EAGLE EATS

School Nutrition News

November 2026

Good Food Brighter Futures

FRESH STARTS • HEALTHY CHOICES • STRONGER EAGLES

A Season of Gratitude!

This month, we're grateful for our students, families, and school community! Our School Nutrition team is thankful for the opportunity to fuel your day with nutritious, delicious meals that help you learn, grow, and soar!

Good Food. Stronger Students. A Brighter Tomorrow.

NOVEMBER SPOTLIGHT

SWEET POTATO POWER!

A NUTRITIOUS FALL FAVORITE!

Sweet potatoes are a great source of vitamin A, which helps keep your eyes healthy, supports a strong immune system, and keeps your skin healthy. They also provide fiber for good digestion and long-lasting energy.



DID YOU KNOW?



Cranberries have air pockets that help them float, and they can even bounce!

HOLIDAY MEAL SCHEDULE

Thursday, November 5	Intermediate North & Intermediate South
Friday, November 13	High School
Tuesday, November 17	Early Childhood Center, Elementary North & Elementary South
Thursday, November 19	Middle North & Middle South

FAMILY NUTRITION TIP

Make Healthy Traditions Together!

The holiday season is a great time to try new foods and enjoy favorites like fruits, vegetables, and whole grains. Invite your children to help choose, prepare, or add a colorful food to your family meals!



SCHOOL NUTRITION CORNER

Online Meal Payments Made Easy!

Need to add money to your student's meal account? Visit the district's RevTrak web store to get started.



1. Visit **barbershill.revtrak.net.**
2. Select **Meal Payments.**
3. Follow the website prompts to make your payment.

4th Annual Pumpkin Decorating Contest

Congratulations to Our Winners!



1st Place – Elementary South

"Feed Me!" – Four-time consecutive champions!



2nd Place – Intermediate North

Congratulations on your creative display!

This institution is an equal opportunity provider.

LEARN GROW SOAR