Little Egg Harbor School District Prek LUNCH MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
9 **Chicken Tenders w/ Biscuit** **Sides** 1% White Milk Veggie of the Day Fruit of the Day	10 **Mini Pancakes w/ Turkey Bacon** **Sides** 1% White Milk Tater Tots Fruit of the Day	11 **Cheeseburger w/ Fries** **Sides** 1% White Milk Veggie of the Day Fruit of the Day	12 **Tomato Soup w/ Grilled Cheese** **Sides** 1% White Milk Veggie of the Day Fruit of the Day	13 **Cheese Pizza** **Sides** 1% White Milk Tossed Salad Fruit of the Day
16 **Chicken Patty on a Bun** **Sides** 1% White Milk Steamed Broccoli Fruit of the Day	17 **Cheese Filled Breadsticks w/ Marinara Cup** **Sides** 1% White Milk Veggie of the Day Fruit of the Day	18 **Mini Corn Dogs w/ Fries** **Sides** 1% White Milk Veggie of the Day Fruit of the Day	19 **Mini Pancakes w/ Sausage** **Sides** 1% White Milk Hash browns Fruit of the Day	20 **Cheese Pizza** **Sides** 1% White Milk Tossed Salad Fruit of the Day
23 **Chicken Nuggets w/ Fries** **Sides** 1% White milk Veggie of the Day Fruit of the Day	24 **Dutch Waffle w/ Turkey Bacon** **Sides** 1% White milk Hash Browns Fruit of the Day	25 **Pizza Crunchers** **Sides** 1% White Milk Carrots w/ Ranch Fruit of the Day		
30 **Hot Dog on a Bun w/ Fries** **Sides** 1% White Milk Veggie of the Day Fruit of the Day				

MAKE IT A MEAL!
Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices
Student $X.XX
Adult $X.XX

Available Daily
1) PB&J w/ Sides of the Day
2) Turkey & Cheese or Plain Cheese Sandwich w/ Sides of the Day

Fruit & Veggie Selection
Seasonal Fruits, Canned Fruit in Light Syrup,100% Fruit Juice

Milk Selection
1% White Milk & Fat Free Chocolate

Your Dining Services Team
Melissa Monaghan
Food Service Director
(609) 296-3106 ext. 2769
ma1610@metzcorp.com

For Free/ Reduced Lunch Forms Visit Little Egg Harbor School District Page for Application

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC.