Gainesville High School Menu

December 2026

Assorted fat-free or low-fat milk is offered at breakfast & lunch.
The menu is limited and subject to change due to market conditions, school events, and closures.

Students eat at no cost
Adult breakfast: $4.00
Adult lunch: $6.00
Extra milk is $0.50

Monday	Tuesday	Wednesday	Thursday	Friday
30 **No Salad Bar** Steak Biscuit Fruit Juice 4 oz. Mixed Fruit ½ cup	**1** **No Salad Bar** Mini Pancakes or French Toast Fruit Juice 4 oz. Raisins 1 pack	**2** Chicken Biscuit Fruit Juice 4 oz. Applesauce ½ cup	**3** Beef Sausage & Cheese Bagel Fresh Fruit 1 each Mandarin Oranges ½ cup	**4** Biscuit & Sausage Links Fresh Fruit 1 each Diced Pears ½ cup
Chicken Sandwich Pinto Beans ½ cup Seasoned Fries ¾ cup Veggie Juice 4 oz. Fruit Juice Gels 1 each Craisins 1 pack	Walking Beef Taco + Doritos Sour Cream, Cheese, & Salsa Black Beans ½ cup Corn ½ cup Pineapple ½ cup Fruit Juice 4 oz.	**Wing Wednesday** Chicken Wings (4) & 2 oz. Roll Green Beans ½ cup Sweet Potato Wedges ¾ cup Celery Sticks ½ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	Asian Chicken & Rice *Fortune Cookie* Steamed Cabbage ½ cup Carrot Sticks ½ cup Garden Salad 1 cup Mandarin Oranges ½ cup Fresh Fruit 1 each	**Pizza Pocket Friday** Pepperoni Hot Pockets Marinara Dunk Cup Steamed Broccoli ½ cup Cucumbers & Radishes ½ cup Applesauce ½ cup Fresh Fruit 1 each
7 Steak Biscuit Fruit Juice 4 oz. Mixed Fruit ½ cup	**8** Sausage & Pancake Slider Tater Tots 12 each Fruit Juice 4 oz|Raisins 1 pack	**9** Chicken Biscuit Fruit Juice 4 oz. Applesauce ½ cup	**10** Mini Pancakes or French Toast Fresh Fruit 1 each Mandarin Oranges ½ cup	**11** Egg & Cheese Biscuit Fresh Fruit 1 each Peaches ½ cup
Chicken Nuggets (6) with 1 oz. Roll Cajun Green Beans ½ cup Mashed Potatoes ¾ cup Veggie Dippers ½ cup Peaches ½ cup Fresh Fruit 1 each	Chicken Tacos (3) Sour Cream & Salsa Pinto Beans ½ cup Corn ½ cup Romaine Salad 1 cup Fruit Juice 4 oz. Fresh Fruit 1 each	Cheeseburger Baked Beans ½ cup Seasoned Fries ¾ cup Carrot Sticks ½ cup Lettuce & Tomato 1 cup Diced Pears ½ cup Fresh Fruit 1 each	Chicken Drumstick with 2 oz. Roll Zesty Greens ½ cup Sweet Potatoes ¾ cup Garden Salad 1 cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	Beef Hot Dog with Onion Rings Baked Beans ½ cup Coleslaw ½ cup Carrot Sticks ½ cup Applesauce ½ cup Fresh Fruit 1 each
14	**15**	**16**	**17**	**18** **Early Release**
		No Salad Bar		
Steak Biscuit Fruit Juice 4 oz. Mixed Fruit ½ cup	Mini Pancakes or French Toast Fruit Juice 4 oz. Raisins 1 pack	Chicken Biscuit Fruit Juice 4 oz. Applesauce ½ cup	Beef Sausage & Cheese Bagel Fresh Fruit 1 each Mandarin Oranges ½ cup	Biscuit & Sausage Links Fresh Fruit 1 each Diced Pears ½ cup
Nashville Hot Chicken Sandwich Pinto Beans ½ cup Seasoned Fries ¾ cup Carrot Sticks ½ cup Lettuce & Tomato 1 cup Fruit Juice Gels 1 each Fresh Fruit 1 each	Beefy Nachos + Tostitos Sour Cream & Salsa Black Beans ½ cup Potato Skins (2) Shredded Lettuce 1 cup Pineapple ½ cup Fresh Fruit 1 each	**Wing Wednesday** Chicken Wings (4) & 2 oz. Roll Green Beans ½ cup Sweet Potato Wedges ¾ cup Celery Sticks ½ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	Chicken Alfredo Rotini with Garlic Toast Parmesan Broccoli ½ cup Cherry Tomatoes ½ cup Caesar Side Salad 1 cup Fruit Juice 4 oz. Fresh Fruit 1 each	**One Entrée Choice** Turkey & Cheese Sandwich *with Chips* Veggie Juice 4 oz. *Salsa Dunk Cup* Pineapple ½ cup Craisins 1 pack

• Grab & Go Breakfast Items | Daily Assortment •

Poptart & Yogurt | Mini Cinnis | Cereal Bar & Cheese Crackers | Muffin & Yogurt | Mini Bagels | Breakfast Bun | Honey Uncrustable | Assorted 2 oz. Cereal Cups

Students who select a grab & go breakfast entrée may also select both fruit or juice options listed on the menu.

• Cold Sandwiches and Pizza | Weekly Lunch Rotation •

Monday	Tuesday	Wednesday	Thursday	Friday
*PB&J Sandwich Box Cheesy French Bread *with Marinara*	Turkey & Cheese Sandwich Box Cheese or Quesadilla Pizza	*PB&J Sandwich Box Mozzarella Breadsticks (3) *with Marinara*	Turkey & Cheese Sandwich Box Pepperoni Pizza	*PB&J Sandwich Box Pepperoni Hot Pockets *with Marinara*

Students who select a cold sandwich or pizza entrée may also select all vegetables and fruits offered on the main line. The Salad Bar is not included.

• Winter Salad Bar | Weekly Lunch Rotation with Assorted Veggies & Fruit •

Sandwich, Soup, & Salad	Baked Potato & Salad	Chili & Salad	Baked Potato & Salad	Chicken or Vegetarian Salad
(V) Grilled Cheese *Served with Tomato Bisque*	Potato & Chili Con Queso Potato & (V) Cheese Sauce *w/ Chips, Sour Cream, Salsa*	Beef Chili (V) Pinto Beans *w/ Chips, Sour Cream, Salsa*	Potato & Chili Con Queso Potato & (V) Cheese Sauce *w/ Chips, Sour Cream, Salsa*	Grilled Chicken (V) Cheese & Sunflower Seeds *w/Flatbread*

Salad Bar Entrees include a salad & an assortment of vegetables and fruit (may pick 2). The Salad Bar does not include the hot entrée or sides on the main line.

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HARVEST OF THE MONTH



The following major food allergens may be used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify a staff member if you require additional information about specific ingredients.

If your child has a peanut allergy on PB& J days, soy butter sandwiches are available upon request. Please let your child's teacher know to request the soy butter sandwich, if desired (peanut free, but contains milk, wheat, and soy).

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CITRUS

Citrus fruits are a member of the Rutaceae family of plants.

Citrus fruits grow on flowering shrubs or trees. It takes around 4 years after it is planted before a tree will start producing significant amounts of citrus.

The benefits of citrus are found in more than just the juice. Have you ever tried to see how many pieces of fruit that it takes to squeeze into a glass of juice? Try it and determine if you would you ever eat that many pieces of fruit in one sitting!



Citrus plants are in season in Georgia from around November through December.

Georgia is now growing many varieties of citrus and the industry is expected to only continue to expand, allowing for more Georgia Grown citrus availability in the coming years.

The southern portion of the state produces most of Georgia's citrus.

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Georgia Department of Education School Nutrition