN17
Tue, Dec 1-Jan 12, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN18
Tue, Dec 1-Jan 12, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN19
Wed, Dec 2-Jan 13, 5:30PM- 6:30PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN20
Wed, Dec 2-Jan 13, 6:30PM- 7:30PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN21
Thu, Dec 3-Jan 14, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN22
Thu, Dec 3-Jan 14, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN23
Sat, Dec 5-Jan 16, 7:45AM- 8:45AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN24
Sun, Dec 6-Jan 17, 9:00AM-10:00AM
$19 Residents/$29 Non-Residents

Cooper CP01
Tue, Sep 22-Nov 10, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Cooper CP02
Tue, Dec 1-Jan 12, 6:00PM- 7:00PM
$19 Residents/$29 Non-Residents

Gaenslen GS01
Tue, Sep 15-Nov 3, 7:15PM- 8:15PM
$27 Residents/$40.50 Non-Residents

Gaenslen GS02
Tue, Nov 17-Dec 15, 7:15PM- 8:15PM
$16 Residents/$24 Non-Residents

Gaenslen GS05
Wed, Nov 18-Dec 16, 7:15PM- 8:15PM
$16 Residents/$24 Non-Residents

Hamilton HA01
Mon, Sep 14-Nov 2, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Hamilton HA02
Mon, Nov 9-Dec 7, 6:00PM- 7:00PM
$17 Residents/$26 Non-Residents

MacDowell JU05
Sat, Nov 14-Dec 19, 9:00AM-10:00AM
$16 Residents/$24 Non-Residents

Riverside RS05
Thu, Sep 10-Oct 29, 7:00PM- 8:00PM
$29 Residents/$44 Non-Residents

Riverside RS10
Thu, Nov 19-Dec 17, 7:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Yoga - Gentle

Gentle Yoga is accessible to all levels and body types, and is especially suited for beginners. Basic stretches, postures and breath work help to develop strength, flexibility, balance, and body awareness. Bring your exercise mat or purchase at site for $10.

Activity Code: 2RAE3537
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 12:00PM- 1:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Tue, Sep 22-Nov 10, 8:00AM- 9:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Tue, Sep 22-Nov 10, 10:30AM-11:30AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
Tue, Sep 22-Nov 10, 7:00PM- 8:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN05
Wed, Sep 23-Nov 11, 8:00AM- 9:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN06
Wed, Sep 23-Nov 11, 12:30PM- 1:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN07
Thu, Sep 24-Nov 12, 1:30PM- 2:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN08
Thu, Sep 24-Nov 12, 7:00PM- 8:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN09
Fri, Sep 25-Nov 13, 8:00AM- 9:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN10
Sat, Sep 26-Nov 14, 10:00AM-11:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN11
Sun, Sep 27-Nov 15, 12:00PM- 1:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN12
Mon, Nov 30-Jan 11, 12:00PM- 1:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN13
Tue, Dec 1-Jan 12, 8:00AM- 9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN14
Tue, Dec 1-Jan 12, 10:30AM-11:30AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN15
Tue, Dec 1-Jan 12, 7:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN16
Wed, Dec 2-Jan 13, 8:00AM- 9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN17
Wed, Dec 2-Jan 13, 12:30PM- 1:30PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN18
Thu, Dec 3-Jan 14, 1:30PM- 2:30PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN19
Thu, Dec 3-Jan 14, 7:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN20
Fri, Dec 4-Jan 15, 8:00AM- 9:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN21
Sat, Dec 5-Jan 16, 10:00AM-11:00AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN22
Sun, Dec 6-Jan 17, 12:00PM- 1:00PM
$19 Residents/$29 Non-Residents

Cooper CP01
Tue, Sep 22-Nov 10, 7:15PM- 8:15PM
$29 Residents/$44 Non-Residents

Cooper CP02
Tue, Dec 1-Jan 12, 7:15PM- 8:15PM
$29 Residents/$44 Non-Residents

MacDowell JU02
Tue, Sep 22-Nov 3, 6:30PM- 7:30PM
$29 Residents/$44 Non-Residents

MacDowell JU01
Sat, Sep 19-Nov 7, 9:00AM-10:00AM
$29 Residents/$44 Non-Residents

Riverside RS02
Thu, Sep 10-Oct 29, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Riverside RS06
Thu, Nov 19-Dec 17, 6:00PM- 7:00PM
$16 Residents/$24 Non-Residents



Yoga - Power

East meets West in this vigorous, fitness-based yoga class with a focus on flow, breath, strength, balance, and flexibility. Prior yoga experience is recommended. Bring your own exercise mat or purchase at site for $10.

Activity Code: 2RAE3538
(Section codes listed below)

Beulah Brinton BN01
Thu, Sep 24-Nov 12, 5:00PM- 6:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Thu, Dec 3-Jan 14, 5:00PM- 6:00PM
$19 Residents/$29 Non-Residents

Gaenslen GS01
Tue, Sep 15-Nov 3, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents

Gaenslen GS06
Tue, Nov 17-Dec 15, 6:15PM- 7:15PM
$16 Residents/$24 Non-Residents

Parkside FR01
Mon, Sep 21-Nov 9, 4:30PM- 5:30PM
$29 Residents/$44 Non-Residents

Zumba®

Zumba® is a fun and easy workout with routines that feature easy-to-follow dance steps synced to Latin music helping you to tone and sculpt your body.

Activity Code: 2RAE3542
(Section codes listed below)

Beulah Brinton BN01
Sun, Sep 27-Nov 15, 9:00AM-10:00AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Sun, Dec 6-Jan 17, 9:00AM-10:00AM
$19 Residents/$29 Non-Residents

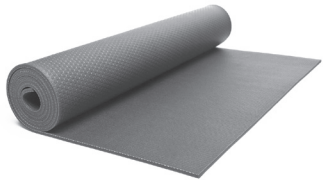
Cooper CP01
Thu, Sep 24-Nov 12, 7:00PM- 8:00PM
$29 Residents/$44 Non-Residents

Cooper CP02
Thu, Dec 3-Jan 14, 7:00PM- 8:00PM
$19 Residents/$29 Non-Residents

Hamilton HA01
Wed, Oct 7-Nov 11, 6:30PM- 7:30PM
$19 Residents/$29 Non-Residents

MacDowell JU01
Thu, Oct 8-Nov 12, 6:30PM- 7:30PM
$19 Residents/$29 Non-Residents

Parkside FR01
Mon, Sep 21-Nov 9, 6:00PM- 7:00PM
$29 Residents/$44 Non-Residents



Strong Flow Yoga

A strong flow yoga class emphasizes dynamic movement, linking breath with fluid transitions to build strength, flexibility, and endurance. Through a series of powerful poses and intentional sequences, you'll cultivate both physical and mental focus. Expect to challenge your body with engaging postures while fostering a deep sense of connection to your breath and present moment awareness.

Activity Code: 2RAE3554
(Section codes listed below)

Beulah Brinton BN01
Wed, Sep 23-Nov 11, 4:30PM- 5:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Wed, Dec 2-Jan 13, 4:30PM- 5:30PM
$19 Residents/$29 Non-Residents

Functional Strength Training

Functional fitness is strength training that prepares the body for daily activities. This class helps you real life bending, twisting, lifting, pushing, pulling & squatting. Suitable for all fitness levels, must be able to get down on the ground & up, unassisted. Bring your own exercise mat & water.

Activity Code: 2RAE3556
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 7:30AM- 8:30AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Wed, Sep 23-Nov 11, 8:30AM- 9:30AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Sun, Sep 27-Nov 15, 10:30AM-11:30AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
Mon, Nov 30-Jan 11, 7:30AM- 8:30AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN05
Wed, Dec 2-Jan 13, 8:30AM- 9:30AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN06
Sun, Dec 6-Jan 17, 7:30AM- 8:30AM
$19 Residents/$29 Non-Residents

Mat Pilates

NEW

Mat Pilates is a low-impact, full-body workout designed to help you feel stronger, more balanced, and more connected to your movement. Expect a mix of core work, flexibility, and control; all in a supportive environment.

Activity Code: 2RAE3557
(Section codes listed below)

Beulah Brinton BN01
Tue, Sep 22-Nov 10, 3:00PM- 4:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Thu, Sep 24-Nov 12, 3:00PM- 4:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Sat, Sep 26-Nov 14, 11:30AM-12:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
Tue, Dec 1-Jan 12, 3:00PM- 4:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN05
Thu, Dec 3-Jan 14, 3:00PM- 4:00PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN06
Sat, Dec 5-Jan 16, 11:30AM-12:30PM
$19 Residents/$29 Non-Residents

T'ai Chi & Chai Tea

NEW

September 21st is National Chai Day. Celebrate with stress relieving T'ai Chi then stress relieving Chai Tea! After the Chi and Tea you will be stress free.

Activity Code: 2RAE3558
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21, 2:00PM- 3:00PM
$6 Residents/$9 Non-Residents

Brinton Boot Camp

NEW

Test yourself in Brinton's Boot Camp. The 2.5-hour boot camp will be broken down into 5 segments - 9:00am: 2 mile walk that starts and ends at Beulah Brinton/20 minute body sculpting class/20 minute stations/20 minute Zumba class/20 minute yoga class. There will be about 5 minutes in between each segment. Bring water and a mat.

Activity Code: 2RAE3559
(Section codes listed below)

Beulah Brinton BN01
Sat, Sep 19, 9:00AM-11:30AM
$11 Residents/$17 Non-Residents

Yoga - Chair

This chair yoga class is for people of all ages. Poses are done while sitting in or standing by a chair. Benefits include increased muscle strength, greater range of motion, improved posture, balance, and breathing.

Activity Code: 2RAE3560
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 2:15PM- 3:15PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Thu, Sep 24-Nov 12, 10:30AM-11:30AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
Fri, Sep 25-Nov 13, 12:00PM- 1:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
Mon, Nov 30-Jan 11, 2:15PM- 3:15PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN05
Thu, Dec 3-Jan 14, 10:30AM-11:30AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN06
Fri, Dec 4-Jan 15, 12:00PM- 1:00PM
$19 Residents/$29 Non-Residents

Power Flow Yoga

Intermediate vinyasa with a focus on strength and toning. Taught by Annie Wegner LeFort, RYT.

Activity Code: 2RAE3561
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 1:15PM- 2:00PM
$23 Residents/$35 Non-Residents

Beulah Brinton BN02
Mon, Nov 30-Jan 11, 1:15PM- 2:00PM
$16 Residents/$24 Non-Residents

Yoga for Runners

Open to all, not just runners! This class focuses on: 1) stretching key running muscles, 2) exploring diverse body planes for varied movements, and 3) building core strength crucial for runners. Taught by Annie Wegner LeFort.

Activity Code: 2RAE3575
(Section codes listed below)

Beulah Brinton BN01
Thu, Sep 24-Nov 12, 4:00PM- 5:00PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Thu, Dec 3-Jan 14, 4:00PM- 5:00PM
$19 Residents/$29 Non-Residents

Yoga for Osteoporosis

Open to all, not just those managing osteoporosis. This class will explore the yoga approach to stronger bones and teach modifications to keep all poses safe for those with low bone density. Class is appropriate for beginners and experienced. Taught by Jill Schmid, RYT.

Activity Code: 2RAE3579
(Section codes listed below)

Beulah Brinton BN01
Wed, Sep 23-Nov 11, 1:40PM- 2:40PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
Wed, Dec 2-Jan 13, 1:40PM- 2:40PM
$19 Residents/$29 Non-Residents

Yoga Alignment Workshop

In this 4 part progressive class, we will focus on deconstructing foundational yoga poses to create better alignment for the individual. This class is held once a month, intermediate level, and led by Annie Wegner LeFort.

Activity Code: 2RAE3585
(Section codes listed below)

Beulah Brinton BN01
(Class is held on 9/29, 10/27, 11/17, 12/15)
Tue, Sep 29-Dec 15, 1:30PM- 2:25PM
$16 Residents/$24 Non-Residents

Vinyasa Flow Yoga

This Vinyasa class links breath and movement to flow through postures, flowing from pose-to-pose. The flowing postures bring heat and aids in the lengthening of muscles and the reduction of muscular tension. Perfect for students of all levels, including beginners, as options or modifications are given for poses. Bring your exercise mat or purchase at site for $10.

Activity Code: 2RAE3614
(Section codes listed below)

Beulah Brinton BN01
(Slow Flow)
Tue, Sep 22-Nov 10, 2:30PM- 3:30PM
$29 Residents/$44 Non-Residents

Beulah Brinton BN02
(Slow Flow)
Wed, Sep 23-Nov 11, 9:15AM-10:15AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN03
(Slow Flow)
Fri, Sep 25-Nov 13, 9:15AM-10:15AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
(Slow Flow)
Tue, Dec 1-Jan 12, 2:30PM- 3:30PM
$19 Residents/$29 Non-Residents

Beulah Brinton BN05
(Slow Flow)
Wed, Dec 2-Jan 13, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Beulah Brinton BN06
(Slow Flow)
Fri, Dec 4-Jan 15, 9:15AM-10:15AM
$19 Residents/$29 Non-Residents

Milwaukee Marshall MR01
(Slow Flow)
Sat, Sep 19-Oct 24, 10:15AM-11:15AM
$23 Residents/$35 Non-Residents

Milwaukee Marshall MR02
(Slow Flow)
Sat, Nov 7-Dec 19, 10:15AM-11:15AM
$23 Residents/$35 Non-Residents

Meditation

You will practice guided and mantra meditation, pranayama (mindful breathing exercises), and improving posture. Please bring a yoga mat and a cushion or small pillow.

Activity Code: 2RAE4113
(Section codes listed below)

Beulah Brinton BN01
Tue, Sep 22-Nov 10, 5:00PM- 5:30PM
$13 Residents/$20 Non-Residents

Beulah Brinton BN02
Tue, Dec 1-Jan 12, 5:00PM- 5:30PM
$10 Residents/$15 Non-Residents

DID YOU KNOW?

Ninety-three percent of U.S. adults agree that both older adults and children can benefit from **spending time together** in organized programs like those offered by many park and recreation agencies.

via nrpa.org/parkpulse

HEALTH AND WELLNESS

5 Secrets to Permanent Weight Loss

Unlock the '5 secrets' for effective, permanent weight loss with insights into metabolism and hormones. Discover why fat isn't the enemy and the importance of real butter and eggs. Presented by Dr. John P. Corsi, D.C. of Chiropractic Company. Non-refundable class fee.

Activity Code: 2RAE4101
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Sep 23, 6:35PM- 8:00PM
$8 Residents/$12 Non-Residents

Arthritis: Alternative Approaches

Arthritis affects 1 in 5 Americans roughly. We all talk about it or even joke about it, but what causes it in the first place? Learn how you can we prevent it from happening, getting worse or how to live your best life with as little discomfort as possible. Class taught by Dr. John Corsi, D.C. Chiropractic Company.

Activity Code: 2RAE4103
(Section codes listed below)

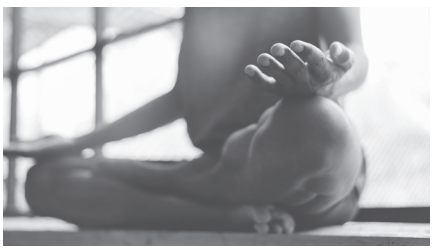
Milwaukee Marshall MR01
Wed, Oct 14, 6:35PM- 8:00PM
$8 Residents/$12 Non-Residents

Mudras and Meditation

Embark on a meditative journey exploring mudras - hand gestures enhancing meditation, asana, and spiritual rituals. Break free from the traditional image and discover the depth these gestures bring to your yoga and meditation practice. Join us on this meditative journey.

Activity Code: 2RAE4104
(Section codes listed below)

Hamilton (Ages 18-99)..... HA01
Tue, Oct 13-Oct 20, 6:00PM- 7:00PM
$9 Residents/$14 Non-Residents



Minute Meditation and Reiki

Learn simple techniques to lower your heart rate and manage stress quickly. You'll also be introduced to Reiki, an ancient healing art where spiritual energy from the practitioner's hands helps alleviate physical and emotional ailments. Discover how to make these energy techniques work for you!

Activity Code: 2RAE4107
(Section codes listed below)

Hamilton HA01
Mon, Oct 12-Nov 2, 7:15PM- 8:15PM
$13 Residents/$20 Non-Residents

Parsley, Sage, Rosemary & Thyme

Well, we're not exactly Scarborough Fair, but come take a little thyme out to join us for some sage advice on growing your own herb garden. Class fee is non-refundable.

Activity Code: 2RAE4120
(Section codes listed below)

Hamilton HA01
Tue, Sep 22, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Natural Solutions to Vertigo and Dizziness

No one likes to be dizzy, yet 20% of Americans report dizziness or vertigo every month. In this workshop, we will cover various forms of dizziness and vertigo including the most common form of vertigo, various forms of treatment as well as natural treatment strategies. Workshop is presented by Dr. Garrett A. Panno, D.C. Chiropractic Company..

Activity Code: 2RAE4134
(Section codes listed below)

Milwaukee Marshall MR01
Wed, Nov 4, 6:30PM- 8:00PM
$8 Residents/$12 Non-Residents

Foot Reflexology Part 2

During this class we will continue to address your personal issues to help relieve pain and stress through your feet. This class is the second part of Foot Reflexology. Please bring a dry washcloth, drinking water, and lotion. Class taught by Gail Vella of Compassionate Reflexology. Class fee is non-refundable.

Activity Code: 2RAE4151
(Section codes listed below)

Hamilton HA01
Wed, Oct 14, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Face Reflexology

Unlock natural well-being and balance through ancient facial manipulations. Discover how ancestral practices on the face can promote overall health and restore vital balances. Explore reflex zones connecting to the entire body. Bring a desk-standing mirror, remove makeup, and open your mind to Gail Vella's insightful facial techniques. Class fee is non-refundable.

Activity Code: 2RAE4152
(Section codes listed below)

Hamilton HA01
Wed, Nov 18, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Exploring the Benefits of Ear Reflexology

Did you know that there is a map of your body in your ear? This insightful wellness class will help you learn relaxation and pain-relieving techniques by working with your ears. Please bring a desk standing mirror and make sure your nails are short. Gail is looking forward to helping you find creative ways to relive stress.

Activity Code: 2RAE4153
(Section codes listed below)

Hamilton HA01
Wed, Oct 28, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

Hand Reflexology for a Happier You!

How would you like to learn some easy techniques to help relieve stress, anxiety and pain to bring yourself back into being in Balance? Hand Reflexology might be a good fit for you. Techniques learned in class will help bring about a wonderful calmness that will benefit your whole being. Class Taught by Gail Vella from Compassionate Reflexology. Please bring a towel, water to drink and $4 for supplies used in class. Class fee is non-refundable

Activity Code: 2RAE4155
(Section codes listed below)

Hamilton HA01
Wed, Oct 21, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents

5 Secrets to Lower your Blood Sugar

Most people are told at some point that they need to either lower their blood sugar or monitor it. However, that isn't always straightforward. Learn the 5 easy ways and secrets to approach your health goals by recontextualizing movement, food and the nutrients we need.

Activity Code: 2RAE4172
(Section codes listed below)

Milwaukee Marshall 3RAE4172
Wed, Oct 7, 6:30PM- 8:00PM
$8 Residents/$12 Non-Residents



Satisfy Your Sweet Tooth with Heart-Healthy Desserts

Love sweets but want to make them healthier? Join registered dietitian, Heather Klug, from The Karen Yontz Women's Cardiac Awareness Center and learn about modifications to make your sweet treats healthier with natural sugars and other heart-healthy foods. Sample a couple heart-healthy desserts and take heart-healthy dessert recipes to try at home. Heather will also demo a heart-healthy dessert.

Activity Code: 2RAE4188
(Section codes listed below)

Hamilton HA01
Tue, Nov 17, 6:00PM- 7:00PM
$6 Residents/$9 Non-Residents

Maximize Your Health with the Mediterranean Diet

Explore the health benefits of the Mediterranean Diet with Registered Dietitian Heather Klug from the Karen Yontz Cardiac Awareness Center. Learn about the foods, and benefits, and get tips for creating a Mediterranean kitchen at home. Non-refundable class fee.

Activity Code: 2RAE4190
(Section codes listed below)

Hamilton HA01
Tue, Sep 22, 6:00PM- 7:00PM
$6 Residents/$9 Non-Residents

Extra-Virgin Olive Oil Taste Testing

Extra-virgin olive oil (EVOO) is one of the healthiest fats to use. But are you buying high-quality EVOO? Join registered dietitian, Heather Klug, from The Karen Yontz Cardiac Awareness Center to sample various olive oils using the 4S technique to determine quality. We'll also discuss helpful buying and storage tips to best preserve your EVOO to maintain quality.

Activity Code: 2RAE4191
(Section codes listed below)

Hamilton HA01
Tue, Oct 13, 6:00PM- 7:00PM
FREE

HOUSE AND GARDEN

Fall Pave-Style Floral Arranging

Welcome fall with flowers! In this beginner-friendly floral arranging class, you'll learn the basic elements of floral design while creating a beautiful pave-style arrangement using fresh, seasonal blooms. Create your take home springtime arrangement in this one-day workshop at Thryve,1415 N 54th St. Class fee includes supplies and is non-refundable.

Activity Code: 2RAE4231
(Section codes listed below)

Thryve TH01
Tue, Nov 24, 6:00PM- 8:00PM
$65 Residents/$97 Non-Residents

Fresh Holiday Door Swag Decorating

NEW

Create a stunning fresh holiday swag that will make your front door the talk of the neighborhood! In this hands-on class, you'll design a festive hanging arrangement using the freshest balsam, Douglas fir, winterberry, ornaments, and ribbon - all styled on locally crafted cedar hanging tray. This workshop will be held at Thryve, 1415 N 54th St. Fee includes supply costs and is non-refundable.

Activity Code: 2RAE4233
(Section codes listed below)

Thryve TH01
Thu, Dec 3, 6:00PM- 8:00PM
$80 Residents/$95 Non-Residents

Layering Your Home

NEW

Good design isn't just for homeowners, and it doesn't have to be expensive. Let's start with what you have and create the home you've always wanted! This course walks through the layers of a room, in order, one at a time. Let's find your style and finish your room!

Activity Code: 2RAE4250
(Section codes listed below)

Beulah Brinton BN01
Sat, Sep 26-Nov 14, 11:30AM-12:30PM
$25 Residents/$38 Non-Residents

LANGUAGE SKILLS

Korean Film, Television, and Culture

With Korean pop songs, people can learn the meaning of songs and background stories. First, we can translate the song lyrics. If possible, all together sing along with the songs. Using songs, people can easily practice and remember the language from kindergarten to adult age.

Activity Code: 2RAE4401
(Section codes listed below)

Hamilton (Ages 18-99)..... HA01
Sat, Oct 3-Nov 7, 11:45AM- 1:15PM
$41 Residents/$62 Non-Residents

Sign Language

This language class focuses on finger spelling, vocabulary, non-verbal expressive skills and sentence structure.

Activity Code: 2RAE4405
(Section codes listed below)

Beulah Brinton BN01
Mon, Sep 21-Nov 9, 6:30PM- 7:30PM
$25 Residents/$38 Non-Residents

Beulah Brinton BN02
Mon, Nov 30-Jan 11, 6:30PM- 7:30PM
$17 Residents/$26 Non-Residents





Italian Language Survival Skills

In this class, participants will learn basic conversational skills. You will also receive very useful tips and advice on how to enjoy the Italian culture. My curriculum and Italian Language textbook extracts are included.

Activity Code: 2RAE4411
(Section codes listed below)

MacDowell JU01
(Beg.)
Mon, Sep 21-Nov 16, 6:00PM- 7:30PM
$25 Residents/$38 Non-Residents

Spanish 101

Spanish 101 is a beginning course designed for students with no prior exposure to formal instruction in the language. The focus of the class is on listening and speaking practice and your participation in all activities is crucial to your success and mandatory.

Activity Code: 2RAE4426
(Section codes listed below)

MacDowell (Ages 18-99)..... JU01
Wed, Sep 16-Nov 4, 6:00PM- 7:30PM
$36 Residents/$54 Non-Residents

Portuguese

This is a beginner class intended for those with little to no experience in Portuguese. Students will learn the basics of Portuguese, including essential vocabulary, pronunciation, and common phrases. The class will have interactive activities, listening practice, and conversational exercises. Class participants will build confidence to use vocabulary, understand words and phrases, read, and write limited Portuguese.

Activity Code: 2RAE4442
(Section codes listed below)

Beulah Brinton BN01
Fri, Sep 25-Nov 13, 6:30PM- 7:30PM
$25 Residents/$38 Non-Residents

Beulah Brinton BN02
Fri, Dec 4-Jan 15, 6:30PM- 7:30PM
$17 Residents/$26 Non-Residents

LOW INTENSITY FITNESS

Yoga - Yin

In this class we will slow down, holding poses from 2 - 7 minutes. This will allow our bodies to get a deeper stretch into the fascia or connective tissue. This may help the practitioner to alleviate pain and tension, reduce stress and anxiety, and improve overall well-being. Come prepared with a blanket or bath towel(s), or a pillow. Blocks and straps will be available.

Activity Code: 2RAE3610
(Section codes listed below)

Beulah Brinton BN02
Sat, Sep 26-Nov 14, 8:55AM- 9:55AM
$29 Residents/$44 Non-Residents

Beulah Brinton BN04
Sat, Dec 5-Jan 16, 8:55AM- 9:55AM
$19 Residents/$29 Non-Residents



MARTIAL ARTS

Judo

Explore Judo, the 'gentle way,' emphasizing technique and tradition. Personalized instruction under USJA and USMA affiliation. Wear clothes without buttons or metal. Adult and Youth Classes are combined.

Activity Code: 2RAE4501
(Section codes listed below)

Milwaukee Marshall MR01
(BEG.)
Mon/Wed, Sep 21-Oct 28, 6:00PM- 7:00PM
$36 Residents/$54 Non-Residents

Milwaukee Marshall MR02
(Adv.)
Mon/Wed, Sep 21-Oct 28, 7:00PM- 8:00PM
$40 Residents/$60 Non-Residents

Milwaukee Marshall MR03
(BEG.)
Mon/Wed, Nov 9-Dec 16, 6:00PM- 7:00PM
$36 Residents/$54 Non-Residents

Milwaukee Marshall Mr04
(Adv.)
Mon/Wed, Nov 9-Dec 16, 7:00PM- 8:00PM
$40 Residents/$60 Non-Residents



Tae Kwon Do

Discover Tae Kwon Do, a Korean martial art emphasizing self-discipline, mental preparation, concentration, and self-control. Learn kicking, punching techniques, proper body positioning, and self-defense. Improve flexibility, conditioning, and self-defense skills.

Activity Code: 2RAE4503
(Section codes listed below)

Hamilton (Ages 15 & up) HA01
(Class is combined with youth class)
Mon/Wed, Sep 21-Nov 11, 6:00PM- 7:00PM
$46 Residents/$69 Non-Residents

Milwaukee Marshall (Ages 15 & up)... MR01
(White, Orange, & Yellow Belt)
Mon/Wed, Sep 21-Dec 16, 6:00PM- 7:00PM
$66 Residents/$99 Non-Residents

Milwaukee Marshall (Ages 15 & up)... MR12
(White, Orange, & Yellow Belt)
Tue/Thu, Sep 22-Dec 17, 6:00PM- 7:00PM
$66 Residents/$99 Non-Residents

Riverside (Ages 15 & up)..... RS04
(All Ranks Adults)
Sat, Sep 12-Oct 31, 11:45AM-12:30PM
$22 Residents/$33 Non-Residents

Riverside (Ages 15 & up)..... RS05
(Beg/Int. White- Yellow Belt, combined with youth class)
Mon/Wed, Sep 14-Oct 28, 6:15PM- 7:15PM
$41 Residents/$62 Non-Residents

Riverside (Ages 15 & up)..... RS09
(Int./Adv., Camo/Black Belt, combined with youth class)
Mon/Wed, Sep 14-Oct 28, 7:15PM- 8:15PM
$41 Residents/$62 Non-Residents

Riverside (Ages 15 & up)..... RS10
(Black belts only, all ranks all ages)
Sat, Nov 14-Dec 19, 11:45AM-12:30PM
$17 Residents/$26 Non-Residents

Riverside (Ages 15 & up)..... RS07
(Beg. white-yellow belts, combined with youth class)
Mon/Wed, Nov 16-Dec 16, 6:15PM- 7:15PM
$41 Residents/$62 Non-Residents

Riverside (Ages 15 & up)..... RS08
(Int/Adv. Camo-Black Belt, combined with youth class.)
Mon/Wed, Nov 16-Dec 16, 7:15PM- 8:15PM
$33 Residents/$50 Non-Residents

MUSIC

Bass Guitar

In a hurry to jam with the band? Every band needs a bass player. Learn the basics in theory, riffs, and chord progressions. Bring your own bass guitar (but not your amp). Adult and Youth Classes are combined. Class is taught by Mr. D.

Activity Code: 2RAE4602
(Section codes listed below)

Beulah Brinton BN01
Fri, Sep 25-Nov 13, 7:15PM- 8:15PM
$25 Residents/$38 Non-Residents

Beulah Brinton BN02
Fri, Dec 4-Jan 15, 7:15PM- 8:15PM
$17 Residents/$26 Non-Residents

Drums

Ready to rock? Mr. D will help aspiring drummers learn rhythms, rides, rolls, and styles. Bring a pair of drumsticks and a practice drum pad (available at most music stores). Adult and Youth Classes are combined.

Activity Code: 2RAE4603
(Section codes listed below)

Beulah Brinton BN01
Fri, Sep 25-Nov 13, 6:00PM- 7:00PM
$25 Residents/$38 Non-Residents

Beulah Brinton BN02
Fri, Dec 4-Jan 15, 6:00PM- 7:00PM
$17 Residents/$26 Non-Residents

Guitar

Explore guitar fundamentals in this class covering basic chords, note reading, strumming techniques, and maintenance. Beginners focus on music and chord theory, while the advanced course builds repertoire and techniques for those with prior experience. Taught by Mr. D. Combined youth and adult classes. Bring your own guitar.

Activity Code: 2RAE4604
(Section codes listed below)

Beulah Brinton BN01
(Beg.)
Sat, Sep 26-Nov 14, 2:00PM- 3:30PM
$36 Residents/$54 Non-Residents

Beulah Brinton BN02
(Beg.)
Sat, Dec 5-Jan 16, 2:00PM- 3:30PM
$24 Residents/$36 Non-Residents

Hamilton HA01
Thu, Sep 17-Nov 5, 6:00PM- 7:30PM
$36 Residents/$54 Non-Residents

Riverside RS01
(Beg. - Semi-Private)
Mon, Sep 14-Oct 26, 6:00PM- 7:30PM
$41 Residents/$62 Non-Residents

Riverside RS02
(Adv. - Semi-Private)
Mon, Sep 14-Oct 26, 7:45PM- 8:45PM
$27 Residents/$41 Non-Residents

Piano

Beginner - Intro to keyboard, note reading, rhythm, and techniques. Intermediate - Elevate skills with keys, scales, chords, and melodies. Prior experience is required. Taught by Mr. D. No need to bring your own keyboard; youth and adult classes are combined.

Activity Code: 2RAE4607
(Section codes listed below)

Beulah Brinton BN01
(Beg.)
Sat, Sep 26-Nov 14, 10:30AM-12:00PM
$36 Residents/$54 Non-Residents

Beulah Brinton BN02
(Int.)
Sat, Sep 26-Nov 14, 12:15PM- 1:45PM
$36 Residents/$54 Non-Residents

Beulah Brinton BN03
(Beg.)
Sat, Dec 5-Jan 16, 10:30AM-12:00PM
$24 Residents/$36 Non-Residents

Beulah Brinton BN04
(Int.)
Sat, Dec 5-Jan 16, 12:15PM- 1:45PM
$24 Residents/$36 Non-Residents

Hamilton HA01
Wed, Sep 16-Nov 4, 6:00PM- 7:30PM
$36 Residents/$54 Non-Residents

Rock Band

Join the band, learn some songs, and have fun! All types of musicians welcome; bring your musical instrument. Previous band experience and/or training required. Mr. D leads the way. Adult and Youth Classes are combined.

Activity Code: 2RAE4608
(Section codes listed below)

Beulah Brinton BN01
Sat, Sep 26-Nov 14, 4:00PM- 6:00PM
$46 Residents/$69 Non-Residents

Beulah Brinton BN02
Sat, Dec 5-Jan 16, 4:00PM- 6:00PM
$30 Residents/$45 Non-Residents

Sing Out!

Do you want to learn to sing or improve your confidence and control? Work on basic vocal techniques with Mr. D. Learn proper breathing, voice inflection, range, and ear training. Adult and Youth Classes are combined.

Activity Code: 2RAE4609
(Section codes listed below)

Hamilton HA01
Thu, Sep 17-Nov 5, 7:45PM- 8:45PM
$25 Residents/$38 Non-Residents

Introduction to Harmonica

Learn the basic techniques of playing the harmonica. Before long you will be jamming with your classmates and showing off to your family and friends. Carry your music in your pocket! Please bring a 'Key of C' harmonica. Class is combined with youth class.

Activity Code: 2RAE4611
(Section codes listed below)

Hamilton HA01
Tue, Sep 15-Nov 3, 6:00PM- 7:00PM
$25 Residents/$38 Non-Residents

Hamilton HA03
Tue, Nov 10-Dec 1, 6:00PM- 7:00PM
$13 Residents/$20 Non-Residents

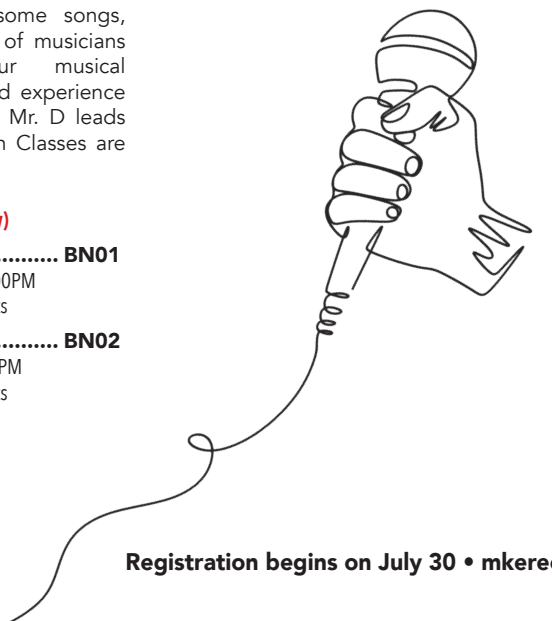
Karaoke Night

NEW

Is anyone actually good at karaoke? Maybe. If you're good, bad, rookie, or veteran, come showcase your talents (or lack thereof) in a shame-free, fun environment.

Activity Code: 2RAE4696
(Section codes listed below)

Beulah Brinton (Ages 15-99)..... BN01
Fri, Nov 20, 6:00PM- 8:30PM
$5 Residents/$5 Non-Residents



ORGANIZATION

Declutter/Organize Your Home

Are you ready to declutter and organize a part of your home and looking for some guidance on how to get started? Tips to keep you going? Or learn your Clutterbug organizing style, because no bug organizes the same? Tonight will be an information packed presentation. We'll come up with a plan for you to go home and tackle those areas of concern. Class taught by Tamara Starr, Sweet Simplicity Professional Organizing.

Activity Code: 2RAE2607
(Section codes listed below)

Hamilton HA01
Wed, Oct 21, 6:00PM- 8:00PM
$12 Residents/$18 Non-Residents

ORGANIZED GAMES

Bid Whist

Weekly Bid Whist Extravaganza! Join this African-American card game for fun, challenges, and socializing. Open to experienced players. Register with a partner or be paired with singles. Entertainment-focused play; no gambling allowed during class. Come and enjoy the game!

Activity Code: 2RAE4906
(Section codes listed below)

Milwaukee Marshall MR01
Tue, Sep 22-Nov 24, 6:00PM- 8:00PM
$10 Residents/$15 Non-Residents

Speed Puzzling

Ready, set, puzzle! Sign up for a friendly THEMED speed puzzle event where teams race to complete a provided 500 piece puzzle the fastest. Speed puzzling experience not required. Only one member of your team must register. Do not register if you do not have a team. Teams are comprised of 2-4 people.

Activity Code: 2RAE4949
(Section codes listed below)

Beulah Brinton BN01
(90's)
Sat, Oct 24, 6:00PM- 8:00PM
$30 Residents/$30 Non-Residents

Beulah Brinton BN02
(Harry Potter)
Sat, Dec 19, 6:00PM- 8:00PM
$30 Residents/$30 Non-Residents

Beulah Brinton BN03
(Milwaukee)
Sat, Jan 23, 6:00PM- 8:00PM
$30 Residents/$30 Non-Residents

PERFORMING ARTS

Open Mic Night

NEW

Showcase your talents or check something off your bucket list. Whether it be music, poetry, comedy, or some other kind of artistic medium, Beulah Brinton is your stage. There is no cost, but if you are performing, you must register. Spectators are welcome.

Activity Code: 2RAE5353
(Section codes listed below)

Beulah Brinton BN01
Fri, Oct 2, 8:00PM-10:00PM
FREE

Beulah Brinton BN02
Fri, Nov 6, 8:00PM-10:00PM
FREE

Beulah Brinton BN03
Fri, Dec 4, 8:00PM-10:00PM
FREE



PERSONAL SKILLS

You Have Pictures in Your Camera - Now What?

Organize and save your multitude of pictures! Learn techniques for managing photos from cameras and smartphones, transferring to external devices and 'the Cloud' in this two-hour seminar with instructor C.T. Kruger. Non-refundable class fee.

Activity Code: 2RAE5402
(Section codes listed below)

Hamilton HA01
Mon, Nov 3, 6:30PM- 8:00PM
$18 Residents/$27 Non-Residents

No Power Tools Necessary (Basic Home Repairs)

Broken switch? Outlet that won't hold plugs? Want to update a light fixture but you aren't sure where to start?This class will help you identify DIY electrical projects, tips to prevent problems, and when it's time to call an electrician. Cost includes tools to take home. Class taught by Brian Hunt a licensed remodeling contractor with over 20 years of experience. Non-refundable class fee.

Activity Code: 2RAE5412
(Section codes listed below)

Hamilton HA01
(Easy electrical repairs, remove old switches, outlets, light fixtures)
Sat, Oct 24, 9:00AM-11:00AM
$50 Residents/$75 Non-Residents

Riverside RS03
(Easy electrical repairs, remove old switches, outlets, light fixtures)
Sat, Oct 24, 12:00PM- 2:00PM
$50 Residents/$75 Non-Residents

iPad/iPhone-Tips, Tricks, and Techniques

This class is specific to Apple iPhone, iPad and iPad Mini devices. Learn tips, tricks, and techniques to navigate, organize, backup and add apps to your iPhone, iPad, or iPad mini device. Instructor is C.T. Kruger. Class fee is non-refundable.

Activity Code: 2RAE5422
(Section codes listed below)

Hamilton HA02
Mon, Oct 20, 6:30PM- 8:00PM
$18 Residents/$27 Non-Residents

The Camera in Your Smartphone

Unleash the power of your phone! Discover apps, tips, and tricks for capturing and managing photos and videos on iPhone and Android devices. Explore camera features, storage options, printing, and more in this informative class with instructor C.T. Kruger. Non-refundable class fee.

Activity Code: 2RAE5423
(Section codes listed below)

Hamilton HA02
Mon, Oct 27, 6:30PM- 8:00PM
$18 Residents/$27 Non-Residents

Being Mindful of Your Emotions: Emotional Intelligence Workshop

Take control of your emotions! Join a two-hour workshop to enhance mindfulness. Explore a four-step process: Self Awareness, Self-Management, Social Awareness, and Relationship Management. Learn to respond, not react, to the world. Non-refundable class fee.

Activity Code: 2RAE5432
(Section codes listed below)

Hamilton HA02
Wed, Sep 30, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Vital Communications

Everything starts with a conversation. When conflict arises, do you go into fight, flight or freeze mode? We avoid important conversations for a variety of reasons, but develop the courage to have them. Join us for a two-hour workshop on improving your critical conversational skills. Class fee is non-refundable.

Activity Code: 2RAE5440
(Section codes listed below)

Hamilton HA01
Wed, Sep 23, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Foster Care in our Community

Address the growing foster care crisis in our community with this free virtual course. Gain insights into the foster care system, ways to help, and the impact of trauma on children and families. Taught by Travis Cheesbro, Chief Program Officer at Norris. Link provided in advance.

Activity Code: 2RAE5441
(Section codes listed below)

Online VR01
Wed, Sep 16, 6:00PM- 7:00PM
FREE

Online VR02
Wed, Sep 30, 6:00PM- 7:00PM
FREE

Online VR03
Wed, Oct 14, 6:00PM- 7:00PM
FREE

Online VR04
Wed, Oct 28, 6:00PM- 7:00PM
FREE

Online VR05
Tue, Nov 10, 6:00PM- 7:00PM
FREE

Online VR06
Mon, Nov 23, 6:00PM- 7:00PM
FREE

Cutting the Cord-Controlling Cable and Internet Cords

Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices. Instructor C.T. Kruger. Class fee is non-refundable.

Activity Code: 2RAE5443
(Section codes listed below)

Hamilton HA01
Mon, Oct 13, 6:30PM- 8:00PM
$18 Residents/$27 Non-Residents



Glycerin Soap Making 101

Discover the art and science of handmade soap! In this beginner friendly class, learn how to craft and design your own custom soap, while exploring the benefits of creating beautiful, nourishing soaps for different skin types. A $10 (cash only) supply fee is due to the instructor at class. Class fee is non-refundable.

Activity Code: 2RAE5444
(Section codes listed below)

North Division ND01
Mon, Nov 9, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

North Division ND02
Mon, Dec 7, 6:00PM- 8:00PM
$9 Residents/$14 Non-Residents

Air Conditioning Refrigeration and Heating Technology

Students are introduced to the career opportunities and responsibilities in the air conditioning, heating and refrigeration industry. This course offers an orientation to the different duties, educational requirements and specialty areas within the HVAC industry. Taught by an MATC instructor in a lab outfitted in partnership with Johnson Controls.

Activity Code: 2RAE5470
(Section codes listed below)

Obama CT01
Tue, Oct 27-Dec 15, 5:00PM- 7:00PM
$6 Residents/$9 Non-Residents

Pathway to Apprenticeships (For All Genders)

This comprehensive course provides information on training and essential safety foundations across core industries like carpentry, plumbing, electrical, and HVAC. You will gain the knowledge on a path to apprenticeships and different construction trades.

Activity Code: 2RAE5474
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Sep 26, 11:00AM- 2:00PM
$11 Residents/$17 Non-Residents

Milwaukee Marshall MR02
Sat, Dec 5, 11:00AM- 2:00PM
$11 Residents/$17 Non-Residents

Makeup Boot Camp

Come learn to do makeup with Makeup Artist and Esthetician Danielle Walton. In this class you'll learn the origins of makeup & skincare, the perfect skin care and prep for your specific needs and how to achieve a flawless everyday face no matter the skin tone! ALL are welcome, a judgement free zone! A $15 supply fee is due first day of class.

Activity Code: 2RAE5475
(Section codes listed below)

53rd Street (Ages 16 & up) HA01
Sat, Oct 3-Oct 24, 12:00PM- 2:00PM
$25 Residents/$38 Non-Residents



Traffic Calming 101

NEW

Join MKE Walks to gain a foundational understanding of the pedestrian safety crisis and the responsibility drivers have to the community. Learn about Milwaukee's plan to create safer, slower, and more pedestrian friendly streets and venture outside to see traffic calming measures that reduce crashes and improve walkability.

Activity Code: 2RAE5476
(Section codes listed below)

Riverside (Ages 16-99)..... RS01
Sat, Oct 10, 10:00AM-11:30AM
FREE

Riverside (Ages 16-99)..... RS02
Wed, Oct 21, 6:00PM- 7:30PM
FREE

Coupons for a Cause

What could you do, if you were able to save 50-75% on all of your household needs? The opportunities are endless, when you learn to leverage store sales and discounts in combination with coupons and rebates to get the lowest out-of-pocket cost possible. In this class, I'll teach you the basics of these strategies and give you the confidence to create your own scenarios for the things YOUR family needs. Together, we can lower personal expenses, keep more money in the community, and open doors previously thought closed for good!

Activity Code: 2RAE5477
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Oct 3, 12:00PM- 2:30PM
$10 Residents/$15 Non-Residents

POP CULTURE

Milwaukee's Silent City

For over 175 years, Forest Home Cemetery has served as the final resting place of some of Milwaukee's most influential figures. An accredited arboretum, Forest Home is also a thriving nature preserve and living museum of local history. Come hear the stories of industrialists, war veterans, women trailblazers, civil rights leaders, and infamous figures from all walks of life.

Activity Code: 2RAE9602
(Section codes listed below)

Hamilton HA01
Thu, Sep 24, 6:30PM- 8:00PM
$9 Residents/$14 Non-Residents

Hamilton HA02
Thu, Oct 22, 6:30PM- 8:00PM
$9 Residents/$14 Non-Residents

Hamilton HA03
Sat, Nov 14, 10:00AM-11:30AM
$9 Residents/$14 Non-Residents

SPORTS AND RECREATION

30+ Basketball

Enjoy a good workout and great competition in this open basketball play for people 30 years and over. Teams will be formed each night. Do not bring children under 12 years old; supervision will not be provided. Fee is based on 1.5 hours of play per night.

Activity Code: 2RAE6201
(Section codes listed below)

Beulah Brinton (Ages 30 & up) BN01
Mon, Aug 31-Nov 9, 6:00PM- 8:15PM
$41 Residents/$62 Non-Residents

Beulah Brinton (Ages 30 & up) BN02
Mon, Nov 16-Jan 11, 6:00PM- 8:15PM
$38 Residents/$57 Non-Residents



Tennis Lessons

Prepare for the next match. Lessons will teach you the proper forehand, backhand, ground strokes and serving technique. Wear sports clothing.

Activity Code: 2RAE6204
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Sep 19-Oct 24, 8:45AM- 9:45AM
$19 Residents/$29 Non-Residents

Milwaukee Marshall MR02
(Int.)
Sat, Sep 19-Oct 24, 9:50AM-10:50AM
$19 Residents/$29 Non-Residents

Milwaukee Marshall MR03
(No Class 11/29)
Sat, Nov 7-Dec 19, 8:45AM- 9:45AM
$19 Residents/$29 Non-Residents

Milwaukee Marshall MR04
(Int.)
Sat, Nov 7-Dec 19, 9:50AM-10:50AM
$19 Residents/$29 Non-Residents



Volleyball - Co-Ed League

Register now for this structured coed volleyball league. The registration must be complete with team name and information for all players including address, zip code and telephone number. Game times will fluctuate from week to week. Schedules available the first week of play. Staff will keep score. Teams must have 3 or more females. Online registration is not available for teams or individuals. Teams and individuals must register at Beulah Brinton. Fee is per person.

Activity Code: 2RAE6209
(Section codes listed below)

Beulah Brinton BN01
Tue, Sep 15-Dec 8, 6:00PM- 9:00PM
$36 Residents/$54 Non-Residents

Beulah Brinton BN02
Fri, Sep 18-Dec 11, 6:00PM- 9:00PM
$36 Residents/$54 Non-Residents

Golf Lessons

Don't know the difference between a wood and an iron, a green and fairway? Learn the very basics of golf including how the game is played, terminology, proper grip, stance and swing. Participants need to bring their own clubs.

Activity Code: 2RAE6212
(Section codes listed below)

Milwaukee Marshall MR01
Sat, Sep 19-Nov 7, 3:30PM- 4:30PM
$25 Residents/$38 Non-Residents

Beulah Brinton Sand Volleyball Tournament

This coed tournament will have B level play. Trophies for 1st, 2nd, and 3rd place. Raffle prizes will be given throughout. Food trucks will be onsite and water will be provided. $50 per team. Only captain must register. At least 2 women must be on the court and coed rules apply. Check-in at 9:00am. Pool play begins at 9:30am.

Activity Code: 2RAE6226
(Section codes listed below)

Beulah Brinton BN01
Sat, Sep 26, 9:30AM- 5:00PM
$50 Residents/$50 Non-Residents

BASKETBALL

Late Night Basketball League

Milwaukee Recreation will be operating a free basketball league to young adults ages 17-29 from the Milwaukee Community. League management will focus their efforts not only on basketball, but connecting the participants to appropriate health care services, work force services, and educational services. Athletes cannot be currently enrolled in high school to participate.

Activity Code: 2RAS1109
(Section codes listed below)

Bradley Tech (Ages 17-29)..... MT02
Mon/Wed, Sep 7-Nov 18, 7:30PM-11:59PM
FREE

Obama (Ages 17-29)..... CT03
Tue/Thu, Sep 8-Nov 17, 7:30PM-11:59PM
FREE



GOLF

Adult Golf Lessons

These lessons will teach you the following golf techniques: proper grip, stance, swing, and putting position. Golf course etiquette and rules will also be covered. Clubs will not be provided - bring your own 5, 7 or 9 iron & putter. Built in rain date is the weekend of October 22.

Activity Code: 2RAS3801
(Section codes listed below)

Hansen Golf Course HN01
(SKIP DATE: August 30th)
Sat, Aug 15-Sep 26, 10:00AM-11:00AM
$21 Residents/$32 Non-Residents

Hansen Golf Course HN02
(SKIP DATE: August 31st)
Sun, Aug 16-Sep 27, 2:00PM- 3:00PM
$21 Residents/$32 Non-Residents





FALL 2026 ADULT TEAM SPORTS

TEAM REGISTRATION NOW OPEN!

Visit mkerec.net/adultsports or contact the Adult Sports Office at 414.647.6046 or adultsports@mkerec.net for more information and to register your team. League schedules, scores, and standings are available at teamsideline.com/sites/MilwaukeeRecreation.

FALL BASKETBALL LEAGUES

Play 1 night/week in our men's (Wed @ Hamilton High School) basketball league. League registration closes on August 18. *Registration may close earlier if the league fills up before the deadline. League play starts September 15 and runs for 6 weeks. Team registration only. Team registration fee is $350 (resident) and $400 (non-resident). Individual Player Points will be tracked and a league MVP will be awarded a trophy. Champions of the league will receive t-shirts.

FALL GOLF LEAGUES

Play 1 day/week in our coed (Sat or Sun) golf leagues. League registration closes on August 12. We only have 8 spots for each league. *Registration may close earlier if the league fills up before the deadline. League play starts the weekend of August 29 and runs for 6 weeks. Saturday Morning Red Tour – Tee Times: 1104 & 11:12am Sunday Afternoon Orange Tour – Tee Times: 2 & 2:08pm. Sign up as an individual or as a team of 2, 3 or 4. Individual registration fee is $100.

FALL ABOVE PAR GOLF LESSONS

Lessons are 1 afternoon/week (Saturdays or Sundays) at Hansen Golf Course. Lessons start the weekend of August 15 and run for 6 weeks. Registration is $21 (resident) and $31.50 (non-resident).

FALL FLAG FOOTBALL LEAGUES

Play 1 night/week in our men's (location TBD) flag football leagues. The registration deadline is August 26. *Registration may close earlier if the league fills up before the deadline. League play starts September 2 and runs for 8 weeks. Team registration only. Team registration fee is $500 (resident) and $550 (non-resident).

FALL KICKBALL LEAGUES

Play 1 night/week in our coed (Thur @ Wick) kickball league. League registration closes on August 10. *Registration may close earlier if the league fills up before the deadline. League play starts September 3 and runs for 8 weeks. Team registration only. Team registration fee is $307 (resident) and $357 (non-resident).

FALL SOCCER LEAGUES

Play 1 night/week in our coed (Tue or Wed @ Emigh) soccer leagues. League registration closes on August 10. *Registration may close earlier if the league fills up before the deadline. League play starts the week of September 1 and runs for 8 weeks. Team registration only. Team registration fee is $307 (resident) and $357 (non-resident).

FALL SOFTBALL LEAGUES

Play 1 night/week (6 games) in our men's (Tue @ Wick, Wed @ Sijan #3, or Thur @ Wick #6) and coed (Tue @ Wick #5, Thur @ Sijan #2) softball leagues. League registration closes on August 10. *Registration may close earlier if the league fills up before the deadline. League play starts the week of August 31 and runs for 6-weeks. Team registration only. Team registration fee is $285 (resident) and $310 (non-resident).

FALL VOLLEYBALL LEAGUES

Play 1 night/week in our women's (Tue @ Wedgewood) and coed (Wed @ Wedgewood) volleyball leagues. League registration closes on August 10. *Registration may close earlier if the league fills up before the deadline. League play starts the week of September 1 and runs for 10 weeks. Team registration only. Team fees are $312 (resident) and $362 (non-resident).

KICK OR TREAT HALLOWEEN KICKBALL TOURNAMENT

Get your friends together in costumes for the KICK OR TREAT - Coed Kickball Tournament on Saturday, October 24. Prizes for 1st place, 2nd place, and best dressed team. Team registration only. See ad below for details.

WANTED: PART TIME BUILDING STAFF, EVENT STAFF, & MONITORS FOR ADULT LEAGUES

If you have interest in working in the evenings during the week for our indoor or outdoor sports as a field attendant, building monitor/director, or event staff, please contact Brent Landon @ 414.647.3858 or Matthew Ryan @ 414.647.6070. Hours are typically between 5:30 PM – 10:00 PM Monday-Thursday.

WANTED: OFFICIALS FOR ADULT LEAGUES

If you have experience officiating adult basketball, flag football, kickball, soccer, softball, or volleyball we need you! If you are interested, please contact Matthew Ryan @ 414.647.6046 or matthew@mkerec.net







To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

ACTIVE OLDER ADULTS • 50+ SPORTS

Our Active Older Adults program encourages health and vitality for individuals 50 and older, promoting physical, mental, social, and emotional well-being. Participants can meet new friends, join recreational activities, learn new games, and stay active through organized sports leagues, open play, and drop-in sporting events year-round. For registration information please contact the Adult Sports/50+ Sports Office at 414.647.6070 or email matthew@mkerec.net. For pickleball registration information please contact Megan Frey at 414.647.6057 or email Megan@mkerec.net.

50+ FALL AND WINTER VOLLEYBALL LEAGUES

Get ready to serve, spike, and set in our 50+ Fall Volleyball Leagues! Join us for a fun and active season of volleyball, where you'll play twice a week - Tuesdays & Thursdays - over 14 weeks. The league begins Tuesday, September 8, 2026. Whether you're looking for friendly competition or a laid-back, social experience, we have a league for you! Choose between our competitive and social leagues, designed to accommodate all skill levels. Games will be held at the Beulah Brinton Community Center (2555 S. Bay St.), conveniently located in the heart of Milwaukee's vibrant Bay View neighborhood.

- Fall: Tue/Thur Sep. 15 – Dec. 10 2026.
- Fall Activity Code: 2R556801, Section: BN01 (Competitive) & BN02 (Social)
- Winter: Tue/Thur 1/5/27-3/25/27
- Winter Activity Code: 3R556801, Section: BN01 (Competitive) & BN02 (Social)

FALL PICKLEBALL OPEN PLAY (AGES 18+)

Experience the excitement of pickleball, America's fastest-growing sport. Join our welcoming group for open play, suitable for all skill levels. However, true beginners are encouraged to explore external resources and complete an introductory course beforehand. BYO paddle or borrow one of ours. Please note, drop-ins are not allowed. Contact Megan Frey at 414.647.6057 or email Megan@mkerec.net with any questions. Registration opens May 7. Online registration recommended for these high demand sessions.

EARLY FALL - Outdoor

- Wed, Sep 9-Oct 21, 9:00AM-12:00PM Juneau Playfield (6500 W Mt Vernon Ave). Fee: $18 Residents/$27 Non-Residents. Activity Code: 2R550101, Section JU01
- Thu, Sep 10-Oct 22, 6:30PM- 9:00PM Enderis Playfield (2938 N 72nd St). Fee: $18 Residents/$27 Non-Residents. Activity Code: 2R550101, Section EF01
- Sat, Sep 12-Oct 24, 9:00AM-12:00PM Juneau Playfield (6500 W Mt Vernon Ave). Fee: $18 Residents/$27 Non-Residents. Activity Code: 2R550101, Section JU02

LATE FALL - Indoor

- Wed, Oct 28-Dec 9, 6:30PM- 9:00PM Pulaski (2500 W Oklahoma Ave). Fee: $18 Residents/$27 Non-Residents. Activity Code: 2R550101, Section PK02
- Thu, Oct 29-Dec 10, 6:30PM- 9:00PM Morse (6700 N 80th St). Fee: $18 Residents/$27 Non-Residents. Activity Code: 2R550101, Section MS01
- Sat, Oct 31-Dec 12, 9:00AM-12:00PM Pulaski (2500 W Oklahoma Ave). Fee: $18 Residents/$27 Non-Residents. Activity Code: 2R550101, Section PK01

YEARLY SPORTS SCHEDULE:

- **FALL SEASON (Sept-Dec):** Softball league, volleyball leagues, drop-in volleyball, pickleball open, cornhole league
- **WINTER SEASON (Jan-Mar):** Volleyball leagues, drop-in volleyball, pickleball open, cornhole league.
- **SPRING/SUMMER SEASON (Apr-Aug):** Softball leagues, drop-in volleyball, pickleball open.

THERAPEUTIC RECREATION

Adaptive Open Swim

Open Swim with your family member/ friend/aid. Swimmers must be at least 3 years of age. All participants are REQUIRED to have assistance in the water from a household member or guardian (age 16 or older). All participants who will be in the water MUST enroll.

Activity Code: 2RTR0501
(Section codes listed below)

Gaenslen (Ages 3 & up).....GS01
(No Make Up)
Fri, Sep 18-Nov 6, 5:35PM- 6:35PM
FREE

Adaptive Aquatics Program

Milwaukee Recreations' Adaptive Aquatics program teaches learn to swim skills and safety topics specifically for individuals with disabilities ages six and up. Instructors use a student-centered approach to help participants learn to be safe in, on and around the water. More info at mkerec.net.

Activity Code: 2RTR0502
(Section codes listed below)

Gaenslen (Ages 6-12).....GS01
(Make up: 11/12, if needed.)
Thu, Sep 17-Nov 5, 5:40PM- 6:30PM
$37 Residents/$37 Non-Residents

Hamilton (Ages 6-12)..... HA01
(Make up on 11/11, if needed.)
Wed, Sep 16-Nov 4, 5:30PM- 6:20PM
$37 Residents/$37 Non-Residents

Alley Cats

Bowl with family & friends! All bowlers must register. Weekly fee $9.25 (cash) due at alley which includes 3 games of bowling & shoes. Agencies must provide support staff. Meet at AMF West Lanes. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 2RTR6601
(Section codes listed below)

AMF West (Ages 6 & up).....AM01
(No program 11/26)
Thu, Sep 24-Dec 3, 6:00PM- 8:00PM
$8 Residents/$12 Non-Residents



Awesome Appetizers and Desserts Too!

Each week we will make either a dessert or an appetizer for all to enjoy. Great ideas for entertaining at home! An $10 (cash only) supply fee is due at the first class. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable.

Activity Code: 2RTR6602
(Section codes listed below)

Hamilton (Ages 10 & up) ... 2RTR6602-HA01
(No program 11/25)
Wed, Sep 23-Dec 2, 7:30PM- 8:30PM
$23 Residents/$35 Non-Residents

Computer Club

Computers are a great resource. Join us as we help you explore all you can do with a computer. Word processing, e-mail, Internet, games and more. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6604
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No program 11/27)
Fri, Sep 25-Dec 4, 4:30PM- 5:30PM
$23 Residents/$35 Non-Residents

Culture Cafe

Join us at Culture Cafe as we cook and enjoy delicious dishes from all over the world while learning fun facts about the countries they originate from. A $10 (cash only) supply fee is due at the first class. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6605
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(No program 11/26)
Thu, Sep 24-Dec 3, 7:00PM- 8:30PM
$33 Residents/$50 Non-Residents

Diner's Club

We'll create a delicious dinner each Friday evening. Feel free to bring a favorite recipe to share and your appetite. A $10.00 (cash only) supply fee is due at the first gathering. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6606
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No program 11/27)
Fri, Sep 25-Dec 4, 5:30PM- 7:30PM
$44 Residents/$66 Non-Residents

Friday Night Combo with Boot Camp!

Our Friday Night Combo with Boot Camp includes TR Boot Camp, Diner's Club, and Moviers & Shakers. A $10 (cash only) supply fee is due at the first class. An additional $2 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6607
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No program 11/27)
Fri, Sep 25-Dec 4, 4:30PM- 9:00PM
$70 Residents/$107 Non-Residents

Friday Night Combo with Computers!

Our Friday Night Combo with Computers includes Computer Club, Diner's Club, and Moviers & Shakers. A $10 (cash only) supply fee is due at the first class. An additional $2 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6608
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No program 11/27)
Fri, Sep 25-Dec 4, 4:30PM- 9:00PM
$70 Residents/$108 Non-Residents

Friday Night Combo with Games!

Our Friday Night Combo with Games includes Game & Card Night, Diner's Club, and Moviers & Shakers. A $10 (cash only) supply fee is due at the first class. An additional $2 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities..

Activity Code: 2RTR6609
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No program 11/27)
Fri, Sep 25-Dec 4, 4:30PM- 9:00PM
$70 Residents/$108 Non-Residents



Game and Card Night

It's game night! Join your friends for a fun night of games! We will learn and play card games, in addition to trying our luck at some of the classic favorites like UNO and Pictionary! This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6610
(Section codes listed below)

OASIS (Ages 10 & up) .. 2RTR6610-5501
(No program 11/27)
Fri, Sep 25-Dec 4, 4:30PM- 5:30PM
$23 Residents/$35 Non-Residents

Let's Get Moving

Like the title says "Let's Get Moving"! Each week we will be active and get some exercise while having fun! Wear comfortable clothing and shoes. No experience necessary. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6611
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(No program 11/26)
Thu, Sep 24-Dec 3, 6:00PM- 7:00PM
$23 Residents/$35 Non-Residents

Moviers and Shakers

This program alternates between a large screen movie and a dance party. A $2 (cash only) fee is due each week upon entry. This is a Therapeutic Recreation Program for individuals with disabilities. Class fee is non-refundable and not eligible for reduced fees.

Activity Code: 2RTR6612
(Section codes listed below)

OASIS (Ages 13 & up) 5501
(No program 11/27)
Fri, Sep 25-Dec 4, 7:30PM- 9:00PM
$8 Residents/$12 Non-Residents

Scrapbooking

Do you have photos at home waiting to be assembled in an album? We will show examples and help you create an artistic memory album. Supplies are included. Bring your favorite photos. This is a Therapeutic Recreation Program for Individuals with disabilities.

Activity Code: 2RTR6613
(Section codes listed below)

Hamilton (Ages 10 & up) HA01
(No program 11/25)
Wed, Sep 23-Dec 2, 6:00PM- 7:30PM
$33 Residents/$50 Non-Residents

Super Saturday

On Saturday afternoons, we will create fantastic art projects, make delicious snacks, play exciting gym activities, and have awesome special events and field trips! This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6616
(Section codes listed below)

Manitoba (Ages 6-99) MB01
(No program 11/28)
Sat, Sep 19-Dec 5, 12:30PM- 4:00PM
$69 Residents/$104 Non-Residents

Milwaukee Marshall (Ages 6-99)... MR01
(No program 11/28)
Sat, Sep 19-Dec 5, 12:30PM- 4:00PM
$69 Residents/$104 Non-Residents

T.R. Boot Camp

Join us as we work out and have fun with friends. We will try a variety of work-outs to keep it exciting and work various muscle groups. As always, we will adapt activities so all can participate. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6617
(Section codes listed below)

OASIS (Ages 13-99) 2RTR6617-5501
(No program November 11/27)
Fri, Sep 25-Dec 4, 4:30PM- 5:30PM
$23 Residents/$35 Non-Residents

Thursday Night Combo at Hamilton

Our Thursday Night Combo at Hamilton includes Let's Get Moving and Culture Cafe. A $10 (cash only) supply fee is due to the instructor at the first class. This is a Therapeutic Recreation program for individuals with disabilities.

Activity Code: 2RTR6618
(Section codes listed below)

Hamilton (Ages 10-99)..... HA01
(Let's Get Moving & Culture Cafe. No program 11/26)
Thu, Sep 24-Dec 3, 6:00PM- 8:30PM
$54 Residents/$81 Non-Residents





Wednesday Night Combo

Our Wednesday Night Combo includes Scrapbooking and Awesome Appetizers & Desserts Too. A $10 (cash only) supply fee is due at the first gathering. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6620
(Section codes listed below)

Hamilton (Ages 10-99)..... HA01
(Scrapbooking and Awesome Appetizers & Desserts Too! No Program 11/25)
Wed, Sep 23-Dec 2, 6:00PM- 8:30PM
$54 Residents/$81 Non-Residents

Sunday TR Funday Fall

Sundays are meant to be a fun day so let's get out & enjoy fun in the Milwaukee area together! The one-time registration fee does not include the cost of the outing. Information about specific outings will be sent to you after registration. Program registration fee is nonrefundable.

Activity Code: 2RTR6628
(Section codes listed below)

OASIS (Ages 13-99) 5501
(Sunday TR Outings: 10/4 - movie, 10/11 - zoo, 10/18 - farmers market, 11/1 - movie, 11/8 - 3rd Street Market, 11/15 - TBD, 11/22 - mall, 12/6 - movie)
Sun, Oct 4-Dec 6, TIMES VARY
$8 Residents/$12Non-Residents

Activity Code: 2RTR6637
(Section codes listed below)

It's Electric!!

Tuesdays are electronic! We will play Nintendo Switch, our classic Wii, and a variety of games, puzzles, and activities on the Smart Board. It's a gaming night everyone can enjoy regardless of experience or ability. This is a Therapeutic Recreation Program for individuals with disabilities.

Activity Code: 2RTR6639
(Section codes listed below)

OASIS (Ages 8-99) 5501
Tue, Sep 22-Dec 1, 6:00PM- 8:00PM
$48 Residents/$72 Non-Residents

TEAM MILWAUKEE SPECIAL OLYMPICS

Team Milwaukee is a registered agency with Special Olympics Wisconsin

This year-round sports program offers both adults and youth with intellectual disabilities the opportunity to learn and improve skills through training and competition in various sports. These programs will encourage participants to become more physically fit, socialize with others, and increase self-confidence. To participate in area/state Special Olympics competitions, individuals must be eight (8) years or older and have completed the required Special Olympics forms. Come join the fun!

Summer Season (June – September)
Softball
Tee Ball
Bocce Ball
Flag Football

Fall Season (September – December)
Bowling
Volleyball

Winter Season (December – April)
Basketball
Competitive Swimming

Spring Season (March – June)
Track & Field
Soccer
Cornhole

For additional information please contact Team Milwaukee Special Olympics at Specialolympics@mkerec.net or call 414.647.3824.





To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

OASIS COMMUNITY CENTER

2414 W. Mitchell Street, Milwaukee, WI 53204

ACTIVE OLDER ADULTS PROGRAM

Enrich your life at the OASIS Community Center! Designed for adults fifty years and older, we offer a wide range of engaging programs including arts and crafts, cooking, fitness, health and wellness, yoga, dance, language skills, outdoor education, sports and recreation, and special events. Join our friendly, supportive community and find endless opportunities to learn, stay active, and connect.





BECOME AN OASIS MEMBER

Become an OASIS Community Center Member for $15 for City of Milwaukee Residents and $25 for Non-Residents. Membership fee is valid for one year from purchase date.

INCLUDED WITH MEMBERSHIP:



COFFEE BAR

Open Monday through Friday
8:00AM-11:00AM

Coffee and assorted teas, occasional bakery items.

COMPUTER LAB

Open Monday through Friday
8:00AM - 3:00PM

FITNESS CENTER

Open Monday through Friday
8:00AM - 3:00PM

Fitness Center equipment includes compressed air resistance machines, treadmills, ellipticals, exercise bicycles, rowing machines, and free weights.



Register for a membership in-person at the OASIS or online at **mkerec.net/oasis**

Questions? Contact:

MEGAN FREY, SUPERVISOR – ACTIVE OLDER ADULTS

megan@mkerec.net | 414.647.6057

MKE REC
A department of **MPS**

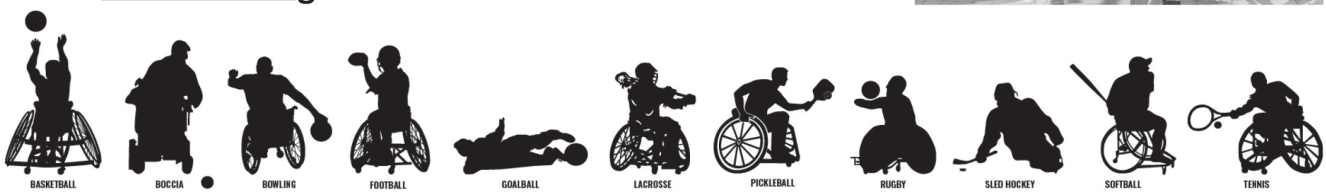
WASA
WISCONSIN ADAPTIVE SPORTS ASSOCIATION
Be Bold. Belong. Become.

SCAN ME



Sign up to play adaptive sports! WASA provides adaptive sports & fitness opportunities for those with physical disabilities and/or visual impairments, ages 6 and up.

- **Recreational or Competitive**
- **All ability levels welcome**
- **Adaptive equipment, including sports chairs provided**
- **Scan the QR code and select "register" or sign up online at: www.wasa.org**



Questions: email info@wasa.org or call 414-310-7051.

WASA is a 501(c)3 tax exempt, non-profit organization.

¡Hay muchas maneras de registrarse para los programas de Milwaukee Recreation!

Las formas de registro incluyen;

- En línea atravez de mkerec.net
- Por teléfono llamando al 414.475.8180
- En persona 5225 W. Vliet St. o OASIS Community Center, 2414 W. Mitchell St. Horarios: Lunes -Viernes 8:15am – 4:30pm
- Fax al 414-475-8183
- Por correo: Envie la forma a Milwaukee Recreation, P.O. Box 2181, Milwaukee, WI 53201-2181

Para obtener más información en español sobre la guía, los plazos de inscripción, la confirmación, los reembolsos, el seguro, las tarifas, los métodos de pago, la accesibilidad del programa, la ley de estadounidenses con discapacidades o las regulaciones de A.H.E.R.A, llame al 414.475.8180.

MILWAUKEE RECREATION

TWILIGHT CENTERS

FALL DATES
SEPTEMBER 9 - DECEMBER 19
FECHAS DE OTOÑO
DEL 9 DE SEPTIEMBRE - 19 DE DICIEMBRE



Twilight Centers are safe and free places for young people.
All MPS & non-MPS students are welcome.

This season, we invite young people to visit our high school Twilight Centers (ages 12-18) and middle school Twilight Centers (ages 10-14) in the evening for board games, esports, open gym shootaround, and more!

To enter, students must bring an ID. Non-MPS students must submit a Twilight Center Registration Form signed by a parent/guardian. Registration forms will be provided when you enter.

Los Centros Twilight son lugares seguros y gratuitos para los jóvenes.
Todos los estudiantes de MPS y no MPS son bienvenidos.

¡Esta temporada, invitamos a los jóvenes a visitar nuestros Centros Twilight de escuela secundaria (de 12 a 18 años) y Centros Twilight de escuela intermedia (de 10 a 14 años) por la noche para disfrutar de juegos de mesa, deportes electrónicos, tiro libre en el gimnasio y mucho más!

Para ingresar, los estudiantes deben traer una identificación. Los estudiantes que no pertenecen a MPS deben presentar un formulario de registro de Twilight Center firmado por un padre/tutor. Se le proporcionarán formularios de registro cuando ingrese.

SCHOOL LOCATION LOCALIZACIÓN DE LA ESCUELA	DAYS OPEN DÍAS DE APERTURA	HOURS HORAS	STUDENT AGE EDAD DE ESTUDIANTES
Andrew Douglas (Middle School Twilight Center) (Escuela Intermedia Centro Twilight)	Monday, Wednesday & Friday Lunes, Miércoles y Viernes	5:00pm - 8:00pm	10 - 14
Bay View (Middle School Twilight Center) (Escuela Intermedia Centro Twilight)	Friday & Saturday Viernes y Sábado	5:30pm - 8:30pm	10 - 14
• **Madison H.S.** • **North Division** • **Obama SCTE** • **Pulaski H.S.** • **South Division** • **Washington H.S.**	Monday, Wednesday & Saturday Lunes, Miércoles y Sábado	6:00pm - 9:00pm (Monday & Wednesday Lunes & Miércoles) 6:00pm - 10:00pm (Saturday Sábado)	12 - 18

*Esports now available at Andrew Douglas and North Division!
**¡eSports ahora disponible en Andrew Douglas y North Division!*

For more information please visit **mkerec.net/twilight** or call **(414) 475 - 8811**.

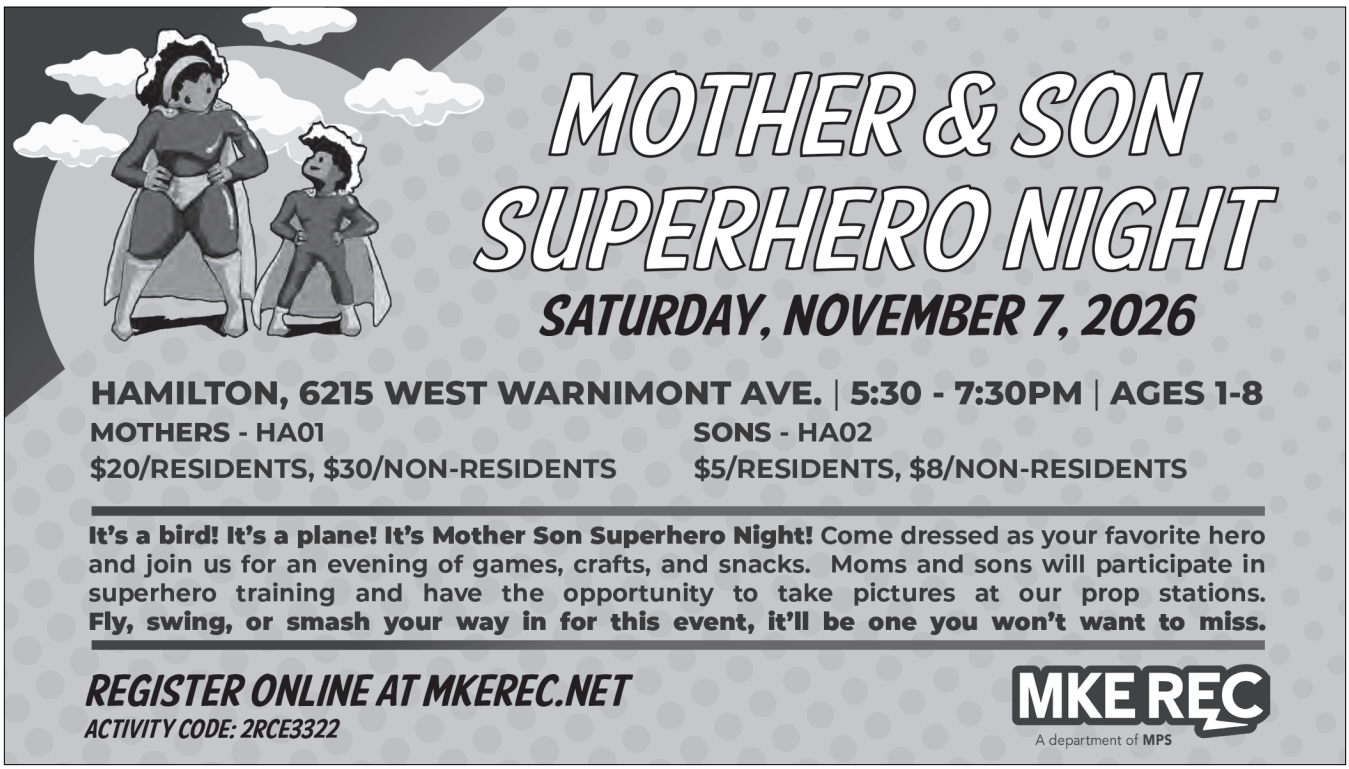
facebook.com/mkerec

instagram.com/milwaukeerecreation

MKE REC
A department of MPS

EVERYONE PLAYS!

If you receive state or federal assistance like FoodShare or BadgerCare, your children may be eligible to receive a scholarship to pay for most classes in the Milwaukee Recreation guide. This includes arts & crafts, cooking, dance, fitness, language skills, music, outdoor education, sports, swimming and more! Scholarship applications for *Everyone Plays!* **open on Monday, November 16**. Each eligible child can be awarded one scholarship per year. **A limited number of scholarships are available. Early applications are encouraged**. Questions? Please call 414.475.8180 or visit mkerec.net/scholarship to learn more about this program.



To sign up, see page 2 • Centers are closed September 7 and November 26 - 27.

Halloween Glen

A NON-SCARY ALTERNATIVE TO HAUNTED HOUSES

Join us for our 33rd annual Halloween Glen! Actors will present interactive and educational skits at eight decorated stations at Hawthorn Glen, Milwaukee Recreation's 23-acre nature center. Decipher disguises, seek stunning stunts, be enticed by entrancing transformations... from swindles and shams to sneaky sleights of paw, find out how nature puts the trick in trick or treat. More details, available in the Outdoor Education section of this recreation guide.

October 9 & 10 • This year's theme is Tricksters!



JOIN US FOR THE ANNUAL

Run Back to School

Saturday, August 22nd

MPS Central Services Building (5225 W Vliet St)
Race Start Time: 9 a.m.
(Participant check-in and race bag pick-up will end at 8:50 a.m. Participants will not be allowed to start the course after 9:10 a.m.)

One great event, multiple opportunities for family and school community team building! Participate in a **5k Fun Run** or a **1.5 Mile Walk**, followed by great activities.

Carrera Anual de Vuelta a Clases 22 de Agosto
¡Un increíble evento, diversas oportunidades para la familia y la formación de equipos en la comunidad escolar! Participa de una **Corrida divertida de 5 mil kilómetros** o de una **Caminata de 1.5 millas**, además de grandes actividades.

PRESENTED BY

MPS MILWAUKEE PUBLIC SCHOOLS

MKE REC A department of MPS

LEARN MORE AT
mkerec.net/rbts
APRENDE MÁS

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Recreation Department
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MKE REC
A department of MPS

FALL 2026 Recreation Guide

Register online at mkerec.net. Call 414.475.8180 with any questions.

If you live in the city of Milwaukee and this booklet was NOT delivered directly to your mailbox, please visit mkerec.net/mail to complete our two-question mailing survey.

Para obtener ayuda en español: (414) 475-8180

Rohingya zuban ot modot ollá: (414) 475-8182

မြန်မာအတွက် အကူအညီ: (414) 475-8182

ลาตาโมเซาเลา กอูกีกีโลเกาี– (414) 475-8182

للمساعدة باللغة العربية: 475-8182 (414)

Wixii caawin Af- Somali ah: (414) 475-8182

Xav tau kev pab hais ua lus Hmoob hu: (414) 475-8182