4:30 SHAC

Call to Order

The 4:30 SHAC meeting was held on September 23, 2026. Introductions, membership confirmation, and review of member roles were completed.

Attendance / Members Present

- Shanae Womack – District Nurse; Health Professional on SHAC; Meeting Chair
- Dr. Christina Campbell – Director of Curriculum and Assessment
- Diana Sarao – Assistant Superintendent
- Sarah Morman – Parent
- Lauren Manzanares – Parent
- Kelly (Dahlgren) – Parent
- Holly Thomas – Parent
- Shelby Larkins – Parent

Members Absent

- Courtney Denman – Teacher / Staff Representative
- School Board Member (Ms. Gutierrez) – Non-voting member filling in

Guests Present

- Roxanna (Roxanne) White/Bright – Child Nutrition

Approval of Previous Minutes

- Motion: Approve the previous SHAC meeting minutes as presented. Moved by: Shanae Womack. Seconded by: Holly Thomas. Vote: 5 in favor, 0 opposed (motion carried).

Reports

- Grant funding and board approval for the Esteem program were confirmed.
- Middle and high school coaches completed training.
- Updated booklets, parent surveys, and October implementation were discussed.
- Wellness Plan topics included child nutrition promotion, cafeteria operations, Smart Snacks compliance, fundraising limits, and TDA oversight.
- Counseling procedures for self-harm or threats toward others were presented.

Fentanyl Awareness Month (October)

- October was designated as fentanyl awareness month, and Diana Sario reviewed the district's fentanyl awareness plan.
- The district will share Texas Education Agency information through ParentSquare, campus newsletters, and social media, with messaging tailored to be age-appropriate for elementary and primary students versus secondary students.
- TEA-provided graphics will be adapted for district use, with English and Spanish versions used as appropriate, and fentanyl awareness will also be embedded in the Esteem curriculum.
- A parent asked whether fentanyl would also be addressed in the Esteem curriculum, and the committee noted that it will be covered at a later date through grade-appropriate student lessons delivered in smaller group settings.
- Fentanyl awareness activities will be tied into Red Ribbon Week, with the exact date to be finalized with counselors because the official Red Ribbon Week dates fall during the district's intersession.

New Business

Helmet Safety Awareness Campaign

- Recent scooter injuries and concussion concerns prompted a proposed awareness campaign focused on students, families, and community partnerships.
- Ideas included parent-focused messaging, helmet fitting or giveaway events, medical-community partnerships, student poster contests, safety recognition, and bike events.
- **Motion: Proceed with a district helmet safety awareness campaign. Moved by: Lauren Manzanares. Seconded by: Sarah Morman. Vote: 5 in favor, 0 opposed (motion carried).**

Energy Drink Restriction Policy

- Members discussed student use, health risks, inconsistent current procedures, and the distinction between policy and procedures.
- The committee supported developing a policy focused initially on energy drinks rather than coffee or other beverages.
- **Motion: Direct district administration to draft a policy restricting student energy drink use on campus and at school activities, to be brought back to SHAC for review. Moved by: Shelby Larkins. Seconded by: Lauren Manzanares. Vote: 4 in favor, 1 opposed (motion carried).**

Motions

The meeting recorded the following motions: approval of previous minutes, helmet safety awareness campaign, and energy drink restriction policy.

Adjournment

- Future meetings were scheduled for November 11, February 10, and April 14.