SOMERSET COUNTY VOCATIONAL & TECHNICAL SCHOOLS
P.O. Box 6350 • 14 Vogt Drive • Bridgewater, NJ 08807-0350 • (908) 526-8900 • www.scvths.org

Subject: Health 12: Understanding Diseases and Disorders; Personal Safety; Relationships

Commented [1]: Anything highlighted in Blue are new updates for the 22-23 school year

Topic	Communicable Diseases (1.5 week)	NonCommunicable DIseases (2.5 weeks)	Chronic Conditions & Disease (1 week)	Healthcare/Aging (1 week)
NJCCCS	2.3.12.HCDM.1 2.3.12.HCDM.2 2.3.12.HCDM.3 2.3.12.HCDM.4 2.3.12.HCDM.5	2.3.12.HCDM.1 2.3.12.HCDM.2 2.3.12.HCDM.3 2.3.12.HCDM.4 2.3.12.HCDM.5	2.3.12.HCDM.1 2.3.12.HCDM.2 2.3.12.HCDM.3 2.3.12.HCDM.4 2.3.12.HCDM.5	2.1.12.CHSS.1 2.1.12.CHSS.7 2.1.12.CHSS.2 2.1.12.CHSS.8 2.1.12.CHSS.4 2.1.12.CHSS.9 2.1.12.CHSS.5 2.1.12.CHSS.6
Technology Ed.	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3
21st Century Knowledge & Skills	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4
Skills (SWBAT)	-Describe the process of infection and the factors that increase your risk for infectious disease. - Explain how your immune system protects you, factors that diminish its	-Discuss the social and economic burden of cardiovascular disease in the U.S. and the importance of ideal cardiovascular health. - Describe the anatomy and physiology of the heart and	-Describe the prevalence and symptoms of key respiratory diseases such as bronchitis, emphysema, and asthma, including their risk factors and impact on society.	-Explain why it is important to be a responsible health care consumer, and identify several factors to consider when making healthcare decisions.

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	effectiveness, and what you can do to boost its effectiveness. - Describe the most common pathogens infecting humans today, key diseases caused by each, and the threat of growing antimicrobial resistance as well as individual- and community based strategies for prevention and control of infectious diseases. -Explain the risk factors for sexually transmitted infections and actions that can prevent their spread.	circulatory system and the importance of healthy heart function. - Explain the incidence, prevalence, outcomes, and impacts of cardiovascular disease in the U.S. and globally. - Review major types of cardiovascular disease and their symptoms, as well as at-risk populations. -Describe modifiable and nonmodifiable risk factors for cardiovascular disease and methods of prevention. - Examine current strategies for diagnosis and treatment of cardiovascular disease. -Describe cancer's impact on people in the U.S. as compared to other major health problems in terms of morbidity/mortality, costs, and overall effectiveness of prevention and control. - Describe cancer and how it develops, as well as key risk factors. - Explain the suspected causes of cancer, and describe your own risks based on genetics and your lifestyle.	-Describe the allergic response and complications associated with allergies as well as who is susceptible to allergy development. -Explain common neurological disorders, including headaches and seizure disorders, with emphasis on risk factors, possible causes, and what is being done to control them. - Outline risk factors, symptoms, and strategies for preventing major digestive disorders affecting adults in the U.S. today. - Explain the risk factors and symptoms of various musculoskeletal diseases, including arthritis and low back pain, and suggest strategies for prevention.	- Discuss conventional health care, including types of practitioners and the health care products and treatments available. - Discuss complementary and integrative health care, identifying three basic categories and most commonly used approaches within each. - Describe the U.S. health care system in terms of types of insurance; the changing structure of the systems; and issues concerning cost, quality, and access to services. -Define *aging,* as well as the concepts of biological, psychological, social, legal, and functional age, and list the characteristics of successful aging. - Explain how the growing population of older adults will effects society, including considerations of economics, health care, living arrangements, and ethical and moral issues.

		Describe the different types of cancer and the risks they pose to people at different ages and stages of life, as well as key actions to prevent cancer development. -Discuss the most current and effective methods of cancer detection and treatment, including areas of significant progress and future challenges. - Discuss what it really means to be a "cancer survivor" and how it means more than living cancer free for 5 years after diagnosis.		-Describe unique health challenges faced by older adults. - List strategies for successful and healthy aging. - Describe typical grief symptoms and the grieving process. - Explain the ethical concerns that arise from the concepts of the right to die and rational suicide. - Review the decisions that need to be made when someone is dying or has died, including hospice care, funeral arrangements, wills, and organ donation.
Activities	-Go over the various infectious diseases and discuss which are the most common. -Health in the Headlines- Antibiotic Resistance -Debate on Vaccines -Classroom discussions on current events surrounding infectious disease. - Worksheet: The life of a Pathogen -Worksheet: Emerging Infectious Diseases	Intro discussion to cardiovascular disease. - The Heart: Make a diagram of the heart. - Vocabulary (each student assigned 5 terms for a future review game) -Discuss the most common types of Cancer and their most common causes. -Modifiable risk vs Non-modifiable risk for cancers. -Various worksheets for each topic. The worksheets	-Discussion on the most common Chronic Conditions: Diabetes, Arthritis, Obesity, Allergies, Asthma. -Discuss and analyze the different kinds of headaches and their treatments -Various Worksheets and group activities	-Explore the 5 stages of dying. -Discussion/Debate: Physician Assisted Suicide -Various worksheets and group activities based on the grief process and how individualized it is. -Insurance worksheet -Use of new classroom games to reinforce information as well as to help with differentiation. -Worksheet: Evaluating Health Information

	-Worksheet: Epidemics and Public Health Use of new classroom games to reinforce information as well as to help with differentiation.	change as new information is updated. - Jamboard Activities on current events surrounding CVD		-Worksheet: Communicating with your Doctor
Evaluation/ Assessment	Formative Assessment: - Create a group PSA on disease prevention. Students will have to give statistics on a particular infectious disease of their choice (and teacher approval) -Students take notes and be able to name at least 3 different infectious diseases and prevention methods	-Test on Cardiovascular Disease and Cancer. -Name the top risk factors for CVD Formative Assessment: - Choose 2 types of cancer and show how the numbers of incidence has changed over the past 10 years. What are the most notable changes? What is being claimed as the cause for higher or lower numbers?	-Name 3 top chronic conditions that plague the US right now. -Unit Test	-Formative Assessment: Compare and Contrast 2 different healthcare plans. State the positives and the downsides of each. Explain the decision making process for choosing a health care plan.
Resources	Health Book-Access to Health Health Book: Comprehensive Health Skills for High School Internet-various teacher resource sites for worksheets and new information Community members New technology platforms for assessments: flipgrid, jamboard, etc. Sexetc.org/AMAZE/Answer by Rutgers	Health Book-Access to Health Health Book: Comprehensive Health Skills for High School Internet-various teacher resource sites for worksheets and new information Community members New technology platforms for assessments: flipgrid, jamboard, etc.	Health Book-Access to Health Health Book: Comprehensive Health Skills for High School Internet-various teacher resource sites for worksheets and new information Community members New technology platforms for assessments: flipgrid, jamboard, etc.	Health Book-Access to Health Health Book: Comprehensive Health Skills for High School Internet-various teacher resource sites for worksheets and new information Community members New technology platforms for assessments: flipgrid, jamboard, etc.

Topic	Personal Safety/Relationships (1 week)	CPR (2 days)	Basic Substance Abuse Education (3 days)	SEL (2 days)
NJCCCS	2.3.12.PS.1 2.3.12.PS.6 2.3.12.PS.2 2.3.12.PS.7 2.3.12.PS.3 2.3.12.PS.8 2.3.12.PS.4 2.3.12.PS.9 2.3.12.PS.5 2.3.12.PS.9	2.1.12.CHSS.5 2.1.12.CHSS.6	2.3.12.ATD.1 2.3.12.DSDT.3 2.3.12.ATD.2 2.3.12.DSDT.4 2.3.12.ATD.3 2.3.12.DSDT.5 2.3.12.DSDT.1 2.3.12.DSDT.2	2.1.12.PGD.1 2.1.12.SSH.2 2.1.12.PGD.2 2.1.12.SSH.3 2.1.12.EH.1 2.1.12.EH.2 2.1.12.SSH.1
Technology Ed.	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3	8.1.12.NI.2 8.2.12.ITH.2 8.1.12.NI.3 8.2.12.ITH.3 8.1.12.DA.1 8.2.12.ETW.2 8.2.12.ETW.3
21st Century Knowledge & Skills	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4	9.4.2.DC.3 9.4.2.DC.4 9.4.2.DC.5 9.4.5.GCA.1 9.4.5.IML.1 9.4.12.TL.1 9.4.12.TL.2 9.4.12.TL.3 9.4.12.TL.4
Skills (SWBAT)	-Differentiate between intentional and unintentional injuries. - List and explain factors that contribute to homicide, domestic violence, intimate partner violence, sexual victimization, and other intentional acts of violence. - Explain the prevalence and common causes of homicide, hate crimes, domestic	-Perform the skills necessary to administer CPR. -Follow procedure for using an AED. -Follow the steps for administering Back blows and abdominal thrusts in the case of someone choking.	- Identify the signs of addiction and discuss types of addictions, including compulsive behaviors such as gambling and shopping. - Identify the six categories of drugs and distinguish between drug misuse and drug abuse. - Discuss the issues of over-the-counter and prescription drug misuse and abuse	-Identify what Self-awareness is. -Identify the need for good Social and emotional skills. -Define social and emotional wellness. -Identify key areas for decision making.

	violence, child abuse, sexual victimization, and other forms of interpersonal violence. -Describe factors that contribute to gang violence and to terrorist activities. - Explain safety guidelines for recreational activities that are particularly prone to cause injury. - Discuss injuries that occur in the home and what you can do to prevent them. - Describe work-related injuries and what you can do to prevent them. - Explain how to prepare for and respond to natural disasters and severe weather events.		- Discuss the use and abuse of controlled substances, including cocaine, amphetamines, marijuana, opioids, hallucinogens, inhalants, and steroids. - Identify the effects of vaping on teens - Discuss treatment and recovery options for addicts, and discuss public health approaches to preventing drug abuse and reducing the impact of addiction on our society.	
Activities	-State 5 risky behaviors. -Place each behavior on a sheet in the front of the class. Name ways to reduce the risk of being involved in each of the behaviors. -Various Video clips -Discussion on Media Influence on behaviors	-Watch RedCross instructional videos - Practice skills using manikins and practice AEDs.	-Discussion on the impacts of drugs and alcohol on society. -Short group activity on the teen vaping crisis. Use of new classroom games to reinforce information as well as to help with differentiation. -Worksheet: Can this friendship be saved? -Worksheet: Alcohol Ad Analysis.	-Participate in various mindfullness activities that include visualization and breathing techniques. -Growth Mindset vs.Fixed Mindset -Game: Name the emotion you bring to class.

	-Health Headlines- Sexual Assault: Changing the Culture of Silence. -Relationship worksheet: Healthy vs Unhealthy -Worksheet: Enforcing your boundaries -Worksheet: Consequences of Cyberbullying. -Video and discussion: Mallory -Class discussion on School Safety Various group activities- will be dependant on teacher, and new information that comes out. Use of new classroom games to reinforce information as well as to help with differentiation.			Use of new classroom games to reinforce information as well as to help with differentiation.
Evaluation	-Chapter test. -Homework assignments -Proper vocabulary use during class activities	-Students will perform a scenario given by the teacher, following the proper sequence of events when responding to a breathing emergency.	-Students will make a poster promoting drug or alcohol prevention.	-Students will have daily discussions about mindfulness and emotional learning. -Short presentation to class about an SEL topic of their choice
Resources	Health Book-Access to Health Health Book: Comprehensive Health Skills for High School	American RedCross Videos and Informative Text	Health Book-Access to Health Health Book: Comprehensive Health Skills for High School	Health Book-Access to Health Health Book: Comprehensive Health Skills for High School

	Internet-various teacher resource sites for worksheets and new information Community members New technology platforms for assessments: flipgrid, jamboard, etc.	Internet-various teacher resource sites for worksheets and new information Community members	Internet-various teacher resource sites for worksheets and new information Community members New technology platforms for assessments: flipgrid, jamboard, etc. -Linkages Department	Internet-various teacher resource sites for worksheets and new information Community members Linkages Department

** General accommodations: Extra time on tests, books to be given for home for those who need them, printed copies of notes, modified tests/homework.

*** Interdisciplinary Connections:
Social Studies: 6.2.12.B.5.E, 6.2.12.B.6.A,
Science: 5.3.12.A.06