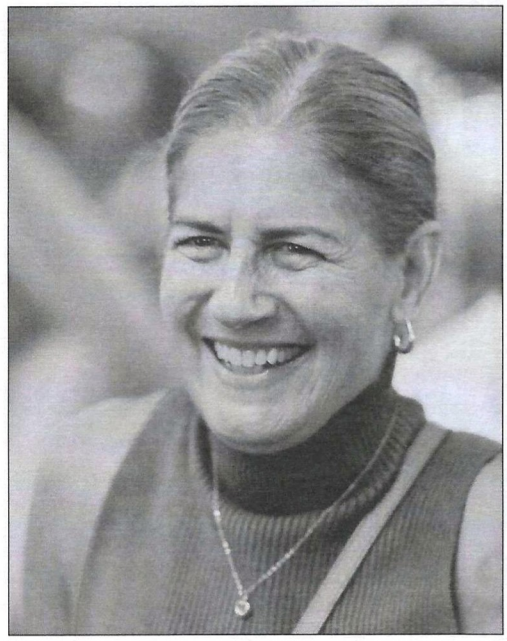
Lori (Quattrini) Sullivan

Class of 1984 - Field Hockey, Gymnastics & Tennis

Lori (Quattrini) Sullivan was a dedicated student-athlete at Westford Academy whose accomplishments on the field and court, as in the gym, and throughout her life, exemplify the commitment, determination, and love of teamwork celebrated by the Westford Academy Athletic Hall of Fame. Lori is being honored as a Yesteryear student athlete, recognizing a remarkable athletic career that began at Westford Academy and continued for more than four decades.

A three-sport athlete in field hockey, gymnastics and tennis, Lori was named captain of her field hockey and gymnastics teams during her senior year, 1983–1984. Her field hockey career was highlighted by a Central Mass quarterfinal appearance in 1981, a Wachusett League Championship in 1982, and an outstanding 1983 season that saw Westford capture the Central Mass Division 1 Championship and advance to the State semifinals. Lori earned *Lowell Sun* Second Team All-Star honors and was named *Lowell Sun* Star of the Week twice.

Lori also competed in tennis, helping her team reach the 1982 District Finals and win the 1983 Wachusett League Championship. Her accomplishments earned her Lowell Sun All-Star honorable mention recognition in 1983.



Following Westford Academy, Lori continued her field hockey career during her freshman year at Southeastern Massachusetts University, now UMass Dartmouth. Although personal reasons led her to leave the team, athletics remained an important part of her life.

As a mother, Lori was determined to share her love of sports with her two daughters. She learned to play soccer as an adult so she could coach her girls in town soccer and also coached them in basketball. For Lori, coaching was about more than teaching skills—it was about helping her children discover the joy of competition, teamwork, and being part of something bigger than themselves.

Learning soccer opened new doors, eventually leading Lori to play for one of the best Eastern Massachusetts women's soccer teams. She spent several years playing alongside some of the most talented and inspiring women she had ever met, until a serious concussion ended her soccer career.

Never one to stay on the sidelines, Lori turned to CrossFit. She now competes in the CrossFit Open, a worldwide competition organized by age group. In her 60–64 age division, she advanced to the Quarterfinals and ultimately finished as the 46th fittest woman in the world in her age group—a personal milestone she considers her "last hurrah," achieved by giving everything she had.

From Westford Academy to the present day, Lori Sullivan has remained an athlete, coach, teammate, and role model. Her lifelong commitment to fitness, health, perseverance, and teamwork is a legacy she proudly continues to share with her daughters and everyone fortunate enough to compete alongside her.

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