LUNCH

DECEMBER 2026

GHS Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1 **Garden Catering** Chicken and Cones Chicken Quesadilla(D)(GFO) Sweet Potato Fries(GF,V)	2 **Pasta Meat Sauce** Dinner roll Garden salad(V) Grilled Cheese with tomato Soup(D,GFO)	3 **Garden Catering** Chicken and Cones Steak and Cheese(D,GFO) Roasted Kale	4 Bosco Stick Served with a side of marinara sauce and fries(V) Burger(GFO) and Fries(V)
7 **Frito Nacho's** Beef/turkey taco mixture assorted toppings,(D,GFO) Seasoned black beans(V) Beef Burrito(D,GFO)	8 **Garden Catering** Chicken and Cones Cheese Quesadilla(D)(GFO) Sweet Potato Fries(GF,V)	9 **Pasta Meatballs** (GFO) Texas Toast Caesar salad(V) Chicken Parma Sandwich	10 **Garden Catering** Chicken and Cones Hot Honey Chicken Sandwich with pepper jack cheese(D) Roasted Broccoli	11 **Chicken Tenders served with a dinner roll and fries** Beef sliders with cheese(D) on a warm bun
14 **Chicken Lo Mein** Tender chicken and fresh vegetables tossed with lo Mein noodles in a savory sauce. Chicken Dumplings Roasted Broccoli(VE)(GF)	15 **Garden Catering** Chicken and Cones Chicken Quesadilla(D)(GFO) Sweet Potato Fries(GF,V)	16 **Pasta Meat Sauce** Dinner roll Garden salad(V) Grilled Cheese with tomato Soup(D,GFO)	17 **Garden Catering** Chicken and Cones Chicken, Bacon, cheddar wrap (D,GFO) Roasted Chick Peas(VE)(GF)	18 **Popcorn chicken** mashed potato bowl Gravy and corn(V) Burger(GFO) and Fries(V)
21 **French Toast Sticks** served with sausage, syrup and Sweet Potato fries(V) Breakfast wrap (E,D,GFO)	22 **Chicken Sandwich Crispy Cutlet on a warm Roll** **Cheese Quesadilla(D)(GFO)** Pinto Beans	Winter Recess	Winter Recess	Winter Recess
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(V) is for vegetarian (VE) is Vegan (GFO) we offer a GF Option of that item. There are also many other GF options available daily. Most items have to be preordered please email Jessica_capozza@greenwich.k12.ct.us before 9am for options for the day

Daily Seasonal Fresh Fruit Served daily: Apples, banana, grapes, oranges

Daily Milk offerings: 1% milk, Fat free chocolate milk & Strawberry Milk