Gainesville Middle School Menu

December 2026

Assorted fat-free or low-fat milk is offered at breakfast & lunch.
The menu is limited and subject to change due to market conditions, school events, and closures.

Students eat at no cost
Adult breakfast: $4.00
Adult lunch: $6.00
Extra milk is $0.50

Monday	Tuesday	Wednesday	Thursday	Friday
30 Poptart & Cheese Tater Tots 8 each Diced Pears ½ cup	**1** Dutch Waffle Fruit Juice 4 oz. Spiced Apples ½ cup	**2** Biscuit & Sausage Links Fresh Fruit 1 each Craisins 1 pack	**3** Steak Biscuit Fresh Fruit 1 each Raisins 1 pack	**4** Mini Bagels Fruit Juice 4 oz. Fresh Fruit 1 each
Chicken Nuggets (5) with Corn Muffin PBJ Sandwich & Cheese Stick Green Beans ½ cup Mashed Potatoes ½ cup Peaches ½ cup	Cheeseburger Veggie Burger Baked Beans ½ cup Sweet Potato Fries 1 cup Applesauce ½ cup	Beefy Nachos with Doritos PBJ Sandwich & Doritos Refried Bean Dip ½ cup Shredded Lettuce 1 cup Tomatoes ½ cup & Salsa Cup Fruit Juice Slushy 4 oz.	Chicken Alfredo & Garlic Toast Turkey & Cheese Sandwich Corn ½ cup Parmesan Broccoli ½ cup Pineapple ½ cup	Pepperoni Hot Pockets & Marinara Breaded Chicken Salad|Crackers Celery Sticks ½ cup Carrot Sticks ½ cup Fresh Fruit 1 each Managers Choice Dessert
7 Cinni Minis Fruit Juice 4 oz. Fresh Fruit 1 each	**8** Mini Pancakes or Waffles Fresh Fruit 1 each Peaches ½ cup	**9** Donut Holes Fruit Juice 4 oz. Applesauce ½ cup	**10** Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each	**11** Breakfast Bun Fruit Juice 4 oz. Mixed Fruit ½ cup
Nashville Hot Chicken Sandwich Grilled Cheese Green Beans ½ cup Romaine Salad 1 cup Potato Skins with Cheese 2 ea Fresh Strawberries ½ cup	Mozzarella Breadsticks PBJ Sandwich & Cheese Stick Marinara Dunk Cup Corn ½ cup Cheesy Broccoli ½ cup Diced Pears ½ cup	Teriyaki Boneless Wings + Rice Munchable Fortune Cookie Carrot Sticks ½ cup Steamed Cabbage ½ cup Fruit Juice Slushy 4 oz.	Quesadilla Pizza PBJ Sandwich & Crackers Fiesta Corn ½ cup Pinto Beans ½ cup Tomatoes ½ cup & Salsa Cup Raisins 1 pack	Corndog Taco Soup & Fritos Baked Beans ½ cup Curly Fries ½ cup Veggie Dippers ½ cup Fresh Fruit 1 each & Yogurt
14 Beef Sausage & Cheese Bagel Fruit Juice 4 oz. Fresh Fruit 1 each	**15** French Toast Sticks (3) Fresh Fruit 1 each Peaches ½ cup	**16** Sausage Pancake Slider Fruit Juice 4 oz. Applesauce ½ cup	**17** Steak Biscuit Fresh Fruit 1 each Raisins 1 pack	**18** **Early Release** Poptart & Cheese Tater Tots 8 each Diced Pears ½ cup
Cheeseburger Veggie Burger Baked Beans ½ cup Tater Tots 8 each Garden Salad 1 cup Applesauce ½ cup	Crunchy Beef Tacos PBJ Sandwich & Cheese Stick Esquites "Street Corn" ½ cup Black Beans ½ cup Shredded Lettuce 1 cup Fruit Juice Slushy 4 oz.	Spaghetti & Garlic Toast Grilled Cheese Sweet Potatoes ½ cup Caesar Side Salad 1 cup Carrot Sticks ½ cup Mandarin Oranges ½ cup	Chicken Nuggets (5) with Whole Grain Chips PBJ Sandwich & Chips Zesty Greens ½ cup Mashed Potatoes ½ cup Peaches ½ cup	**One entrée choice:** Turkey & Cheese Sandwich Chips Salsa Dunk Cup Veggie Juice 4 oz. Raisins 1 pack

• Daily Assortment of Cereal Offered at Breakfast •

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FARM TO SCHOOL

HARVEST OF THE MONTH



The following major food allergens may be used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify a staff member if you require additional information about specific ingredients.

If your child has a peanut allergy on PB& J days, soy butter sandwiches are available upon request. Please let your child's teacher know to request the soy butter sandwich, if desired (peanut free, but contains milk, wheat, and soy).

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CITRUS

Citrus fruits are a member of the Rutaceae family of plants.

Citrus fruits grow on flowering shrubs or trees. It takes around 4 years after it is planted before a tree will start producing significant amounts of citrus.

The benefits of citrus are found in more than just the juice. Have you ever tried to see how many pieces of fruit that it takes to squeeze into a glass of juice? Try it and determine if you would you ever eat that many pieces of fruit in one sitting!



Citrus plants are in season in Georgia from around November through December.

Georgia is now growing many varieties of citrus and the industry is expected to only continue to expand, allowing for more Georgia Grown citrus availability in the coming years.

The southern portion of the state produces most of Georgia's citrus.

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Georgia Department of Education School Nutrition