CITRUS

Citrus fruits are a member of the Rutaceae family of plants.

Citrus fruits grow on flowering shrubs or trees. It takes around 4 years after it is planted before a tree will start producing significant amounts of citrus.

The benefits of citrus are found in more than just the juice. Have you ever tried to see how many pieces of fruit that it takes to squeeze into a glass of juice? Try it and determine if you would you ever eat that many pieces of fruit in one sitting!



Citrus plants are in season in Georgia from around November through December.

Georgia is now growing many varieties of citrus and the industry is expected to only continue to expand, allowing for more Georgia Grown citrus availability in the coming years.

The southern portion of the state produces most of Georgia's citrus.

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Georgia Department of Education School Nutrition