WINTER SPORTS ORIENTATION

NOVEMBER 11, 2026

EAHS AUDITORIUM

Participation in the extra-curricular athletic programs in the Easton Area School District is a PRIVILEGE, not a right.

Welcome and Purpose:

Explain the basics of Easton Area School District Athletic Policies and Procedures

Meet staff

Dr. Matthew Baltz, Director of Athletics

Mr. Kyle Geiger, Head Principal – Easton Area High School

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EASTON AREA SCHOOL DISTRICT
DEPARTMENT OF ATHLETICS
ONLINE RESOURCES & SOCIAL MEDIA

Main EASD Website: www.eastonsd.org

Arbiter Website: www.eastonathletics.com

X: @GoRedRovers

Facebook: Easton Red Rover Athletics

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EASTON AREA SCHOOL DISTRICT
DEPARTMENT OF ATHLETICS
COMMUNICATION & SOCIAL MEDIA

Main EASD Website: www.eastonsd.org

Schedule Changes/ Cancellations will be posted

Big Teams/Schedule Star: www.eastonathletics.com

- Schedules are posted here.
- You can register to follow a team for updates every time a change is made to that schedule.

X: @GoRedRovers

Facebook: Easton Red Rover Athletics

Phone: 610-250-2575 (Press 1 for event status)

The following methods will only be used in Emergency Situations:

- EASD Alerts – Follow Steps on your handout
- www.eastonsd.org website NEWSFLASH
- ConnectEd – EASD Phone Call

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EASTON AREA SCHOOL DISTRICT
New High School Project

Key ideas for Athletics as we enter Phase 1 of the project:

- Flexibility
  - Many things may change (practice/game sites, times, dates, etc.), perhaps unexpectedly over the next few days, weeks, months, years
  - Please be understanding and flexible
- Awareness
  - Please be aware of fenced off areas, construction vehicles, etc.
  - Many locations on campus will not be accessible or certain areas may be limited

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EASTON AREA SCHOOL DISTRICT
DEPARTMENT OF ATHLETICS
ONLINE TICKET SALES

Main EASD Website: www.eastonsd.org

- Departments
  - Athletics
    - EASD Box Office

Hometown Fan App (App Store-Search “Easton”)

V/JV/JH Football

V/JV/JH Basketball (B & G)

V/JV Boys Lacrosse

V/JV/JH Wrestling (B&G)

Cottingham Stadium Games – (V/JV FH, V/JV Soccer, V/JV G Lax)

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EASTERN PENNSYLVANIA CONFERENCE - 18

EASTON	WILLIAM ALLEN	STROUDSBURG
LIBERTY	LOUIS E. DIERUFF	PLEASANT VALLEY
FREEDOM	PARKLAND	POCONO MOUNTAIN EAST
BETHLEHEM CATHOLIC	EMMAUS	POCONO MOUNTAIN WEST
NAZARETH	ALLENTOWN CENTRAL CATHOLIC	EAST STROUDSBURG NORTH
NORTHAMPTON	WHITEHALL	EAST STROUDSBURG SOUTH

EASTON AREA SCHOOL DISTRICT ATHLETIC DEPARTMENT STAFF

Athletic Department Administrative Professionals

- Gretchen Braido (FT) & Robin Catalano (PT)

Assistant Athletic Directors

- Greg Hess (HS), Elaine Arnts (MS)

Sports Medicine Staff

- Coordinator – Rochelle Gilbert (HS)
- St. Luke's
  - Julia LoBasso
  - Zach Lang
  - Hunter Steidinger
- Tracy Lenoir (MS)

Equipment Managers

- Dion Myers & Scott Austin

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EASTON AREA SCHOOL DISTRICT
WINTER COACHING STAFF

Cheer/Competitive Spirit - Kim Stout
Girls Basketball – Dave Lutz
Boys Basketball – Eric Jacobs
Indoor Track – Justin Patterson
Swimming & Diving – Matt Ellis
Boys Wrestling – Corey Keener
Girls Wrestling – Ryan Pomrinca

* Coaches may leave now to prepare for team meetings

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EASTON AREA SCHOOL DISTRICT
ATHLETICS EXPECTATIONS

- Commitment
- Behavior
  - In/Out of School
  - Social Media
  - Substance Abuse/Drug & Alcohol Policy
  - Fan Behavior
- Rover PRIDE

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EASTON AREA SCHOOL DISTRICT
STUDENT-ATHLETE COMMITMENT

- We often must make cuts to rosters (due to size, uniforms, etc.)
- Therefore, athletes are not permitted to leave an EASD team early for travel teams, tournament teams, family vacations, etc. until EASD season is fully completed (includes playoff games, equipment collection dates, etc.)
- Same above applies to attending EASD/St. Luke's Physical Exam dates, meeting registration deadlines, etc.
- Please check future dates www.eastonathletics.com before planning trips/vacations

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EASTON AREA SCHOOL DISTRICT
STUDENT-ATHLETE BEHAVIOR

- **<u>In/Out of School Suspension of Athletes</u>**
  - A.D. tries to meet with athletes if suspension occurs/continues
  - Suspension from school = Suspension from activities

- **(H.S.) Parking Lot concerns**
  - NO athletes permitted to park in lower lot near weight room
  - Safety issues related to construction project
  - Discuss at parent/player meeting
  - Buses not departing on time due to parent traffic

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RESPONSIBLE SOCIAL MEDIA USE

- Use Social Media as a tool to promote yourself for future college athletics, workforce, armed forces, etc.

- Do not use Social Media to take away from the great student-athlete you are or can be

- NCAA Athletics opportunities **MAY NOT** be available to you if your Social Media does not portray you in a positive manner

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EASTON AREA SCHOOL DISTRICT
STUDENT-ATHLETE BEHAVIOR

- Substance Use/Abuse Policy
  - Included in athlete registration & on EASD website
    - Many programs and initiatives exist to inform and educate student-athletes on this topic.

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EASTON AREA SCHOOL DISTRICT
FAN BEHAVIOR

SPECTATOR CODE OF CONDUCT

ATTENDANCE AT THIS EVENT ENTITLES YOU TO ENJOY AN EXHIBITION OF SKILLS DEVELOPED BY ATHLETES IN AN EDUCATIONAL SETTING.

PLEASE BE RESPECTFUL AND ENCOURAGING IN YOUR APPROACH TO ALL ATHLETES, OFFICIALS, COACHES, AND FELLOW SPECTATORS.

- BE A GOOD ROLE MODEL
- RESPECT THE OFFICIALS, COACHES, ATHLETES, PARENTS, AND SPECTATORS
- DO NOT ENGAGE IN DISCRIMINATORY OR THREATENING BEHAVIOR
- USE POSITIVE/APPROPRIATE LANGUAGE
- ENCOURAGE A SAFE AND FAIR ENVIRONMENT FOR ALL PLAYERS, OFFICIALS AND SPECTATORS
- NO BULLYING, FIGHTING, SMOKING, USE OF ALCOHOL/TOBACCO/VAPING/ILLEGAL SUBSTANCES AT ANY TIME

FAILURE TO FOLLOW THESE GUIDELINES MAY RESULT IN REMOVAL FROM THE EVENT AND/OR CRIMINAL CHARGES

EASTON AREA SCHOOL DISTRICT
STUDENT-ATHLETE HEALTH & WELLNESS

St Luke's
UNIVERSITY HEALTH NETWORK

- Athletic trainer, physicians, physical therapists, etc.
  - WEBSITE LINK
    - www.eastonsd.org, click on Departments, click on Athletics, click on St. Luke's
- ImPACT Testing/BESS Testing
  - Compliments of St. Luke's University Health Network
  - Must be completed each year
  - Baseline for return to play from head injury/concussion
- Sports Performance
  - Weight room coverage, lifting programs, etc.

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EASTON AREA SCHOOL DISTRICT
STUDENT-ATHLETE HEALTH & WELLNESS

Annual topics:

1. Hydration, Hazing/Bullying, MRSA
2. Concussions–Safety In Youth Sports Act
   - Physical component (Athletic Trainers)
   - Academic component (Physician, School Nurse, Guidance, Teachers)
3. Sudden Cardiac Arrest
4. Substance Use/Abuse Policy (122,123,227)

- Alcohol and Athletics (EASD website)

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EASTON AREA SCHOOL DISTRICT
STUDENT-ATHLETE HEALTH & WELLNESS

ATHLETE MEDICAL CONCERNS

WE MUST KNOW DETAILS FOR SAFETY OF ATHLETES

(504 Plans, asthma, medication, etc.)

IF SOMETHING CHANGES AT ANY POINT (NEW MEDICATION, TREATMENT FOR ILLNESS, ETC.) PLEASE NOTIFY YOUR TRAINER SO THEY CAN BE AWARE AND TREAT APPROPRIATELY. ATHLETIC TRAINING STAFF SHOULD BE PROVIDED WITH A NOTE FROM TREATING PHYSICIAN EXPLAINING THE LEVEL OF PARTICIPATION PERMITTED.

MUST CONSULT WITH TRAINER/COACH

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EASTON AREA SCHOOL DISTRICT
PIAA ELIGIBILITY

EASTON NEEDS ATHLETES TO LEAD IN ACADEMICS!

Home/Charter/Cyber/Private/Parochial School participants

- Notify Athletic Office of your status
- Form to complete so we can complete verify academic eligibility

Standardized Testing (Keystone, PSSA)

- Encourage athletes to give their BEST effort = **LEADERS**

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EASTON AREA SCHOOL DISTRICT
PIAA ELIGIBILITY

PIAA Academic Eligibility

EAHS & EAMS

3 courses – pass 2
4 courses – pass 3
5 courses – pass 3
6 courses – pass 4
7 courses – pass 5
8 courses – pass 5

(Eligibility By the Numbers Handout)

EASTON AREA SCHOOL DISTRICT

KNOW YOUR ELIGIBILITY

Daily Attendance/Eligibility Requirements

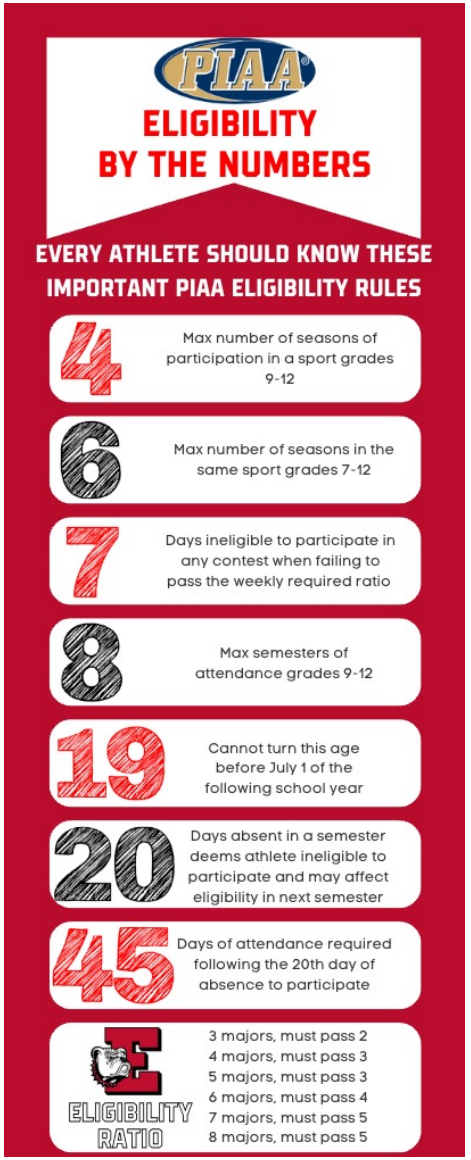
- EAHS
  - Arrival time: 10:58am
  - Present for 3 blocks per day & Homeroom
- EAMS
  - Arrival time: 11:15am
- ECA

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EASTON AREA SCHOOL DISTRICT

KNOW YOUR ELIGIBILITY



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EASTON AREA SCHOOL DISTRICT
PIAA ELIGIBILITY

<u>Academic/Attendance Eligibility Issues</u>

- Meetings with Students on At-Risk & Ineligible Reports)
- Athlife Academic Athletic Coaches

<u>Team Study Halls</u>

- Some teams are hosting in-season & out of season study halls

EASTON AREA SCHOOL DISTRICT
ATHLIFE ACADEMIC ATHLETIC COACHES

STAFF

- 4 total AthLEAD (Athlife) Academic Athletic Coaches
  - 3 AAC at EAHS
  - 1 AAC at EAMS

Program Highlights

- Grant-Funded Program
- Academic Interventions with student-athletes in need
- Team Focus
  - Character Development, Leadership Development, College Preparation, NCAA Eligibility Center, Team Culture Development

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EASTON AREA SCHOOL DISTRICT
NCAA ELIGIBILITY

NCAA requirements:

- www.ncaaeligibilitycenter.org
- Core Courses
- EAHS Guidance Department

Division I/II Interest Form

EASTON AREA SCHOOL DISTRICT
NCAA ELIGIBILITY

SAT / ACT and the Eligibility Center

•The SAT score used for NCAA purposes includes only the critical reading and math sections. **The writing section of the SAT is not used.**

•The ACT score used for NCAA purposes is a **sum** of the four sections on the ACT: English, Math, Reading and Science

•All SAT and ACT scores must be reported directly to the NCAA Initial Eligibility Clearinghouse by the testing agency. The code for the Eligibility Clearinghouse is 9999 and must be entered as a score recipient when you register for the SAT or ACT. The Guidance Office CAN NOT send your scores.

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EASTON AREA SCHOOL DISTRICT
NCAA ELIGIBILITY

Fee Waivers

- ACT Test
- SAT Test
- NCAA Eligibility Center

- MUST SEE GUIDANCE COUNSELOR FOR ASSISTANCE

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EASTON AREA SCHOOL DISTRICT
NCAA ELIGIBILITY

Academics vs. Athletics (NCAA)

More money is given in **ACADEMIC** scholarships than in **ATHLETIC** scholarships

How To Pay For College

1. Grants
2. Scholarships
3. Savings Account
4. Current Income Stream
5. Loans

- Must meet application deadlines
- Complete profiles
- Submit FAFSA
- Submit SAT, ACT, test results
- Average at Penn State: GPA(3.52-3.92)- 78,000 applied to main campus=accept 7500

= COMPETITION

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EASTON AREA SCHOOL DISTRICT
NCAA ELIGIBILITY

NATIONAL LETTER OF INTENT
"COLLEGE SIGNING DAY"

AT E.A.S.D. WE HOLD A

"CEREMONIAL COLLEGIATE SIGNING DAY"
DATE TBD JUNE 2027– EAHS MAIN GYM

WE RECOGNIZE ALL LEVELS OF COLLEGE COMMITMENTS

EASTON AREA SCHOOL DISTRICT
NIL – NAME, IMAGE, LIKENESS

IN ACCORDANCE WITH PIAA POLICY ON NIL:

- STUDENT ATHLETES ARE ABLE TO CAPITALIZE ON THEIR OWN NAME, IMAGE AND LIKENESS
- REQUIRED TO INFORM PRINCIPAL/ATHLETIC DIRECTOR WITHIN 72 HOURS OF ANY AGREEMENT BEING REACHED
- MAY NOT APPEAR IN SCHOOL UNIFORMS, DISPLAY SCHOOL NAME OR LOGOS
- MAY NOT REFERENCE SCHOOL, TEAM, NICKNAME IN ANY WAY

EASTON AREA SCHOOL DISTRICT
ATHLETICS PARTICIPATION PAPERWORK

CANNOT PRACTICE/COMPETE until ALL completed and verified by EASD staff

Due Date for initial submission was August 1

PIAA Online Packet (Arbiter Registration) requires the following forms:

- Personal & Emergency Info
- Cert. of Parent/Guardian
- Concussion/Brain Injury
- Cardiac Arrest
- Health History
- Physical Exam
- Impact Testing
- Student Code of Conduct
- Etc.

Green Emergency Card (Goes to Coaches)

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EASTON AREA SCHOOL DISTRICT
STUDENT-ATHLETE INSURANCE

Insurance

- All student-athletes will be insured by the EASD for “Gap” insurance
- See Sports’ Medicine Dept. for information on claim forms.

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EASTON AREA SCHOOL DISTRICT ATHLETICS EQUIPMENT

Equipment Issuance

- ALL equipment is numbered/lettered
  - Issued through and collected by Equipment Managers for tracking purposes
  - DO NOT RETURN IT TO GRADE LEVEL OFFICES
- Failure to return = ineligibility for next athletic season, legal action by local magistrate
- Common problems
  - Exchanging equipment with others on team, numbers will not match the issued equipment = someone pays for equipment

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EASTON AREA SCHOOL DISTRICT
MISC. INFORMATION

Lines of Communication

- **"Parent/Coach Communication Plan"** (EASD website)

Jewelry and Valuables - leave at home

Transportation

- **Must ride school district transportation unless an "emergency" requires alternate transportation**.
- An "Alternate Transportation" form must be completed at least one day prior to event – NEED AD approval
- Good Behavior Is Expected To/From Games/Practices

Picture Day

- Schedule is set
- Forms and money must be given to photographer at time of pictures or can be ordered online (Christmas City Studios)

A.D. will not discuss playing time, how teams chosen, etc. with parents and/or athletes

- **Coaches are given that responsibility**

EASTON AREA SCHOOL DISTRICT



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EASTON AREA SCHOOL DISTRICT
GOALS OF ATHLETICS

Education-Based Athletics

1. Is a privilege.
2. Enriches the educational experience
3. Encourages academic achievement
4. Promotes respect, integrity, and sportsmanship
5. Prepares for the future in a global community
6. Develops leadership and life skills
7. Fosters inclusion of diverse populations
8. Promotes healthy lifestyles and safe competition
9. Encourages positive school/community culture
10. Should be fun

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EASTON AREA SCHOOL DISTRICT
TEAM/SPORT MEETINGS

Room Assignments:

- Girls Basketballball
  - V/JV- Aux Gym
  - JH - C111
  - MS - C112
- Swimming - Pool Balcony
- Boys Basketball
  - V/JV - Main Gym east bleachers
  - JH - D114
  - MS - E103
- Boys Wrestling
  - V/JV - Wrestling Room
  - JH - C109
- Girls Wrestling - C110
- Indoor Track - Main Gym west bleachers

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EASTON AREA SCHOOL DISTRICT

Thank You for Attending!

GO ROVERS!

BEAT P'BURG!

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