**PLAINVIEW-OLD BETHPAGE CENTRAL SCHOOL DISTRICT**
106 Washington Avenue, Plainview, New York 11803

# Mental Health Committee

# AGENDA

Purpose of Committee:
*Strategic Plan Priority Area 2:* We will focus on mental health and wellness for students and staff by integrating education about social-emotional, mental health and wellness, providing ongoing professional development to staff in this, hosting workshops for families, and allocating resources to support multi-tier level of supports for all students.

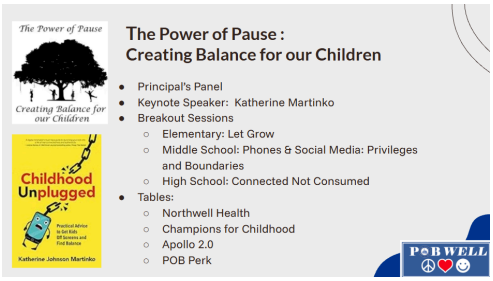
**Strategies:**

Provide workshops for families, using a variety of mediums, related to mental health and wellness
Provide resources for staff to inform, maintain, and address mental wellness

**Committee Chairperson(s):** Jennifer Lott and Monica Manzi

Date of Meeting: September 30, 2026

- **Charge of the Committee:**
  - Support the development of the new K-8 administrative role
  - Support the implementation of the Peer Mentoring Program
  - Provide shared learning experiences for families, faculty and students around SEL and Mental Health and Wellness
- **Parent University Planning**
  - Stephen Hill: Speak Sobriety (Keynote)
  - Discuss Break Out Sessions
  - Healthy Digital Lives
  - Peer Mentoring Program Update (5 min video)
  - POB GOMO (Grow on my Own)-Handout
  - Volunteers




- **Website**
- **Discussion**
- **Follow-Up**
  - Bring a question, concern, success, or highlight related to mental health or social-emotional learning (SEL) from your school, area, or perspective to share with the committee.

**Committee Meeting Dates:**

January 13, April 13, June 8, 2027