California School to Watch 2019
California Gold Ribbon School 2015
Sinaloa Middle School
Ronald Reagan Academy of Communication and Leadership
Simi Valley Unified School District
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Shawn Rumble, Principal

Contact Information
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COURSE TITLE: Physical Education

Welcome to Sinaloa Middle School! My name is Summer Tomlinson, and I am so excited to be your student's PE teacher this year! I graduated from Grand Canyon University with my Bachelor's Degree, and earned my Single-Subject Physical Education teaching credential at Cal Lutheran University. I have been a substitute teacher at Sinaloa Middle School for the past 2 years, while I was earning my teaching credential, and I also completed my student teaching at this middle school. I am honored to be able to work with such an amazing staff and students as I start my teaching career. At a young age, I have always been drawn to all types of physical activity including sports, dance, and running. When I am not teaching in my classroom, you will find me learning a new dance, on a run, weightlifting, on a hike, or participating in some type of physical activity. It is my goal as your student's PE teacher to help your student find movement that they love and can apply to their everyday lives to promote life-long fitness. I look forward to the opportunity in helping your child grow in fitness, nutrition, and sports knowledge this school year!

Class Specific Information

I. Course Standards/Objectives

The California content standards define the learning objective for this class. The content standards can be found on-line at https://www.cde.ca.gov/be/st/ss/. The emphasis of our program is on moving, improving, and enjoying! In this class all students will have the opportunity to develop the knowledge, skills, self-discipline, and motivation to lead a healthy life.

II. Classroom Rules and Student Responsibilities

In our School… Sinaloa's SABER CODE is the foundation for behavior expectancies on our campus. This Code, along with our standards for citizenship/work habits grades, the school tardy policy, and the school discipline policies, are included in the parent/student handbook. For more information on schoolwide policies and expectations, please review the parent/student handbook, viewable online at https://sinaloa.simivalleyusd.org/our-school/code-of-behavior.

In this class …we have many routines and procedures incorporated through the use of CHAMPS (guidelines for Conversation, Help, Activity, Movement, Participation, and Success) that students will learn and follow. All students have the right to learn and each student has the responsibility of allowing all students that opportunity by creating a learning and safe atmosphere in the physical education classroom.

Classroom Behavioral Expectations

1. Arrive on time and dress appropriately for PE.
2. Do not bring food, gum, or drinks (other than water) to class.
3. Treat all peers and adults with respect.
4. Use appropriate and encouraging language.
5. Be an attentive listener and follow directions the first time.
6. Be willing to take risks and try something new!

Cell Phone Policy

Cell phones are NOT to be in the P.E. locker rooms or P.E. areas at any point in time. This is to ensure the privacy and safety of all students. If a phone is brought to class, it will be taken to the office for a parent to pick up at the end of the day.

Possible Consequences for Behavior

Positive Behavior	**Negative Behavior**
Positive notes or messages to parent guardians	Loss of participation points
Recognition of effort and improvement	Private conversation and reteaching of expectations
Student leadership opportunities	Parent/guardian contact
Verbal praise	Referral to office
Celebrating personal growth rather than only technical ability	Any student who consistently disrupts the class will be sent out of the PE classroom so learning can progress.

III. Materials Needed

Students are expected to dress in an appropriate P.E. uniform each day.

Tops: Sinaloa P.E. shirt

Bottoms: Sinaloa P.E. shorts, plain black yoga leggings, Sinaloa sweatpants and/or plain black or gray sweatpants/joggers

Shoes: athletic shoes and socks.

IV. Tardy and Absence Policies

- **School Tardy Policy:** On-time arrival at every class is a component of school citizenship (see school handbook). Five (5) or more tardies to class each quarter will result in an "N" (needs to improve) Citizenship grade. Ten (10) or more tardies to class will result in a "U" (unsatisfactory) grade in Citizenship.
- **Classroom Absence Policy:**
    - A parent may write an email to the school's health clerk and P.E. teacher to excuse a student from P.E. class activities for up to three (3) days. After three days, the student will need a doctor's note for the daily participation points to be counted as an excused absence.

- Excessive unexcused absences can impact a student's grade. If a student has an unexcused absence, he/she can make-up the participation points for the day by having a parent email the teacher and tell what physical activity the student did outside of school for at least 30 minutes.
- If a student misses a run day, he/she will be able to make-up the mile run time with the next mile run score.The mile run assignment will be documented as a missing assignment in Aeries until the next mile run is completed.

V. Grading Policy/Communication

The student's degree of mastery of the California content standards is a critical element in determining the letter grade in the class. Your student will demonstrate mastery in this class by: participating in warm ups, activity units, the California Physical Fitness Test, and any written assignments/quizzes.

Grading categories: Participation and Assessments

- **Participation includes:**
  - being in class
  - dressing for class
  - completing warm-ups and cool-downs
  - participating in the daily physical education activities
- Students receive 10 participation points each day in class.
- Students will lose points for:
  - not dressing in a proper P.E. uniform
  - inappropriate and/or disruptive behaviors
  - refusing to participate in activities
  - unexcused absences

Grades are based on three categories:

- Activities and warm-ups = 50%
- Fitness runs = 40%
- Written assignments/quizzes = 10%

Final Grade Breakdown
A= 100%-90%
B= 89%-80%
C= 79%-70%
D= 69%-60%
F= 59% and below

- **Grades will be updated in Aeries weekly.**

- Parents can contact the teacher through email (summer.tomlinson@simivalleyusd.org) to set up conferences or to express concerns about their student.

Classroom Management Plan Signature Sheet - PE

_____ _____
Teacher's Name Block

I have read the classroom management plan. I understand that if I have any questions and/or concerns, I may contact the teacher.

_____
Student Name (print)

_____ _____
Student Signature Parent Signature