Horizon Academy and Futures | Grades 9-12

December 2026

Assorted fat-free or low-fat milk is offered at breakfast & lunch.
The menu is limited and subject to change due to market conditions, school events, and closures.

Students eat at no cost
Adult breakfast: $4.00
Adult lunch: $6.00
Extra milk is $0.50

Monday	Tuesday	Wednesday	Thursday	Friday
30 Poptart & Yogurt Fruit Juice 4 oz. Mixed Fruit ½ cup	**1** Cereal Bar & Cheese Crackers Fruit Juice 4 oz. Raisins 1 pack	**2** Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	**3** Breakfast Bun Fresh Fruit 1 each Peaches ½ cup	**4** Cereal Cup Fresh Fruit 1 each Diced Pears ½ cup
Chicken Sandwich Pinto Beans ½ cup Seasoned Fries ¾ cup Veggie Juice 4 oz. Fruit Juice Gels 1 each Craisins 1 pack	Walking Beef Taco + Doritos Sour Cream, Cheese, & Salsa Black Beans ½ cup Corn ½ cup Pineapple ½ cup Fruit Juice 4 oz.	**Wing Wednesday** Chicken Wings (4) & 2 oz. Roll Green Beans ½ cup Sweet Potato Wedges ¾ cup Celery Sticks ½ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	Asian Chicken & Rice *Fortune Cookie* Steamed Cabbage ½ cup Carrot Sticks ½ cup Mandarin Oranges ½ cup Fresh Fruit 1 each	Turkey & Cheese Sandwich Crackers Celery Sticks ½ cup Broccoli Dippers ½ cup Fruit Juice 4 oz. Raisins 1 pack
7 Poptart & Yogurt Fruit Juice 4 oz. Mixed Fruit ½ cup	**8** Cereal Bar & Cheese Crackers Fruit Juice 4 oz. Raisins 1 pack	**9** Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	**10** Breakfast Bun Fresh Fruit 1 each Peaches ½ cup	**11** Cereal Cup Fresh Fruit 1 each Diced Pears ½ cup
Chicken Nuggets (6) with 1 oz. Roll Green Beans ½ cup Mashed Potatoes ¾ cup Celery Sticks ½ cup Peaches ½ cup Fresh Fruit 1 each	Chicken Tacos (3) Sour Cream & Salsa Pinto Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Cheeseburger Baked Beans ½ cup Seasoned Fries ¾ cup Carrot Sticks ½ cup Diced Pears ½ cup Fresh Fruit 1 each	Chicken Drumstick with 2 oz. Roll Zesty Greens ½ cup Sweet Potatoes ¾ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	PB&J Sandwich* Chips Cheese Celery Sticks ½ cup Salsa ½ cup Fruit Juice 4 oz. Raisins 1 pack
14 Poptart & Yogurt Fruit Juice 4 oz. Mixed Fruit ½ cup	**15** Cereal Bar & Cheese Crackers Fruit Juice 4 oz. Raisins 1 pack	**16** Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	**17** Breakfast Bun Fresh Fruit 1 each Peaches ½ cup	**18** **Early Release** Cereal Cup Fresh Fruit 1 each Diced Pears ½ cup
Chicken Sandwich Pinto Beans ½ cup Seasoned Fries ¾ cup Carrot Sticks ½ cup Fruit Juice Gels 1 each Fresh Fruit 1 each	Beefy Nachos + Tostitos Sour Cream & Salsa Black Beans ½ cup Potato Skins (2) Pineapple ½ cup Fresh Fruit 1 each	**Wing Wednesday** Chicken Wings (4) & 2 oz. Roll Green Beans ½ cup Sweet Potato Wedges ¾ cup Celery Sticks ½ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	Chicken Alfredo Rotini with Garlic Toast Parmesan Broccoli ½ cup Cherry Tomatoes ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Turkey & Cheese Sandwich *with Chips* Veggie Juice 4 oz. *Salsa Dunk Cup* Pineapple ½ cup Craisins 1 pack

*On PB&J sandwich days, Futures will have soy butter and jelly sandwiches.

Fueling Georgia's Future
FARM TO SCHOOL
HARVEST OF THE MONTH



The following major food allergens may be used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify a staff member if you require additional information about specific ingredients.

If your child has a peanut allergy on PB& J days, soy butter sandwiches are available upon request. Please let your child's teacher know to request the soy butter sandwich, if desired (peanut free, but contains milk, wheat, and soy).

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CITRUS

Citrus fruits are a member of the Rutaceae family of plants.

Citrus fruits grow on flowering shrubs or trees. It takes around 4 years after it is planted before a tree will start producing significant amounts of citrus.

The benefits of citrus are found in more than just the juice. Have you ever tried to see how many pieces of fruit that it takes to squeeze into a glass of juice? Try it and determine if you would you ever eat that many pieces of fruit in one sitting!



Citrus plants are in season in Georgia from around November through December.

Georgia is now growing many varieties of citrus and the industry is expected to only continue to expand, allowing for more Georgia Grown citrus availability in the coming years.

The southern portion of the state produces most of Georgia's citrus.

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Georgia Department of Education School Nutrition