MS HS Lunch 6-12

Week 1	MONDAY Nov 16th	TUESDAY Nov 17th	WEDNESDAY Nov 18th	THURSDAY Nov 19th	FRIDAY Nov 20th
CREATE	**Chicken LoMein Bowl** #7103 Diced Chicken, Cabbage, Carrots, Noodles, Teriyaki Sauce Recipe(41653.52)	**Tempura Chicken Nuggets** #4339 Dinner Roll BBQ Sauce PC	**Loaded Nachos** Turkey Taco Cheese Sauce, Chips, Salsa	**Brunch For Lunch** Pancakes #4271 Turkey Sausage #4251 Breakfast Syrup #1204	**Cheese Tortellini** Marinara Sauce **R (124235)** Dinner Roll
PIZZA	**Cheese Pizza** #7141 **Turkey Pepperoni Pizza** #7150 **Nashville Hot Chicken Pizza** #4290	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Cheeseburger Pizza** #9065/7141 **R (34238.1602)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **BBQ Chicken Pizza** #4286/1044 **R (163858.5)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Hawaiian Turkey Ham Pizza** **R (37878.101)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Roasted Vegetable Pizza** #7141 **R (34238.1494)**
GRILL	**Hamburger** #4926 **Cheeseburger** #7125/9058 **Chicken Sandwich** #7180 **Spicy Chicken Sandwich** #4249 ***Halal Turkey Bacon (BLT)***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Cheese Pizza***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Vegan Nuggets #3547***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Cheese Quesadilla***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Halal Hamburger #2503***
ON THE GO	**Turkey Ham Wrap** **Blueberry Parfait** #9044/9088/1266 **Garden Tuna Salad** Croutons #1069	**Tuna Salad Sandwich** #9019 **Orange Crush Parfait** #1013/9088/1266 **Turkey Cobb Salad** #7108/9054 Croutons #1069	**Sun butter** #4203 **& Jelly Sandwich** **Blueberry Parfait** #9044/9088/1266 **Vegan Mediterranean Salad** Croutons #1069	**Turkey Ham Hoagie** **Orange Crush Parfait** #1013/9088/1266 **Popcorn Chicken Salad** #4290 Croutons #1069	**Turkey & Cheese Sandwich** #7105/9058 **Blueberry Parfait** #9044/9088/1266
EXTRA EXTRA	Seasoned Broccoli Sliced Cucumbers Applesauce Cup Fresh Banana	Seasoned Green Beans #1016 Tomato Wedges Applesauce Cup Fresh Pear	Seasoned Corn #3551 Garbanzo Beans #1027 Chilled Mixed Fruit #1004 Fresh Apple	Sweet Potato Fries #3404 Broccoli Florets #3512 Chilled Peaches #1005 Fresh Orange	Romaine Spinach Salad Baby Carrots Chilled Pears Fresh Apple
MILK	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate
Week 2	**MONDAY Nov 23rd**	**TUESDAY Nov 24th**	**WEDNESDAY Nov 25th**	**THURSDAY Nov 26th**	**FRIDAY Nov 27th**
CREATE	**Buffalo Chicken Mac & Cheese** #7161 JTM Mac & Cheese, USDA Diced Chicken, Buffalo Sauce Dinner Roll	**Turkey Steak w Gravy** Seasoned Rice **R (50141.23)**	**BBQ Chicken 8pc** **w/Mac & Cheese** Dinner Roll		
PIZZA	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Turkey Bacon Pizza** **R (37838.95)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Buffalo Chicken Pizza** **R (34238.1564)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **BBQ Chicken Pizza** #4286/1044 **R (163858.5)**		
GRILL	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Halal Turkey Bacon (BLT)***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Cheese Pizza***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Vegan Nuggets #3547***		
ON THE GO	**Turkey & Cheese Sandwich** **Peach Parfait** #1005/9088/1266 **Garden Salad w/ Cheddar** #9055 Croutons #1069	**Sun butter** #4203 **& Jelly Sandwich** **Pineapple Parfait** #1002/9088/1266 **Fajita Chicken Salad** Croutons #1069	**Turkey Club w/Halal Bacon** **Peach Parfait** #1005/9088/1266 **Garden Bean & Pasta Salad** #1020/3555/4247		
EXTRA EXTRA	Roasted Broccoli #3512 Baby Carrots Chilled Pears #1003 Fresh Banana	Seasoned Green Beans #1016 Tomato Wedges Applesauce Cup #4254 Fresh Pear	Vegetarian Beans #1028 Sliced Cucumbers Chilled Mixed Fruit #1004 Fresh Apple		

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MILK	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate		

MS HS Lunch 6-12

Week 3	MONDAY Nov 30th	TUESDAY Dec 1st	WEDNESDAY Dec 2nd	THURSDAY Dec 3rd	FRIDAY Dec 4th
CREATE	**Arroz Con Pollo** USDA Chicken, Rice, Diced Tomatoes, Spices, Peas, Carrots, Stock Recipe (80959.13)	**Hot Dog Station** All-Beef Hot Dogs With Toppings 1. Slaw, 2. Pepper & Onions, 3. Sauerkraut, 4. BBQ Sauce	**Breaded Chicken Drumstick** #4219 Dinner Roll	**Toasty Grilled Cheese Sandwich** Cheese, WG Bread	**Chicken Teriyaki** Diced Chicken + Teriyaki Sauce Asian Brown Rice
PIZZA	**Cheese Pizza** #7141 **Turkey Pepperoni Pizza** #7150 **Nashville Hot Chicken Pizza** #4290	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Cheeseburger Pizza** #9065/7141 **R (34238.1602)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **BBQ Chicken Pizza** #4286/1044 **R (163858.5)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Hawaiian Turkey Ham Pizza** **R (37878.101)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Roasted Vegetable Pizza** #7141 **R (34238.1494)**
GRILL	**Hamburger** #4926 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Halal Turkey Bacon (BLT)***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Cheese Pizza***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Vegan Nuggets #3547***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Cheese Quesadilla***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Halal Hamburger #2503***
ON THE GO	**Turkey Ham Wrap** **Blueberry Parfait** #9044/9088/1266 **Garden Tuna Salad** Croutons #1069	**Tuna Salad Sandwich** #9019 **Orange Crush Parfait** #1013/9088/1266 **Turkey Cobb Salad** #7108/9054 Croutons #1069	**Sun butter** #4203 **& Jelly Sandwich** **Blueberry Parfait** #9044/9088/1266 **Vegan Mediterranean Salad** Croutons #1069	**Turkey Ham Hoagie** **Orange Crush Parfait** #1013/9088/1266 **Popcorn Chicken Salad** #4290 Croutons #1069	**Turkey & Cheese Sandwich** #7105/9058 **Blueberry Parfait** #9044/9088/1266
EXTRA EXTRA	Sweet Potato Fries #3404 Sliced Cucumbers Chilled Pears Fresh Banana	Vegetarian Beans #1028 Broccoli Florets #3512 Applesauce Cup Fresh Pear	Seasoned Peas Red & Green Bell Pepper Strips Mixed Fruit Cocktail Fresh Apple	Roasted Carrots Broccoli Florets #3512 Applesauce Cup Fresh Orange	Sesame Green Beans #1016 Sliced Cucumbers Chilled Peaches #1005 Fresh Apple
MILK	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate
Week 4	MONDAY Dec 7th	TUESDAY Dec 8th	WEDNESDAY Dec 9th	THURSDAY Dec 10th	FRIDAY Dec 11th
CREATE	**Chicken Parmesan w/ Penne** Chicken Filet, Sauce, Mozzarella WG Penne Parmesan **R (34921.724)**	**Turkey Nachos** Turkey Taco, Queso Blanco, Chips Recipe (47303.53)	**Chicken Fried Rice Bowl** Chicken Strips, Rice, Peas, Carrots Eggs, Spices, Soy Sauce **R (76381.7)** Dinner Roll	**BBQ Beef Meatball** JTM Beef Meatballs + BBQ Sauce Brown Rice	**Bone-In Chicken Wings** Tyson Fully Cooked Buffalo, Jerk, Teriyaki Sauces Biscuit #4202
PIZZA	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Turkey Bacon Pizza** **R (37838.95)**	**Cheese Pizza** #7141 **Turkey Pepperoni Pizza** #7150 **Buffalo Chicken Pizza** #4286/1067/1037	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **BBQ Chicken Pizza** #4286/1044 **R (163858.5)**	**Cheese Pizza** #7141 **Turkey Pepperoni Pizza** #7150 **Meatball Pizza**	**Cheese Pizza** #7141 **Turkey Pepperoni Pizza** #7150 **Roasted Vegetable Pizza** #7141
GRILL	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Halal Turkey Bacon (BLT)***	**Hamburger** #4926 **Cheeseburger** #7125/9058 **Chicken Sandwich** #7180 **Spicy Chicken Sandwich** #4249 ***Cheese Pizza***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Vegan Nuggets #3547***	**Hamburger** #4926 **Cheeseburger** #7125/9058 **Chicken Sandwich** #7180 **Spicy Chicken Sandwich** #4249 ***Cheese Quesadilla***	**Hamburger** #4926 **Cheeseburger** #7125/9058 **Chicken Sandwich** #7180 **Spicy Chicken Sandwich** #4249 ***Halal Hamburger***
ON THE GO	**Turkey & Cheese Sandwich** **Peach Parfait** #1005/9088/1266 **Garden Salad w/ Cheddar** #9055 Croutons #1069	**Sun butter** #4203 **& Jelly Sandwich** **Pineapple Parfait** #1002/9088/1266 **Fajita Chicken Salad** Croutons #1069	**Turkey Club w/Halal Bacon** **Peach Parfait** #1005/9088/1266 **Garden Bean & Pasta Salad** #1020/3555/4247	**Tuna Salad Sandwich** #9019 **Pineapple Parfait** #1002/9088/1266 **Turkey & Cheese Salad** Croutons #1069	**Turkey & Cheese Wrap** **Peach Parfait** #1005/9088/1266
EXTRA EXTRA	Seasoned Spinach Baby Carrots Chilled Pears	Mexican Black Beans Tomato Wedges Applesauce Cup	Sesame Soy Roasted Carrots Broccoli Florets #3512 Chilled Mixed Fruit #1004	Roasted Green Beans #3550 Tomato Wedges Chilled Peaches #1005	Romaine Salad Broccoli Florets #3512 Chilled Pears

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	Fresh Banana	Fresh Pear	Fresh Apple	Fresh Orange	Fresh Apple
MILK	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate

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Week 5	MONDAY Dec 14th	TUESDAY Dec 15th	WEDNESDAY Dec 16th	THURSDAY Dec 17th	FRIDAY Dec 18th
CREATE	**General Tso's Chicken** Crispy Chicken + General Tso Sauce Asian Rice **R (40849.5)**	**Quesadilla Bar** Choice of Cheese or Chicken/Cheese Salsa, Sour Cream	**BBQ Glazed Chicken Drumstick** Unbreaded Chicken Drum + BBQ #4219/1044 Brown Rice #1030	**Meatball Parm Sandwich** JTM Beef Meatballs, Sauce, Mozzarella, WG Hoagie **R (34737.151)**	**Loaded Hot Honey Beef Fries** JTM Hot Honey Sloppy Joe, JTM Queso, Fries **R (163427.11)** Dinner Roll
PIZZA	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Nashville Hot Chicken Pizza** #4290 **R (163858.1)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Cheeseburger Pizza** #9065/7141 **R (34238.1602)**	**Cheese Pizza** #7141 **Turkey Pepperoni Pizza** #7150 **BBQ Chicken Pizza** #4286/1044	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Hawaiian Turkey Ham Pizza** **R (37878.101)**	**Cheese Pizza** **Turkey Pepperoni Pizza** #7150 **Roasted Vegetable Pizza** #7141
GRILL	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Halal Turkey Bacon (BLT)***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Cheese Pizza***	**Hamburger** #4926 **Cheeseburger** #7125/9058 **Chicken Sandwich** #7180 **Spicy Chicken Sandwich** #4249 ***Vegan Nuggets***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Cheese Quesadilla***	**Hamburger** #7125 **Cheeseburger** #7125/9058 **Chicken Sandwich** #4291 **Spicy Chicken Sandwich** #4291/#1067 ***Halal Hamburger #2503***
ON THE GO	**Turkey Ham Wrap** **Blueberry Parfait** #9044/9088/1266 **Garden Tuna Salad** Croutons #1069	**Tuna Salad Sandwich** #9019 **Orange Crush Parfait** #1013/9088/1266 **Turkey Cobb Salad** #7108/9054 Croutons #1069	**Sun butter** #4203 **& Jelly Sandwich** **Blueberry Parfait** #9044/9088/1266 **Vegan Mediterranean Salad** Croutons #1069	**Turkey Ham Hoagie** **Orange Crush Parfait** #1013/9088/1266 **Popcorn Chicken Salad** #4290 Croutons #1069	**Turkey & Cheese Sandwich** #7105/9058 **Blueberry Parfait** #9044/9088/1266
EXTRA EXTRA	Steamed Broccoli Baby Carrots Chilled Pears Fresh Banana	Seasoned Black Beans Broccoli Florets #3512 Applesauce Cup Fresh Pear	Orange Glazed Carrots Baby Carrots Chilled Mixed Fruit #1004 Fresh Apple	Crinkle Cut Fries Tomato Wedges Chilled Peaches #1005 Fresh Orange	Steamed Corn Sliced Cucumbers Chilled Pears Fresh Apple
MILK	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate	1% White, Skim White, Skim Chocolate