FROM THE NURSE'S OFFICE

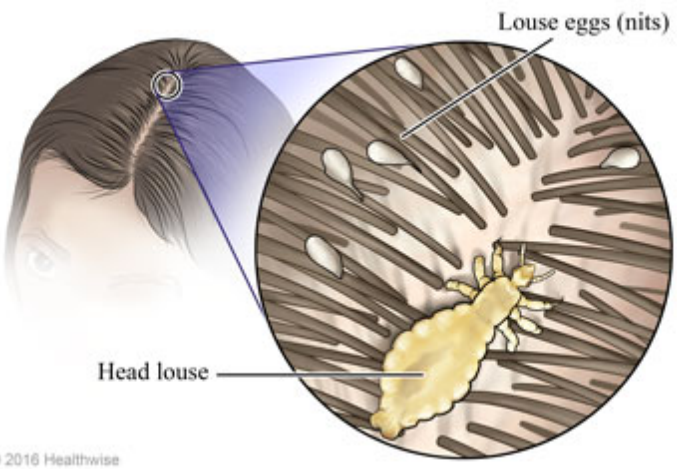
We ask all parents to complete regular head checks on their children as well as be aware of symptoms to be concerned for: head itching or tickling, rash to scalp/neck/ears, increased dandruff or noticeable sores/scabs to scalp.

HOW TO EXAMINE FOR HEAD LICE

1. **Seat child under a bright light source.**
2. **Use fingers or comb to part hair in 1-2 inch sections at a time, making the scalp visible to check the area.**
3. **Assess scalp and shaft of hair for crawling lice or nits (eggs). Nits will be attached to the hair about ¼ inch from scalp and will be very hard to remove by using fingers.**
4. **Make sure to also check bangs, around ears and the back of the neck for lice, nits, or bites.**

**IF LICE IS FOUND PLEASE FOLLOW DIRECTIONS BELOW:

- **Treat student with an over-the-counter lice treatment. Kits can be found at all drug stores and usually contain a shampoo, lice comb, and house spray. Follow the instructions for application and comb hair thoroughly to remove lice and nits. Place on a paper towel and dispose of by flushing down the toilet.**
- **If head check is performed in school and lice is found, you will be notified to pick student up.**
- **Clean household items to avoid re-infestation (Refer to checklist)**
- **Students can return to school within 24 hours of treatment. A parent/guardian will need to bring student in and accompany them to the front office until cleared by the nurse.**
- **Continue daily head checks and repeat treatment within 7-10 days to prevent re-infestation.**
- **Please contact the school nurse with any questions or concerns**
  Mrs. O'Dell 570-434-8420



LICE CHECKLIST:

☐ **Examine everyone in the household.** Those found with nits or lice should also be treated with lice shampoo as soon as possible.

☐ **Remove nits.** Part hair every ½ inch and remove visible nits with lice comb. Put lice or nits on a paper towel and dispose by flushing down the toilet.

☐ **WASH all clothing, bedding, hats, coats or towels** that have been in contact with the child over the past 3 days. Use extremely hot water to wash items. Wash any other coats/blankets/etc. that may have been in contact with the child's.

☐ **BAG items that cannot be washed (stuffed animals, helmets, cloth toys)** for at least 2 weeks and get dry-cleaned if possible.

☐ **SOAK combs and hair brushes** in a solution of hot water and lice shampoo for 30 minutes then rinse with warm water.

☐ **VACUUM** all areas of home including rugs, carpets, floors, upholstery, mattresses and pillows. Dispose of vacuum bag or empty filter in an outside trash can.

☐ **Continue DAILY head checks** for 10 days.

☐ **RETREAT** with lice shampoo in 7-10 days or according to instructions on treatment kit to avoid re-infestation.

☐ **PREVENT** by educating child to not share coats/hats/hair items with other children and to avoid extremely close contact such as whispering.

***Your child may return to school the next day if treatment was provided and successful. Parent must remove all lice after shampooing and attempt to remove nits prior to school readmission. The school nurse will examine your child's head prior to attending class. The child is NOT to ride the bus or attend class until cleared by the school nurse. Please accompany student to front office and the nurse will be contacted.**