LANCASTER COUNTRY DAY SCHOOL

Week 2

Metz CULINARY MANAGEMENT

	Monday 23-Nov	Tuesday 24-Nov	Wednesday 25-Nov	Thursday 26-Nov	Friday 27-Nov
Cycle 1	*National Pumplin Day*	*Tuesday*	*No School*	*No School*	*No School*
Main Plate	*Chicken Broccoli Alfredo* *Broccoli Alfredo* *Garlic Bread* *Ceasar Salad (Cold)* *Penne & Sauce*	*BBQ Pulled Pork Sandwiches* *Stuffed Acorn Squash* *Baked Beans* *Vegetable Blend* *Penne & Sauce*			
J. Clark's Grille	*Cheeseburgers, Corn Dogs, Chicken Patties, Hot Dogs & Veggie Burgers*	*Cheeseburgers, Corn Dogs, Chicken Patties, Hot Dogs & Veggie Burgers*			
green scene farm to table fare	*Broccoli Salad*	*Stuffed Grape Leaves*			
duJour	*Chefs Choice*	*Chef Choice*			



V *Vegetarian* Ve *Vegan* GF *Gluten Free* Live Well *Live Well*

Thoroughly cooking meats, seafood, shellfish and eggs reduces risk of food borne illness.
Live Well items allow guests to determine offerings limited in use of saturated fats, lower calories and lower sodium.