EDDINGTON SCHOOL NEWS

CALENDAR

ANNOUNCEMENTS

LUNCH MENU



CONTACT US

BIRTHDAYS



PRINCIPAL`S CORNER

Newsletter Incentive

November 6, 2026

📅 Parent-Teacher Conferences – November 23rd & 24th!

Parent-Teacher Conferences are right around the corner! Conferences will take place on Monday, November 23rd, and Tuesday, November 24th, from 1:00–6:00 PM. We encourage all families to connect with their child's teachers to discuss academic progress, celebrate successes, and identify opportunities for continued growth.

Families interested in meeting with our Specials teachers can use the following links to schedule a conference:

- 🏃 Physical Education: Conference Sign-Up Calendar
- 🎨 Art: Conference Sign-Up Calendar
- 💬 Guidance: Conference Sign-Up Calendar
- 📚 Library: Conference Sign-Up Calendar

We look forward to connecting with our families and continuing to work together to support student success!

🏆 Student Awards Assembly – Celebrating Our Eagles!

We held another successful student awards assembly, recognizing students who continue to demonstrate our six RSU 63 Core Values: Honesty, Kindness, Respect, Compassion, Responsibility, and Courage.

We also celebrated our Eagle Sticker winners and recognized students celebrating birthdays during the month!

These assemblies are a wonderful opportunity to celebrate student accomplishments, encourage positive behavior, and continue building a strong and supportive school culture. Congratulations to all of our students who were recognized!

📚 Special Classroom Visit – Eddy the Eagle!

We had a special visitor as Eddy the Eagle stopped by Ms. Leland's classroom! Our students were excited to welcome Eddy, who helped bring some extra Eagle spirit into the classroom.

During the visit, Mr. Zavala shared the story of Kitten's First Full Moon by Kevin Henkes. It was a wonderful opportunity to connect with students, enjoy a great story, and continue encouraging a love of reading at Eddington Elementary!

🥫 Food Drive – Supporting Our Community!

Eddington Elementary is excited to support our community through our upcoming Food Drive! This is a wonderful opportunity for our students and families to come together, demonstrate kindness and compassion, and help those in need.

We encourage families who are able to participate to review the food drive flyer for additional details. Every contribution makes a difference, and we appreciate the generosity of our school community!

🥫 Click Here to View Our Food Drive Flyer!

🗳️ Eddington Eagles Voting 2026 – And the Winning Book Is...

Our Eddington Eagles recently participated in a special Book Read Aloud Voting Event, where students had the opportunity to vote for their favorite story!

We had an amazing 93 total votes! Here are the results:

- 🫎 I Met a Moose in Maine One Day – 16 votes
- 🐻 Mother Bruce – 31 votes
- 🎪 The Circus Ship – 46 votes

🏆 And the winner is... The Circus Ship with 46 votes! 🎉

What a fun way to encourage reading, student participation, and school spirit! Thank you to Mrs. Kavin and to all of our Eagles who participated in voting and helped make this event such a success. We love seeing our students excited about books and sharing their favorite stories!

🦅 Eagle Stickers

A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a weekly prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it! The winner of this weeks' drawing is: Abigail Ouellette-Jones.

Thank you for your continued support of Eddington Elementary School!

Go Eagles! 🦅💙

Matthew Zavala
Principal
Eddington & Holden Elementary Schools

Newsletter word of the week: Compassion

Curriculum Corner



School Tips for Success!

Dear Families,

As we start another new school year together, we are so excited to have everyone back, and to welcome our new students and families. The classrooms are busy, and the students are engaged and interacting with the teachers and one another. To help our students and families have the most successful year possible; we have provided a few useful tips here:

Set Goals Together:
Encourage your child to set personal and academic goals. Maybe establish a small reward plan, like a sticker a day, and a week's worth of stickers earns a little treat. This can foster a sense of ownership over the course of their learning journey.

Create a Home Study Space:
Designate a quiet, well-lit area for homework and studying. This can be a fun space to decorate together. A dedicated home learning space can enhance focus and productivity and help build student confidence for completing tasks in a timely manner.

Establish a Routine:
Create a consistent daily schedule that includes time for homework, independent reading, and play time with friends and siblings. Routine helps students feel organized and helps them keep tasks manageable.

Stay Engaged:
As parents/guardians, ask your student(s) about their day, attend school events, participate in parent-teacher meetings, and communicate regularly with your child(ren)'s teacher to stay informed and hear all the great things happening during the school day.

Together let's make it a great year!

Sheila Caldwell
Superintendent of Schools
Director of Curriculum and Instruction



Dodie's Corner

Hello RSU #63 Families!

During Eagle Time this week, In Pre-K and K, we continued our new Social Explorers Curriculum by reading the fourth book, Body in the Group, written by R. Hendrix, K. Zweber Palmer, N. Tarshis, and M. Garcia Winner. Evan, Ellie, Jesse, and Molly go on an underwater adventure to find a shark tooth. We learned the importance of staying in our group and participating in activities together. It also explains what being a group looks like. We completed a worksheet together.

In 1st grade, we continued our You Are a Social Detective Curriculum written by Michelle Garcia Winner and Pamela Crooke. In Lesson 3, we learned about being a social clue detective. We can use our senses to collect clues about people, places, and what is happening in various situations. Each child created their own social clues magnifying glass using popsicle sticks, ribbon, markers, and pipe cleaners.

In all grades, we finished our time together with The Skeleton Shake, Danny GO movement break, and a Rainbow Bubble Breathing Meditation for kids. I have attached a family letter to help you practice these group skills at home. I also attached the movement and calm-down activities. I hope you can all participate in some fun fall activities as a family!

Sincerely,

Ms. Dodie, LCSW

Lesson 4 SEC Family Letter.pdf
"The Skeleton Shake!" 💀🎩 /// Halloween Dance | Danny Go! Songs for Kids
Rainbow Bubble Breathing! 5-Minute Mindful Breathing Activity For Kids!





School Nurse News



💙 Going Blue for Diabetes Awareness!

November 14 is World Diabetes Day!

This November, our school community will come together to recognize World Diabetes Day and show our support for the many individuals and families whose lives are touched by diabetes.

Since November 14th falls on a Saturday this year, we will celebrate and show our support together on **Friday, November 13th**! We invite all students and staff to wear BLUE to help raise awareness and show support. 💙

Diabetes affects people in many different ways, and we know that members of our own school family, including students, staff members, and loved ones of those in our school community, live with or are impacted by this condition every day. We want to take this opportunity to recognize them, celebrate their strength, and remind them that they are surrounded by a community that cares.

Blue is the color of diabetes awareness, and by wearing it, we can stand together, raise awareness, and show our support for those living with diabetes and the families who walk alongside them.

This is about more than wearing a color. It is about building awareness, encouraging understanding, showing kindness, and reminding those in our school community that they are not alone. We want every student, staff member, and family to feel seen, supported, and celebrated.

Let's fill our school with **BLUE on Friday, November 13th**, and show that when it comes to supporting one another, we are stronger together!

💙 Wear Blue. Show Support. Spread Awareness.

Together, we can make a difference!

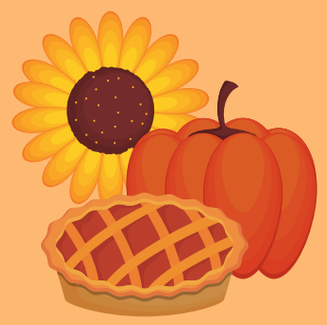
Julianna Page, RN
School Nurse



NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	 3 PTG ELECTION DAY BAKE SALE AT TOWN OFFICES	4	5	6	7
8	9	10	 11 Holiday No School	12	13	14
15	16	17	18 PTG Mtg at Holden School at 7:00 pm	19 BOOK FAIR NOV. 19 – 24	Community Service Day 20	21
 22	23 BOOK FAIR NOV. 19 – 24 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	24 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	25 NO SCHOOL	 26 	27	28
29	30					



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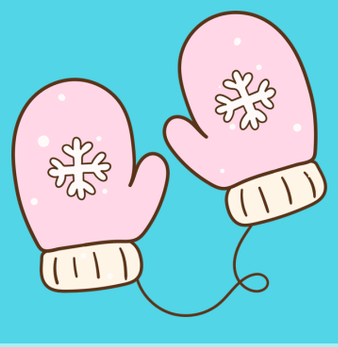
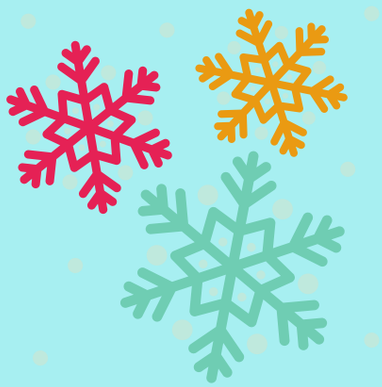


DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2  School Picture Re-Take Day	3	4 Progress Reports sent home 	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 HOLIDAY BREAK - NO SCHOOL	24	25	26
27	28 HOLIDAY BREAK -	29	30 NO SCHOOL DEC. 23- JAN. 1	31		



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LUNCH

EDDINGTON ELEMENTARY SCHOOL
NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Pancakes Bacon Vege. Baked Beans Fruit Milk	**3** Soft Shell Beef Tacos Cheese and Salsa Spinach Fruit Milk	**4** Grilled Cheese Tomato Soup Goldfish Fruit Milk	**5** Cheese Pizza Carrot Sticks Fruit Milk	**6** Fish Sticks Potato Stars Fruit Milk
9 Emoji Waffles Sausage Patty Vege. Baked Beans Fruit Milk	**10** WG Pasta w/Meat Sauce Breadstick Corn Fruit Milk	**11** **HOLIDAY** **NO SCHOOL**	**12** Cheese Pizza Spinach & Cucumber Salad Fruit Milk	**13** BBQ Chicken and Cheese Wraps Carrot Sticks Fruit Milk
16 WG Pancakes Sausage Links Vege. Baked Beans Fruit Milk	**17** Chicken, Bacon & Ranch Wraps Green Beans Fruit Milk	**18** Cheeseburger Potato Wedges Fruit Milk	**19** Cheese Pizza Carrot Sticks Fruit Milk	**20** Chicken Corn Dog Potato Stars Fruit Milk
23 French Toast Sticks Sausage Patty Vege. Baked Beans Fruit Milk **Early Release Day at 12:00**	**24** Turkey & Cheese Sandwich Chips Fruit Milk **Early Release Day at 12:00**	**25** THANKSGIVING BREAK - NO SCHOOL	**26**	**27**
30 Emoji Waffles Bacon Vege. Baked Beans Fruit Milk				

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
Snack Milk or Milk for cold lunch is .50 cents/each.
WG = Whole Grain
Menu is subject to change without notification.

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

EDDINGTON ELEMENTARY
WEEKLY BREAKFAST MENU 2025-2026

MONDAY
MUFFIN OR CEREAL
FRUIT
MILK

TUESDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

WEDNESDAY
BREAKFAST BAR
OR CEREAL
FRUIT
MILK

THURSDAY
YOGURT OR CEREAL
FRUIT
MILK

FRIDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

myschoolbucks.com
View Current Balances
Receive low balance email alerts
Add money to your student accounts
Set It & Forget It... automatic payments
Register for your FREE account today!
A service of Heartland Payment Systems, Inc. A service fee is charged only when a payment is made.

HAPPY BIRTHDAY

November

John Hand	Nov. 3	Kindergarten
Aiden Congdon	Nov. 5	Kindergarten
Kevin Seirup	Nov. 6	PreK
Michaela Congdon	Nov. 8	First Grade
Theodore Myerowitz	Nov. 16	Kindergarten
Olivia Gadoury	Nov. 24	First Grade
Ella Smith	Nov. 26	PreK
Christian Cyr	Nov. 27	First Grade

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NEWSLETTER INCENTIVE

Last weeks' incentive winner drawing is Theodore Myerowitz from Mrs. DeRoche's class.

DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.

Announcements & Events

Dismissal:
Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

Parents:
It is imperative that you send a change of clothing in your child's backpack. Children get wet or need to change clothes for a variety of reasons and we currently don't have many extra clothes in the office. Thank you.

Parent Volunteer Application
Parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day must fill out the volunteer form every school year. Please click on the link below to access the application. Please note a background check will be completed and you must be approved before volunteering. Return completed forms to Kelly in the office.

CLICK HERE

School Visitors
For safety purposes, any visitor must report to the office immediately upon entry into the building. They will need to sign the visitor log binder, and they will receive a visitor tag. The visitor tag must be worn and visible at all times while they are in the building. When they leave, the visitor must return the visitor tag to the secretary and sign out in the binder. Thank you for helping keep our school safe!

Morning Arrival
If kindergarten or first grade students are dropped off before 8:15 am, they need to be walked down to the outside playground. They may be dropped off at the front door ONLY if they are getting a school breakfast.

Parent/Student Handbook
The handbook can be found on our District website or by using the following link:

2026-2027 Handbook



Week #1 of the Food Drive was a huge success! Below is a picture of some of the donations we received, more came in after the picture was taken! Thank you so very much.



The Scholastic Book Fair is coming to Eddington Elementary School! The Scholastic Book Fair helps get kids excited about reading and earns funds for our school. Your child is cordially invited to attend our Book Fair on November 18th-24th! The Book Fair will be open from 1pm-6pm on both Monday and Tuesday during Parent Teacher Conferences. During the Parent Teacher Conference, the Book Fair will house purchasing options for grades Pre-K through 5th grade so parents can make a one stop shop for all their students in both Eddington Elementary and Holden Elementary. You can click the Book Fair EWallet link (to the right) to connect to our Book Fair webpage to access our Book Fair's website. Please reach out to Mrs. Kavin with any questions! mkavin@rsu63.org





Eddington Elementary School Voting Day

This past Tuesday was voting day, and the library decided to have some fun with our Eddington Elementary Students. They had the opportunity to vote for which book they wanted Mrs. Kavin to read them by video on Wednesday. Their choices were: *I Met a Moose in Maine One Day* by Ed Shankman, *Mother Bruce* by Ryan T. Higgins, or *The Circus Ship* by Chris Van Dusen.

Watching them vote, place their ballots in the box, and counting their votes was so much fun! Half of the students voted for Mrs. Kavin to read *The Circus Ship*. It was such a joy to do this with your students!



RSU 63 PTG

ERRINGTON EAGLES · HOLDEN PANTHERS · HOLBROOK RED DEVILS

RSU #63 Parent Teacher Group supports our schools through fundraising, family-friendly events, and community-building activities that bring students, families, teachers, and our community together.

Our goal is to help make our schools an even more engaging and connected place for everyone!

Find out what we're up to

Volunteers welcome

RSU 63 PTG 2026-2027 EVENTS

- Aug 27 School Supply Drive @ Open Houses
- Sept 9 1st PTG Meeting - Holden Library @ 7pm
- Sept 19 Fall Frolic - Holden School @ 11am
- Oct 14 PTG Meeting - Holden @ 7pm
- Oct 24 Trunk-or-Treat - Holden @ 3:30pm
- Nov 3 Election Day Bake Sale - Town Offices
- Nov 9 Fundraiser @ Miguel's @ 5pm
- Nov 18 PTG Meeting - Holden @ 7pm
- Dec 11 Holiday Family Dance - Holden @ 5pm
- Jan 13 PTG Meeting - ZOOM
- Jan 28 Bogey's Fundraiser @ 3-9pm
- Feb 10 PTG Meeting - Holden @ 7pm
- Mar 8 Mason's Fundraiser @ 5-9pm
- Mar 10 PTG Meeting - Holden @ 7pm
- Apr 3 Family Glow Dance - Holden @ 4:30pm
- Apr 14 PTG Meeting - Holden @ 7pm
- May 3 Teacher Appreciation Week

Join our RSU #63 PTG Facebook Group

JOIN US AT

Miguel's

TO SUPPORT

RSU #63 PTG

Monday, November 9th
4:00 - 9:00 PM

10% of ALL Sales go directly to the PTG fund
697 Hogan Rd., Bangor, ME

10% OF ALL SALES

2027 HOLBROOK RECREATION
SKI & SNOWBOARD CLUB
Wednesdays at Hermon Mountain | Grades K-8
Registrations are welcome! For students in Holden, Eddington, Clifton and Dedham.

TWO FOUR-WEEK SESSIONS: SIGN UP FOR ONE OR BOTH!
SESSION 1
January 6, 13, 20 and 27, 2027
SESSION 2
February 3, 10, 24 and March 3

COST PER FOUR-WEEK SESSION
Lift ticket, rentals and lessons — $195
Lift ticket and rentals — $160
Lift ticket only — $130

NEW! Learn while Snowboarding! Beginners will be provided two lessons at the Adventure Area. Additional skills for families snowboarding need: Learn Backyard Habits for the Mountains.

PROVIDING YOUR OWN TRANSPORTATION TO THE MOUNTAIN?
Sign up directly with Hermon Mountain. Then your registration will be complete. Please arrive at the lodge 30 minutes prior to the start of the session.
Learn more at hermonmtn.com/lifttickets/activities

NEED A BUS FROM SCHOOL TO THE MOUNTAIN?
Register with both:
1. Holbrook: holbrookrec.com/ Fees under Programs
2. Hermon Mountain: book.playsmarts.com/RSUSkiandSnowboard

Each ride will be $10 one-way. Bus will leave. Please request a seat only if your child needs one. If you can drive, please do so to help the learning experience. Children without another ride.
There is no refund fee. Bus riders must be signed out and picked up at the mountain by 7 p.m.

BELIEFS REQUIRED
Everyone signed up through Holbrook Rec must wear a helmet and goggles. Helmets are not included with the rental.

VOLUNTEERS NEEDED!
Helpers are the biggest asset to Hermon and essential to the program's success. No prior experience required.

QUESTIONS? INTERESTED IN VOLUNTEERING?
Contact Katie Hartwell: 207-949-3423
katie.hartwell@rsu63.org
holbrookrec.com/ski-and-snowboard-club

LOOKING FOR GEAR?
The Penobscot Valley Ski Club Ski Sale is this Sunday, November 2nd, 10:00 a.m. - 2:00 p.m. at Hermon Mountain.
pvskiclub.com

Price program is independently operated and not affiliated with, sponsored by, or endorsed by Holbrook. All registrations, fees, and program questions are the responsibility of the individual organization.

Arrival / Dismissal Procedures
2026-2027

Arrival

For Kindergarten and 1st Grade students arriving between 8:00-8:15 am

- Drop off in the morning will be at 8:00 am. When students arrive at school they are to go directly to the playground behind the school unless there's inclement weather. Please dress your child appropriately for the existing weather conditions. If there is inside recess there will be a sign outside by the front door indicating inside recess and therefore students may be dropped off through the front door.

For Prek students arriving between 8:00-8:30 am

- Drop off your student at the front door where Ms. Leland and Mrs. Davis will greet them.

Any student arriving after the stated times above should enter through the front door and check in with Mrs. Smith.

Dismissal

Pick up by vehicle (or parents walking)

- Park your vehicle in our parking lot in front of the School. Walk up to the front door and your child will be brought out to you. Students will be released at 2:30 pm. Please be extremely careful when driving out of the parking lot as many children and parents will be walking to their cars.

School Bus Safety Reminder for Parents & Students

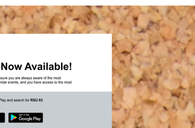
Please remember that the **school bus danger zone** is the area **within 12 feet of the bus**, where drivers may not always be able to see children clearly.

Parents, please review these important safety rules with your children:
- Stay at least **5 giant steps** away from the bus
- **Make eye contact** with the driver before crossing
- **Wait for the driver's signal** before crossing the road **You always need thumbs up!**
- **Never play** on **snowbanks** or **near the roadway**
- **Never pick up dropped items** — tell the driver instead

Important Reminder for Families of Students in Grade 3 and Below:
While **parent or guardian presence is required for bus drop-off**, we **strongly encourage parents to also be present at bus pick-up** whenever possible. Younger students are especially vulnerable to hazards such as **snowbanks**, icy footing, and traffic visibility issues.

Staying alert, following bus safety rules, and working together helps keep every child safe.

Safety starts with awareness and teamwork — thank you for helping us keep our students safe!



RSU 63 App Now Available!
Download the **RSU 63** app today to ensure you are always aware of the most important news, announcements, calendar events, and you have access to the most current community directory.
Go to the Apple App Store or Google Play and search for **RSU 63**
App Store · Google Play

CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM`S FAMILY WEBPAGE!

PRE-K KINDERGARTEN 1ST GRADE

Seesaw Seesaw ClassDojo

STAFF EMAILS

Front Office
Principal Zavala: mzavala@rsu63.org
Mrs. Smith: kjsmith@rsu63.org
Nurse Page: jpage@rsu63.org

Classroom Teachers
Pre-K:
Ms. Leland: aleland@rsu63.org
Mrs. Davis: kdavis@rsu63.org

Kindergarten:
Mrs. Alley: jalley@rsu63.org
Mrs. DeRoche: bderoche@rsu63.org

First Grade:
Mrs. Saucier: hsaucier@rsu63.org
Mr. Seip: jseip@rsu63.org

Additional Services
Special Services: dfarrell@rsu63.0rg
Speech Therapy: kkaram@rsu63.org
Occupational Therapy: rhiggins@rsu63.org
Literacy Intervention: gmalm@rsu63.org

Specialists
Art: mireland@rsu63.org
PE: msagehorn@rsu63.org
Music Enrichment: nkavin@rsu63.org
Library: nkavin@rsu63.org
School Counselor: dsmith@rsu63.org

HOME