

WELCOME

To Do:

- Please sign in
- Do you need interpretation services?

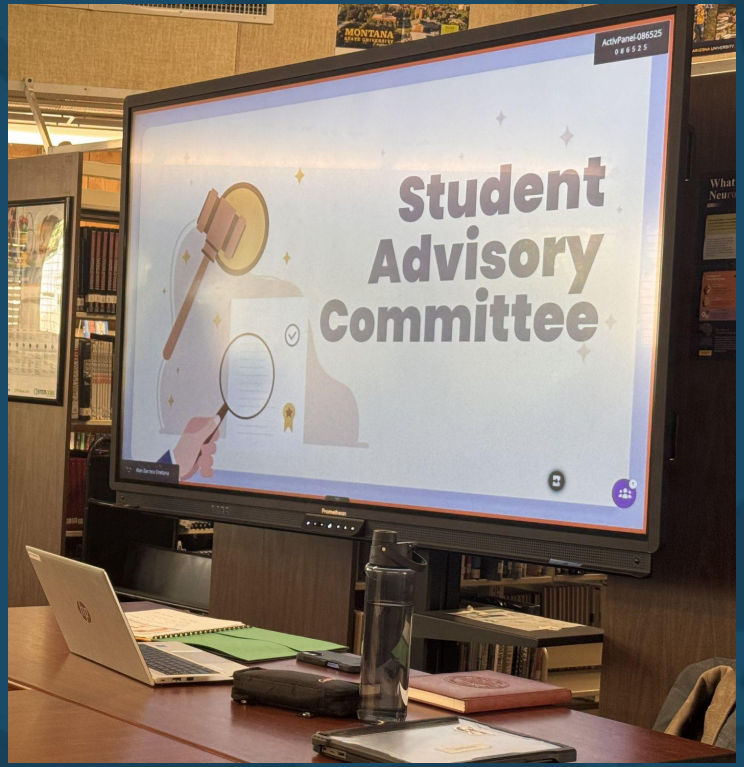


MT. DIABLO
UNIFIED SCHOOL DISTRICT

Parent/Family Advisory Committee Meeting

November 10, 2026

MT. DIABLO
UNIFIED SCHOOL DISTRICT



- Welcome & Introductions
- Goals for PAC
- LCAP Goals
- Updates from Dr.Clark

MT. DIABLO
UNIFIED SCHOOL DISTRICT



GROWING IN THE Garden

Introductions

- Name
- School Site
- Student's grade level
- New to PAC?

MT. DIABLO
UNIFIED SCHOOL DISTRICT

PAC Goals for 2026 - 27

The purpose of the Committee is to support, encourage and improve the quality of education and the well-being of all students within Mt. Diablo Unified School District.

The Parent Advisory Committee's mission is to engage families to help shape education policy and represent diverse parent voices in the statewide decision-making process.

The PAC is committed to helping close gaps in achievement and to create authentic engagement opportunities that will result in transformative outcomes for California students.

MT. DIABLO
UNIFIED SCHOOL DISTRICT

The purpose of this committee shall be to review, recommend, and advise the district on matters pertaining to the Local Control Accountability Plan (LCAP) and Local Control Funding Formula (LCFF).

- Advise administration and staff on parents/families' views on any matter related to schools programs, practices policies, plans, and activities
- Communicate with parents/guardians and to promote parent/guardian engagement between home and school in providing for the education of their children
- Assist parents/families in access the system and to facilitate advocacy support for individual children and their parents/ family
- Assist in the planning, development, implementation and evaluation of the LCAP, using data to inform discussions.
- Assist with efforts to make parents aware of the district's policy and procedures relating to the programs and actions within the LCAP and other critical district plans.

Local Control Accountability Plan (LCAP)

1. **Equitable Education for All Students.** All students will receive a high quality education in a safe and welcoming environment with high expectations and rigorous instruction in the California State Standards that prepare them for college and career. All students will demonstrate growth meeting standards in English, English language development, and mathematics.

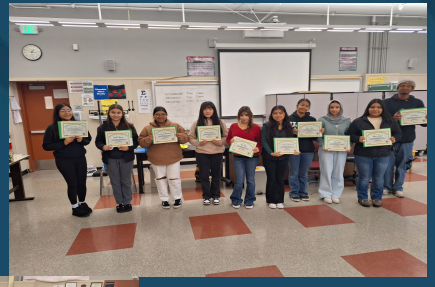
2. **Cultivating an Inclusive Learning Community.** Highly qualified, culturally proficient, and responsive staff will create a safe and engaging learning environment respectful of all students' backgrounds ensuring they are college and career ready when they graduate. There will be an increase in the percentage of classrooms where standards-based instruction is being observed.

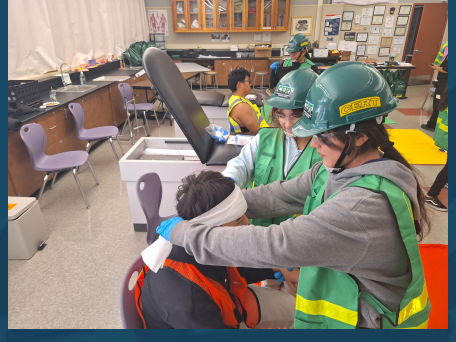
3. **Fostering Family and Community Engagement.** Families and community members will be informed, and empowered as partners with Mt. Diablo Unified to support student learning and improve student outcomes. There will be an increase in the percentage of families reporting that they feel they are an active partner with the school in educating their child.

4. **Empowering Focal Scholars for Success.** Focal scholars, specifically African American students, Foster Youth, students experiencing homelessness, students with IEPs and multilingual students, will experience culturally responsive practices and be provided rigorous instruction within an educational environment that builds trust and inclusive partnerships between the students, families, and staff. All student groups will demonstrate growth meeting standards in English, English language development, and mathematics.

5. **All students at Crossroads High School and Olympic High School** will demonstrate a 3% increase in attendance rate and a 3% increase in on-pace graduation rate by June 2027, leading to an increase of 3% in graduation rates. All students at Glenbrook Academy will demonstrate a 3% increase in attendance rate and a 3% increase in onpace graduation rate by June 2027. All students at **Sunrise** will demonstrate a 3% increase in attendance rate and a 5% reduction in suspension rate by June 2027.

ccee
California Collaborative
for Educational Excellence





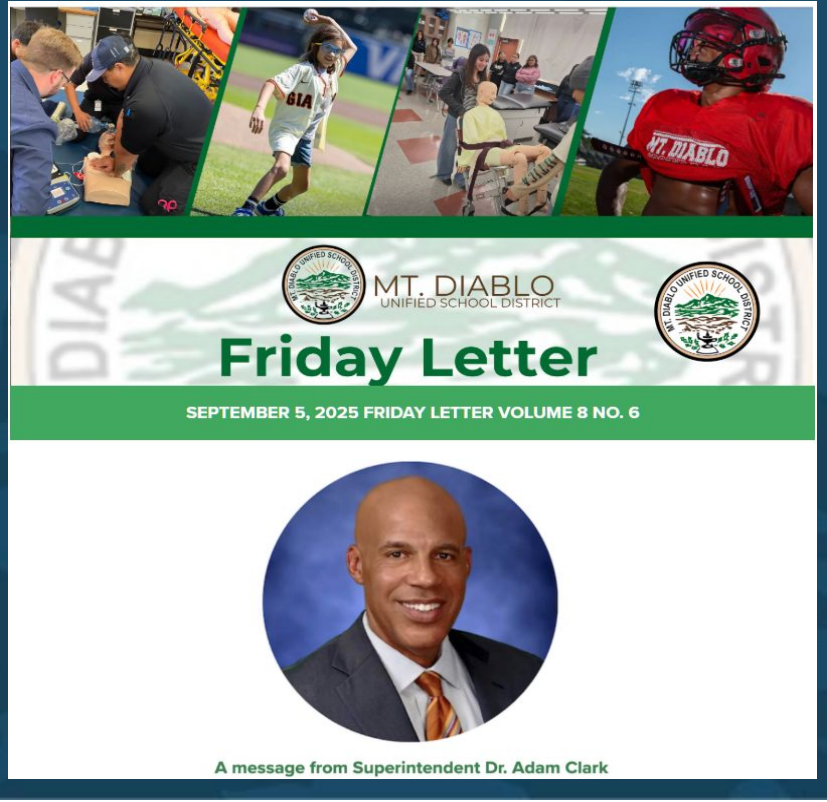
Mt. Diablo
Unified School District



MT. DIABLO
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District Updates from Dr. Adam Clark





MT. DIABLO
UNIFIED SCHOOL DISTRICT

Parent Advisory Committee Meeting

November 10, 2026



Serving All Students at Every Stage of Their Educational Journey

MT. DIABLO
UNIFIED SCHOOL DISTRICT

MDUSD

Presenter:

Erin Vallejo,
Education Technology Educator

Healthy Tech Time & Balance

Digital Wellness Series

common sense media

Facilitator



Jamie Nunez

Sr. Manager, Outreach & Learning

common sense media



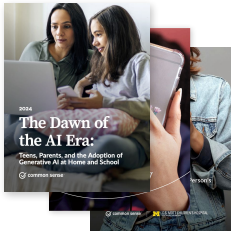
Erin Vallejo

Education Technology Coordinator

MT. DIABLO UNIFIED SCHOOL DISTRICT

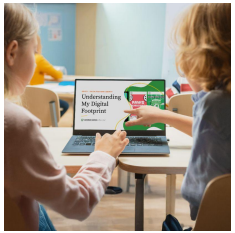
common sense media

Common Sense is the leading advocate and trusted resource for kids' healthy development and responsible use of media and technology.



Research

Our research brings a fact-based, shared understanding that informs our work and resources.



Education

We offer an award-winning Digital Literacy & Well-Being Curriculum for grades K–12.



Ratings

Our 45K+ ratings and reviews have been an independent, trusted source for families since 2003.



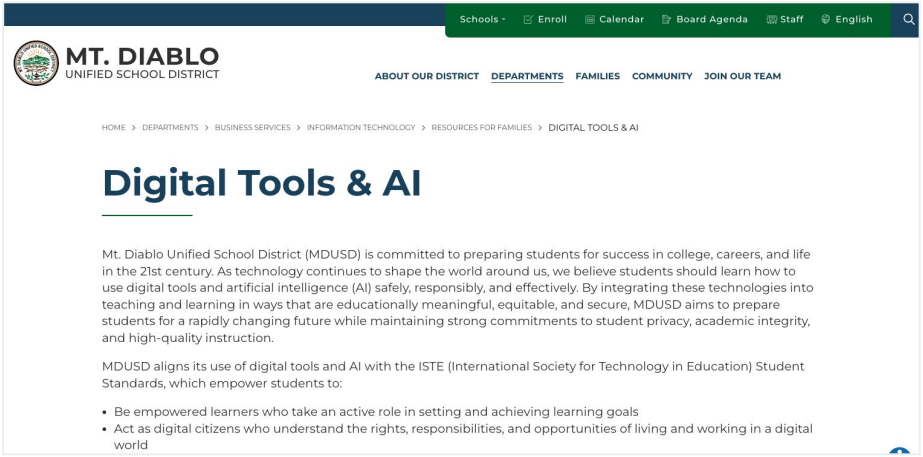
Advocacy

We drive reforms for a healthier, equitable, and empowering digital world for kids and families.

More Information

Review policies, updates, and resources related to intentional tech across the district.

Click link to view district tech hub



Our family series

Join us for our upcoming series for families

TODAY

Healthy tech time & screen balance

Digital literacy skills to reinforce at home

JANUARY

AI literacy for families

MARCH



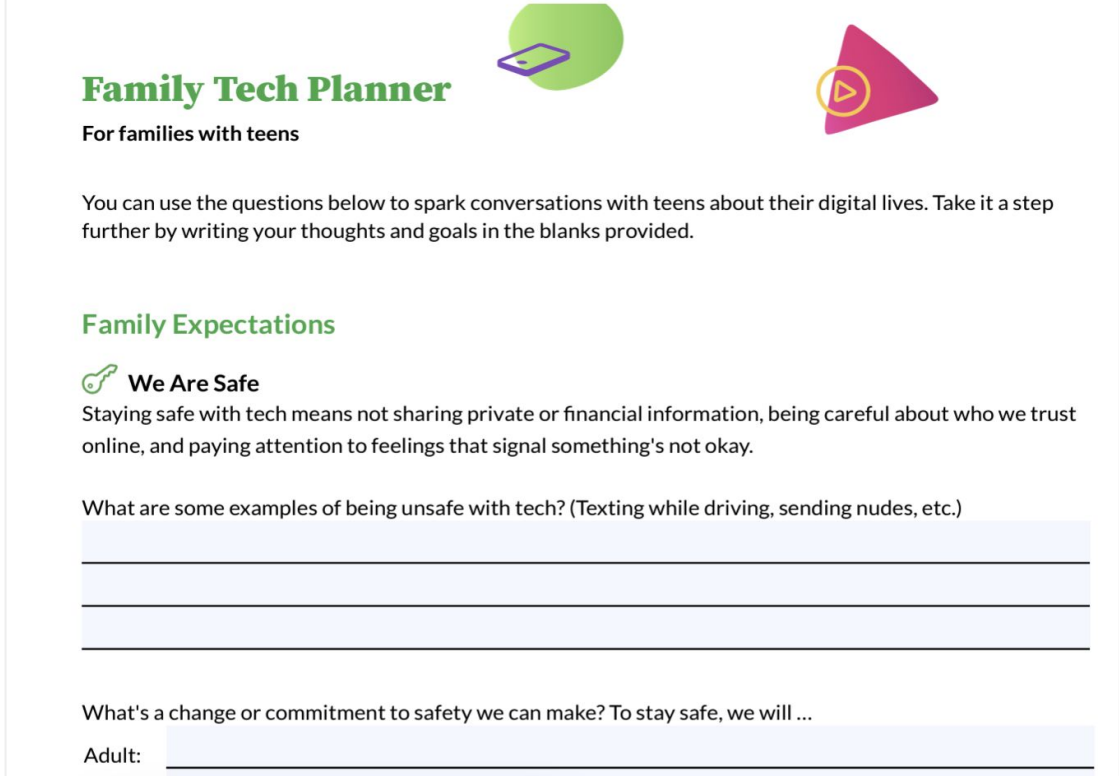
Our Collective Goal

Reinforce Healthy Tech Use

Set rules for screen use, create tech-free spaces, identify what content is appropriate, and start modeling the skills you want your kids to have online.

Family Guidelines

Download the guide here



Family Tech Planner

For families with teens

You can use the questions below to spark conversations with teens about their digital lives. Take it a step further by writing your thoughts and goals in the blanks provided.

Family Expectations

We Are Safe

Staying safe with tech means not sharing private or financial information, being careful about who we trust online, and paying attention to feelings that signal something's not okay.

What are some examples of being unsafe with tech? (Texting while driving, sending nudes, etc.)

What's a change or commitment to safety we can make? To stay safe, we will ...

Adult:

Model the Behaviors

MODELING LOOKS LIKE...

M
Monitor



Kids notice when you are on a device. Track your usage

O
Offer



Tech free alternatives in your home to engage your kids.

D
Discuss



Content you are viewing when your near your kids

E
Establish



An open relationship when talking about tech with your kids.

L
Limit



Device use at night. no access to tech 60 min before bed

Step 1
Identify Your Values

Values

Principles or personal rules that are important to us and that are informed by our experiences, identities, cultures, and much more.



Authenticity
being myself, being genuine,
knowing who I am



Balance
being intentional about
my time and focus



Connection
building and keeping close relationships,
being there for friends and family,
making new friends



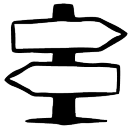
Emotional Health
accepting myself for who I am,
mental health, self-confidence



Gratitude
appreciating the life
and things I have



Hard Work
striving academically, taking steps
toward my future career



Independence
thinking for myself,
making my own decisions



Justice
standing up for
what is right and fair



Kindness
being considerate, helpful, and
caring—to myself and others



Open-Mindedness
willing to consider new ideas,
listen to others, learn and grow



Physical Health
taking care of myself physically,
including sleep, food,
and movement



Presence
being present in the moment,
giving people my full attention



Privacy
having boundaries,
respecting others' boundaries,
protecting myself

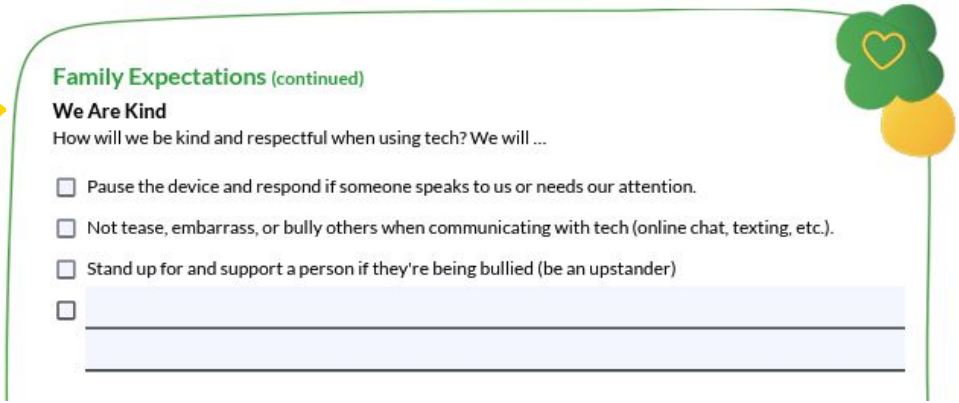


Spirituality
leaning into my faith, spirituality,
and/or enlightenment

What value would you add?

Name top three values

Identify values that you want tech to enhance or support.



Family Expectations (continued)

We Are Kind

How will we be kind and respectful when using tech? We will ...

- ☐ Pause the device and respond if someone speaks to us or needs our attention.
- ☐ Not tease, embarrass, or bully others when communicating with tech (online chat, texting, etc.).
- ☐ Stand up for and support a person if they're being bullied (be an upstander)
- ☐ _____

Step 2
Create Tech Free Spaces

Identify Spaces free from tech use

Activity:
Identify spaces that will be free from tech use

At Night	Where is tech stored?
Family Time	How do we use tech during family times?
Other tech free areas?	Bedroom? Bathroom? Restaurants? When visiting familiy

Step 3
Limit Passive Screen Use

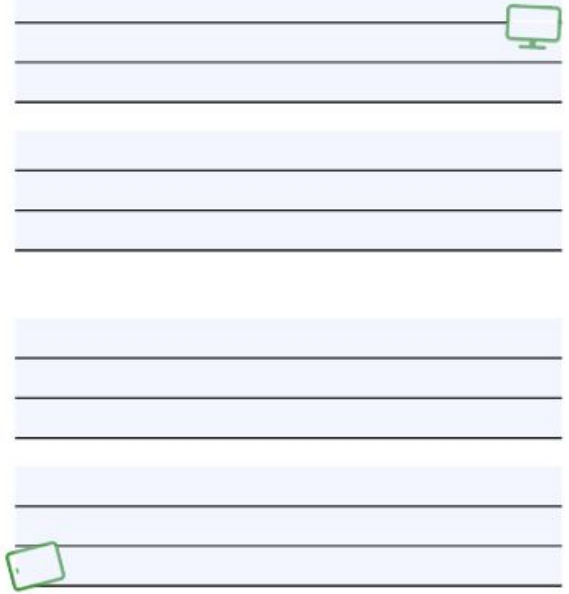
Setting Screen Rules

Step 1- Start by documenting the apps, services you use.

Step 2-Remove any unnecessary apps, games, or services that impact your kids wellbeing.

Step 3-Model step 2 by deleting an app on your device.

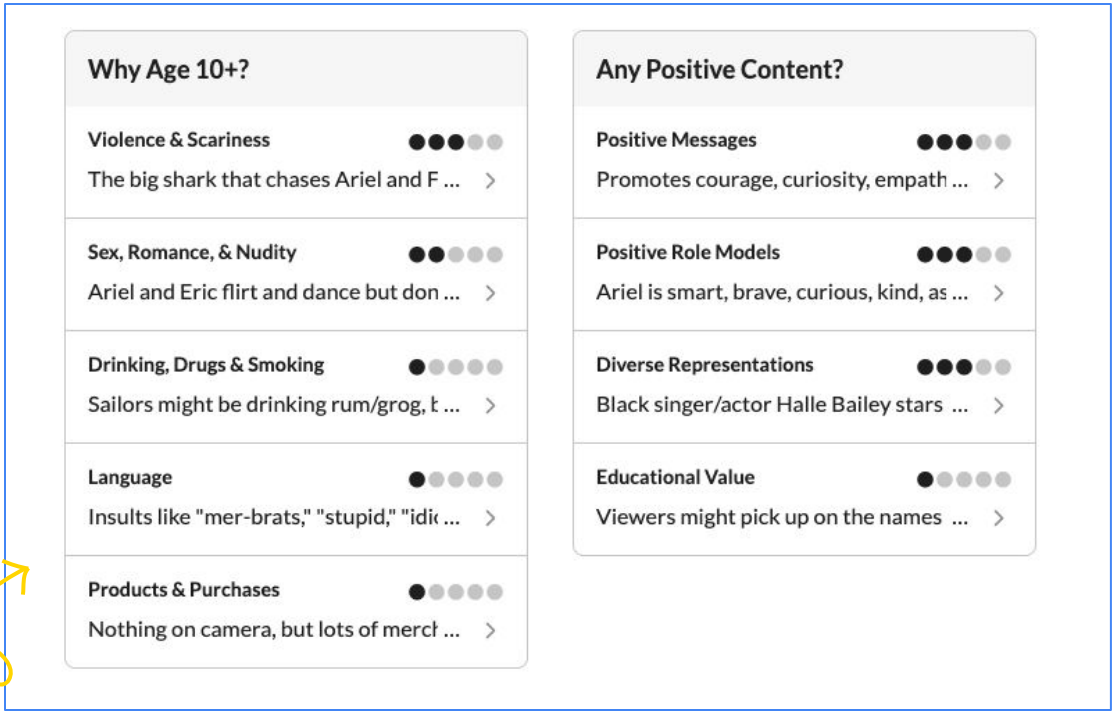
Child's Name	Devices and services we can use (TV, tablet, Netflix, Disney+, Switch, etc.)



Step 4
Define
Appropriate Engagement

What is important to monitor?

What areas do you want to to ensure your child is self monitoring?



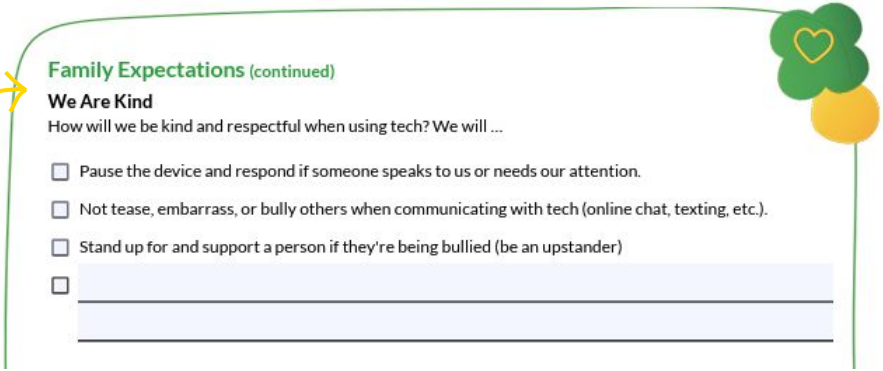
Click link to view more about our ratings

Step 5
Reinforce
Digital Literacy Skills

Identify Digital literacy Skills

Acitivty:

List specific skills you want to teach your kids that reinforce your values



Example

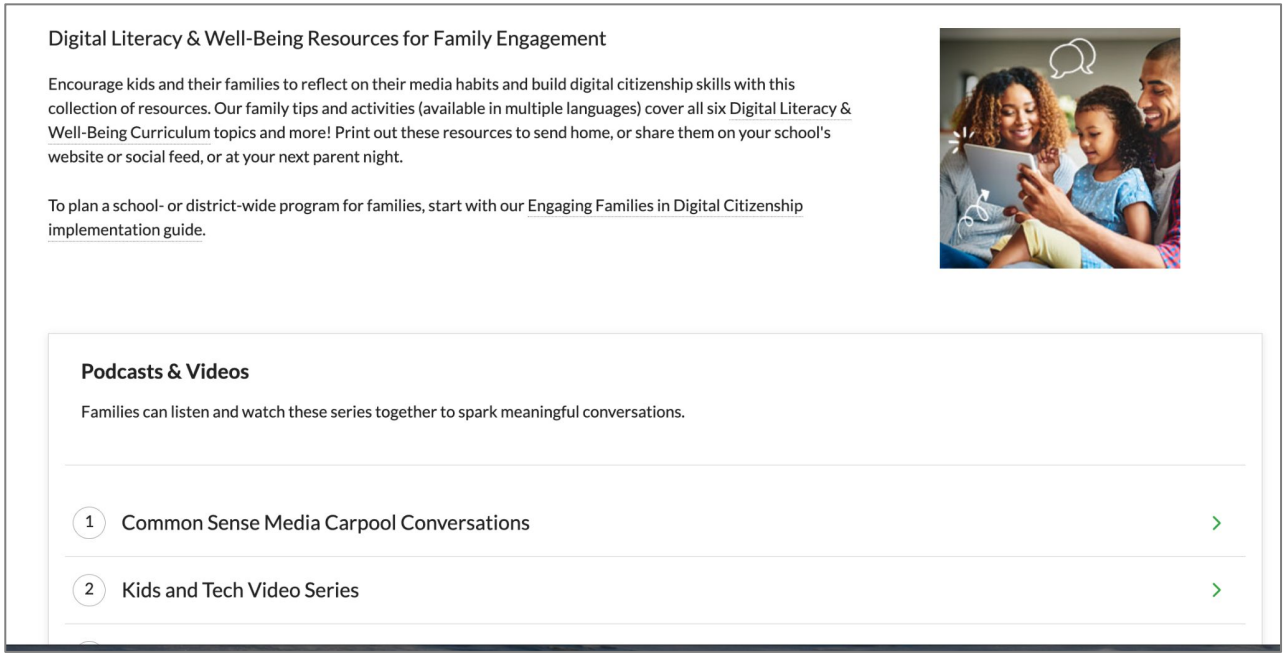
Value: Kindness

Skill: Pause device, look up, and respond to person if someone speaks to us or needs our attention.

Family Resources

Our family tips and activities (available in multiple languages) cover all six Digital Literacy & Well-Being Curriculum topics and more!

Click on the link to view





You Got This!

When you think about your child’s technology use at school, what matters most to you?

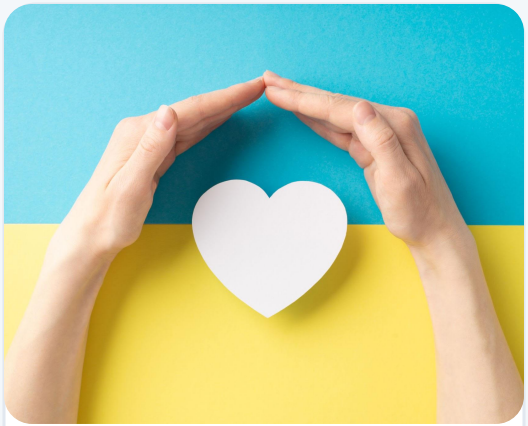
What does balanced EdTech look like?

- Students need digital literacy, technology skills, and the ability to navigate an increasingly digital world.
- Technology should be selected based on its educational purpose, not simply because it is available.
- Not all screen time is created equal.
- Balance includes instructional purpose, developmental appropriateness, student engagement, physical activity, social interaction, and time away from screens.



MT. DIABLO
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EdTech in MDUSD



01

Protecting



02

Preparing



03

Partnering

What gets approved and why

01 **Educational Purpose**
What learning need does the tool address? Is it aligned with instruction?

02 **Privacy & Data Protection**
What info does it collect? Where stored, retained, and who accesses it?

03 **Legal Agreements**
Requires Student Data Privacy Agreement & subscription compliance.

04 **Security & Access**
How do students access it? Does it integrate with district systems?

05 **Sustainability & Oversight**
What does it cost? Who supports it? Is it being used effectively?



Universal Application

The approval process applies regardless of who pays for a digital tool.

Whether funding comes from the district, a school, classroom budget, or Parent Faculty Club, the same student privacy and security considerations apply.

Digital safety: Filtering and monitoring

01

GoGuardian Filtering

Helps restrict access to inappropriate and non-educational websites.

02

Filtering Requests

Website filtering requests allow teachers and schools to report instructional needs.

03

District Monitoring

Provides visibility into network activity and potential concerns.

04

Approved Platforms

Approved platforms and district-managed accounts help establish safer access.



Digital citizenship and wellness

common sense®

01 **Protecting Personal Information**
Safeguarding personal data and privacy online.

02 **Source Evaluation & Accuracy**
Recognizing misinformation and evaluating online sources.

03 **Respectful Communication**
Communicating respectfully and responsibly.

04 **Digital Footprints**
Understanding digital footprints and long-term impact.

05 **Technology Balance**
Recognizing when technology is helpful and when to step away.

06 **Healthy Screen Habits**
Building healthy habits around screen use.



AI: How do these protections extend to artificial intelligence?

AI brings new opportunities for teaching and learning, but also new questions about privacy, accuracy, academic integrity, and appropriate use. The same principles applied to digital tools also apply to AI.

A Why MDUSD Has an AI Framework

- AI is already part of students' lives and teachers' work.
- Students need to understand how AI works, where it is useful, and where it can be misleading.
- Need consistent expectations and safeguards across schools.
- AI literacy is essential for preparing students for the future.

B Approved Platforms in MDUSD

Brisk: Teacher-centered instructional support with privacy protections & teacher control.

MagicSchool: Teacher planning & tools, including structured student interaction.

C What AI Literacy Means for Students

AI literacy does not mean more screen time or using AI for every assignment. Students should understand:

1. How AI Works
What AI is and its core mechanics.

2. Information Evaluation
How to evaluate AI-generated information critically.

3. Accuracy & Bias
Why AI can be inaccurate, hallucinate, or reflect bias.

4. Privacy Protection
How to safeguard personal data and private information.

5. Appropriate Use
When AI assistance is appropriate vs. disallowed.

6. Independent Thinking
When original work, problem-solving & writing are expected.

Families as Partners: Home, School, and PFC

A Supporting Balanced Tech Use at Home

- Ask what your child is doing online, not simply how long they are on a device.
- Establish household expectations around screen time, bedtime, and device-free activities.
- Encourage reading, outdoor play, conversation, creativity, and hands-on experiences.
- Talk about online safety, privacy, misinformation, and respectful communication.
- Ask children to explain when and why they use AI.
- Model healthy technology habits as adults.

Questions parents can ask their children:

- What did you use technology for at school today?
- Did you use a website or app you hadn't used before?
- What information did you share?
- Did you use AI today? How did you use it?
- Did technology help you learn, or was it a distraction?

B Digital Tool & PFC Approval Process

We appreciate PFC and family contributions to our schools. However, when PFC funds purchase digital tools, they must undergo district approval prior to student use.

1. Privacy Standards
Student privacy requirements do not change based on who pays.

2. Trial & Subscription Risks
A free trial or teacher-paid subscription still presents privacy considerations.

3. Hidden Data Collection
A vendor may collect information even if students never create accounts.

4. School-Level Impacts
Unapproved tools create ongoing costs, inconsistent access, and security risks.

5. Scope of Approval
A tool being used at one school does not mean it is approved districtwide.

How Families Can Partner with MDUSD

01 **Ask Before Purchasing**
If PFC funding is requested for a digital subscription, verify tool approval first.

02 **Use Approved Digital Tools Info**
Check district resources or contact the school/district when unsure.

03 **Share Concerns**
Report concerns about inappropriate websites, data collection, or tech use.

04 **Participate in Conversations**
Share feedback about digital wellness, AI, and instructional technology.

05 **Support Learning Beyond Devices**
Fund books, manipulatives, arts, and outdoor learning alongside technology.



More info: https://www.mdusd.org/departments/business-services/technology/technology-equipment-donations

Thank You

MT. DIABLO
UNIFIED SCHOOL DISTRICT





Future PAC Dates

- December 8th: Strategic Support Team
- January 19th: Pupil Services & Enrollment
- February 16th: M&O
- March 30th: Educational Services
- April 27th: Food Services
- May 18th: LCAP Feedback Workshop

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