Course Title: Fashion, Fabrics, and Construction

Board Approved: October 2026

Curriculum Map

Weeks	Unit/Topics Covered
5 Weeks	• The Why of Clothes
4 Weeks	• Understanding The Fashion Industry
3 Weeks	• The Language of Garment Construction
6 Weeks	• Three-Dimensional Creation: Hands-On Fashion Construction

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Unit: The Why of Clothes	Time: 5 Weeks

Academic Standards:

11.2.9-12.B - Examine strategies for managing individual and family resources such as food, clothing, shelter, health care, recreation, transportation, time, and human capital.

11.2.9-12.D - Compare and contrast the selection of goods and services by applying safe and effective consumer strategies.

11.2.9-12.E - Demonstrate skills needed to produce, alter, repair, and care for textiles and fashion apparel.

11.2.9-12.F - Analyze procedures for the selection of textiles, chemicals, and equipment associated with laundry.

Essential Content/Objective: At the end of the unit, students will be able to:

- Understand why we wear clothes
- Comprehend the psychological, sociological, and practical purposes of dress
- Understand that different textiles have different purposes and functions
- Learn and apply a Basic running stitch
- Apply the use of sewing skills to attach a two or four-hole button
- Understand how to shop for fabric and other important project materials to be used in the course

Core Student Activities: Students will complete/participate in the following:

- Create a headband/hat/article of clothing to protect from cold weather
- Complete the Chapter One Packet- The Why of Clothes
- Textiles Slides- Learn about different textiles and their purpose
- Practice Basic Sewing Skills- Running Stitch
- Sew on a two or four-hole button using a toothpick to create proper spacing
- Students will participate in a fabric shopping presentation and understand how to shop for fabric and yarn.

Assessment:

- Stitch Practice- Running stitch and securing a knot
- Sewing Project Rubric
- Wall-to-wall crochet chain
- Chapter One Packet: The Why of Clothes-check in for understanding of the different reasons for wearing clothes, i.e., protection from elements, adornment, etc.

Materials and Resources:
Fashion! Sixth Edition Textbook Mary G. Wolfe
Publisher: The Goodheart-Wilcox Company, Inc.

YouTube
Yarn/Crochet Hooks
Fleece/Fabric
Thread
Fabric Scissors

Instructional Methods:

- Direct Instruction- Why we wear clothes.
- Modeling and Demonstration of a Crochet Chain.
- Modeling and Demonstration of a Single Crochet Chain.
- Modeling and Demonstration of running stitch.
- Guided Practice- Sewing and Crocheting.
- Independent Practice- Sewing and Crocheting.

Extensions:

- Videos of sewing and crocheting skills.
    - Chain Stitch
    - Single Crochet
    - Running Stitch
- Guide students to additional stitches beyond those used for the headband assignment.

Remediation:

- One-on-one sewing/crocheting support
- Reteaching of stitches and crochet patterns
- Use slow-motion videos to watch sewing skills up close and for repetition.
- Use diagrams on the board of stitches and patterns.

Unit: Understanding The Fashion Industry	Time: 4 Weeks

Academic Standards:

11.2.9-12.E - Demonstrate skills needed to produce, alter, repair, and care for textiles and fashion apparel.
11.2.9-12.F - Analyze procedures for the selection of textiles, chemicals, and equipment associated with laundry.
11.2.9-12.G - Analyze the opportunities for employment, entrepreneurial endeavors, and emerging careers within resource management, including human, environmental, and consumer products, in the field of Family and Consumer Sciences.

Essential Content/Objective: At the end of the unit, students will be able to:

- Understand the lifecycle of a trend (Introduction, Rise, Peak, Decline, Obsolescence). Classic pieces vs. micro-fads. The impact of fast fashion.
- Research and apply one Fashion Fad from any era.
- Understand Influential Fashion Brands
- Expand on sewing techniques through the creation of a pin cushion.

Core Student Activities: Students will complete/participate in the following:

- Identify a major fashion house (e.g., Chanel, Dior, Louis Vuitton) and present its history and cultural impact.
- Apply a Fast Fashion Audit of their own clothing and the impacts of Fast Fashion on our world.
- Research and describe more about one fashion fad of their choosing from any era or time.
- Apply expanded sewing skills to a Pin Cushion Construction Project- to be used for the rest of the course and outside of the course.

Assessment:

- Sewing Practice- Back stitch, Blanket Stitch, continue improving on Running stitch
- Sewing Project Rubric
- Brand Research Project Rubric and Presentation
- Fashion Audit Assignment

Materials and Resources:

- Fashion! Sixth Edition Textbook Mary G. Wolfe
  Publisher: The Goodheart-Wilcox Company, Inc.
- Edpuzzle Instructional Videos
- Chromebooks
- Search Engines
- Thread

Extensions:

- Fast Fashion Edpuzzles
- Stitches Practice YouTube Videos
  - Hand Sewing Basic Stitches

• Felt Sheets • Needles • Pins • Fabric Scissors **Instructional Methods:** • Direct Instruction- Fast Fashion and the impacts on our world. • Direct Instruction- How to construct a Donut Pin Cushion. • Modeling and Demonstration of running, blanket, and back stitches. • Guided Practice- Sewing, expanding on stitches • Independent Practice- Sewing and pin cushion construction.	**Remediation:** • One-on-one sewing/crocheting support. • Reteaching of stitches. • Use slow-motion videos to watch sewing skills up close and for repetition. • Use diagrams on the board of stitches and patterns.

Unit: The Language of Garment Construction	Time: 3 Weeks

Academic Standards:
11.2.9-12.E - Demonstrate skills needed to produce, alter, repair, and care for textiles and fashion apparel.

Essential Content/Objective: At the end of the unit, students will be able to:

- Define garment classifications:
  - **Draped garments:** Clothes created by hanging fabric (e.g., togas, saris, infinity dresses).
  - **Tailored garments:** Structure created by cutting and sewing pieces to fit body contours (e.g., blazers, trousers).
  - **Composite garments:** A combination of both draped and tailored elements.
- Understand and apply the concepts of fashion drawing
- Define grainlines, ease (wear ease vs. design ease), and dart placement. Understanding how 2D fabric conforms to a 3D body.

Core Student Activities: Students will complete/participate in the following:

- Fabric manipulation exercises using uncut muslin on miniature dress forms or mannequins.
- Chapter 2 Packet: Knowing about fashion. Students draw examples of Draped, Tailored, and Composite clothing pieces.
- "Fit Doctor"—Analyzing photos of poorly fitted clothing to diagnose the issue (e.g., pulling, gaping, sagging).
- Students begin the initial stages of designing their Barbie outfits. Watching fashion drawing videos, then applying this to five practice drawings. Students meet with the teacher to decide which sketch will be the most successful in actual production.

Assessment:

- Fashion Drawing Rubric
- Hem Practice Progress Activity
- Chapter Two: Fashion Drawing Activity
- Fashion Practice Sketches

Materials and Resources:

- Fashion! Sixth Edition Textbook Mary G. Wolfe
  Publisher: The Goodheart-Wilcox Company, Inc.

Extensions:

- Hem Practice- YouTube Video.
  - Hem Practice

• Edpuzzle Instructional Videos
• Chromebooks
• Search Engines
• Thread
• Needles
• Pins
• Fabric Scissors
• Fabric
 	
Instructional Methods:
• Modeling and Demonstration of Fashion Drawing
• Direct Instruction- How to hem by hand.
• Guided Practice- Selecting a sketch to move forward with to see through actual fabric construction.
• Independent Practice- Fashion Drawing activities
• Independent Practice- How to hem by hand.
	• Fashion Drawing YouTube Videos.
	  ○ Fashion Drawing Tutorial
	  ○ Fashion Drawing
	
	Remediation:
	• One-on-one sewing support
	• YouTube videos to watch when the teacher is not available- can see the stitches more up close.
	• Use slow-motion videos to watch sewing skills up close and for repetition.
	• Use diagrams on the board of stitches and patterns.

Unit: Three-Dimensional Creation: Hands-On Fashion Construction	Time: 6 Weeks

Academic Standards:
11.2.9-12.E - Demonstrate skills needed to produce, alter, repair, and care for textiles and fashion apparel.

Essential Content/Objective: At the end of the unit, students will be able to:

- Students use their hand-sewing skills to construct a complete, original outfit for a Barbie/Ken doll.
- Apply skills to a final Barbie fashion outfit drawing in color.
- Identify fashion terms and use them correctly in a fashion writing paragraph, analyzing their own fashion creations with terminology learned throughout the course.
- Apply their knowledge of fashion branding to create a logo for their own fashion brand.

Core Student Activities: Students will complete/participate in the following:

- Fashion Design and Barbie History Worksheet
- Fashion Barbie Outfit Project- Final Barbie Outfit drawing, Construction of Barbie outfit, Fashion writing paragraph, Fashion photography of final project, and fashion brand logo creation.
- Cell Phone Bean Bag Holder or Tote Bag Sewing Projects

Assessment:

- Fashion Design and Barbie History Worksheet
- Fashion Barbie Outfit Project Rubric
- Sewing Project Rubric

Materials and Resources:

- Fashion! Sixth Edition Textbook Mary G. Wolfe
  Publisher: The Goodheart-Wilcox Company, Inc.
- Edpuzzle Instructional Videos
- Chromebooks
- Search Engines
- Thread
- Needles
- Pins
- Fabric Scissors
- Fabric

Extensions:

- Barbie Pattern Website- with patterns, videos, and tutorials.
  - Barbie Outfit Patterns
- Tote Bag Sewing Project

Remediation:

- One-on-one sewing support
- YouTube videos to watch when the teacher is not available- can see the stitches more up close.

• Barbie Outfit Patterns **Instructional Methods:** • Modeling and Demonstration of the use of a fashion pattern. • Guided Practice- Sewing, expanding on stitches and hems. • Guided Practice- Finding a pattern to use that fits the student's fashion drawing. • Independent Practice- Creation of a Barbie Outfit by hand, including the use of hems.	○ Hem Practice ○ Hand Sewing Basic Stitches • Use diagrams on the board of stitches and patterns.