Sinaloa Middle School
A California School To Watch
A California Gold Ribbon School
2021-22

Physical Education
Fall Semester 2026-27
Mr. Lutz
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Hello Saber Family! I am very excited to be starting my 28th year at Sinaloa Middle School. In addition to teaching, I have coached wrestling, soccer, and track and field at the high school and middle school levels. I am also a member of the Ronald Reagan Library Curriculum Committee as well as a sponsor for several clubs at Sinaloa. I am looking forward to a very positive and successful year for each of the students who attend Sinaloa. My main goal is to meet the needs of every student and to allow them to reach their fullest potential in both health and fitness.

General Information

For the Fall Semester, our semester begins on **Wednesday, August 12, 2026** and ends on **Thursday, December 17, 2026**.

Class Specific Information

Course Standards/Objectives: Educational standards describe what students should know and be able to do in each subject area in each grade. In California, the State Board of Education decides on the standards for all students, from kindergarten through twelfth grade. Information regarding specific standards can be found at www.cde.ca.gov

I. **Classroom Rules and Student Responsibilities**
   A. Sinaloa's SABER CODE is the foundation for behavior expectancies on our campus. This Code, along with our standards for citizenship/work habits grades, the school tardy policy, and the school discipline policies, are included in the Agenda book which can be found online at sinaloa.simivalleyusd.org
   B. In the Physical Education Department good performance is rewarded with an incentive based grading system, positive referrals and notes to parents, awards, and positive phone calls/emails to parents.
   C. Disruptive or disrespectful behavior results in appropriate consequences. Examples of appropriate consequences are: removal from activity or a call or email to parent, notation on Aries discipline log, suspension of class or from the locker room.

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D. Student Responsibilities: It is the student's responsibility to be prepared for class each day. Students are expected to be on time to class, demonstrate good citizenship, participate fully in class activities, and strive to improve fitness and complete assignments. Students are expected to be dressed in their PE uniform, which consists of a gray shirt, black shorts, and an athletic shoe every day in class.

II. **Grading Policy**

A. Three categories: Participation (in all class activities) = 50%; Fitness Runs = 40%; Portfolio (homework/written work/quizzes) = 10%
B. Assignments, quizzes, and assessments will all be distributed in class or Google Classroom.
C. On a student's fourth non-dress, the student will be given a referral to the administration resulting in a detention. Each non-dress thereafter will result in a referral to the office. Six Non-Dresses in one quarter will result in a "U" in citizenship.
D. Grading Scale
   - 90 - 100% A
   - 80 - 89% B
   - 70 - 79% C
   - 60 - 69% D
   - Below 60% F

III. Tardy and Absence Policies:

A. On-time arrival at every class is a component of school citizenship. Tardies will negatively impact the Citizenship grade. (See Sinaloa School Tardy Policy)

Together, we can ensure your child has a positive Physical Education experience.

Please feel free to email me with any questions or concerns.

Sincerely,

Mr. Lutz