Winter Sports Parent Meeting

November 2, 2026



Welcome

*A member of the Wayne County Athletic League - Since 1970.

*A member of the OHSAA.

-One of the 818 public and non-public high schools.

-One of the 750 - 7th and 8th grade schools.

Introductions



Mr. Hostetler



Ms. Bicker

7-8 Site Managers



Mrs. Jodi Long

7-12 Athletic Director



Mr. Tim Keib

7-12 Principal

Introductions

Cheer - Coach Lawson
MS Cheer - Coach Pidgeon, Coach Hardesty

Girls Basketball - Coach Shenberger, Coach Cline, Coach Witmer, Coach Poling MS GBK - Coach Strine & Coach Hostetler

Boys Basketball - Coach Ferguson, Coach Pickering, Coach Rogers, Coach Brown MS BBK - Coach Baker & Coach Felumlee

Wrestling - Coach Mager, Coach Visintine, Coach Weisenstein
MS Wrestling - Coach Osicka & Coach Griffith

Chain of Command - 24 Hour Rule

University Hospitals - Athletic Trainer

Jamie Best - 10th Year



Hillsdale Athletic Boosters

Who Are They?

Presidents - Jason Grimwood
Vice President - Todd Wiltrout
Secretary - Jackie Krichbaum
Treasurer - Heidi Cutlip
Asst. Treasurer - Selena Grimwood

Meeting Dates

Usually the 4th Monday of the Month - 6:30pm

Concessions

Volunteering



Important Dates

Mandatory Practice Days

GBK - October 30

BBK - November 6

Wrestling - November 13

Picture Day

November 23 - Schedules Coming Soon!

Communication

Jodi Long, Athletic Director

Email - jlong@hillsdalelocalschools.org

Office Phone - (419) 368-8516

Coaches - Email, Final Forms, Band, etc.

Sign-In Sheet

Tickets

WCAL - $8 Adults, $4 Students

HomeTown Ticketing - Digital (or can print)
https://events.hometownticketing.com/boxoffice/hillsdale/L2VtYmVkL2FsbA%3D%3D

Good for Hillsdale Events Only

HomeTown Ticketing Fan APP



Tickets

Sports Passes -

Family - Different levels available

Adults - $115 for one / $190 for two

Students - $45 (grades K - 12)

Schedules

DragonFly - https://oh.dragonflyathletics.com/sites/OHSAA/DG5B2X/about

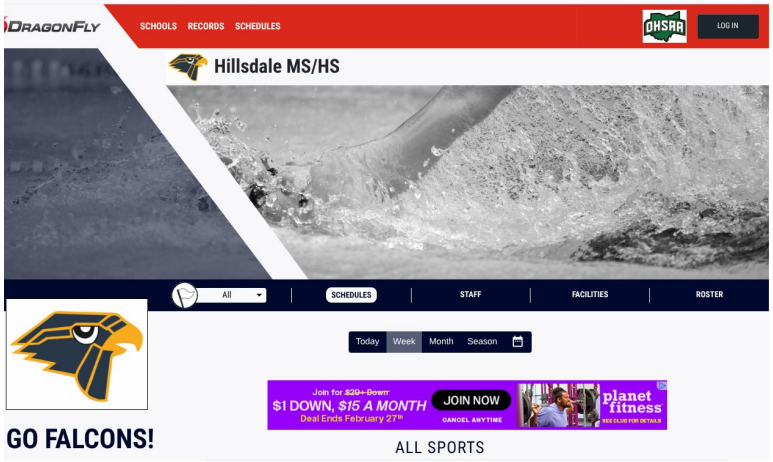
Hillsdale Website - https://athletics.hillsdale.k12.oh.us/

Schedules - https://athletics.hillsdale.k12.oh.us/schedules-rosters/schedules



Schedules

DragonFly - [Hillsdale MS/HS Schedule]

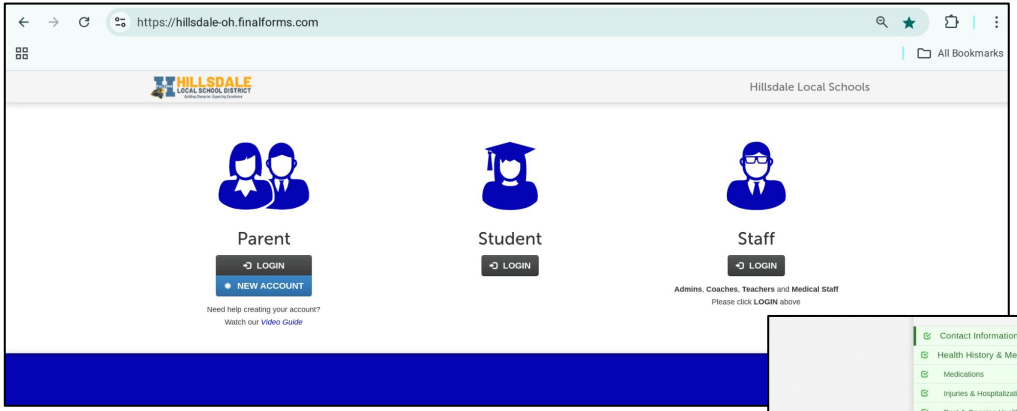


Hillsdale Website - [Hillsdale Athletics]

Schedules - [Schedules - Hillsdale Athletics]

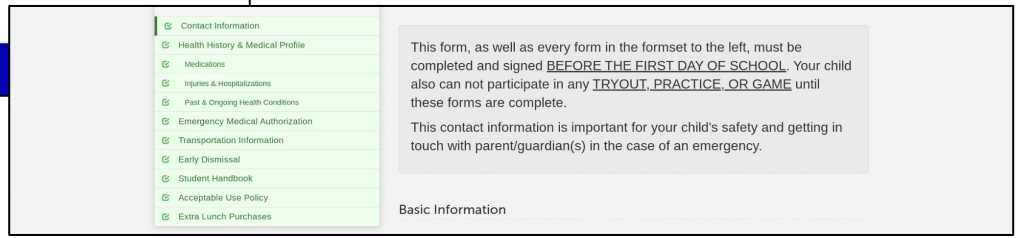
Final Forms

https://hillsdale-oh.finalforms.com/

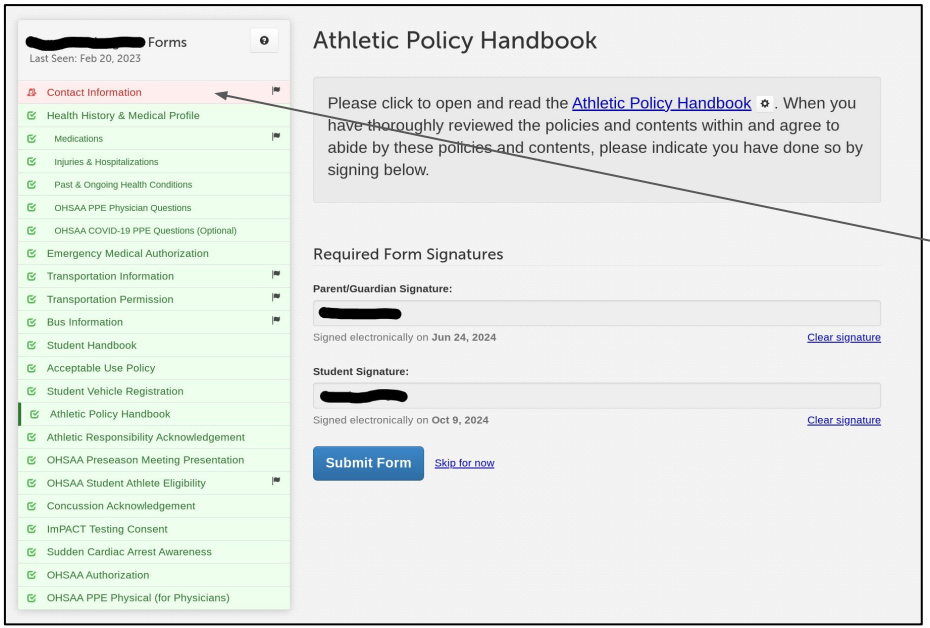


Sign-in screen

No sports selected



Final Forms



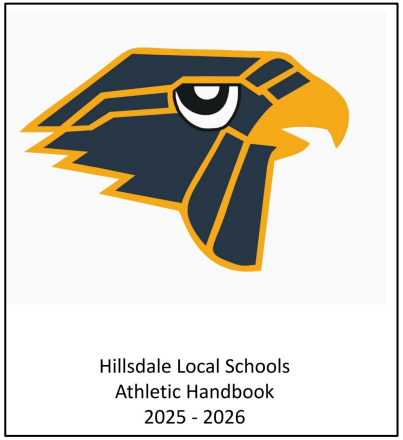
Sports forms selected

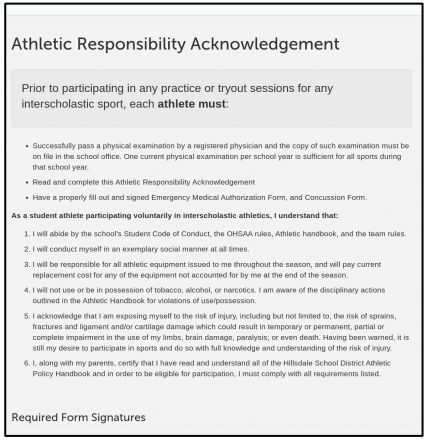
Red shows someone needs to sign

Final Forms

Sign all necessary forms - Hillsdale and OHSAA

1. Emergency Medical Authorization
2. Athletic Policy Handbook
3. Athletic Responsibility Acknowledgment
4. OHSAA Preseason Meeting Presentation
5. OHSAA Student-Athlete Eligibility


Hillsdale Local Schools
Athletic Handbook
2025 - 2026


Athletic Responsibility Acknowledgement

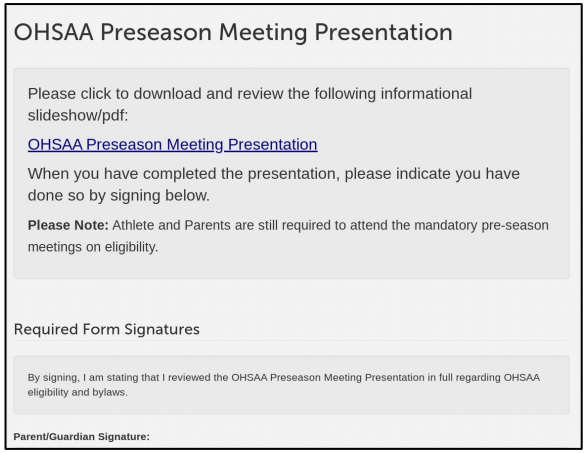
Prior to participating in any practice or tryout sessions for any interscholastic sport, each **athlete must**:

- Successfully pass a physical examination by a registered physician and the copy of such examination must be on file in the school office. One current physical examination per school year is sufficient for all sports during that school year.
- Read and complete this Athletic Responsibility Acknowledgement
- Have a properly fill out and signed Emergency Medical Authorization Form, and Concussion Form.

As a student athlete participating voluntarily in interscholastic athletics, I understand that:

1. I will abide by the school's Student Code of Conduct, the OHSAA rules, Athletic handbook, and the team rules.
2. I will conduct myself in an exemplary social manner at all times.
3. I will be responsible for all athletic equipment issued to me throughout the season, and will pay current replacement cost for any of the equipment not accounted for by me at the end of the season.
4. I will not use or be in possession of tobacco, alcohol, or narcotics. I am aware of the disciplinary actions outlined in the Athletic Handbook for violations of use/possession.
5. I acknowledge that I am exposing myself to the risk of injury, including but not limited to, the risk of sprains, fractures and ligament and/or cartilage damage which could result in temporary or permanent, partial or complete impairment in the use of my limbs, brain damage, paralysis; or even death. Having been warned, it is still my desire to participate in sports and do so with full knowledge and understanding of the risk of injury.
6. I, along with my parents, certify that I have read and understand all of the Hillsdale School District Athletic Policy Handbook and in order to be eligible for participation, I must comply with all requirements listed.

Required Form Signatures


OHSAA Preseason Meeting Presentation

Please click to download and review the following informational slideshow/pdf:

OHSAA Preseason Meeting Presentation

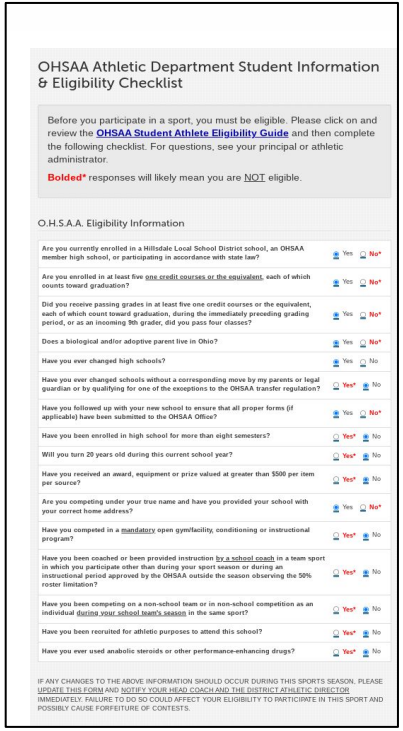
When you have completed the presentation, please indicate you have done so by signing below.

Please Note: Athlete and Parents are still required to attend the mandatory pre-season meetings on eligibility.

Required Form Signatures

By signing, I am stating that I reviewed the OHSAA Preseason Meeting Presentation in full regarding OHSAA eligibility and bylaws.

Parent/Guardian Signature:


OHSAA Athletic Department Student Information & Eligibility Checklist

Before you participate in a sport, you must be eligible. Please click on and review the **OHSAA Student Athlete Eligibility Guide** and then complete the following checklist. For questions, see your principal or athletic administrator.

Bolded* responses will likely mean you are NOT eligible.

O.H.S.A.A. Eligibility Information

Are you currently enrolled in a Hillsdale Local School District school, an OHSAA member high school, or participating in accordance with state law?	Yes / No*
Are you enrolled in at least five one credit courses or the equivalent, each of which counts toward graduation?	Yes / No*
Did you receive passing grades in at least five one credit courses or the equivalent, each of which count toward graduation, during the immediately preceding grading period, or as an incoming 9th grader, did you pass four classes?	Yes / No*
Does a biological and/or adoptive parent live in Ohio?	Yes / No*
Have you ever changed high schools?	Yes / No
Have you ever changed schools without a corresponding move by my parents or legal guardian or by qualifying for one of the exceptions to the OHSAA transfer regulation?	Yes* / No
Have you followed up with your new school to ensure that all proper forms (if applicable) have been submitted to the OHSAA Office?	Yes / No*
Have you been enrolled in high school for more than eight semesters?	Yes* / No
Will you turn 20 years old during this current school year?	Yes* / No
Have you received an award, equipment or prize valued at greater than $500 per item per source?	Yes* / No
Are you competing under your true name and have you provided your school with your correct home address?	Yes / No*
Have you competed in a mandatory open gym/facility, conditioning or instructional program?	Yes* / No
Have you been coached or been provided instruction by a school coach in a team sport in which you participate other than during your sport season or during an instructional period approved by the OHSAA outside the season observing the 50% roster limitation?	Yes* / No
Have you been competing on a non-school team or in non-school competition as an individual during your school team's season in the same sport?	Yes* / No
Have you been recruited for athletic purposes to attend this school?	Yes* / No
Have you ever used anabolic steroids or other performance-enhancing drugs?	Yes* / No

IF ANY CHANGES TO THE ABOVE INFORMATION SHOULD OCCUR DURING THIS SPORTS SEASON, PLEASE UPDATE THIS FORM AND NOTIFY YOUR HEAD COACH AND THE DISTRICT ATHLETIC DIRECTOR IMMEDIATELY. FAILURE TO DO SO COULD AFFECT YOUR ELIGIBILITY TO PARTICIPATE IN THIS SPORT AND POSSIBLY CAUSE FORFEITURE OF CONTESTS.

Final Forms

1. Concussion Acknowledgement
2. Concussion Testing
3. Sudden Cardiac Arrest Awareness
4. OHSAA Authorization
5. OHSAA PPE Physical





Concussion Acknowledgement

Please click to open and read the Ohio Department of Health Concussion Information Sheet For Interscholastic Athletics. When you have thoroughly reviewed the policies and contents within and agree to abide by these policies and contents, please indicate you have done so by signing below.

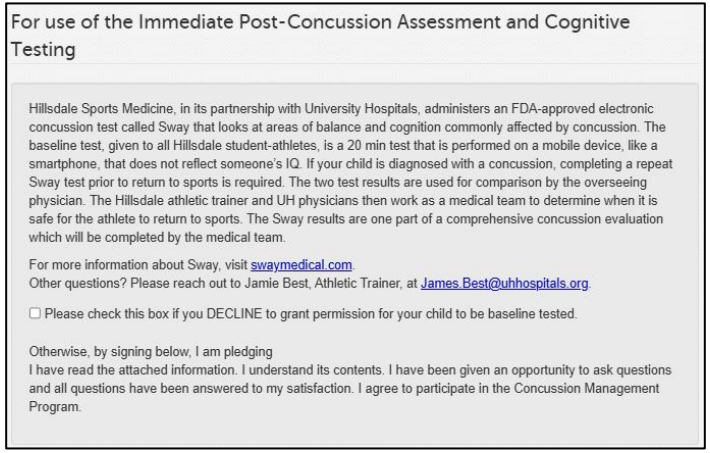
Acknowledgement of Having Received the "Ohio Department of Health's Concussion and Head Injury Information Sheet For Interscholastic Athletics"

By signing this form, as the parent/guardian/care-giver of the student-athlete named below, I acknowledge receiving a copy of the concussion and head injury information sheet prepared by the Ohio Department of Health as required by section 3313.539 of the Revised Code.

I understand concussions and other head injuries have serious and possibly long-lasting effects.

By reading the information sheet, I understand I have a responsibility to report any signs or symptoms of a concussion or head injury to coaches, administrators and my student-athlete's doctor.

I also understand that coaches, referees and other officials have a responsibility to protect the health of the student-athletes and may prohibit my student-athlete from further participation in athletic programs until my student-athlete has been cleared to return by a physician or other appropriate health care professional.



For use of the Immediate Post-Concussion Assessment and Cognitive Testing

Hillsdale Sports Medicine, in its partnership with University Hospitals, administers an FDA-approved electronic concussion test called Sway that looks at areas of balance and cognition commonly affected by concussion. The baseline test, given to all Hillsdale student-athletes, is a 20 min test that is performed on a mobile device, like a smartphone, that does not reflect someone's IQ. If your child is diagnosed with a concussion, completing a repeat Sway test prior to return to sports is required. The two test results are used for comparison by the overseeing physician. The Hillsdale athletic trainer and UH physicians then work as a medical team to determine when it is safe for the athlete to return to sports. The Sway results are one part of a comprehensive concussion evaluation which will be completed by the medical team.

For more information about Sway, visit swaymedical.com.
Other questions? Please reach out to Jamie Best, Athletic Trainer, at James.Best@uhhospitals.org.

☐ Please check this box if you DECLINE to grant permission for your child to be baseline tested.

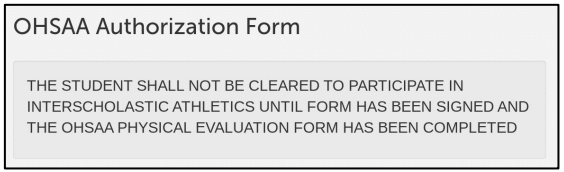
Otherwise, by signing below, I am pledging
I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the Concussion Management Program.



Sudden Cardiac Arrest and Lindsay's Law: Parent/Athlete Signature Form

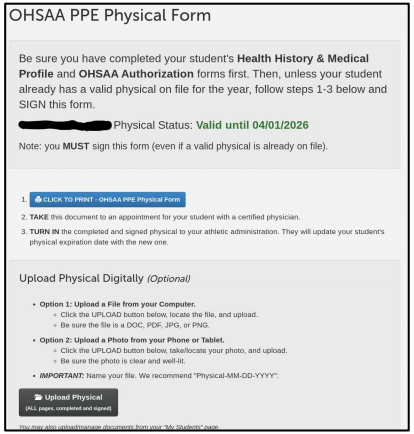
What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

All youth athletes and their parents/guardians must click to open and review the required Sudden Cardiac Arrest Informational Handout and watch the required Sudden Cardiac Arrest Informational Video.



OHSAA Authorization Form

THE STUDENT SHALL NOT BE CLEARED TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS UNTIL FORM HAS BEEN SIGNED AND THE OHSAA PHYSICAL EVALUATION FORM HAS BEEN COMPLETED



OHSAA PPE Physical Form

Be sure you have completed your student's **Health History & Medical Profile** and **OHSAA Authorization** forms first. Then, unless your student already has a valid physical on file for the year, follow steps 1-3 below and SIGN this form.

[redacted] Physical Status: **Valid until 04/01/2026**

Note: you **MUST** sign this form (even if a valid physical is already on file).

1. CLICK TO PRINT - OHSAA PPE Physical Form
2. **TAKE** this document to an appointment for your student with a certified physician.
3. **TURN IN** the completed and signed physical to your athletic administration. They will update your student's physical expiration date with the new one.

Upload Physical Digitally *(Optional)*

- **Option 1: Upload a File from your Computer.**
  - Click the UPLOAD button below, locate the file, and upload.
  - Be sure the file is a DOC, PDF, JPG, or PNG.
- **Option 2: Upload a Photo from your Phone or Tablet.**
  - Click the UPLOAD button below, take/locate your photo, and upload.
  - Be sure the photo is clear and well-lit.
- ***IMPORTANT:*** Name your file. We recommend "Physical-MM-DD-YYYY".

Upload Physical
(ALL pages, completed and signed)

You may also upload/manage documents from your "My Students" page.

Sporting Behavior

The administration of this school is committed to the practice of sporting conduct and ethical behavior during all interscholastic competition. To be successful, it is critical that everyone consistently behaves in a manner that is respectful and reflective of the values of sporting conduct. Unfortunately, the failure on the part of one individual or any group can undermine the effort of all others.

Sporting conduct is defined as those qualities of behavior which are characterized by generosity and a genuine concern for others, and that would include our own coaches, student-athletes and fellow fans; the opposing team, coaches and fans; the contest officials, and the administrators conducting the contests.

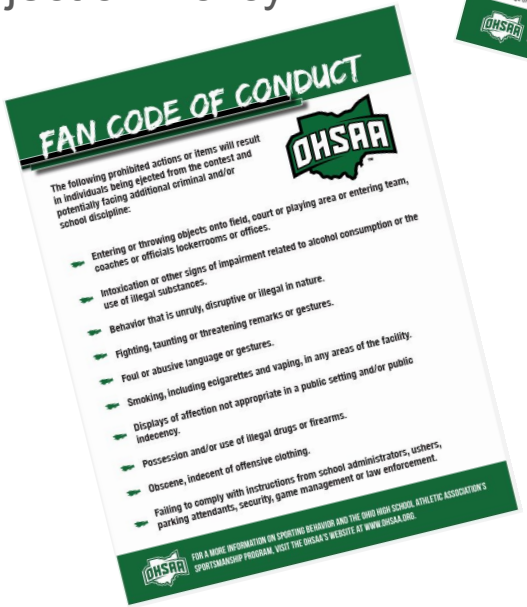
Remember, there's nothing wrong with striving to be the best. But school sports exist to help develop all participants to be their best — their best as individuals, as students, as teammates, as members of the community — not just their best as athletes.

So when our opponents visit our school, treat them as our guests. To you parents, please fill our stands in support of your sons and daughters. We encourage you to bring your friends and neighbors and attend what we believe is always one of the best shows in town as well as an educational experience for our students. And to both our parents and our students, please remember to show your team spirit in a way that reflects positively on our teams, our school and our community.

Final Forms

1. OHSAA Sportsmanship
2. Fan Code of Conduct
3. Fan Ejection Policy







Wayne County Athletic League

Ejection Policy for Middle School and High School Extracurricular Activities

Purpose

To establish clear guidelines for the ejection of students, spectators, and other participants from extracurricular activities to maintain a safe, respectful, and productive environment.

Applicability

This policy applies to all extracurricular activities, including but not limited to sports events, academic competitions, and school-sponsored performances, for middle and high school students.

OHSAA

Participation in athletics is a privilege that comes with an opportunity and responsibility to uphold the values of sportsmanship, commitment, and integrity both on and off the field.

As student-athletes, there is an expectation from the Hillsdale Community, the WCAL, and OHSAA to uphold certain standards—both on and off the field—in order to represent your team, school, and community positively.

OHSAA

Participation in interscholastic athletics programs is educational in nature and:

*complements your school experience.

*fosters a sense of community and teaches lifelong lessons of hard work, teamwork, citizenship and discipline.

*promotes a lifetime appreciation for sports and healthy lifestyles.

*helps prepare you for the next level of your life as a responsible adult and productive citizen.



OHSAA - Eligibility

*Eligibility rules exist to help maintain competitive balance in school sports and to promote the purpose of education-based athletics.

*As a student-athlete, YOU are primarily responsible for your compliance.

*You must be officially enrolled.

*You must have a parent who lives in Ohio.

OHSAA - Scholarship

Grades 7 - 8

*All incoming seventh graders are eligible insofar as the scholarship bylaw regardless of previous academic achievement. - 1 Free Pass (Fall sports only)

*To maintain eligibility, 7th-8th grade students must have received passing grades in a minimum of four classes in the immediately preceding grading period.

OHSAA - Scholarship

Grades 9 - 12

*All incoming ninth graders must have received passing grades in a minimum of four subjects in the immediately preceding grading period. All grades must be recorded in a student's academic record.

*To maintain eligibility, high school students must have received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period.

*Hillsdale - Nine week grading periods

OHSAA - Scholarship

*Students taking College Credit Plus must comply with OHSAA scholarship standards.

*All students participating at an OHSAA member school via state law (home educated, non-public, community and STEM school students) shall also comply with OHSAA scholarship standards.

OHSAA - Scholarship

*If you fail to meet the scholarship standard during the last grading period of the school year, you are NOT allowed to use summer school/summer CCP courses to try to regain your eligibility for the fall.

*If you drop a course or change your schedule, it is critically important that you contact your principal or athletic administrator to see if this affects your OHSAA eligibility. While understanding that many seniors often have enough credits to graduate, not having received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period will leave you ineligible.

*GPA standards are a local school district decision.

OHSAA - Semester Standards

*At the HS level, a student may be eligible for eight semesters taken in order of attendance, regardless of whether the student participates or is even eligible to participate.

*At the 7/8 grade level, a student may be eligible for four semesters taken in order of attendance, whether the student participates or not.

OHSAA - Age Standards

*High school students will be ineligible whenever they turn 20 years old.

*Seventh- and eighth-grade students who turn 15 before August 1st are also ineligible for 7th and 8th grade sports but MAY BE eligible to participate in high school athletics.

OHSAA - Non-School Teams/Out of Season Regulations

*You will be subject to a period of ineligibility if you are a member of a school team competing on a non-school team in the same sport during your school team's season (example: club soccer team during the high school soccer season).

*Coaches and schools cannot require that you participate in an open gym/open facility OR in a conditioning or instructional program.

*Violations of this regulation will result in penalties.

OHSAA - Non-School Teams/Out of Season Regulations

*There are certain restrictions regarding tryouts, practices and competitions with non-school teams before, during and after the school season.

*There are also restrictions for instruction you can receive from school coaches outside of your season in an OHSAA team sport.

*There are no restrictions for instruction you can receive from school coaches outside of your season in OHSAA individual sports of bowling, cross country, golf, gymnastics, swimming & diving, tennis, track & field and wrestling.



OHSAA - Amateurism

*You could lose your amateur status and forfeit your eligibility if you compete for money or other monetary compensation OR capitalize on your athletic fame by receiving money, merchandise or services or by entering into an agreement with a professional team or agent.

*You are also not permitted to earn money, merchandise or services of value by promoting a product on your social media platforms if those promotions are done based on your notoriety as an athlete.

OHSAA - Name, Image, & Likeness (NIL)

*What is NIL?

-The use of self publicity due to public recognition (athletic fame) and/or the notoriety a student may attain to receive a benefit **through appearances, licensing, social media, endorsements and/or the use of branding**.

*What **isn't** NIL?

-Pay for play!

-OHSAA Bylaw 4-10 still prohibits students from receiving compensation based on their participation or finish in athletic contests.



OHSAA - Name, Image, & Likeness (NIL)

*What criteria must an NIL agreement abide by? (Bylaw 4-11-2)

a. Student does not utilize OHSAA or school logos, names, mascots, trademarks, or other proprietary marks during promotions.
b. Agreements may not be provided by schools or agents of schools (i.e. Boosters, Collectives, Foundations, Coaches, etc.).
c. Student does not engage in NIL activity during school hours or during team activities, including travel to and from events.
d. Agreement may not be based on athletic performance.
e. Student may not be induced to attend a specific school based on an NIL deal.



OHSAA - Name, Image, & Likeness (NIL)

*What criteria must an NIL agreement abide by? (Bylaw 4-11-2)

a. Student may not display the company's logo or product during team activities.
b. Student may not provide benefits to the school or team with which he/she is participating.
c. Agreement does not involve gambling, alcoholic beverages, tobacco, cannabis, banned or illegal substances, adult entertainment products or services, firearms or other weapons.
d. Student is responsible for determining effect on college eligibility.

OHSAA - Name, Image, & Likeness (NIL)

*A student engaged in an NIL deal must disclose the terms of the agreement to the OHSAA within 14 days of the execution of the contract.

-Failure to do so will result in a period of ineligibility up to 20% of the current sports season.

-Visit https://www.ohsaa.org/Eligibility/NIL-Resource-Center for more information on how to report the deal to the OHSAA.

*Students and families are encouraged to to seek professional advice, understand contracts thoroughly and prioritize academic and athletic commitments. These activities should be regarded as a business, and students should stay compliant with school and state regulations and focus on building a strong support system to avoid mismanagement of funds and protect future opportunities.

OHSAA - Name, Image, & Likeness (NIL)

Final Notes:

*Students are prohibited from entering into agreements with athlete agents, as defined within ORC 4771.01. (Bylaw 4-10-2f)

*Students whose transfer can be reasonably linked to an NIL deal may be subject to more severe penalties than the general transfer consequence.

*It is not the responsibility of school coaches or administrators to secure agreements for student athletes.

*If you have any questions, feel free to email personalbranding@ohsaa.org.

OHSAA - Transfer Standards

*Once eligibility has been established at a member high school, a transfer to a different high school may mean you will lose eligibility for interscholastic athletics for a period of time at your new school (50% of season and OHSAA tournament)

*This regulation has several exceptions, most of which require a ruling from the OHSAA Executive Director's Office.

OHSAA - Recruiting Standards

*You are not permitted to try and influence a student to transfer to your school to play with you. Likewise, your coaches are not allowed to recruit students to enroll at your school for athletic purposes.

*An attempt to recruit a student to attend your school, or if you were recruited to attend this school, could make you subject to a period of ineligibility and could also cause penalties to the school.



OHSAA - Health and Safety

*Physicals - Need before the season's first practice

*Concussions

*Sudden Cardiac Arrest (SCA)

*Alcohol/Tobacco(including electronic cigarettes)/Illegal Drugs

*Performance Enhancing Supplements

OHSAA - Mental Health

Just as important as caring for student-athletes' physical well-being these days is also caring for student-athletes' mental well-being.

Students are highly encouraged to discuss any issues related to their mental health with their parents, coaches and/or mental health experts.

For further information, you can take this free course through:

The NFHS Learning Center:

Student Mental Health and Suicide Prevention | NFHSLearn | Interscholastic Education, Made Easy

OHSAA - Respect the Game

*The OHSAA's vision for positive sporting behavior is built on expectations. It calls on the school community — administrators, contest officials, coaches, students, parents and fans — to strive for positive sporting behavior in everything they do by teaching the values of ethics, integrity, equity, fairness and respect.

*As a student-athlete, you must always remember to Respect The Game!



OHSAA - Respect the Game

*That means you are expected to accept the responsibility and privilege of representing your school and community while participating in school sports.

*You are expected to:

-Treat opponents, coaches and officials with respect.

-Ensure that your actions do not incite fans or other participants or attempt to embarrass, ridicule or demean others.



OHSAA - Respect the Game

*If you are ejected from a contest you will be subject to an additional two-game suspension (one game in football).

*If you are ejected from a contest for the second time during the same season then you will be ineligible for the remainder of that sports season.

*There is a severe officials shortage in Ohio. Officials will never be perfect, but they are always trying their best. Part of respecting the game is understanding that officials have various levels of training. Help your school to retain officials by treating them with respect, even when they make a mistake.



OHSAA

*For many of you, playing on your school teams may be the last time you will participate in competitive athletics.

*The OHSAA wants to make sure your time as a high school student-athlete is meaningful and memorable.

Questions…



Breakout

Boys Basketball - Auditorium

Girls Basketball - HS Gym

Wrestling - ES Gym

Cheer - ES Cafeteria