EASTERN CAMDEN COUNTY REGIONAL HIGH SCHOOL LUNCH MENU



November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Orange Chicken over Rice **Steamed Broccoli**	**3** Cheese Burger **Lettuce & Tomato** **Baked Beans**	**4** French Toast Sticks & Sausage **Hash Brown Potato**	**5** **Steamed Garden Peas** **3-Bean Salad**	**6** **Mixed Veggies** **Carrot & Raisin Salad**
9 General Tso's Chicken with Rice **Steamed Broccoli**	**10** Buffalo Chicken Cheese Steak **Golden Corn**	**11** Chicken Caesar Waffle Fries **Baby Carrots**	**12** BBQ Chicken **Mashed Potatoes** **Baked Beans**	**13** Cheese Pizza (V) Chef's Special **Green Beans**
16 Pasta w\Meat Sauce **Golden Corn**	**17** Walking Nachos **Seasoned Black Beans**	**18** French Toast Sticks & Sausage **Glazed Carrots**	**19** Buffalo Chicken Flatbread **Green Beans**	**20** Cheese Pizza (V) Chef's Special **Broccoli w\Ranch**
23 Meatball Parmesan Sandwich **Green Beans**	**24** Chicken & Cheese Quesadilla **Golden Corn**	**25** Half Day No Lunch Served	**26**	**27**
30 Chicken Nuggets w\Pretzel Rod **Mashed Potato** **Green Beans**				

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$4.25
Adult	$5.00

Fruit & Veggie Selection

Seasonal fresh fruits & vegetables
canned fruit in light syrup
100% fruit juice

Students may choose two ½ cup servings.

Milk Selection - 1% white, fat free-white, fat-free chocolate

Your Dining Services Team

Michelle Piccone
Food Service Director

Daily Alternates - *(V) Vegetarian*

Chicken & Spicy Chicken Patty
Chicken Nuggets & Pretzel Rod
Cheese Burger
Grilled Cheese (V)
Pizza (V)
Ham & Cheese Sandwich
Turkey & Cheese Sandwich
Italian Hoagie
Buffalo Chicken Wrap
Chicken Caesar Wrap
Chef \ Crispy Chicken Caesar Salad
Uncrustable PB&J Sandwich (V)

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz