

Strawberry

HARVEST OF THE MONTH

Strawberries are a charming, heart-shaped fruit known for their bright red color and sweet, juicy flavor. These berries are adorned with tiny, edible seeds on their surface and crowned with a leafy green cap. They can be enjoyed fresh, adding a burst of sweetness to salads or desserts, or used in cooking to create delicious jams, sauces, and baked goods. Strawberries can also be blended into smoothies or frozen to make refreshing ice pops.



did you know?

Did you know that strawberries are the only fruit with seeds on the outside? Each strawberry has about 200 seeds!

fun fact

Did you know that strawberries can be more than just red? There are varieties like the pineberry, which is white with red seeds and has a flavor reminiscent of pineapples. These unique strawberries offer a delightful twist on the classic berry, adding a surprising and tropical taste to any fruit salad or dessert.

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