California School to Watch 2019
California Gold Ribbon School 2015

Sinaloa Middle School

Ronald Reagan Academy of Communication and Leadership

Simi Valley Unified School District
601 Royal Avenue, Simi Valley, CA 93065
Phone: (805) 520-6830 | Fax: (805) 520-6835
sinaloa.simivalleyusd.org
Shawn Rumble, Principal

COURSE TITLE: PHYSICAL EDUCATION

TEACHER NAME: LANCE MARTIN

TEACHER EMAIL: thomas.martin@simivalleyusd.org

Hello. My name is Lance Martin and I am excited to be your child's Physical Education teacher. I have enjoyed many years of teaching and coaching at the middle and high school levels and I am grateful to be part of the Sinaloa family. I love teaching and coaching and I am looking forward to helping your child grow in fitness, health, knowledge of various sports, and good sportsmanship. In my class, your student will assess and set goals for personal fitness, train for the California State Fitness Test, learn appropriate grade level physical skills, and practice social skills through a variety of physical activities and games.

Materials:

- The physical education uniform consists of black shorts and a gray t-shirt, which may be purchased at the school. Sweats are optional and are available for purchase at the school. Shirts, shorts, sweatpants and sweatshirts must be labeled with your student's name. If sweatshirts, leggings and sweats are not labeled they may be worn under the uniform.

Physical Education Rules and Student Responsibilities

- Sinaloa's SABER CODE is the foundation for behavior expectancies on our campus. This Code, along with our standards for citizenship/work habits grades, the school tardy policy, and the school discipline policies, are included in the Agenda book which can be found online at sinaloa.simivalleyusd.org

In the Physical Education Department good performance is rewarded:

- with an incentive based grading system, "Positive referrals and notes to parents, awards, the "PE Bucks" program, and positive phone calls/emails to parents.

Disruptive or disrespectful behavior results in appropriate consequences:

- Examples of appropriate consequences are: removal from activity, a call or email to a parent, notation on Aries discipline log, suspension from class or locker room.

Student Responsibilities:

- It is the student's responsibility to be prepared for class each day. Students are expected to be on time to roll call and the locker room, be suited, cooperate with their teacher and classmates, be safe with equipment, demonstrate good citizenship, participate fully in class activities, and strive to improve fitness and complete assignments. Students must bring their PE uniform and athletic shoes to class every day. If your student is unable to come to class with these items, please have them see me, so together a plan can be put into place to ensure students are prepared for class each and every day!

Grading Policy:

- Three categories: Portfolio (homework/written work) = 10%; Participation (in sport and recreational activities) = 50%; Fitness (Wednesday and Friday Runs, and Fitnessgram) = 40% Late work is always accepted with no penalty.
- A=90-100, B=80-89.9, C=70-79.9, D=60-69.9, F=59.9 or Below

Tardy and Absence Policies:

- School Tardy Policy: On-time arrival at every class is a component of school citizenship (see agenda book). Physical Education Absence Policy: Students must make-up missed fitness tests or running assignments with their teacher in class. Make-up for missed participation on activity days will be made up at home. Makeups may be from parent/doctor notes or absences.

Together, we can ensure your child has a positive Physical Education experience. Please feel free to email me with any questions or concerns.

Sincerely,
Mr. Martin
Physical Education Teacher