California School to Watch 2019
California Gold Ribbon School 2015

Sinaloa Middle School

Ronald Reagan Academy of Communication and Leadership

Simi Valley Unified School District
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Shawn Rumble, Principal

Contact Information
P.E. - Dance
Ms. Summer Tomlinson
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Welcome to Sinaloa! My name is Summer Tomlinson, and I am so excited to be your student's dance teacher this year! I am very excited to be able to offer dance as a Physical Education option. I graduated from Grand Canyon University with my Bachelor's Degree, and earned my Single-Subject Physical Education teaching credential at Cal Lutheran University. I have been a substitute teacher at Sinaloa Middle School for the past 2 years, while I was earning my teaching credential, and I also completed my student teaching at this middle school. I am honored to be able to work with such an amazing staff and students as I start my teaching career. At a young age, I have always been drawn to all types of physical activity including sports, dance, and running. When I am not teaching in my classroom, you will find me learning a new dance, on a run, weightlifting, on a hike, or participating in some sort of physical activity. It is my goal as your student's PE teacher to help your student find movement that they love and can apply to their everyday lives to promote life-long fitness. I look forward to the opportunity to nurture your student's love for dance and fitness this school year!

I. Course Standards/Objectives

Educational standards describe what students should know and be able to do in each subject in each grade. In California, the State Board of Education decides on the standards for all students, from kindergarten through high school. Information regarding specific standards can be found at https://www.cde.ca.gov/be/st/ss/. The emphasis of this program is on developing flexibility, balance, coordination, strength, and enjoying the art of dance!

II. Classroom Rules and Student Responsibilities

In our School… Sinaloa's SABER CODE is the foundation for behavior expectancies on our campus. This Code, along with our standards for citizenship/work habits grades, the school tardy policy, and the school discipline policies, are included in the parent/student handbook. For more information on schoolwide policies and expectations, please review the parent/student handbook, viewable online at https://sinaloa.simivalleyusd.org/our-school/code-of-behavior.

In this class …we have many routines and procedures incorporated through the use of CHAMPS (guidelines for Conversation, Help, Activity, Movement, Participation, and Success) that students will learn and follow. All students have the right to learn and each student has the responsibility of allowing all students that opportunity by creating a learning and safe atmosphere in the dance room.

Cell Phone Policy
Cell phones are NOT to be in the P.E. locker rooms or P.E. areas at any point in time. This is to ensure the privacy and safety of all students. If a phone is brought to class, it will be taken to the office for a parent to pick up at the end of the day.

Classroom Behavioral Expectations

1. Arrive on time and dress appropriately for dance class.
2. Do not bring food, gum, or drinks (other than water) to class.
3. Treat all peers and adults with respect.
4. Use appropriate and encouraging language.
5. Be an attentive listener and follow directions the first time.
6. Be willing to take risks and try something new!

Possible Consequences for Behavior

Positive Behavior	**Negative Behavior**
Positive notes or messages to parent guardians	Loss of participation points
Recognition of effort and improvement	Private conversation and reteaching of expectations
Student leadership opportunities	Parent/guardian contact
Verbal praise	Referral to office
Celebrating personal growth rather than only technical ability	Any student who consistently disrupts the class will be sent out of the dance room so learning can progress.

III. Materials Needed

Students are expected to dress in an appropriate P.E. uniform each day.

Tops: Sinaloa P.E. shirt or Sinaloa DANCE t-shirt

No crop tops, or tank tops allowed.

Bottoms: Sinaloa P.E. shorts, OR black yoga shorts, black yoga leggings, black or gray sweatpants/joggers

No extra baggy shorts/pants. Shorts must follow the SMS dress code- very short dance/volleyball shorts are not allowed.

Shoes: athletic shoes and socks; Shoes with smooth soles are best for dancing.

Optional: ballet slippers, jazz shoes, dance sneakers, cowboy boots (dependent upon dance unit)

IV. Tardy and Absence Policies

- **School Tardy Policy:** On-time arrival at every class is a component of school citizenship (see school handbook). Five (5) or more tardies to class each quarter will result in an "N" (needs to improve) Citizenship grade. Ten (10) or more tardies to class will result in a "U" (unsatisfactory) grade in Citizenship.

- **Classroom Absence Policy:**
  - A parent may write an email to the school's health clerk and P.E. teacher to excuse a student from P.E. class activities for up to three (3) days. After three days, the student will need a doctor's note for the daily participation points to be counted as an excused absence.

- Excessive unexcused absences can impact a student's grade. If a student has an unexcused absence, he/she can make-up the participation points for the day by having a parent email the teacher and tell what physical activity the student did outside of school for at least 30 minutes.
- If a student misses a run day, he/she will be able to make-up the mile run time with the next mile run score. The mile run assignment will be documented as a missing assignment in Aeries until the next mile run is completed.

V. Grading Policy/Communication

The student's degree of mastery of the California content standards is a critical element in determining the letter grade in the class. Your student will demonstrate mastery in this class by: participating in dance activity units, performances, the California Physical Fitness test, and completing the written portfolio assignment.

Grading categories: Participation and Assessments

- **Participation includes:**
  - being in class
  - dressing for class
  - completing warm-ups and cool-downs
  - participating in the daily physical education activities
- Students receive 10 participation points each day in class.
- Students will lose points for:
  - not dressing in a proper P.E. uniform
  - inappropriate and/or disruptive behaviors
  - refusing to participate in activities
  - unexcused absences
- **Assessments Include:**
  - performances (The Open House performance is mandatory!!!!)
  - dancing tests
  - written portfolio assignment
  - running tests
  - California State Physical Fitness Test

Final Grade Breakdown
A= 100%-90% B= 89%-80% C= 79%-70% D= 69%-60% F= 59% and below

The Open House Showcase performance grade carries the most weight. Failure to attend a performance could result in a "D" or an "F" letter grade for that semester. **In the event that a student cannot attend a performance, prior notice must be given to the dance teacher**. Excused absences include family emergencies, medical emergencies, and religious commitments. Students who cannot attend a performance for an excused reason will be given a separate performance test in order to make up the performance grade.

- **Grades will be updated in Aeries weekly.**

- Parents can contact the teacher through email (summer.tomlinson@simivalleyusd.org) to set up conferences or to express concerns about their student.

Classroom Management Plan Signature Sheet - DANCE

_____ _____
Teacher's Name Block

I have read the classroom management plan. I understand that if I have any questions and/or concerns, I may contact the teacher.

_____
Student Name (print)

_____ _____
Student Signature Parent Signature