Orange County Referrals List

Crisis Assessment

Mission/CHOC Hospital	27700 Medical Center Road Mission Viejo	(949) 364-1400
CHOC Hospital	1201 W. La Veta Ave. Orange, 92868	(714) 997-3000
UCI Hospital	101 The City Drive South Orange, 92868	(714) 880-7812
OC Centralized Assessment Team		(866) 830-6011

Crisis Hotlines

Didi Hirsch Suicide Hotline	(877) CRISIS or (877) 727-4747
NAMI Warmline	(877) 910-WARM (9276)
Suicide Prevention Lifeline	(800) 273-TALK (8255)
Spanish Suicide Hotline	(800) SUICIDA or (800) 784-2432
Info Link Line	211

Counseling

ASPIRE	27800 Medical Center Rd Ste 108 Mission Viejo	(949) 364-4246
CHOC Intensive Outpatient	1201 W. La Veta Ave. Orange, 92868	(714) 509-8481
OC Health Care Agency	1040 W. Town & Country Rd Orange, 92868	(714) 645-8000
Hoag Community Health	307 Placentia Suite 100B Newport Beach, 92663	(949) 764-6542
Western Youth Services	26137 La Paz Rd Ste 230 Mission Viejo, 92691	(949) 595-8610
PRYDE	20200 Windrow Dr. Lake Forest, 92630	(949) 206-8600
South Orange County FRC	22481 Aspan St Lake Forest, 92630	(949) 364-0500
CHEC Family Resource Center	27412 Calle Arroyo San Juan Capistrano, 92675	(949) 489-7742
Newport Mesa FRC	307 Placentia Ave Newport Beach, 92663	(949) 764-8100

Domestic Violence Shelters

Human Options	(877) 854-3594
Laura's House	(949) 498-1511

*The above resources are not sponsored or specifically recommended by SMCHS or any of its employees. The list is a non-comprehensive list of independent community resources that serve Orange County adolescents.

Community Private Practice Referrals

The following referrals are community-based private practitioners that work specifically with adolescents. SMCHS does not endorse or sponsor services with any of them. You may inquire about insurance coverage or reimbursement, depending on your health insurance plan. SMCHS also recommends that families check with their insurance company regarding in-network providers. It is helpful to determine insurance coverage prior to the first appointment, to check references and to interview the provider at the first appointment to make sure such provider is a good fit. Please note that, at this time, most private practice providers are providing services via telehealth, due to Covid-19 guidelines.

Counseling

Dr. Miriam Mott Ph.D.	Mission Viejo drmott@drmott.com	(949) 858-6688
Tucker Cannon, LCSW	Newport Beach cannontherapeutic@gmail.com	(949) 244-9982
Mind Health Institute	Newport Beach & Laguna Beach	(949) 891-0307
Dr. Curtis Hsia, Ph.D.	Mission Viejo (OC Anxiety Center)	(949) 600-6095
Courtney Differ, LCSW	San Juan Capistrano (Grief and Loss)	(949) 632-6625
Eby Kent, LEP, BCBA	Newport Beach ebykent@yahoo.com	(714) 552-6720
Kelly Starr, LEP, BCBA	Newport Beach kellycstarr@gmail.com	(408) 893-5515
Christine Lewis, LMFT	Mission Viejo (EMDR)	(949) 278-0280
Dr. Amber Baker	Mission Viejo	(949) 441-1372
Barbara Colitz	Laguna Hills	(949) 357-8881
Alexa Foster, Ph.D.	Mission Viejo (EMDR)	(949) 916-0711
Katie Mann, LCSW	San Clemente	(949) 218-8227
Child & Adolescent Behavioral Health Center	Tustin	(714) 696-1385
Dr. Stephanie Davis	Mission Viejo (OC Anxiety Center)	(949) 600-6095
Patricia Zielinski, LMFT	Rancho Santa Margarita	(949) 433-8949
Sheila Hedden, LCSW	Irvine	(949) 753-8800
Dr. Karen Handley, Ph.D.	Mission Viejo (Eating Disorders)	(949) 460-9528
Dr. Ralph Kuechle, Ph.D.	Newport Beach (Severe Behaviors)	(714) 345-3449
Dr. David Lechuga	Lake Forest (Assessments)	(949) 837-3358
Dr. Marc Skelton, Ph.D.	Laguna Niguel	(949) 495-3701
Stephen Pratt, MFT	Mission Viejo	(949) 454-8861
Shauna Myers, LMFT	Rancho Santa Margarita	(949) 466-4618

Adolescent Psychiatry

Mind Health Institute	Newport Beach & Laguna Beach	(949) 891-0307
Laguna Family Health	Laguna Beach	(949) 499-2265
Dr. Lindsay Law	Ladera Ranch	(949) 768-2988
Dr. Piotr Pelc	Newport Beach	(949) 312-5752
Dr. Philip Cohen	Laguna Hills	(949) 951-3003
Dr. Sina Safahieh	Newport Beach	(949) 207-6775