Hongqiao Campus Lunch Menu

November 16 - 20	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Roasted Chicken	Cantonese Curry Beef Brisket	Thai Grilled Chicken	Roasted Salmon with Carrot & Lemon Marinade	Fried Pork Chop
Allergen Content		G L S D	G L S	S	G L S E
STAPLE FOOD	Gnocchi with Alfredo	Steamed Rice	Coconut Rice	Spaghetti with Basil & Olive Oil	Taiwanese Braised Pork Rice
Allergen Content	G D		D	G	G L S
VEGETABLES	Sautéed Cauliflower,Carrot and Green Peas	Sautéed Chinese Green Vegetable	Sautéed Chinese Grilled Vegetable	Steamed Broccoli & Cauliflower	Sautéed Bok Choy
Allergen Content	L				
SPECIALTIES	Onion Rings	Steamed Pork Siu Mai	Steamed Shrimp Dumpling	Corn Nuggets	Steamed Egg
Allergen Content	G	G L E	G S	G	G L E
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Egg Salad, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam	Chicken, Peanut Butter, Strawberry Jam	Tuna Salad, Peanut Butter, Strawberry Jam
Allergen Content	N	N E	N	N	S E N
VEGETARIAN DISH (On request)	Roasted Mushroom	Cantonese Curry Vegetable	Thai Grilled Vegetables	Roasted Eggplant with Carrot & Lemmon Marinade	Tofu Stew
Allergen Content	G	G L	G L	G	G L
SALAD BAR	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Grape Juice
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood

BASIL N LATTE