Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:17 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
[1] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/02/2026																
High School Lunch	Total	3600														
Meatball Grinder, Beef '25	Serving(5 piece	360	651	148	1150	4.21	5.46	388.6	575	10.94	*10	48.22	49.44	28.98	12.06	*0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
BUZZBURGER	Burger(2MMA,2G)	360	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	360	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad,Buffalo Chicken, '26	SALAD	360	616	150	1319	5.44	3.47	185.5	1815	98.76	*7	26.3	35.87	41.57	8.87	*0.10
Wrap, Kane Sauce Chicken '26	1 EACH	360	518	62	914	4.27	4.10	268.1	11927	20.2	*8	24.02	46.85	25.38	9.25	*0.00
Power Box, Uncrustable '26	1 EACH	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Strawberry Cup, Froz. - 2017	1 each	500	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

**** - denotes combined nutrient totals with either missing or incomplete nutrient data***

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:17 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/02/2026																
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			814	69	1066	1258.8	4.49	555.3	*13426	*140.82	*56	35.72	110.40	26.25	8.42	*0.03
% of Calories											*27.7%	17.6%	54.2%	29.0%	9.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 11/03/2026																
High School Lunch	Total	3600														
Chicken, Orange and Rice '25	BOX	327	227	1	267	2.63	1.02	5.7	2	0.87	*0	6.47	45.83	2.24	0.08	0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	327	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	327	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
BUZZBURGER	Burger(2MMA,2G)	327	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
Chicken, Sandwich WG '26	1 EACH	327	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	327	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	327	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, Asian Chicken '26	1 EA	327	825	44	1432	19.80	5.32	252.6	3148	308.04	67	22.53	123.82	29.93	6.24	0.00
WRAP, CRUNCHY BUFFALO CHX '25	1 EACH	327	537	44	1084	5.78	4.77	195.5	11915	22.83	*4	17.4	50.89	29.73	7.96	0.05
Power Box, Uncrustable '26	BOX	327	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
Power Box, Ham Grinder '26	1 EACH	327	516	65	1345	6.74	2.25	228.4	834	194.74	14	21.36	45.83	27.66	5.51	*0.16
CHIPS, LAYS BAKED BBQ '26(GF)	1 each	600	140	0	160	2.00	0.30	10.0	0	0.0	3	2.0	24.0	3.5	0.50	0.00
CHIPS, LAYS BAKED REG '26GF	1 each	600	140	0	150	2.00	0.30	10.0	0	0.0	2	2.0	24.0	4.0	0.50	0.00
CHIPS,DORITO FLAMAS '26	1 each	600	130	0	120	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO NACHO CHEESE '26	1 each	600	130	0	140	2.00	0.30	10.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO SWEET CHILI '26	1 each	600	130	0	170	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO, COOL RANCH '26	1 each	600	130	0	135	2.00	0.30	50.0	0	0.0	1	2.0	20.0	5.0	1.00	0.00
FRUIT CUP, FRESH 2025	SERVING	600	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	600	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 11/03/2026																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			814	45	1190	1258.5	3.81	506.5	*8728	*107.49	*48	30.51	113.69	27.19	7.07	*0.03
% of Calories											*23.8%	15.0%	55.9%	30.1%	7.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Wed - 11/04/2026																
High School Lunch	Total	3600														
Chicken & Waffles, WG 2024	Serving	360	455	54	665	6.00	3.20	60.0	157	87.0	22	20.0	63.06	14.0	3.00	0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
BUZZBURGER	Burger(2MMA,2G)	360	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	360	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, Spicy Chix Tapatio '26	1 SALAD	360	491	25	773	5.21	4.16	49.3	*1480	*11.57	*9	15.89	40.36	30.35	5.56	0.01
Power Box, Turk Grinder '26	1 EACH	360	446	43	979	5.69	1.76	148.2	845	191.54	*13	20.64	43.33	21.7	5.34	*0.00
Power Box, Uncrustable '26	BOX	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
BARBECUE BEANS -2012	1/2 CUP	360	194	0	782	6.77	2.06	63.3	306	1.51	*9	8.04	45.49	0.63	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	750	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	750	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1240	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			714	45	991	1256.9	3.73	442.7	*7869	*96.24	*46	29.92	98.07	23.01	6.71	*0.02
% of Calories											*25.7%	16.8%	55.0%	29.0%	8.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
[1] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/05/2026																
High School Lunch	Total	3600														
Pork and Mac SEC '26	SERVING	327	848	118	2250	11.80	4.62	1219.4	864	5.81	*19	70.38	110.79	13.45	5.62	*0.02
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	327	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	327	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
BUZZBURGER	Burger(2MMA,2G)	327	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
Chicken, Sandwich WG '26	1 EACH	327	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	327	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	327	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad,Caesar Penne & Chx '26	SALAD	327	472	92	1067	4.61	0.56	60.1	938	75.52	17	25.8	38.94	22.97	5.30	0.00
Wrap, So.West Chicken '26	1 EACH	327	640	86	984	4.63	4.19	350.8	3036	17.01	*10	31.18	55.61	32.53	12.84	*0.00
Power Box, Ham Grinder '26	1 EACH	327	516	65	1345	6.74	2.25	228.4	834	194.74	14	21.36	45.83	27.66	5.51	*0.16
Power Box, Uncrustable '26	BOX	327	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
CHIPS, LAYS BAKED BBQ '26(GF)	1 each	600	140	0	160	2.00	0.30	10.0	0	0.0	3	2.0	24.0	3.5	0.50	0.00
CHIPS, LAYS BAKED REG '26GF	1 each	600	140	0	150	2.00	0.30	10.0	0	0.0	2	2.0	24.0	4.0	0.50	0.00
CHIPS,DORITO FLAMAS '26	1 each	600	130	0	120	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO NACHO CHEESE '26	1 each	600	130	0	140	2.00	0.30	10.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO SWEET CHILI '26	1 each	600	130	0	170	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO, COOL RANCH '26	1 each	600	130	0	135	2.00	0.30	50.0	0	0.0	1	2.0	20.0	5.0	1.00	0.00
FRUIT CUP, FRESH 2025	SERVING	600	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	600	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/05/2026																
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			848	64	1328	1257.9	3.66	613.3	*7799	*86.28	*46	37.86	112.31	27.83	7.94	*0.03
% of Calories											*21.8%	17.9%	53.0%	29.5%	8.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:17 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Fri - 11/06/2026																
High School Lunch	Total	3600														
Penne,Alfredo,Chx & Broc '24	1 Cup	360	411	65	977	10.13	2.66	323.0	691	22.74	7	24.14	43.48	14.73	6.45	0.09
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
BUZZBURGER	Burger(2MMA,2G)	360	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	360	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, HoneyBee Fiesta '26	1 each	360	882	43	1092	12.71	5.75	325.5	1942	32.61	*7	17.65	69.96	60.61	13.50	*0.00
Sandwich, Calif Turkey '26	1 EACH	360	401	44	1199	6.28	2.44	142.2	524	11.15	*4	20.93	41.01	17.59	4.06	*0.02
Power Box, Uncrustable '26	BOX	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	750	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	750	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Strawberry Cup, Froz. - 2017	1 each	500	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:17 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			718	48	1009	1257.2	3.73	515.0	*8027	*87.07	*48	30.00	94.31	25.02	7.41	*0.03
% of Calories											*26.7%	16.7%	52.5%	31.3%	9.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:17 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/09/2026																
High School Lunch	Total	3600														
Meatball Grinder, Beef '25	Serving(5 piece	360	651	148	1150	4.21	5.46	388.6	575	10.94	*10	48.22	49.44	28.98	12.06	*0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
BUZZBURGER	Burger(2MMA,2G)	360	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	360	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad,Buffalo Chicken, '26	SALAD	360	616	150	1319	5.44	3.47	185.5	1815	98.76	*7	26.3	35.87	41.57	8.87	*0.10
Wrap, Kane Sauce Chicken '26	1 EACH	360	518	62	914	4.27	4.10	268.1	11927	20.2	*8	24.02	46.85	25.38	9.25	*0.00
Power Box, Uncrustable '26	1 EACH	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Strawberry Cup, Froz. - 2017	1 each	500	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/09/2026																
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			814	69	1066	1258.8	4.49	555.3	*13426	*140.82	*56	35.72	110.40	26.25	8.42	*0.03
% of Calories											*27.7%	17.6%	54.2%	29.0%	9.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 11/10/2026																
High School Lunch	Total	3600														
Bowl, RFC Popcorn CHX '26	Bowl	327	466	82	1184	6.86	3.33	57.5	*168	1.61	6	24.12	48.36	20.76	3.77	*0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	327	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	327	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
BUZZBURGER	Burger(2MMA,2G)	327	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
Chicken, Sandwich WG '26	1 EACH	327	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	327	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	327	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, Asian Chicken '26	1 EA	327	825	44	1432	19.80	5.32	252.6	3148	308.04	67	22.53	123.82	29.93	6.24	0.00
WRAP, CRUNCHY BUFFALO CHX '25	1 EACH	327	537	44	1084	5.78	4.77	195.5	11915	22.83	*4	17.4	50.89	29.73	7.96	0.05
Power Box, Uncrustable '26	BOX	327	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
Power Box, Ham Grinder '26	1 EACH	327	516	65	1345	6.74	2.25	228.4	834	194.74	14	21.36	45.83	27.66	5.51	*0.16
CHIPS, LAYS BAKED BBQ '26(GF)	1 each	600	140	0	160	2.00	0.30	10.0	0	0.0	3	2.0	24.0	3.5	0.50	0.00
CHIPS, LAYS BAKED REG '26GF	1 each	600	140	0	150	2.00	0.30	10.0	0	0.0	2	2.0	24.0	4.0	0.50	0.00
CHIPS,DORITO FLAMAS '26	1 each	600	130	0	120	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO NACHO CHEESE '26	1 each	600	130	0	140	2.00	0.30	10.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO SWEET CHILI '26	1 each	600	130	0	170	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO, COOL RANCH '26	1 each	600	130	0	135	2.00	0.30	50.0	0	0.0	1	2.0	20.0	5.0	1.00	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 11/10/2026																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			890	52	1312	1261.5	4.48	549.3	*13394	*158.16	*58	33.71	126.57	29.16	7.48	*0.03
% of Calories											*25.8%	15.1%	56.9%	29.5%	7.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	
Wed - 11/11/2026																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/12/2026																
High School Lunch	Total	3600														
Penne Pasta W/Marinara &Ch2018	SERVING	327	388	35	421	16.38	2.24	440.0	436	2.28	*3	20.88	44.21	13.53	8.01	*0.00
BREAD, STICK	1 each	327	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	327	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	327	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
BUZZBURGER	Burger(2MMA,2G)	327	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
Chicken, Sandwich WG '26	1 EACH	327	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	327	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	327	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad,Caesar Penne & Chx '26	SALAD	327	472	92	1067	4.61	0.56	60.1	938	75.52	17	25.8	38.94	22.97	5.30	0.00
Wrap, So.West Chicken '26	1 EACH	200	640	86	984	4.63	4.19	350.8	3036	17.01	*10	31.18	55.61	32.53	12.84	*0.00
Power Box, Ham Grinder '26	1 EACH	200	516	65	1345	6.74	2.25	228.4	834	194.74	14	21.36	45.83	27.66	5.51	*0.16
Power Box, Uncrustable '26	BOX	200	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
CHIPS, LAYS BAKED BBQ '26(GF)	1 each	500	140	0	160	2.00	0.30	10.0	0	0.0	3	2.0	24.0	3.5	0.50	0.00
CHIPS, LAYS BAKED REG '26GF	1 each	500	140	0	150	2.00	0.30	10.0	0	0.0	2	2.0	24.0	4.0	0.50	0.00
CHIPS,DORITO FLAMAS '26	1 each	500	130	0	120	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO NACHO CHEESE '26	1 each	500	130	0	140	2.00	0.30	10.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO SWEET CHILI '26	1 each	500	130	0	170	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO, COOL RANCH '26	1 each	500	130	0	135	2.00	0.30	50.0	0	0.0	1	2.0	20.0	5.0	1.00	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
GARDEN SALAD-2014	1 EACH	1200	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/12/2026																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			784	51	1078	1260.0	3.73	555.0	*12874	*124.80	*51	32.47	111.46	23.90	7.17	*0.02
% of Calories											*26.1%	16.6%	56.9%	27.4%	8.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:18 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Fri - 11/13/2026																
High School Lunch	Total	3600														
Chicken, Kung Pao, Yangs '24	BOX	360	239	45	944	3.14	6.26	29.0	4294	22.34	*7	17.82	29.67	6.21	1.51	*0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
BUZZBURGER	Burger(2MMA,2G)	360	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	360	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, HoneyBee Fiesta '26	1 each	360	882	43	1092	12.71	5.75	325.5	1942	32.61	*7	17.65	69.96	60.61	13.50	*0.00
Sandwich, Calif Turkey '26	1 EACH	360	401	44	1199	6.28	2.44	142.2	524	11.15	*4	20.93	41.01	17.59	4.06	*0.02
Power Box, Uncrustable '26	BOX	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Strawberry Cup, Froz. - 2017	1 each	500	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			751	46	1041	1259.0	4.51	520.8	*12671	*133.64	*56	30.84	104.58	24.43	6.97	*0.02
% of Calories											*29.7%	16.4%	55.7%	29.3%	8.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/16/2026																
High School Lunch	Total	3600														
Wings & Mac Buffalo '25	SERVING	360	737	125	1395	3.20	2.73	589.4	2502	9.52	*11	39.85	59.68	36.47	12.45	*0.15
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
BUZZBURGER	Burger(2MMA,2G)	200	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	200	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, HoneyBee Fiesta '26	1 each	360	882	43	1092	12.71	5.75	325.5	1942	32.61	*7	17.65	69.96	60.61	13.50	*0.00
Sandwich, Calif Turkey '26	1 EACH	360	401	44	1199	6.28	2.44	142.2	524	11.15	*4	20.93	41.01	17.59	4.06	*0.02
Power Box, Uncrustable '26	BOX	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Strawberry Cup, Froz. - 2017	1 each	500	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			761	50	1048	1258.6	3.92	551.8	*12461	*130.23	*54	31.43	102.54	26.00	7.46	*0.03
% of Calories											*28.5%	16.5%	53.9%	30.8%	8.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:18 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 11/17/2026																
High School Lunch	Total	3600														
Chicken, Teriyaki and Rice '24	BOX	327	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	327	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	327	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
BUZZBURGER	Burger(2MMA,2G)	327	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
Chicken, Sandwich WG '26	1 EACH	327	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	327	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	327	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, Asian Chicken '26	1 EA	327	825	44	1432	19.80	5.32	252.6	3148	308.04	67	22.53	123.82	29.93	6.24	0.00
WRAP, CRUNCHY BUFFALO CHX '25	1 EACH	327	537	44	1084	5.78	4.77	195.5	11915	22.83	*4	17.4	50.89	29.73	7.96	0.05
Power Box, Uncrustable '26	BOX	327	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
Power Box, Ham Grinder '26	1 EACH	327	516	65	1345	6.74	2.25	228.4	834	194.74	14	21.36	45.83	27.66	5.51	*0.16
CHIPS, LAYS BAKED BBQ '26(GF)	1 each	600	140	0	160	2.00	0.30	10.0	0	0.0	3	2.0	24.0	3.5	0.50	0.00
CHIPS, LAYS BAKED REG '26GF	1 each	600	140	0	150	2.00	0.30	10.0	0	0.0	2	2.0	24.0	4.0	0.50	0.00
CHIPS,DORITO FLAMAS '26	1 each	600	130	0	120	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO NACHO CHEESE '26	1 each	600	130	0	140	2.00	0.30	10.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO SWEET CHILI '26	1 each	600	130	0	170	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO, COOL RANCH '26	1 each	600	130	0	135	2.00	0.30	50.0	0	0.0	1	2.0	20.0	5.0	1.00	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 11/17/2026																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			880	53	1272	1261.2	4.37	545.6	*13813	*158.28	*58	33.71	126.72	27.83	7.25	*0.03
% of Calories											*26.2%	15.3%	57.6%	28.5%	7.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Wed - 11/18/2026																
High School Lunch	Total	3600														
Chickn,Drmstick MSW/Corbrd '26	Serving	360	378	91	707	2.75	2.18	30.9	81	0.43	13	20.3	37.26	16.13	3.40	0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
BUZZBURGER	Burger(2MMA,2G)	360	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	360	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, Spicy Chix Tapatio '26	1 SALAD	360	491	25	773	5.21	4.16	49.3	*1480	*11.57	*9	15.89	40.36	30.35	5.56	0.01
Power Box, Turk Grinder '26	1 EACH	360	446	43	979	5.69	1.76	148.2	845	191.54	*13	20.64	43.33	21.7	5.34	*0.00
Power Box, Uncrustable '26	BOX	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
BARBECUE BEANS -2012	1/2 CUP	360	194	0	782	6.77	2.06	63.3	306	1.51	*9	8.04	45.49	0.63	0.12	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1240	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			756	49	1030	1259.0	4.04	474.9	*12144	*134.20	*53	31.42	107.14	23.48	6.82	*0.02
% of Calories											*28.0%	16.6%	56.7%	28.0%	8.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:18 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/19/2026																
High School Lunch	Total	3600														
Spagh.w/Meat &Noodle '26	Bowl(2M/MA, 1G)	327	304	47	778	7.22	4.25	49.2	615	10.57	*4	21.47	38.34	8.95	2.98	*0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	327	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	327	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
BUZZBURGER	Burger(2MMA,2G)	327	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
Chicken, Sandwich WG '26	1 EACH	327	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	327	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	327	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad,Caesar Penne & Chx '26	SALAD	327	472	92	1067	4.61	0.56	60.1	938	75.52	17	25.8	38.94	22.97	5.30	0.00
Wrap, So.West Chicken '26	1 EACH	327	640	86	984	4.63	4.19	350.8	3036	17.01	*10	31.18	55.61	32.53	12.84	*0.00
Power Box, Ham Grinder '26	1 EACH	327	516	65	1345	6.74	2.25	228.4	834	194.74	14	21.36	45.83	27.66	5.51	*0.16
Power Box, Uncrustable '26	BOX	327	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
CHIPS, LAYS BAKED BBQ '26(GF)	1 each	600	140	0	160	2.00	0.30	10.0	0	0.0	3	2.0	24.0	3.5	0.50	0.00
CHIPS, LAYS BAKED REG '26GF	1 each	600	140	0	150	2.00	0.30	10.0	0	0.0	2	2.0	24.0	4.0	0.50	0.00
CHIPS,DORITO FLAMAS '26	1 each	600	130	0	120	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO NACHO CHEESE '26	1 each	600	130	0	140	2.00	0.30	10.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO SWEET CHILI '26	1 each	600	130	0	170	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO, COOL RANCH '26	1 each	600	130	0	135	2.00	0.30	50.0	0	0.0	1	2.0	20.0	5.0	1.00	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 11/19/2026																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			853	57	1233	1260.1	4.07	545.2	*12427	*137.32	*53	35.02	118.38	27.71	7.76	*0.03
% of Calories											*25.0%	16.4%	55.5%	29.2%	8.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Nov 2, 2026 thru Nov 30, 2026

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 11/12/2026 5:35:18 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Fri - 11/20/2026																
High School Lunch	Total	3600														
Wings & Mac Buffalo '25	SERVING	360	737	125	1395	3.20	2.73	589.4	2502	9.52	*11	39.85	59.68	36.47	12.45	*0.15
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	360	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	360	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
Chicken, Sandwich WG '26	1 EACH	360	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	360	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
BUZZBURGER	Burger(2MMA,2G)	200	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	200	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, HoneyBee Fiesta '26	1 each	360	882	43	1092	12.71	5.75	325.5	1942	32.61	*7	17.65	69.96	60.61	13.50	*0.00
Sandwich, Calif Turkey '26	1 EACH	360	401	44	1199	6.28	2.44	142.2	524	11.15	*4	20.93	41.01	17.59	4.06	*0.02
Power Box, Uncrustable '26	BOX	360	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
FRUIT CUP, FRESH 2025	SERVING	2500	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	2500	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Mixed Berry, Froz. 2019	1 each	500	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Strawberry Cup, Froz. - 2017	1 each	500	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			761	50	1048	1258.6	3.92	551.8	*12461	*130.23	*54	31.43	102.54	26.00	7.46	*0.03
% of Calories											*28.5%	16.5%	53.9%	30.8%	8.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	
Mon - 11/23/2026																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	
Tue - 11/24/2026																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	
Wed - 11/25/2026																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	
Thu - 11/26/2026																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Fri - 11/27/2026																
High School Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/30/2026																
High School Lunch	Total	3600														
Chicken, Orange and Rice '25	BOX	327	227	1	267	2.63	1.02	5.7	2	0.87	*0	6.47	45.83	2.24	0.08	0.00
Pizza, BD Four Cheese16" Slice	Slice(2MMA/2G)	327	360	35	490	3.00	1.80	350.0	500	0.0	9	21.0	35.0	16.0	7.00	0.00
Pizza, BD Pepperoni 16" Slice	Slice(2MMA/2G)	327	360	40	570	3.00	1.80	300.0	500	0.0	8	22.0	32.0	16.0	8.00	0.00
BUZZBURGER	Burger(2MMA,2G)	327	396	75	665	3.00	3.46	236.9	343	0.0	*4	25.21	30.45	19.06	8.61	*0.00
Chicken, Sandwich WG '26	1 EACH	327	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
Chicken Sand. Spicy-'26	1 EACH	327	390	20	570	5.00	4.00	88.0	0	0.0	5	18.0	45.0	15.5	2.50	0.00
YOGURT PARFAIT W/ GRANOLA 2026	serving	327	509	29	193	4.32	1.83	325.9	350	47.88	40	11.12	82.91	13.77	5.05	0.00
Salad, Asian Chicken '26	1 EA	327	825	44	1432	19.80	5.32	252.6	3148	308.04	67	22.53	123.82	29.93	6.24	0.00
WRAP, CRUNCHY BUFFALO CHX '25	1 EACH	327	537	44	1084	5.78	4.77	195.5	11915	22.83	*4	17.4	50.89	29.73	7.96	0.05
Power Box, Uncrustable '26	BOX	327	783	5	768	10.70	3.05	80.1	*673	*191.54	40	18.52	79.25	46.28	9.55	0.00
Power Box, Ham Grinder '26	1 EACH	327	516	65	1345	6.74	2.25	228.4	834	194.74	14	21.36	45.83	27.66	5.51	*0.16
CHIPS, LAYS BAKED BBQ '26(GF)	1 each	600	140	0	160	2.00	0.30	10.0	0	0.0	3	2.0	24.0	3.5	0.50	0.00
CHIPS, LAYS BAKED REG '26GF	1 each	600	140	0	150	2.00	0.30	10.0	0	0.0	2	2.0	24.0	4.0	0.50	0.00
CHIPS,DORITO FLAMAS '26	1 each	600	130	0	120	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO NACHO CHEESE '26	1 each	600	130	0	140	2.00	0.30	10.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00
CHIPS,DORITO SWEET CHILI '26	1 each	600	130	0	170	2.00	0.30	40.0	0	0.0	1	2.0	20.0	5.0	0.50	0.00
CHIPS,DORITO, COOL RANCH '26	1 each	600	130	0	135	2.00	0.30	50.0	0	0.0	1	2.0	20.0	5.0	1.00	0.00
FRUIT CUP, FRESH 2025	SERVING	600	61	0	15	1.94	0.21	22.8	1287	41.1	13	0.82	14.95	0.18	0.04	0.00
VEGGIE CUP, FRESH 2025	SERVING	600	42	0	58	3.03	0.65	49.5	7524	54.79	*3	2.22	9.02	0.36	0.09	*0.00
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets '24	1/2 Cup	1300	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	550	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	300	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2300	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	500	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 11/30/2026																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Dressing, Buttermilk Ranch '26	Pouch (12g	400	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			814	45	1190	1258.5	3.81	506.5	*8728	*107.49	*48	30.51	113.69	27.19	7.07	*0.03
% of Calories											*23.8%	15.0%	55.9%	30.1%	7.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			798	53	1127	1259.0	4.05	532.6	*11350	*124.87	*52	32.69	110.19	26.08	7.43	*0.03
											*59.1%	16.4%	55.2%	29.4%	8.4%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	798		750 - 850	100%				
Cholesterol (mg)	53							
Sodium 1 (mg)	1127		1420	79%				
Sodium 1a (mg)	1127		1280	88%				
Fiber (g)	1259.02							
Iron (mg)	4.05							
Calcium (mg)	532.6							
Vitamin A (IU)	11350				Missing			
Sugars (g)	52	26.27%			Missing			
Vitamin C (mg)	124.87				Missing			
Protein (g)	32.69	16.38%						
Carbohydrate (g)	110.19	55.23%						
Total Fat (g)	26.08	29.41%	<=30.00%					
Saturated Fat (g)	7.43	8.38%	<10.00%					
Trans Fat[1] (g)	0.03	0.03%			Missing			

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