Meadow Heights
2026-2027
Important Information at a Glance

Dale Rogers-Eilers, M.Ed., NBCT, Principal

We are kind. We are safe. We are responsible.

Meadow Heights Staff

Administrative Assistant: Erica Fowler

SOA: Ms. Alma Bautista

K-2 SDC: Hedeliza Fossaceca

3-5 SDC: Matthew Tate

Meadow Heights Teaching Staff

TK: Mrs. Kepp

Kindergarten: Mrs. Daly

Kindergarten/1st: Mrs. Conneely

Grade 1: Mrs. Dunhill

Grade 2: Mrs. Kawakami

Grade 2/3: Mrs. Barry

Grade 3: Ms. Scharf

Grade 4: Ms. Cooper, Mrs. McCormick

Grade 5: Mrs. LaCarrubba, Ms. Attell

Meadow Heights Staff

RSP: Mr. Rutter

Psychologist: Ms. Chan

OT: Ms. Lee

SLP: Ms. Samara

Custodians: Mr. Jeff

Art: Mrs. Duncan

Lego: Mrs. Harris

Student Support TOSA: Mrs. Gilbert

Language & Literacy TOSA: Mrs. Westberg

PE: Coach Moe

Library: Ms. Michon

MH Family Calendar

Bell Schedule by Grade Level

MH Handbook (26-27)

Schedules Handbook Questions/Answers

Top 10
“Need to Know”

1. **Lunch and breakfast**
   Lunch and breakfast will be available free for the 26-27 school year. Meals are required to be eaten on site. Teachers take count each morning when taking attendance.

2. **Student Medication:** Complete form and drop off to the office.

3. **Personal belongings:** Please put your child’s name on all personal belongings.

4. **Walk to Classroom:**
   Parents/guardians may walk to and pick up their child to/from their classroom.

Top 10
“Need to Know”

6. **Safety Gates:** Inner gates close at 8:35 am each morning. We kindly ask that you exit the campus by that time.
7. **Bikes/Scooters:** Students are to walk their bike or scooter while inside the gates.
8. **Cell Phones & Watches:** Students may bring cellphones to school but they should be out of site while on campus. We are not responsible if a phone is lost or stolen.
9. **Volunteering:** Volunteers in classrooms must be fully vaccinated and will be asked to affirm vaccination status.
10. **School Communication:** Parent Square, Email, Friday Letter, PTA website, school website (Please make sure your email is up to date.)

Car Rider Information

- Students exit on the right side of the car--please do not walk between cars for your safety.
- The drop off zone is on Parkside.
- Parents: please do not get out of the car or park in the loading and unloading zone.
- When entering, pull all the way up behind the next car.
- Please consider walking your child to school if possible, or volunteering to keep the drop-off zone safe.

SMFCSD Strategic Plan

5 BUILDING BLOCKS

Our 5 Building Blocks serve as a structure for developing action plan goals. They are deeply embedded in all of our strategies, actions, practices, programs and processes. If we remain committed to these building blocks we will achieve all our Strategic Plan goals.

1 Family & Community Engagement

Our commitment is to create a culture in which parents, school staff, and community partners work together to facilitate student growth before, during, and after the school day.

2 Professional Development

Strategic Plan goal attainment is deeply connected to providing our classified, certificated, and administrative staff with the research-based professional growth they need and deserve.

3 Data Informed Decision Making

As a high-performing school district, our focus will be creating systems of data-driven decision-making. Every aspect of our work will connect to a process of identifying data, collecting data, analyzing data, and using data to improve.

4 Shared Leadership

The work of guiding programs and schools is not done in isolation. Shared leadership will allow us to tap into the skills and background of all our stakeholders, regardless of language, race, income, positional authority, or access.

5 Responsible Fiscal Support

Sustainability is a key component of any Strategic Plan and our will be bolstered by thoughtful, well-researched fiscal strategies. We will not over-spend or under-resource our goal strategies.



MH School Goals SPSA

Single Plan for Student Achievement



Achievement and Growth

Equity

Student Wellness

Professional Development is ongoing for staff throughout the school year

Components of Student Instruction and Learning



A. Daily Morning Meeting
B. Engage in district-adopted curriculum content
C. Curriculum review and practice
D. Timely feedback on student work assignments
E. Formative and summative assessment
F. Small group instruction
G. Whole group instruction
H. SEL learning and application
I. Specials classes (PE, music, library, art, library, and LEGO)
J. Closing activity/reflection

Classroom Experience
SMFCSD Core Academic Curriculum

English Language Arts



Mathematics Amplify Desmos

Science

Social Studies: TCI: ***Social Studies Alive!***

Skills for Learning Empathy Managing Emotions Problem Solving

Second Step

- Continued implementation of the Second Step SEL curriculum
- Instruction will occur in the classroom via the counselor or classroom teacher
- Small group or 1:1 instruction based on need will occur with the counselor



TK SS Scope and Sequence

Grade K-5 SS Scope and Sequence

Social and Emotional Learning
Additional Resources to Support Our Students

Morning Meetings

Responsive Classroom

Parent Q and A

Restorative Practices

SOUL Shoppe

PBIS Practices



Student Support Services

Special Education

- **Services**
  - **RSP, Speech, Occupational Therapy, Adaptive PE, Behavioral Therapists**
- **RSP Instruction**
  - As per students' IEP
- **IEP Meetings typically on Wednesdays**
  - Provided in person; virtual by parent/guardian request
  - Scheduling of IEP meetings occurs throughout the school year

504, SST: Meetings

- **504 Meetings**
  - Classroom accommodations implemented per individual plans
- **SST (Student Study Team) Meetings**
  - Ongoing throughout school year per student need

Specials Classes

- Physical Education
  - TK-Grade 2: PMT: 30 minutes four to five days a week
  - Grades 3-5: PE: 30 minutes five days a week
- Library
  - Once a week for 30 minutes
- Music
  - Once a week for 30 minutes; 15 sessions per year
- Art and LEGO (alternate weeks):
  - 45-60 minutes

ABSENCES

Absence Reporting Line:

650-312-7568 and press 3

The school office needs to be alerted to any student absence:

- Please email or phone Ms. Erica when your child is absent from class or there are plans to be absent from class.
- If the absence is planned, alert your teacher to the absence and arrange a plan for missed work.
- Email a copy of doctor's excuse (if applicable) to Ms. Erica

Office Email: efowler@smfc.k12.ca.us

SSC (School Site Council)

ELAC (English Learner Advisory Committee)

SSC:

- **Monitor the implementation and effectiveness of the SPSA on an ongoing basis.**
- **Approve the SPSA and school site budget.**

ELAC:

- **Advise the principal on the services and programs for English Learners**

SMFCSD NONDISCRIMINATION POLICY

The San Mateo-Foster City School District does not allow discrimination, intimidation, harassment (including sexual harassment) or bullying based on a person's actual or perceived race, color, ancestry, nationality/national origin, immigration status, ethnic group identification/ethnicity, age, religion, marital status/ pregnancy/ parental status, physical or mental disability, sex, sexual orientation, gender, gender identity, gender expression, genetic information, medical information or association with a person or group with one or more of these actual or perceived characteristics.

For questions or complaints, please contact:

SMFCSD Equity Officer
Assistant Superintendent of Student Services
1170 Chess Drive
Foster City, CA 94404
(650) 312-7341
dhills@smfc.k12.ca.us