Issaquah School District Secondary Lunch Menu

DECEMBER 2026

Health-e Pro

MON	TUE	WED	THU	FRI
	1 Tacos w/ Tortilla Chips Plant Based Meat Tacos w/ Tortilla Chips* Black Beans & Oranges Churro	2 Pasta w/ Meat Sauce & Breadstick /Roll Pasta w/ Plant-Based Meat Sauce & Breadstick / Roll* Baby Carrots & Apple	3 Teriyaki Chicken w/ Brown Rice Celery & Craisins Pink Frosted Cookie	4 Chicken Tenders w/ Mashed Potatoes & Gravy Corn & Mandarin Oranges
7 Mac & Cheese w/ Whole Grain Roll Peas & Craisins	8 Global Flavors Lorna's Indian Dal w/ Brown Rice & Whole Grain Flatbread Pinto Beans & Diced Peaches M&M Cookie	9 Lasagna w/ Whole Grain Breadstick / Roll Plant-Based Meat Lasagna w/ Whole Grain Breadstick / Roll* Baby Carrots & Apple	10 Chicken Parmesan Sandwich Celery & Apple Snickerdoodle	11 Fish N Chips Broccoli & Grapes
14 Western Chicken Burger Corn & Fruit Cocktail	15 Nachos Plant Based Meat Nachos* Refried Beans & Applesauce Cup Chocolate Brownie Cookie	16 Chicken Parmesan w/ Pasta Rebellyous Plant-Based Chicken Parmesan w/ Pasta Baby Carrots & Peach Cup	17 Orange Chicken w/ Brown Rice Celery & Craisins Banana Cake	18 Chicken Meatball Sub Broccoli & Mixed Berry Cup
21 **No School**	22 **No School**	23 **No School**	24 **No School**	25 **No School**
28 **No School**	29 **No School**	30 **No School**	31 **No School**	

ANNOUNCEMENTS

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = $4.75
Milk = $0.75
Adults = $6.00

A la carte items are available.
Prices vary by item.

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