PE- Years 7-8

CURRICULUM ROADMAP

BEDE'S AMBITIOUS ACADEMIC FACULTIES



Athletics - Working through different events . Techniques and results. Competitions to be entered.

Team Sports - Utilise individual and team strengths, Analyse performances and tactics.

Alternative Activities - Kinball, Ultimate Frisbee, Danish Longball, Tchoukball, Orienteering.

SUMMER TERM



Athletics - Working through different events . Techniques and results. Competitions to be entered.



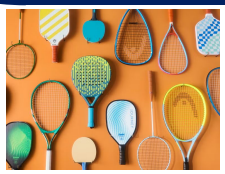
Gymnastics/ Fitness -

Racquet Sports - Table Tennis, Badminton, Pickleball, Padel.

SPRING TERM

Gymnastics/ Fitness -





Team Sports - Utilise individual and team strengths, Analyse performances and tactics.

Alternative Activities - Kinball, Ultimate Frisbee, Danish Longball, Tchoukball, Orienteering.



Racquet Sports - Table Tennis, Badminton, Pickleball, Padel.

AUTUMN TERM

Y8



Athletics - Working through different events . Techniques and results. Competitions to be entered.

Pupils will learn ways of movement and travelling along with utilising different apparatus.

Gymnastics/ Fitness -

Fitness - Pupils will test fitness levels and look at ways to improve them.

SUMMER TERM

SPRING TERM



Racquet Sports - Pupils will learn to apply tactics, analyse performance and lead mini sessions.

Team sports - Basketball, Volleyball, Stoolball, Rugby, Netball.

Pupils will test fitness levels and go through different ways of improving them within each lesson.

Alternative sports pupils will never have tried or played before. .

AUTUMN TERM

Y7

Fortnightly lessons, Alternating with swimming

Racquet Sports - Table Tennis, Badminton, Pickleball, Padel.

Team Sports - Utilise individual and team strengths, Analyse performances and tactics.



Alternative Activities - Kinball, Ultimate Frisbee, Danish Longball, Tchoukball.