AKRON
47 Bloomingdale Ave.
Akron, NY 14001

Central Schools

Joseph R. Caprio III, Middle School Principal
John Morello, Asst. Middle School Principal/Athletic Director

Phone (716) 542-5040
Fax (716) 542-5018

November 9, 2026

Dear Parents and Students,

The Akron Physical Education Department is excited to announce that **we will once again include swimming in our physical education curriculum this year!** This marks our **third year** of reintroducing swimming into the program, which was highly successful last year, and we're thrilled to continue offering students the opportunity to learn essential water safety and swimming skills.

During this unit, middle school students will focus on basic swimming techniques and safety awareness. To ensure the safety of all participants, **two certified lifeguards** will be present during every class in addition to our physical education teachers.

The swimming unit will take place **November 30th – December 22nd, 2026**. Please review the following guidelines with your student to help ensure a smooth and successful experience. These expectations will also be reviewed in class.

General Guidelines

- **Swimwear:** Bathing suits should be appropriate for school.
  - Boys: Traditional swim trunks only (no speedos or revealing swimwear).
  - Girls: One-piece swimsuits are recommended. A dark-colored T-shirt may be worn over a two-piece suit or with shorts if preferred.
  - All students may wear a dark-colored T-shirt if they choose.

- **Behavior:** Expectations for behavior in swim class are the same as in any academic setting. Students are expected to demonstrate respect for themselves and others in accordance with the **Code of Conduct**.

- **Accommodations:** We recognize that participation in swimming may sometimes present sensitive situations. As our young girls mature into women, their menstrual cycles become part of their lives. It is also a very sensitive concern when placed in the mix of swim and boys. With this in mind, any young lady who cannot enter the pool due to their menstrual cycle may approach their teacher before class and make appropriate accommodations. As with any excuse, the class would be made up at a later date with their PE teacher.

We are confident that this unit will continue to be a positive and rewarding experience for our students, helping them gain confidence in the water while learning a lifelong skill.

If you have any questions or concerns, please feel free to contact **Mr. Caprio or me**.

Thank you for your continued support of our physical education program.

John Morello

Athletic Director/Middle School Asst. Principal