

STOPit SOLUTIONS™

Need support but not sure where to turn? STOPit can help without anyone knowing it's you. Keep yourself and your school safe & **happy.**



HOW TO USE THE STOPit APP:

1. SUBMIT A TIP/CONCERN

Get help or anonymously report concerns for others.

2. CRISIS TEXT LINE

Chat for free with a mental health counselor 24/7, privately and safely.

3. GET RESOURCES

Find clothing, shelter, food, and self-help support for homework, substance abuse, dating, sexuality, and disordered eating.

Download the **STOPit** App Today!

Available on the App Store

GET IT ON Google Play