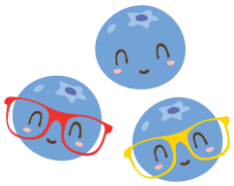
Southampton School SCHOOL BREAKFAST MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mini Cinni Rolls	3 Mini Maple Pancakes	4 Bacon Egg & Cheese on Bagel	5 **NO SCHOOL**	6 **NO SCHOOL**
9 Mini Cinni Rolls	10 Mini Maple Pancakes	11 Bacon Egg & Cheese on Bagel	12 Chocolate Chip French Toast	13 Chocolate Chip Muffin
16 Mini Cinni Rolls	17 Mini Maple Pancakes	18 Bacon Egg & Cheese on Bagel	19 Chocolate Chip French Toast	20 Chocolate Chip Muffin
23 Mini Cinni Rolls	24 Mini Maple Pancakes	25 Bacon Egg & Cheese on Bagel	26 Happy Thanksgiving	27 **NO SCHOOL**
30 Mini Cinni Rolls				

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices
Student $1.75

Available Daily

Fruit Selection
Apples, apple slices, oranges and an assortment of cupped fruit
Students may choose up to two ½ cup servings of fruit.

Milk Selection 1% milk,

Fat free chocolate milk

Your Dining Services Team
Nancy Piazza
Food Service Director
MA1569@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz