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# CHARTWELLS AAPS WEEKLY HIGHLIGHTS

## November 16, 2026

Photo Courtesy of Mitchell Elementary

# Nov. 16-20

## BACK TO THE LUNCHROOM

## Fun Fact!



When this delicious combo was created in the 1930s, Grilled Cheese was commonly referred to as “Toasted Cheese Sandwiches” or “Cheese Dreams”




## Mini Cinnis




**Friday, Nov. 20**

## Jicama Slaw with Citrus Dressing



## NUTRITION: GAME ON!

**Reminder:**
**School Breakfast & Lunch are available at all AAPS Schools and free to all students**

# ELEMENTARY SCHOOL

## BREAKFAST

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| • Mini Confetti Pancakes<br>• Cereal<br>• Fruit, Raisins, Milk | • French Toast Bites<br>• Fruit Juice<br>• Cereal<br>• Fruit, Raisins, Milk | • Blueberry Bash Waffles<br>• Cereal<br>• Fruit, Raisins, Milk | • Mini Maple Pancake Puffs<br>• Strawberry Smoothie<br>• Cereal<br>• Fruit, Raisins, Milk | • **Mini Cinnis**<br>• Cereal<br>• Fruit, Raisins, Milk |

## LUNCH

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| • Baked Potato with Chicken **or** Vegan Nuggets & Cheese<br>• Pretzel Rod<br>• Seasoned Broccoli | • Beef Taco Meat<br>• Tortilla Chips<br>• Cheddar Cheese Sauce & Toppings<br>• **Jicama Slaw with Citrus Dressing** | • Grilled Cheese Sandwich<br>• Campbell's Tomato Soup | • Chicken Tenders **or** Vegan Nuggets<br>• Waffle<br>• Tater Tots<br>• Syrup | • Cheesy Italian Pull Apart<br>• Goldfish Crackers<br>• Side Salad |

## DAILY LUNCH OPTIONS

- Sunbutter & Jelly Sandwich
- Muffin, Goldfish, & Yogurt Fun Lunch
- Fruit & Vegetable Bar
- Milk

NUTRITION: GAME ON!



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# MIDDLE SCHOOL

## BREAKFAST

- Egg & Cheese or Sausage, & Cheese English Muffin
- Bagels with Plain or Strawberry Cream Cheese
- Berry Parfait
- Homemade Muffins
- Assorted **Poptarts** and Cereal




## CREATE

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| • Mashed Potato & Chicken Bowl<br>• Creamy Cheddar Cheese Sauce<br>• Pretzel Rod | • Seasoned Beef or Chicken Tinga<br>• Soft Flour Tortilla or Tortilla Chips<br>• Fiesta Brown Rice<br>• Refried Beans<br>• Choice of Toppings | • Toasty Three Cheese Sandwich<br>• Campbell's Tomato Soup9<br>• Goldfish Crackers | • Crispy Chicken Tenders<br>• Waffle<br>• Hash Brown Patty<br>• Strawberries<br>• Syrup | • Chicken Pasta Alfredo<br>• Garlic Breadstick<br>• Balsamic & Rosemary Roasted Tomatoes |

CHECK NUTRISLICE FOR SONO, 2MATO, ON THE GO, GRILL & BREAKFAST Menu Updates

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# HIGH SCHOOL

## BREAKFAST

- Egg & Cheese or Sausage, & Cheese English Muffin
- Bagels with Plain or Strawberry Cream Cheese
- Berry Parfait
- Homemade Muffins
- Assorted **Poptarts** and Cereal

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## CREATE

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| • Mashed Potato & Chicken Bowl<br>• Soft Baked Pretzel<br>• Creamy Cheddar Cheese Sauce | • Popcorn Chicken<br>• Garlic Fried Rice<br>• Sweet Thai Chili Sauce<br>• Fresh Green Onions<br>• Carrot<br>• Broccoli | • Toasty Three Cheese Sandwich<br>• Campbell's Tomato Soup<br>• Goldfish Crackers | • Crispy Chicken Tenders<br>• Waffles<br>• Hash Brown Patty<br>• Strawberries<br>• Syrup | • Chicken Pasta Alfredo<br>• Garlic Breadstick<br>• Balsamic & Rosemary Roasted Tomatoes |

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## Community

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| • Popcorn Chicken<br>• Brown Rice<br>• Fresh Green Onion<br>• General Tso Sauce<br>• Seasoned Carrots | • Beef Taco Meat or Chicken Tinga<br>• Tortilla or Tortilla Chips<br>• Fiesta Brown Rice<br>• Refried Beans<br>• Choice of Toppings | • Eggs with Parsley<br>• Pancakes<br>• Sweet Potato Tots<br>• Strawberries<br>• Syrup | • Beef Hot Dog<br>• Crinkle Cut French Fries<br>• Tomato, Onion, & Jalapeno | • **Alfredo Cheese Ravioli**<br>• Breadstick<br>• Seasoned Broccoli |

## Pathways

| MON | TUE | WED | THU | FRI |
|---|---|---|---|---|
| • Baked Potato with Chicken & Cheese<br>• Pretzel Rod<br>• Seasoned Broccoli | • Beef Taco Meat<br>• Tortilla Chips<br>• Jicama Slaw<br>• Choice of Toppings | • Grilled Cheese Sandwich<br>• Campbell's Tomato Soup<br>• Goldfish Crackers | • Chicken Tenders<br>• Waffle<br>• Syrup<br>• Tater Tots | • Cheesy Italian Pull Apart<br>• Goldfish Crackers<br>• Side Salad |

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