November PKU Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11/2 PKU Quesadilla 2g	11/3 Daiya Pizza 1.89g	11/4 PKU Grilled Cheese 2 g	11/5 PKU Nachos 2g	11/6 2 GF Waffles w/ Syrup 2g	
	11/9 Palmini Spaghetti with Daiya Mozzarella and Marinara 1g	11/10 PKU Quesadilla 2g	11/11 2 GF Waffles w/ Syrup 2g	11/12 Cassava Penne with Daiya Cheese Sauce 1g	11/13	
	11/16 Cambrooke Chick'n nuggets MySnack Low Protein Rice 1.2 g	11/17 Daiya Pizza 2g	11/18 Cassava Penne with Meatless-Meat sauce 1g	11/19 PKU Nachos 2g	11/20	
	11/23 2 GF Waffles w/ Syrup 2g	11/24 PKU Quesadilla 2g	11/25	11/26	11/27	
	11/30 Daiya Pizza 2g	12/1 Cassava Penne with Daiya Cheese Sauce 1g	12/2 PKU Nachos 2g	12/3 2 GF Waffles w/ Syrup 2g	12/4 Cambrooke Orange Chick'n MySnack Low Protein Rice 1.2g	