BLUE RIDGE AHEC

Your Future.
Your Impact.
Your Pathway.



Curious about mental health, healthcare or helping others? The **Pathway to Behavioral Health** program gives **high school juniors and seniors** the opportunity to explore careers, earn valuable certifications, meet professionals, connect with college programs, and experience behavioral healthcare in the real world.

VISIT BEHAVIORAL HEALTH FACILITIES

Get a look inside **Highland Rivers** and **Atrium Health Floyd Behavioral Health**, and learn about the people and careers that provide behavioral healthcare.

CONNECT WITH COLLEGE PROGRAMS

Meet representatives from college programs, explore education and training options, and learn how to prepare for a career in behavioral health.

MEET BEHAVIORAL HEALTH PROFESSIONALS

Hear from a panel of professionals with a variety of backgrounds and roles. Ask questions and discover careers you may not have considered.

EARN TWO VALUABLE CERTIFICATIONS

Gain practical skills you can use in your school, community, workplace, and everyday life.

Mental Health First Aid

Learn how to recognize signs of mental health and substance use challenges and how to respond and connect people with appropriate support.

QPR (Question, Persuade, Refer)

Learn the three steps that can help someone who may be experiencing a suicidal crisis and connect them with support.

12-Week Program Commitment

Date	Time	Format
Sat., Jan. 9, 2027	9:00 a.m. - Noon	In Person
Sat., Jan. 23, 2027	8:30 a.m. - 1:30 p.m.	Virtual
Thu., Feb. 11, 2027	4:00 - 6:00 p.m.	In Person
Thu., Feb. 25, 2027	6:00 - 8:00 p.m.	Virtual
Sat., Mar. 6, 2027	9:00 a.m. - Noon	In Person
Thu., Mar. 11, 2027	6:00 - 7:30 p.m.	Virtual
Thu., Mar 18, 2027	6:00 - 8:00 p.m.	Virtual

Share Your Story. Win a $2,000 Scholarship.

At the conclusion of the **Pathway to Behavioral Health** program, participants will have the **opportunity to enter an essay contest** reflecting on their experience, what they've learned, and their vision for the future!

**** One $2,000 scholarship will be awarded**

Be curious. Come Explore. Your pathway starts here.

Application Deadline: December 15, 2026

Scan QR code to apply. Spaces are limited!

QUESTIONS? (706) 235-0776 ext. 206 mhunter@blueridgeahec.org