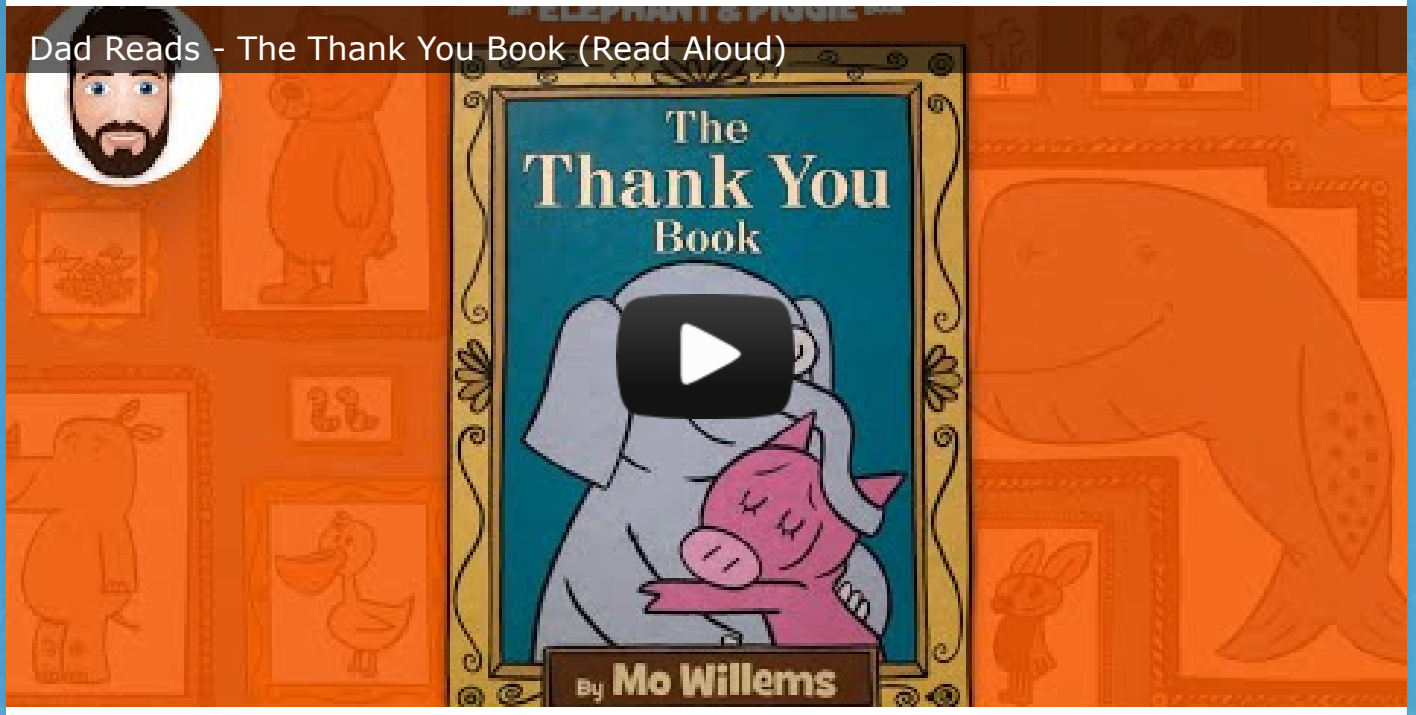


November, 3rd 2026

A message from your Principal

Dear Sumner Families,
As the season changes and we enter the month of November, it is great practice to focus on **GRATITUDE.** This month our students will be focusing on the values of gratitude, togetherness, generosity, and family traditions. Take a moment to talk with your child about people, places, and things they may feel grateful for and why. In addition, enjoy a read aloud titled, The Thank You Book by Mo Willems. Look for the book at the Austin Public Library or watch it together below.
Our school family is grateful we get to serve your child at Sumner school. Lucky Us!
Sincerely,

Ms. Rollie





Your Feedback Matters!

As always, please take a moment to provide us feedback by clicking on the link below.
November 2026 Family Feedback – Fill out form

Strategic Priorities Update

1. Support and resources to ensure a safe and welcoming learning environment.

We hosted a highly successful Fall Conference session, with 88% of families attending. During conferences, we highlighted points of pride and areas for growth, provided actionable steps families can take to support student learning, and shared next steps for school-based instruction. Families received data from the Fall Benchmark assessment along with student goals for the Winter Benchmark, reinforcing our commitment to strong partnerships between home and school. We love partnering with our families.
We continue to encourage families to support **All Day, Every Day** attendance. Research is clear—consistent attendance is one of the most important factors in ensuring student success.
We're encouraging students to aim for **zero unexcused absences or tardies** each month.
To qualify for monthly attendance recognition:
✓ **Zero unexcused absences or tardies**
✓ **No more than two excused absences**
(Three or more excused absences will disqualify students for that month)
Currently, at Sumner we have on average 95% of students in attendance each day. In the month of October we had 270 students who earned Star Attendance.
Let's continue to work together to make every day count—on time, all day, every day!

2. Packer Profile for all learners

At **Sumner Elementary**, we are helping students understand their strengths, take ownership of their learning, and celebrate their growth.
Using **Seesaw**, students and teachers collect examples of learning in reading, writing, math, and specialist classes. These learning samples show what students have accomplished and how they are improving over time.
We are also helping students recognize their personal strengths. During fall conferences, teachers shared a special strength they see in each child. Students are now reflecting on those strengths and learning more about what makes them unique.
This work helps students:

- Build confidence
- Feel a greater sense of belonging
- Recognize their strengths
- Take pride in their learning

Our goal is not only for students to know **what** they are learning, but also to understand **how they are growing as learners**.
By reflecting on their learning, setting goals, and celebrating their strengths, students are building skills that will help them succeed now and in the future.

Together, we are helping every student discover their potential and grow with confidence!

3. District-wide multi-tiered systems of support.

Our Sumner staff engaged in professional development targeting Fall Benchmark Data to inform class wide interventions with our students! Teachers created SMART goals and action steps to accelerate learning based on the findings in the data. In addition, our Supplemental Support Team meets every two weeks to support students who may need extra help with reading or behavior. The team is made up of a diverse group of staff, including our reading and behavior specialists, instructional coach, special education teacher, English language teacher, and special education coach. Together, they review student progress, identify areas of need, and create targeted support plans to help every student succeed and reach grade-level expectations. Through this team, adjustments to services are made as needed based on the team's collaboration and ongoing review of student progress.

4. Excellence in resource management.

Our goal is to provide a welcoming, efficient, and well-organized breakfast experience for all students. To ensure students have plenty of time to enjoy breakfast and start their day feeling nourished and ready to learn, **we encourage families to have their children arrive between 7:30–7:45 AM.** This allows students time to eat breakfast and transition smoothly into their classrooms before the school day begins at 8:00 AM. Thank you for helping us start each school day strong!

To learn more about the Packer Profile and the district's long-term strategic plan, please visit AccelerateAustin.org.

Know

Every Student Deserves to Feel They Belong at Sumner!

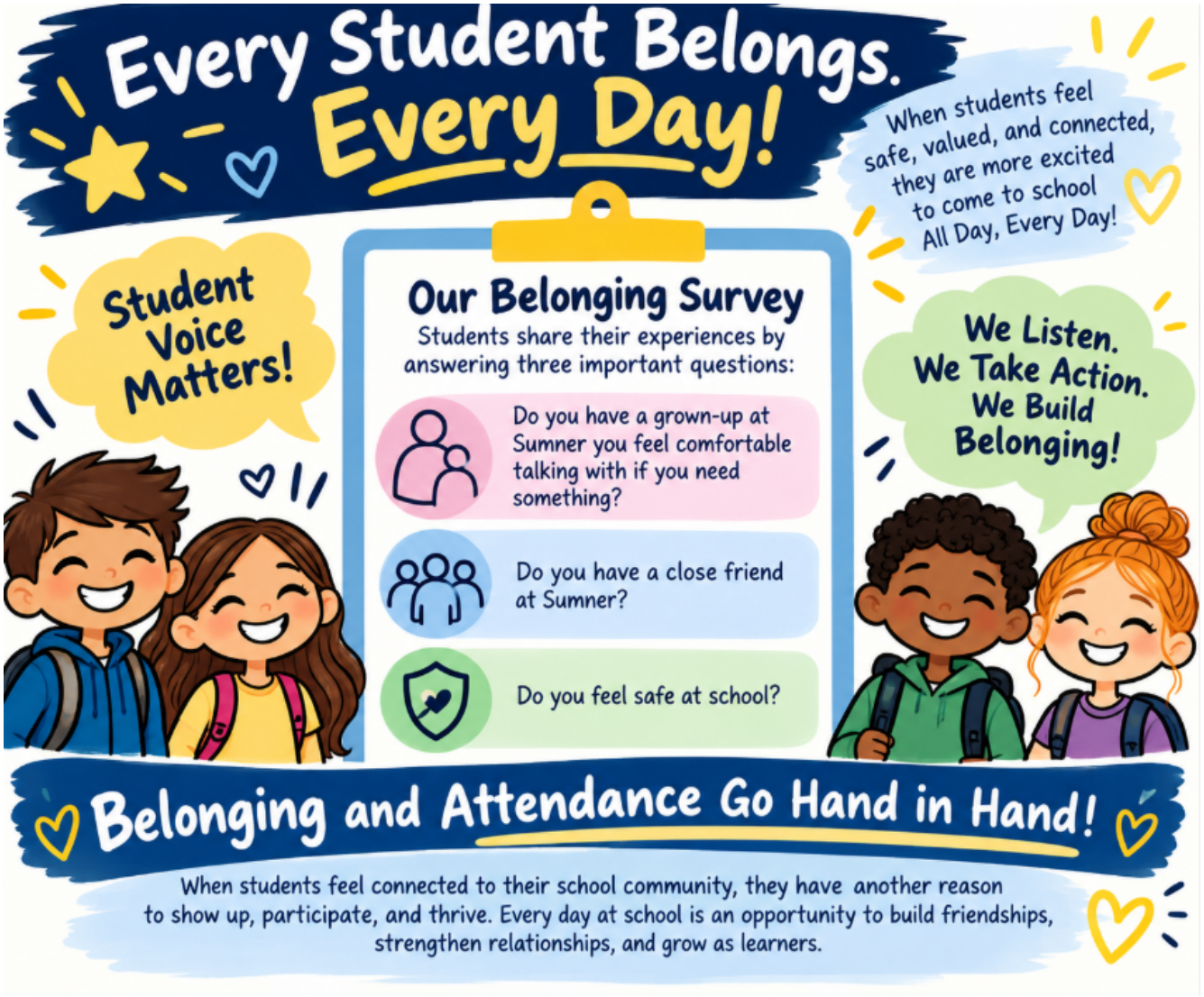
At **Sumner Elementary**, we want every student to feel safe, valued, and connected. When students feel like they belong, they are more excited to come to school **every day**.
One way we support belonging is through our **Belonging Survey**. Students answer three simple questions:

- Do you have an adult at Sumner you can talk to if you need help?
- Do you have a close friend at Sumner?
- Do you feel safe at school?

We do more than collect answers. We use student feedback to take action.
Our staff works to:

- Build strong relationships with students
- Check in with students who may need extra support
- Create opportunities for friendships
- Connect students with trusted adults

These efforts help students feel more connected and supported at school.
Belonging and attendance are connected. When students feel welcome and included, they are more likely to come to school, join in, and succeed. Every school day gives students a chance to learn, build friendships, and grow.
Together, we are creating a school where every student knows:
You Belong Here! ❤



Sumner Walkathon Success — We Did It!

Our Sumner Stars had so much to celebrate! Thanks to the incredible support of our students, families, and community, we reached our elementary Walkathon fundraising goal of **$40,000** AND exceeded our goal of **4,000 miles walked!**



And because our students crushed their walking goal, they earned a special **Rockband Recess on Friday, October 30th!** Students rocked out to music with Ms. Rollie as the DJ, complete with bubbles, dancing, and plenty of Sumner Star energy!



To celebrate our fundraising success, our elementary principals competed in a hilarious inflatable race on Thursday, October 22nd! Ms. Rollie proudly represented Sumner in her inflatable squirrel costume and kept the squirrelly fun going with a **victory lap through the Sumner hallways** on Friday, October 23rd!

A HUGE thank-you to our families and community for supporting our students and schools. Your generosity makes incredible opportunities and experiences possible for our students!

Walkathon 2026: Inflatable Race



Important Dates to Remember

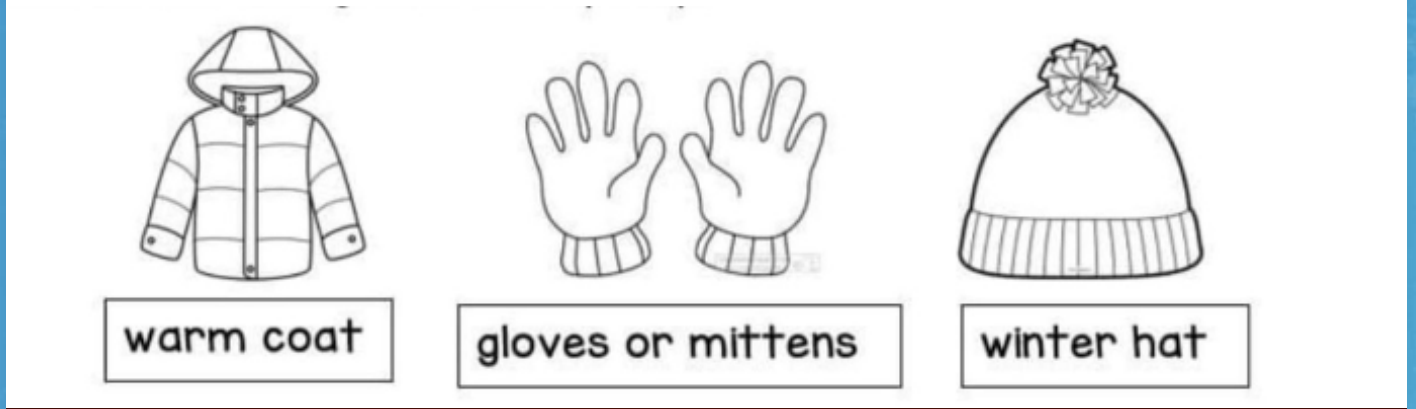
November 3rd - No School Day (Professional Development Day)
November 25th-27th - No School (Holiday Break)



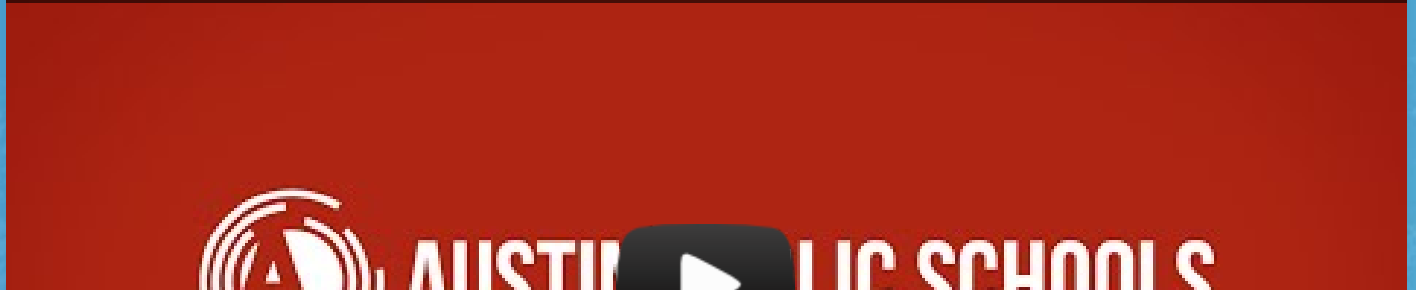
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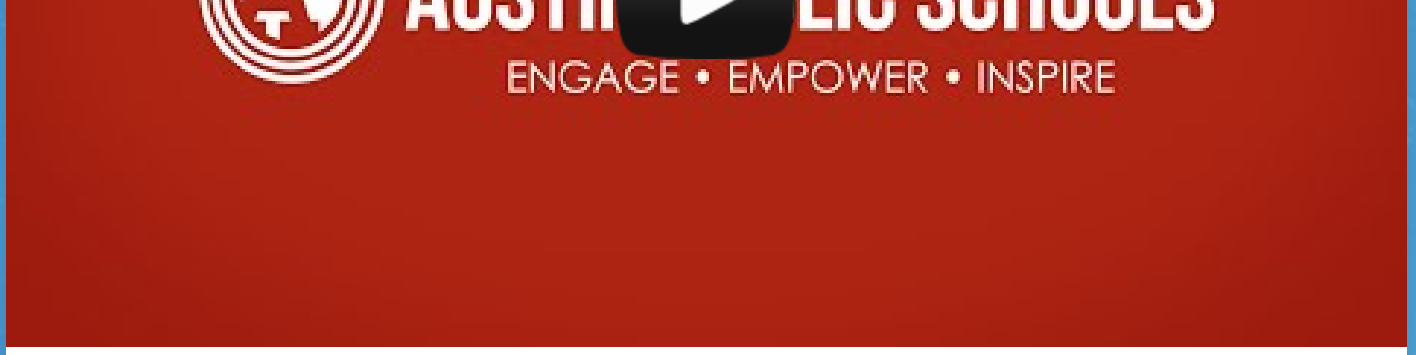
Make Sure You are Ready for Cold Weather

The weather is getting colder, so it is important that your child comes to school with appropriate outdoor clothing. We go outside every day! Please make sure your child has a warm coat, hat and gloves every day.



Dressing Warmly For Winter





Toys at School

We kindly ask that students leave their toys at home unless it is for a special, designated occasion at school. Bringing toys can be distracting during learning time, and we want to ensure all students are able to focus and make the most of their day.
If there is an upcoming special event or occasion where toys will be allowed, we'll be sure to let you know in advance. Thank you for your support in helping us create a focused and productive learning environment!

📞 Keep Emergency Contacts Up to Date!

To help us ensure your child's safety, please take a moment to review and update your emergency contact information. If your phone number, address, or emergency contacts have changed recently, let us know as soon as possible. Accurate contact details help us reach you quickly in case of illness, injury, or other urgent situations.
You can update your information by logging into the parent portal.

Thank you for helping us keep our records current!

Share

As we embrace the month of November at Sumner, we focus on two powerful themes: Gratitude and a Growth Mindset. This is a wonderful time to reflect on what we are thankful for and to encourage our student to embrace challenges as opportunities for growth. Here at Sumner, we are encouraging students to tackle a new challenge this month! Whether it's learning a new skill, trying a new sport, or tackling a tough puzzle. Remember, mistakes are part of learning. Celebrate the efforts, not just the outcome!

At-Home Activities to Try:

1. **Thank You Notes:** Encourage your child to write notes to teachers, friends, or family members who have made a positive impact in their lives. It's a great way to practice kindness and gratitude.
2. **Growth + Gratitude Connection:** Every evening, take a few moments to share something you're grateful for and something new you've learned.



Hi Sumner friends! It's Cody here. Did you know that showing gratitude is like giving your heart a big hug? When we say 'thank you' and appreciate the little things, it makes us and others feel really good! Gratitude helps us grow stronger together, and it reminds us how lucky we are to have each other. So let's practice gratitude every day—whether it's for a sunny day, a kind word, or a friend who makes you smile!

New Sumner Staff Spotlight



Greta Curtis- Reading Corps Tutor

What are you most looking forward to this school year?

- This school year I'm looking forward to meeting the staff and students and helping kids learn!

What is your favorite thing to learn about?

- My favorite thing to learn about is history but my favorite subject is language arts.

What is your favorite hobby outside of school?

- My favorite hobby is going to the gym and doing crafts.

SHAPE America — Society of Health and Physical Educators
health. moves. minds.

November 2026

Elementary Health & Physical Education Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Self-Care Sunday Make time to do something you really like today.	**2 Jumping Beans** Be creative and see how many different ways you can jump rope. Teach a friend.	**3 A Gratitude Attitude** Write down something you're thankful for and why.	**4 Jump rope to music!** Can you jump to an entire song without stopping?	**5 Cow Pose** On all fours arch your back with your head looking up while your tummy is pushed toward the ground. 	**6 Scavenger Hunt** Split into two teams; make a list of 20 things related to winter and race to see which team can find them first.	**7 Music Break** Put on your favorite song, lay down, close your eyes. How do you feel after the song is finished?
8 Crawl Like a Seal Lie on your stomach, arms straight out front. Use your arms to pull your lower body along keeping your legs and back straight.	**9 Cat Pose** On all fours round your back pulling you spine towards the ceiling while looking at the ground. 	**10 Positive Talk Tuesday** Be sure to talk to yourself today like you would talk to someone you love.	**11 Pause for Thanks** Stop during the middle of a busy activity to name 5 things you are thankful for.	**12 Carioca** Move with your shoulders facing forward. Say to yourself: Side, front, side, back	**13 Leave a Note** Leave a nice note for someone to find today. Examples: -You have a nice smile -Thank you for being a good friend. -You're fun to play with World Kindness Day	**14 Balloon Bounce** Blow up a balloon. Can you keep the balloon in the air? For a challenge add another balloon. Try it with a partner.
15 Sunday Prep Do one thing today to help prepare you for the week. Examples: -Pack your backpack -Check your homework -Pick out your clothes for the week	**16 Nighttime Note** Empty your mind before you go to bed by writing a note about what you're thinking and leave it for tomorrow.	**17 Create a Game** Use your imagination and make up a game using a ball, a sock, and a jump rope	**18 Cow-Cat Pose** Try your cow and cat yoga poses together. 	**19 Bicycles** Lie on your back and move your legs like you're riding a bicycle to strength your stomach muscles.	**20 Just play!** Hide-and-seek, tag, hopscotch, hula hoop, pogo stick, it's up to you!	**21 Freeze Dance** Have someone start and stop music. When the music is on dance, when it's off strike a crazy pose.
22 Mindful Minute For 60 seconds, clear your mind & only focus on your breathing. If your mind starts to wander, bring your attention back to your breathing.	**23 Clap and Catch** Throw a soft object up into the air. See how many times you can clap before you catch it.	**24 Makeshift Bowling** Set up 10 targets like bowling pins and practice your bowling skills. Can you get a strike? A spare?	**25 Rock Paper Scissors Tag** Meet in the middle, shoot, winner chases the loser back to safe zone. If tagged, join the other team.	**26 Positive Talk Tuesday** Be sure to talk to yourself today like you would talk to someone you love.	**27 Band Aid Tag** When you get tagged you place your hand on the spot you got tagged. Three tags and you go to the hospital (sideline) to get fixed.	**28 Shoulder Shrugs** Shrug your left shoulder up and down 10 times. Then repeat with your right shoulder 10 times.
29 Crab Walk Try crab walking around your living room. Gather family members or friends and have a race.	**30 Walking** Practice walking at different paces, running, skipping, hopping, jumping, galloping, leaping and sliding in different directions	**National Health Observances:** • National Gratitude Month • American Diabetes Month • Lung Cancer Awareness Month • 13th World Kindness Day				

SHAPE America recommends school-age children accumulate at least 60 minutes and up to several hours of physical activity per day. Each bout of physical activity should be followed by cool-down stretches that help reduce soreness and avoid injury.

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Noviembre 2026

Calendario de Salud y Educación Física de Primaria

DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
1 Los Domingos de Cuidarse Diviértete los domingos con una actividad que te gusta mucho.	**2 Frijoles Saltarines** Se creativo e inventa diferentes maneras de saltar a la cuerda. Enséñalo a un amigo.	**3 Actitud de la gratitud** Escriba algo por lo que estás agradecido y explique ¿por qué?	**4 Salta la cuerda con música** ¿Puedes saltar durante toda la canción sin parar?	**5 Pose de Vaca** En posición a gatas, mira hacia arriba y lleva la barriga hacia el suelo. 	**6 Búsqueda del tesoro** Hagan dos equipos. Hagan una lista de 20 objetos relacionados al invierno y compitan a ver quién los encuentra primero.	**7 Una pausa musical** Pon tu canción favorita, acuéstate y cierra los ojos. ¿Cómo te sientes después de la canción?
8 Trepa como una Foca Boca abajo con los brazos al frente. Usa los brazos para arrastrar tu cuerpo manteniendo las piernas y espalda rectas.	**9 Pose del Gato** En posición a gatas, redondea la espalda hacia el techo mientras miras hacia abajo. 	**10 Los Martes de Palabras Positivas** Hable a tu mismo como si estás hablando a una querida.	**11 Pausa para gracias** Pare por algunos minutos cuando estás ocupado y piense en 5 cosas que agradeces.	**12 Carioca** Muévete con los hombros hacia el frente. Repite: lado, frente, lado, atrás.	**13 Deje un mensaje** Deje un mensaje a alguien para encontrar hoy. Ejemplos: -Tienes una sonrisa bonita. -Gracias por ser un amigo bueno. -¡Eres muy divertido! Día Mundial de la bondad	**14 Globo en el Aire** Infla un globo. ¿Puedes mantenerlo en el aire? Para mayor dificultad agrega otro globo. Hazlo con un compañero.
15 Prepararse los domingos Haz una cosa hoy para preparar por la semana. Ejemplos: -Haz la mochila. -Revise la tarea. -Escoja la ropa que vas a poner para la semana.	**16 Una Nota por la noche** Escriba una nota de tus pensamientos antes de dormir y revísala el próximo día.	**17 Inventa un juego** Usa tu imaginación e inventa un juego usando una pelota, una media y una cuerda de saltar.	**18 Pose de Gato y Vaca** Haz la pose del gato seguida de la vaca. 	**19 Bicicletas** Boca arriba, mueve las piernas como si montaras bicicleta para fortalecer los músculos del abdomen.	**20 A jugar** Las escondidas, la mancha, el avión, hula hoop, pogo stick; tú eliges.	**21 Danza Congelada** Alguien prende y apaga la música. Cuando suene la música, bailas. Cuando se apaga, te congelas en una pose cómica.
22 Un Minuto Consciente Por un minuto, piense solamente en tu respiración. Si tu mente comienza a vagar, pon la atención de nuevo en tu respiración.	**23 Aplaude y Atrapa** Lanza un objeto suave al aire. Aplaude varias veces antes de atraparlo.	**24 Los Martes de Palabras Positivas** Hable a tu mismo como si estás hablando a una querida.	**25 Mancha de Piedra, Papel o Tijera** Empiecen en el centro. Jueguen y el ganador persigue al perdedor hasta la zona de seguridad. Si te tocan, te unes al otro equipo.	**26 Bowling Improvisado** Prepara 10 blancos como pines de bowling y practica tus destrezas. ¿Puedes lograr un strike o un spare?	**27 Mancha de Curita** Cuando te toquen pones la mano donde te tocaron. Si te tocan 3 veces vas al hospital (línea lateral) a que te curen.	**28 Elevación de Hombros** Eleva el hombro izquierdo 10 veces. Repite con el derecho 10 veces.
29 Camina como Cangrejo Camina como cangrejo en la sala. Reúne a tu familia y amigos y hagan una carrera.	**30 Caminata** Camina a diferentes ritmos, corre, saltica, salta en un pie, salta, galopa, brinca y deslízate en diferentes direcciones.	**Celebraciones Nacionales Relativas a la Salud:** • Mes de Gratitud Nacional • Mes Americano de la Diabetes • Mes de Concientización sobre el Cáncer de Pulmón • 13th- Día Mundial de la bondad				

SHAPE América recomienda que los niños en edad escolar acumulen al menos 60 minutos y hasta varias horas de actividad física al día. Cada sesión de actividad física debe terminar con estiramientos de enfriamiento que ayudan a reducir los dolores y a evitar lesiones.

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Sumner Elementary School

https://sumner.austin.k12.mn.us

805 8th Avenue NW
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School Hours:
8:00AM - 2:30PM