Middle School-December 2026

Harvest of the Month: Dairy

Lunch Menu
Kalispell Public Schools Food Service

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll or Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advanced request.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. ***This institution is an equal opportunity provider.***



Breakfast in the Cafeteria Menu Free: if eligible Student: $2.50 Reduced: $0.30 Adult: $3.50	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
	Egg Ham and Cheese English Muffin OR Homemade Muffin w/String Cheese	Breakfast Burrito OR Pancakes and an 8oz Fruit Smoothie	Oatmeal OR WG Cereal Fruit, Milk, Yogurt or String Cheese	Cheesy Eggs, & a WG Bagel OR Pancakes & a 8oz Fruit Smoothie	WG Biscuits & Sausage Gravy OR WG Cereal w/Fruit, Milk Yogurt or String Cheese

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.
A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.
Students must take at least ½ cup of fruit/vegetables.

Lunch Menu: **Regular Prices** Reduced: $0.40 Student: $3.75 Adult: $5.75 Extra Milk: $0.65 **CEP Qualified Schools*- Breakfast & Lunch are Free for Students** **Local Now:** Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more! * Hoagies & PBJ Daily	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
		1 Pizza; Salsbury Steak w/Brown Gravy, Mashed Potato & WG Roll	**2** Pizza; Bean & Cheese Burrito	**3** Pizza; Sausage Rice Bowl	**4** Cheeseburgers **OR** Teriyaki Chicken Sandwich
	Salad Bar Featuring -				
	7 Grilled Chicken Sandwich **OR** Pulled Pork Sandwich w/WG Bun	**8** Pizza; Beef Chili W/WG Roll	**9** Pizza; Pancake on a Stick	**10** Pizza; Butter Chicken w/Brown Rice	**11** Cheeseburgers **OR** Chicken Alfredo w/WG Pasta
	Salad Bar Featuring -				
	14 Breaded Chicken Sandwich **OR** Turkey Hot Dog w/Baked Beans	**15** Pizza; Cook's Choice	**16** Pizza; WG Chicken Corndog	**17** Pizza; Cheeseburgers	**18** Fiesta Dinner
	Salad Bar Featuring -				
	21 NO SCHOOL!	**22 NO SCHOOL!**	**23 NO SCHOOL! CHRISTMAS BREAK!**	**24 NO SCHOOL!**	**25 NO SCHOOL!**
	Salad Bar Featuring -				
	28 NO SCHOOL!	**29 NO SCHOOL!**	**30 NO SCHOOL! CHRISTMAS BREAK!**	**31 NO SCHOOL!**	**1 NO SCHOOL!**
	Salad Bar Featuring -				