High School – December 2026

Harvest of the Month: Dairy

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll or Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advanced request.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. ***This institution is an equal opportunity provider.***

Lunch Menu
Kalispell Public Schools Food Service



MONTANA Harvest of the Month

Breakfast in the Cafeteria Menu Free: if eligible Student: $2.50 Reduced: $0.30 Adult: $3.50	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
	Egg Ham and Cheese English Muffin OR Homemade Muffin w/String Cheese	Breakfast Burrito OR Pancakes and an 8oz Fruit Smoothie	Overnight Oats OR WG Cereal Fruit, Milk, Yogurt or String Cheese	Cheesy Eggs, & a WG Bagel OR Pancakes & a 8oz Fruit Smoothie	Biscuits & Gravy OR WG Cereal w/Fruit, Milk Yogurt or String Cheese

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.
A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.
Students must take at least ½ cup of fruit/vegetables.

Lunch Menu: **Regular Prices** Reduced: $0.40 Student: $3.75 Adult: $5.75 Extra Milk: $0.65 **CEP Qualified Schools*- Breakfast & Lunch are Free for Students** **Local Now:** Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more!	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
		1 Naked Beef Burrito Bowl (Rice/Beans/Meat)	**2** Teriyaki Chicken Sandwich w/WG Bun	**3** Sausage Rice Bowl	**4** Homemade Chicken Noodle Soup w/Crackers
	Salad Bar Featuring -				
	7 Meatball Sub Sandwich w/WG Bun	**8** Nachos (Rice/Beans/Meat) w/WG Tortilla Chips	**9** Beef Chili w/WG Roll	**10** Chicken Pesto Wraps	**11** Mac-n-Cheese w/Diced Ham
	Salad Bar Featuring -				
	14 Pulled Pork Sandwich w/Coleslaw	**15** Enchilada Casserole	**16** Turkey Hot dog w/Baked Beans	**17** Salsbury Steak w/Brown Gravy, Mashed Potato & WG Roll	**18** Cook's Choice
	Salad Bar Featuring -				
	21 NO SCHOOL!	**22 NO SCHOOL!**	**23 NO SCHOOL! CHRISTMAS BREAK!**	**24 NO SCHOOL!**	**25 NO SCHOOL!**
	Salad Bar Featuring -				
	28 NO SCHOOL!	**29 NO SCHOOL!**	**30 NO SCHOOL! CHRISTMAS BREAK!**	**31 NO SCHOOL!**	**1 NO SCHOOL!**
	Salad Bar Featuring -				

Menu Subject to change without notice, due to price and availability.					
Grill Menu	Grill Ham & Cheese, or Breaded Chicken Patty	Cheeseburger, & Baked Chips	Grilled Chicken Patty or Cheeseburger	Corn Dog or Cheeseburger & Baked Chips	Grilled Cheese Sandwich or Cheeseburger & Baked Chips
Pizza Menu	Chicken Quesadilla	BBQ Chicken Pizza or Hawaiian Pizza	Chicken-Spinach Pizza	Pesto-Ranch Pizza	Sausage or Mini Pita Pizza
	Available Daily: Cheese & Pepperoni Pizza				
Deli Menu	-Ceasar Salad w/chicken	-Tuna Salad Sandwich -Greek Salad w/Garbanzo & Feta	Spinach Salad w/Hardboiled Egg & Cheese	Egg-Salad Sandwich Ceasar Salad w/Chicken	Pita Hummus Plate Taco Salad w/WG Chips