NOVEMBER 2026

THE HOKE FAMILY HUB

ELEMENTARY CURRICULUM & INSTRUCTION

*CONNECTED * INFORMED *EMPOWERED

November is National Career Development Month!

Charting the Unknown: Mapping Your Future – Paths, Pivots, and Possibilities

November is National Career Development Month, a time to inspire students to dream big, explore their interests, and begin thinking about their future! This year's theme, "Charting the Unknown: Mapping Your Future – Paths, Pivots, and Possibilities," encourages students to recognize that every journey is unique and filled with opportunities for growth and discovery.

As families, you play an important role in helping children explore the world of careers. Encourage conversations about their interests, strengths, and dreams. Remind them that their future is full of possibilities and that every experience helps shape their path to success!

Together, let's inspire our students to dream big, explore possibilities, and believe in their future!



PARENT TIPS

TURNING BEDTIME INTO THE BEST TIME

It's a fact: kids need sleep, and lots of it! Understanding the importance of sleep and and having a good bedtime routine is so essential for your child's health. Here are more facts about kids and sleep:

- Common sleep disorders affect about 50% of kids and 40% of teens.
- Toddlers need 12 to 14 hours of sleep each day (including naps).
- Kids ages 5–11 years need 9 to 11 hours of bedtime sleep.
- Teens ages 12–18 years need 8 to 10 hours of bedtime sleep.

Find out more @ https://www.getparentingtips.com/kids/health/turning-bedtime-into-the-best-time/

HCS NOVEMBER HAPPENINGS

- NOVEMBER 3RD - TEACHER WORKDAY
- NOVEMBER 11TH - VETERANS DAY
- NOVEMBER 19TH - ELEMENTARY Q2 PROGRESS REPORT CARDS RELEASE DATE
- NOVEMBER 25TH-27TH - THANKSGIVING BREAK

MATH MATTERS

🍂 *Fall Into Learning: Family Game Nights That Count!*

As the weather turns crisp and evenings grow cozier, fall is the perfect time to gather around the table for a good old-fashioned board game night! Beyond the laughter and friendly competition, board games offer a fun and engaging way for children to strengthen important math skills.

Research shows that number-based games like Monopoly, Sorry, and Chutes and Ladders can significantly improve counting, addition, and number comparison abilities in children ages 3–9. Playing these games just twice a week for 20 minutes can give math confidence a major boost.

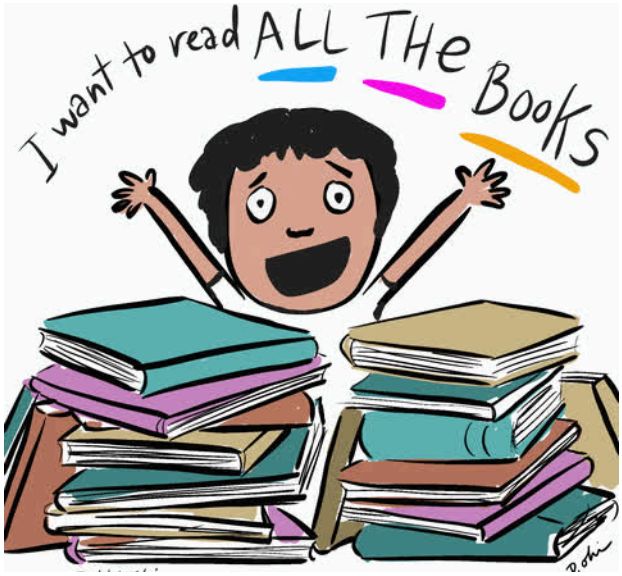
So, pour some hot cocoa, grab a cozy blanket, and roll the dice on learning! Incorporating a family board game night not only supports your child's mathematical development but also creates lasting fall memories together.

📘 *Learn more: How games can help kids get better at math*



Reading Corner

By Mary Haywood, K-5 ELA Coordinator



🍁 Fall Into Reading, One Reread at a Time! 🍂

Fluency means reading words correctly, with ease and expression. It helps children understand what they read. This fall, spend a few cozy minutes reading together! Choose a short passage your child can read with a little help. Read it aloud, then read it together. Invite your child to reread it with expression, like a storyteller. Ask, "What was this part about?" Keep practice positive; focus on meaning instead of speed.

Want to learn more? Join our family Zoom session on November 16, 2026, at 6:00 p.m. Eastern. Join here!

SCIENCE SPOTLIGHT

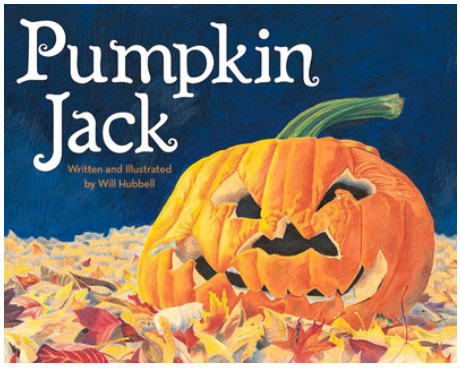
BY AMBER HUTCHINS, K-12 SCIENCE LEAD / STEM GRANT DIRECTOR

What Are You Going to Do with Your Jack-o'-Lantern? Turning Post Halloween Clean-Up into a Science Learning Opportunity!

As the spooky season comes to a close and your jack-o'-lantern's glow dims, you might be wondering what to do with your carved pumpkin. Instead of simply discarding it, consider turning this moment into a valuable science learning opportunity for your children. By engaging in eco-friendly and educational activities, you can reinforce scientific concepts and inspire curiosity about the natural world.

Use the QR code below for activities and a read aloud to help you get started.





MULTI-TIERED SYSTEM OF SUPPORT FOR YOUR WHOLE CHILD

A multi-tiered system of support (MTSS) is a framework that supports the whole child by addressing their academic, behavioral, social, and emotional needs. MTSS is a proactive approach that uses your child's data to inform decision-making and improve student outcomes.

It focuses on the "whole child." That means it supports academic growth, and many other areas, too. These include behavior, social and emotional needs, and absenteeism (not attending school).

The tiers of support are a huge part of MTSS. They get more intense from one level to the next. For example, a child getting small group interventions may need to "move up" to one-on-one help.

MTSS supports the adults at the school, too. The Every Student Succeeds Act (ESSA) — the main education law for public schools — cites MTSS as a way to increase teacher effectiveness. ESSA gives states funding that can be used for professional development to help teachers use MTSS.

UNDERSTANDING THE FUNCTIONS OF BEHAVIORS: A GUIDE FOR PARENTS

BY SHEQUETA HARRIS

November's Function of Behavior: **Access to Tangibles (Objects or Activities)**

What It Looks Like: Your child may cry, grab, or demand a toy, snack, or screen time when they want it.

How to Respond: Kids quickly learn what works to get what they want. Instead of giving in to demands, teaching patience and proper ways to ask is key.

To help:

- Teach appropriate ways to ask for what they want, such as using words or sign language.
- Use a reinforcement system to encourage patience and turn-taking.
- Stay consistent. If you say "no" to a demand, stick to it—but praise them when they ask appropriately next time

PEEK AT PRE-K

BY ANNETTE FERNANDEZ

What's for Dinner?



**Building Language and Imagination Through Pretend Play

Pretend play isn't just fun—it's a powerful way for children to develop language, social, and thinking skills. When children act out real-life situations, like cooking or hosting a dinner, they practice communication, problem-solving, and cooperation.

Try setting up a simple "restaurant" or "family dinner" at home! Provide your child with play food, small dishes, and writing tools to make a grocery list or take orders. Encourage them to plan a meal, decide who's coming to dinner, and act out each step—from shopping to serving.



This playful experience helps children express ideas, build vocabulary, and use their imagination while connecting with others in a meaningful way.



INDIAN EDUCATION DEPARTMENT NEWS

BY: CHRISTINA BULLARD

November is a special month for all of us as we celebrate Native American Heritage Month — a time to honor our ancestors, celebrate our culture, and inspire our students to carry forward the wisdom, values, and resilience that define who we are. The Indian Education team is proud to continue building opportunities for students to learn, connect, and grow through both cultural and academic experiences.

Celebrating Heritage & Identity

Throughout November, our students will participate in Native American Heritage Month events across the district. These include classroom presentations, cultural displays, storytelling sessions, and opportunities for students to share their tribal traditions and family histories. We encourage families to join us in celebrating by attending school events, wearing traditional attire during special days like Rock Your Mocs, and sharing stories that keep our traditions alive.

District Wide Celebration Week

November 16- Rock your Mocs/Native Hat Day
November 17- Native Bling/Bolo/Jewelry Day
November 18-Ribbon Skirt/Shirt Day
November 19- Represent your Tribe
November 20- MMIW- Wear Red for Missing and Murdered Indigenous Women

Click on the National Day Calendar to find a read aloud for each day!

November

NATIONAL DAY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Mason Jar Day						1 Brush Day
2 Deviled Egg Day	3 Sandwich Day	4 Candy Day	5 Doughnut Day	6 Nachos Day	7 Bittersweet Chocolate Almond Day	8 STEM Day
9 Louisiana Day	10 Vanilla Cupcake Day	11 Veterans Day	12 Chicken Soup for the Soul	13 World Kindness Day	14 Pickle Day	15 Clean Out Your Refrigerator Day
16 National Button Day	17 Home made Bread Day	18 National Princess Day	19 Carbonated Beverage Day	20 Peanut Butter Fudge Day	21 Ginger-bread Cookie Day	22 Cranberry Relish Day
23 National Eat a Cranberr Day	24 Native American Heritage Day	25 Play with Dad Day	26 National Cake Day	27 Thanks-giving Day	28 French Toast Day	29 Package Protection Day

PARENT RESOURCES
HOKE COUNTY SCHOOLS

RESOURCES FOR PARENTS

- HOKE COUNTY SCHOOLS: CURRICULM AND INSTRUCTION
- K-12 SCIENCE PARENT/CAREGIVE GUIDES
  - ENGLISH
  - SPANISH
- K-12 MATH PARENT/CAREGIVE GUIDES
  - ENGLISH
  - SPANISH
- K-12 ELA PARENT/CAREGIVE GUIDES
  - ENGLISH